



Join Zoom Meeting
[https://
us02web.zoom.us/
j/89588963948](https://us02web.zoom.us/j/89588963948)
Meeting ID:
895 8896 3948
One tap mobile
+12532158782/
+12678310333

**PUBLIC MEETING OF THE
BOARD OF DIRECTORS
6:30 PM, Thursday, May 23, 2024
PHCD Classroom, 1819 Trousdale, Burlingame, 94010**

AGENDA

1. Call to Order and Roll Call

2. Public Comment on Non-Agenda Items

At this time, any person in the audience may speak on any items not on the agenda and any other matter within the jurisdiction of the District. Speakers are customarily limited to three minutes. If you cannot attend the meeting, but would like to offer comments, please email your comments to Voula.theodoropoulos@peninsulahealthcaredistrict.org or visit our website <https://www.peninsulahealthcaredistrict.org/public-comment-form>, and your comments will be read into the record. Public comments will be taken for each agenda item prior to the Board's consideration on that item.

3. Report Out From Closed Session: 5/2/24 & 5/23/24 : Chairman Cappel

4. Consent Calendar: ACTION

- | | |
|--|-----------|
| a. Board Meeting Minutes - April 25, 2024 | Pg. 1-6 |
| b. Strategic Direction Oversight Committee Minutes – January 6, 2024 | Pg. 7-9 |
| c. Finance Committee Meetings Minutes - March 12, 2024 | Pg. 10-12 |
| d. Audit Engagement Letter FY' 24 | Pg. 13-22 |
| e. Checking Account Transactions - April 2024 | Pg. 23-25 |
| f. Treasurer's Report - April 2024 | Pg. 26 |

5. New Business:

- | | |
|--|------------------|
| a. Board Resolution 2024-03: Requesting Consolidation with Statewide Election, Setting Forth Offices to be Filled, Reaffirming Policy on Candidate Statement, and Directing the Secretary as to Certain Necessary Matters: Ana M. Pulido, CEO and Mark Hudak, Counsel | Pg. 27-28 |
|--|------------------|

6. Old Business:

- | | |
|---|------------------|
| a. Care Solace Contract Renewal: Jackie Almes, Youth Behavioral Program Manager, allcove San Mateo | Pg. 29-32 |
|---|------------------|

- b. Parent Venture End of Year Report and Renewal of Agreement:** Charlene Margot, Co-Founder & CEO, Parent Venture **Pg. 33-40**
- c. Sonrisas Quarterly Update:** Tracey Fecher, Chief Executive Officer, Sonrisas **Pg. 41-48**

7. Reports:

- a. Board Standing Committees:**
 - Strategic Direction Oversight – May 1, 2024**
 - Finance – May 14, 2024**
 - Board Chair and Director Reports**

8. Correspondence and Media

- a. 5/7 Thank You Letter from AbilityPath** **Pg. 49**
- b. 5/14 Letter from Peninsula Family Service** **Pg. 50-51**

9. Adjourn:

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 1819 Trousdale, Burlingame during normal business hours. Please call 650-697-6900 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Peninsula Health Care District at least 48-hrs in advance at 650-697-6900.



<p>SPECIAL BOARD OF DIRECTORS MEETING MINUTES</p> <p>Thursday, April 25, 2024</p> <p>1819 Trowsdale Dr. Burlingame, Ca 94010</p> <p>(Classroom)</p>		
<p><u>Directors Present</u> Vice-Chairman Pagliaro Director Navarro Director Sanchez</p>	<p><u>Directors Absent</u> Chairman Cappel Secretary Zell</p>	<p><u>Also, Present</u> Jei Africa, Director, Behavioral Health & Recovery Services San Mateo County Health, and Nancy Magee, Superintendent, San Mateo County Office of Education, Dao Do, Director, Peninsula Volunteers Inc.- Rosener House Adult Day Services</p>

1. Call to Order and Roll Call: Vice-Chairman Pagliaro called the meeting to order at 6:39 p.m. Roll call attendance was taken. A quorum was present.

2. Public Comment on Non-Agenda Items: No public comments were offered.

3. Report Out From Closed Session: 4/16/2024 & 4/25/2024: Vice-Chairman Pagliaro stated that the Board held discussions reviewing the ongoing negotiations with the PWC developers during the closed session meetings on 4/16/2024 and 4/25/2024.

4. Consent Calendar: ACTION

- a. Board Meeting Minutes - March 28, 2024
- b. Checking Account Transactions - March 2024
- c. Treasurer's Report -March 2024
- d. Q3 FY 2023-2024 Unaudited Financials
- e. Q3 FY 2023-2024 Investment Report
- f. Resolution 2024-01: Resolution to Borrow for New Credit Card

Motion to Approve Consent Calendar as Presented**Motion: By Director Navarro; Director Sanchez****Vote: Ayes – Pagliaro, Navarro, Sanchez****Noes: 0****Abstain: 0****Motion Passed: 3/0/0/2****5. New Business:**

a. United for Youth: Blueprint for School and Transition-Age Youth Well-Being: Jei Africa, Director, Behavioral Health & Recovery Services San Mateo County Health, and Nancy Magee, Superintendent, San Mateo County Office of Education

Presentation Highlights**Project History & Context**

- Coalition for Safe Schools and Communities formed in 2012 after Sandy Hook tragedy, helping produce many safety and mental health responses for youth
- Recent state and national concern about youth mental health and well-being
- Multiple State initiatives to address youth well-being
- United for Youth conceived by the Coalition and agency leaders as an inclusive process to understand the landscape and assess ways to address gaps by leveraging existing and new opportunities

Project Goal

To update shared understanding of the behavioral health needs of children and youth in San Mateo County via a process that employs a holistic approach that aligns strategies prioritizes collaboration and embraces accountability to achieve equity with the goal of adopting a plan of action to improve youth behavioral health and well-being.

Project Leadership**Steering Committee**

- Co-chaired by Nancy Magee, Superintendent of Schools, and Jei Africa, BHRS Director
- 21 other representatives from elected officials, County agencies, health care, and community organizations

Work Group Participants

- TK + Elementary Work Group
- Middle School Work Group

- High School Work Group
- Transitional Age Youth Work Group

- 15-20 participants per work group
- Co-chairs from community
- Broad inclusion and representation from:
 - County departments
 - School districts
 - CBOs (e.g., Puente, Jewish Family Services, Fred Finch, Star Vista)
 - Commissioners

Themes & Special Populations

Many children and youth are impacted by the mental health crisis:

- Risks are higher for low-income, BIPOC youth and those in certain zip codes
- Although population is small, Native American/Alaska Native youth face many higher risks

System-involved youth suffer more:

- Nationally, 70% of youth in juvenile justice system are diagnosed with a mental health disorder
- Foster youth have very high rates of trauma and adversity
- Most health, BH and education risks are higher for foster youth, youth in juvenile justice, and unhoused youth

LGBTQ+ youth face far higher risk for: ACEs, depression, suicidality, substance abuse.

- Consistent across all surveys
- 77% of LGBTQ+ youth in one survey considered harming themselves in the past 12 months
- High concerns about safety and harassment in a variety of settings

Next Steps/What to Expect

- Joint session of work groups April 18 to vet priorities and strategies
- Steering Committee reviews draft final plan May 30
- Forward to the Coalition for Safe Schools and Communities
- Plan of Action finalized with all key stakeholders and adopted by Coalition for Safe Schools and Communities
- Implementation will be shared across many partners
- Funding will be needed to implement many strategies and activities

Q & A with Nancy Magee and Jei Africa

How can awareness and support services for mental health be effectively integrated into the school system to reduce stigma?

In schools, mental health initiatives are often framed as "Social Emotional Learning Curriculum" or "SEL". Many school districts have made progress in this area, implementing SEL curriculum, particularly in response to the challenges brought on by the pandemic.

Have there been any efforts to collect data to evaluate the effectiveness of these programs?

The assessment methods for these programs may vary among schools, but feedback from many schools indicates that students are highly receptive to the initiatives.

b. Special Funding Initiatives: Adult Day Services at Rosener House, Peninsula Volunteers, Inc.: Dao Do, Director, Peninsula Volunteers Inc.-Rosener House Adult Day Services

Request for PHCD Relief Funding

Peninsula Volunteers Inc. is requesting funding support from PHCD to help underserved clients to be able to attend their program. Per this proposal, they are requesting that PHCD reimburse PVI Adult Day Services for \$100 per person per day. With this support, clients that are on PHCD funding will be able to attend three days per week. Those who need to attend more than three days would have to pay out-of-pocket for the extra day(s). This funding will assist community members who are unable to afford the fees for PVI Adult Day Services to participate in their Adult Day Program.

The total funding request is \$144,000

Motion to Approve Funding for Peninsula Volunteers, Inc. Adult Day Program for the amount of \$144,000

Motion: By Director Navarro; Director Sanchez

Vote: Ayes – Pagliaro, Navarro, Sanchez

Noes: 0

Abstain: 0

Absent: 2

Motion Passed: 3/0/0/2

c. Resolution 2024-02 RE: Resolution to Declare Loneliness a Public Health Crisis: Fátima M. Rodríguez, Strategic Initiatives Director

A Resolution Declaring Loneliness a Public Health Crisis is intended to raise awareness about the impacts of loneliness and isolation on individual and societal health, decrease stigmas, and create visibility and support for community members across the District who are experiencing this reality. With this resolution, PHCD declares that as a community more must be done to

build meaningful and sustained opportunities for social connection, engagement, and support, all of which contribute to achieving optimal health.

Motion to Approve Resolution to Declare Loneliness a Public Health Crisis

Motion: By Director Navarro; Director Sanchez

Vote: Ayes – Pagliaro, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 3/0/0/2

d. Approve Transfer of Budgeted Funds and Approve Grant of \$25,000 to the Central County Fire Department for the Purchase of Automated External Defibrillators (AEDs) for Installation in Their Service Vehicles: Ana M. Pulido, CEO

Peninsula Health Care District received a funding request from the Central County Fire Department (CCFD) to support the purchase of Automated External Defibrillators (AEDs) to equip 15 of their marked staff vehicles. Currently, they do not have AEDs in these units.

Recommendation

There are funds in the Community Outreach budget that are unlikely to be expended in this fiscal year; therefore, staff recommends that **\$25,000** be transferred to the Special Funding Initiatives budget to fund the purchase of AED devices by the Central County Fire

Motion to Approve Transfer of Budgeted Funds and Approve Grant of \$25,000 to the Central County Fire Department for the Purchase of Automated External Defibrillators

Motion: By Director Sanchez; Director Navarro

Vote: Ayes – Pagliaro, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 3/0/0/2

6. Reports:

a. Board Standing Committees:

Strategic Direction Oversight – May 1, 2024

Finance – May 14, 2024

Board Chair and Director Reports

CEO Pulido shared that in recognition of Mental Health Awareness Month, the City of South San Francisco recently honored allcove™ San Mateo with a proclamation, acknowledging the center's vital role in addressing youth mental health.

7. Correspondence and Media

- a. 4/1 Thank You Letter from San Mateo High School District
- b. 4/9 Thank You Letter from Mission Hospice & Home Care

8. Adjourn: 7:36 pm



**Strategic Direction Oversight Committee Minutes
January 16, 2024**

1. Call to Order: Chair Cappel called the meeting to order at 5:02 p.m.

Roll Call: SDOC members present were Cappel, Pagliaro, Aubry, Quigg, Emmott, Johnson, McDevitt, Kraus
Absent: Bandrapalli

2. Approval of Minutes: SDOC November 1, 2023

3. Strategic Plan Update – Logic Model Development: Ana M. Pulido, CEO and Fátima Rodríguez, Strategic Initiatives Director (SID)

CEO Pulido and SID Rodríguez presented the Strategic Plan update.

Presentation Highlights

PHCD Framework for 2023-2025 Strategic Plan

Vision: All District residents are living their optimal health.

Mission: To support district residents OF ALL AGES to achieve optimal health and wellness through education, prevention, advocacy, and safeguarding community access to basic health services.

Core Values: Collaboration, Stewardship, Inclusion, Transparency

2023-2024 - A Strategic Framework for Programs: Create a common strategic framework for core programs, with a focus on establishing metrics and funding support commensurate with the community benefit.

2025 - Key Metrics: Establish and begin tracking success on a set of key health metrics for the District in each focus area:

4 FOCUS AREAS

PHCD CORE PROGRAMS*

*excluding Sonrisas and The Trousdale

Select Health Needs	allcove	Health & Fitness Center	Community Health Events	Community Grants
Mental Health of children, youth, adults, and seniors	✓	✓	✓	✓
Lack of social support and socialization in youth & seniors	✓	✓	✓	✓
Chronic disease in adults and seniors (diabetes, heart disease)		*	✓	✓
Nutrition and access to healthy foods	✓	✓	✓	✓
Limited physical activity and agility among adults & seniors		✓	✓	✓
Lack of access to preventive screenings, for specific communities	✓		✓	✓

Youth Mental Health Outcomes –allcove™

- Increased sense of agency (self-awareness and self-advocacy) for youth
- Increased knowledge and application of wellness strategies for coping and management in everyday life
- Improved interpersonal relationships and skills
- Increased access and affordability of mental health & health care services
- Early identification and treatment for mild to moderate mental health issues
- Established continuum of care services and referral pathways with countywide agencies
- Decreased need for youth to access crisis resources
- Reduction in severe mental health prevalence amongst young people
- Transformation of how youth mental health services are informed, adapted, and delivered
- Support reduction in rates of poverty, homelessness, and unemployment in youth

Health Outcomes - Health & Fitness Center

- Improved physical fitness and mobility in members
- Increased knowledge about disease management and healthy lifestyles
- Better adherence to personal health and fitness goals
- Improved confidence levels in physical abilities
- Reduction in symptoms related to chronic illnesses (e.g., diabetes, heart disease)
- Decreased reliance on medication or mobility aids (walkers, canes, etc.) due to improved health
- Enhanced mental and social well-being, and stress reduction
- Extended life expectancy and quality of life for members with chronic conditions
- Reduced hospital readmission rates among members
- Decreased overall health care costs for members and insurers

Health Outcomes - Community Health Events (Vaccination Clinics, Health Screenings)

- Increased knowledge about nutrition and greater access to healthy foods
- Enhanced awareness and access to community-based resources to support healthy lifestyle choices
- Reduced barriers and increased access to preventive screenings and diagnostic services among priority/target populations
- Cancer detected at early stage
- Reduced disparities in cancer screening
- Reduced cancer morbidity and mortality
- Access to vaccinations for target populations
- Reduced burden of disease for vaccine preventable conditions
- Improved quality of life

Key Guidance from the SDOC

(1) For key programs, reframe aspirational outcomes through short-term, intermediate and long-term outcomes.

(2) Review validated assessment tools to drive metrics work.

4. Adjournment: 6:18 pm



FINANCE COMMITTEE MEETING

Minutes

March 12, 2024

1. **Call to Order:** Meeting was called to order by **Director Sanchez** at 4:05 pm.
2. **Roll Call:** Present: Director Sanchez, Member Seto, Member Sun, Member Revelo, CEO Pulido, CFO Yee.
Absent: Chair Zell.
3. **Approval of Minutes** from November 14, 2023
It was moved by Member Seto and seconded by Member Revelo to approve the Minutes from November 14, 2023. The motion passed 6/0/0/1. Ayes: Director Sanchez, Member Sun, Member Seto, Member Revelo, CEO Pulido, CFO Yee. Absent: Chair Zell
4. **Committee Charge and Policy Annual Review:**

The Committee reviewed the following documents and policies:

- Finance Committee Charge and Members
- Statement of Investment Policy
- Internal Control Policy

Director Sanchez asked about the risk tolerance of the portfolio. **CFO Yee** replied that the portfolio is conservative and can only invest in options under the Government Code Section 53630. Eligible investments include government bonds, state pool funds, CDs, and treasury notes.

Director Sanchez asked who the decision makers are regarding the investment choices. **CFO Yee** replied that the portfolio managers would invest the funds based on the investment policy statement. The Committee can also provide recommendations and feedback on investment choices within the government guidelines.

Director Sanchez asked how the District portfolio performed during the subprime crisis in 2007. **Member Sun** replied that because the government code is so restrictive, it provides some protection, but not completely. There is still interest rate risk. **Member Revelo** added that the mortgage back rating could also be manipulated, but there are regulations now that make the investments much safer.

For the Internal Control Policy, the District will perform an external review for compliance and best practices and bring any changes to the Committee.

There were a couple of edits to the Statement of Investment Policy:

- The last revision date of the policy.

- Correct the first two lines of Appendix A

Chair Zell joined the meeting at 4:15 pm.

It was moved by Chair Zell and seconded by Director Sanchez to accept the Committee Charge, Statement of Investment Policy with the two edits, and the Internal Control Policy with no changes. The motion passed 7/0/0/0. Ayes: Chair Zell, Director Sanchez, Member Seto, Member Sun, Member Revelo, CEO Pulido, CFO Yee.

5. PHCD Health & Fitness Center – Performance & Goals:

Richard Bergstrom, Fitness Director at the PHCD Health & Fitness Center, briefly summarized YTD's performance and goals for next year. He covered the following topics:

- Membership Growth and Retention - Insurance & Non-Insurance Members
- Total Check-Ins/Visits – highest we've had.
- Classes and Number of Attendees - The age range of most of the members is between 60-90 years old, and for Yoga classes, the attendees are between 60-70. New cardio classes will be added for attendees looking for a more intense workout.

The Center attracts new members through the insurance program, internet searches, referrals, word of mouth from existing members, tabling events, partnerships, and social media. Members are provided with guest passes to bring friends. Personalized workouts, workshops, and fitness challenges are new ways for the Center to engage members. They also offer complimentary assessments and educational seminars.

Member Seto asked about membership fees. **Mr. Bergstrom** replied that new members pay \$80/month, but with insurance, it can be free or at a discount rate of \$40 for seniors or \$56 for non-seniors. **Member Seto** asked if the Center receives referrals from Mills-Peninsula Hospital. **Mr. Bergstrom** replied that the Center receives referrals from the clinical therapy unit but has no partnership. **CEO Pulido** added that the long-term goal is to become a medical license-certified facility where the hospitals can have a formal pathway for referral. Currently, the referrals are informal.

Director Sanchez asked what the maximum member capacity is. **Mr. Bergstrom** said that the goal for this year was to safely grow to 250. The Center is primarily busy in the morning. The goal is to attract more utilization in the afternoon so that membership can double. **Mr. Bergstrom** will be adding more afternoon and evening classes and programs to get more members in the later hours.

Chair Zell commented that he would like to see the Center offer various health-related programs and prevention-focused classes. He liked the idea of becoming a medically licensed certified facility and the balance classes offered. However, he would also like to see targeted programs such as for obesity or therapy. A great way to attract new members is by passing out flyers in the neighborhood. He wants the District to be innovative and creative in attracting new members. He asked Mr. Bergstrom to do an analysis to see if the monthly fee of \$80 is too high. **CEO Pulido** added that Mr. Bergstrom will add two programs: Forever Fit and Fall Prevention. In the past two months, he added 20 new members, met with Oakmont Senior Living to advertise the services, and began classes at The Trousdale. Also, he is exploring providing virtual classes, health education classes, and workshops outside the Center. **Mr. Bergstrom** said he has already connected with the Millbrae Recreation Center and will teach a class there.

6. Q2 Consolidated Financials:

CFO Yee provided a brief summary of the consolidated financial statements as of December 31, 2023. Below are some items to note –

- Net Income of \$4M with a budget surplus of \$2.8M
- Property tax is slightly lower than budget but will catch up by the end of the year
- Sonrisas program revenue is low because of lower visit volume due to staffing challenges. Fundraising activities and overall operations are doing better than budget.
- allcove State grant revenue is delayed due to the departure of Eddie Flores, Youth Behavioral Health Director, but will catch up by the end of the year
- There is a temporary surplus in the grant expenses, which will be released in January.
- There is a budget surplus in personnel due to staff turnovers and vacancies at the District and Sonrisas.
- Clinical partner contract expenses have significant savings due to a later opening for the allcove program and hiring on a ramp-up model. The budget was created assuming the center would open in July.
- Under General and Administrative expenses, the budget is \$46K higher, mainly due to Trousdale’s registry cost. Hiring care workers continues to be challenging because there is a general shortage of health and care workers.

Chair Zell commented that he would like to have a deep dive into each program to see if improvements can be made. For example, he would like to understand what it will take for Sonrisas to see more County patients. **Member Seto** would like to brainstorm and share new program ideas in addition to the existing ones. **Director Sanchez** suggested increasing the community grants budget to help carry out the District’s mission. **Chair Zell** prefers that the District run the program instead of relying on a third party. **CEO Pulido** suggested that the deep dive can be focused on financial constraints that would limit its program to achieve its optimal capacity.

7. **Future agenda**

- FY 24-25 Draft Budget
- 3rd Qtr Consolidated Financials
- City National Bank – Annual Performance & Goals
- Sonrisas FY 24 Performance & Outlook

Adjournment: **Chair Zell** Adjourned the meeting at 4:35 pm.

Written by Vickie Yee, CFO

Approved by: The Finance Committee 5/14/24



DATE: May 10, 2024

TO: PHCD Board of Directors

FROM: Vickie Yee, CFO

SUBJECT: **Audit Engagement Letter for Approval**

JWT & Associates, LLP has submitted an engagement letter to complete the District's FY 2024 annual audit. This audit will be the third consecutive year using this firm for both Sonrisas Dental Health (SDH) and the District, therefore, familiar with both organizations.

Similar to last year, the District's audit will include SDH as a "component unit" of the District and will be included as part of our audit required under GASB #14 & #61.

JWT & Associates LLP's engagement letter is attached. The proposed total fee is \$27,750 for FY 2024, a 4.7% increase from last year, and is comprised of \$22,500 for PHCD and \$5,250 for SDH. For comparison, below are the fees paid for the last five years.

Fiscal Year	Audit Firm	Fee
FY 2024*	JWT & Associates, LLP	\$ 27,750
FY 2023	JWT & Associates, LLP	\$ 26,500
FY 2022	JWT & Associates, LLP	\$ 23,000
FY 2021	Eide Bailly, LLP	\$ 25,000
FY 2020	Eide Bailly, LLP	\$ 25,000
FY 2019	Eide Bailly, LLP	\$ 24,500
* Proposed		

The proposed fee is a competitive rate given their knowledge of public agencies and understanding of our various programs. Management recommends accepting the engagement letter as submitted.

ACTION REQUESTED -

- 1) Stay with JWT & Associates, LLP for the FY 2024 audit**
- 2) Accepting the total proposed fee of \$27,750**

JWT & Associates, LLP

A Certified Public Accountancy Limited Liability Partnership

1111 East Herndon Avenue, Suite 211, Fresno, California 93720
Voice: (559) 431-7708 Fax: (559) 431-7685 Email: rjctcpa@aol.com

April 30, 2024

Board of Directors
Peninsula Health Care District
Burlingame, California

We are pleased to confirm our understanding of the services we are to provide to the Peninsula Health Care District (the “District”) for the year ended June 30, 2024.

Audit Scope and Objectives

We will audit the financial statements of the District, which comprise the statement of net position as of June 30, 2024, and the related statements of revenues, expenses and changes in net position, and cash flows for the year then ended, and the disclosures which will be found within the related notes to the financial statements. Accounting standards generally accepted in the United States of America (GAAS) provide for certain required supplementary information (RSI), such as management’s discussion and analysis (MD&A), to supplement the District’s basic financial statements. Such information, although not a part of the basic financial statements, is required by the Governmental Accounting Standards Board (GASB) who considers it to be an essential part of financial reporting for placing the basic financial statements in an appropriate operational, economic, or historical context. As part of our engagement, we will apply certain limited procedures to the District’s RSI in accordance with GAAS. These limited procedures will consist of inquiries of management regarding the methods of preparing the information and comparing the information for consistency with management’s responses to our inquiries, the basic financial statements, and other knowledge we obtained during our audit of the basic financial statements. We will not express an opinion or provide any assurance on the information because the limited procedures do not provide us with sufficient evidence to express an opinion or provide any assurance. The following RSI is required by U. S. generally accepted accounting principles (GAAP) and will be subjected to certain limited procedures, but will not be audited:

Management's Discussion and Analysis

We have also been engaged to report on supplementary information other than RSI that accompanies the District's financial statements. We will subject this supplementary information to the auditing procedures applied in our audit of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with auditing standards generally accepted in the United States of America, and we will provide an opinion on it in relation to the financial statements as a whole in a report combined with our auditor's report on the financial statements.

Schedule of the District's Proportionate Share of the Net Pension Liability and Related Ratios

Schedule of the District' Pension Contributions

Budgetary Comparison Schedule

The objectives of our audit are to obtain reasonable assurance as to whether the financial statements as a whole are free from material misstatement, whether due to fraud or error; issue an auditor's report that includes our opinion about whether your financial statements are fairly presented, in all material respects, in conformity with GAAP; and report on the fairness of the supplementary information referred to in the second paragraph when considered in relation to the financial statements as a whole. Reasonable assurance is a high level of assurance but is not absolute assurance and therefore is not a guarantee that an audit conducted in accordance with GAAS will always detect a material misstatement when it exists. Misstatements, including omissions, can arise from fraud or error and are considered material if there is a substantial likelihood that, individually or in the aggregate, they would influence the judgment of a reasonable user made based on the financial statements.

The objectives also include reporting on internal control over financial reporting and compliance with provisions of laws, regulations, contracts, and award agreements, noncompliance with which could have a material effect on the financial statements in accordance with *Government Auditing Standards*.

Auditor's Responsibilities for the Audit of the Financial Statements

We will conduct our audit in accordance with GAAS and will include tests of your accounting records and other procedures we consider necessary to enable us to express such opinions. As part of an audit in accordance with GAAS, we exercise professional judgment and maintain professional skepticism throughout the audit.

We will evaluate the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management. We will also evaluate the overall presentation of the financial statements, including the disclosures, and determine whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. We will plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement, whether from (1) errors, (2) fraudulent financial reporting, (3) misappropriation of assets, or (4) violations of laws or governmental regulations that are attributable to the entity or to acts by management or employees acting on behalf of the entity.

Because the determination of waste and abuse is subjective, *Government Auditing Standards* do not expect auditors to perform specific procedures to detect waste or abuse in financial audits nor do they expect auditors to provide reasonable assurance of detecting waste or abuse.

Because of the inherent limitations of an audit, combined with the inherent limitations of internal control, and because we will not perform a detailed examination of all transactions, there is an unavoidable risk that some material misstatements may not be detected by us, even though the audit is properly planned and performed in accordance with GAAS. In addition, an audit is not designed to detect immaterial misstatements or violations of laws or governmental regulations that do not have a direct and material effect on the financial statements. However, we will inform the appropriate level of management of any material errors, fraudulent financial reporting, or misappropriation of assets that comes to our attention. We will also inform the appropriate level of management of any violations of laws or governmental regulations that come to our attention, unless clearly inconsequential. Our responsibility as auditors is limited to the period covered by our audit and does not extend to any later periods for which we are not engaged as auditors.

We will also conclude, based on the audit evidence obtained, whether there are conditions or events, considered in the aggregate, that raise substantial doubt about the government's ability to continue as a going concern for a reasonable period of time.

Our procedures will include tests of documentary evidence supporting the transactions recorded in the accounts, tests of the physical existence of inventories, and direct confirmation of receivables and certain assets and liabilities by correspondence with selected customers, creditors, and financial institutions. We will also request written representations from your attorneys as part of the engagement.

We may, from time to time and depending on the circumstances, use third-party service providers in serving your account. We may share confidential information about you with these service providers but remain committed to maintaining the confidentiality and security of your information. Accordingly, we maintain internal policies, procedures, and safeguards to protect the confidentiality of your personal information. In addition, we will secure confidentiality agreements with all service providers to maintain the confidentiality of your information and we will take reasonable precautions to determine that they have appropriate procedures in place to prevent the unauthorized release of your confidential information to others. In the event that we are unable to secure an appropriate confidentiality agreement, you will be asked to provide your consent prior to the sharing of your confidential information with the third-party service provider. Furthermore, we will remain responsible for the work provided by any such third-party service providers.

Audit Procedures - Internal Control

We will obtain an understanding of the entity and its environment, including internal control relevant to the audit, sufficient to identify and assess the risks of material misstatement of the financial statements, whether due to error or fraud, and to design and perform audit procedures responsive to those risks and obtain evidence that is sufficient and appropriate to provide a basis for our opinions. Tests of controls may be performed to test the effectiveness of certain controls that we consider relevant to preventing and detecting errors and fraud that are material to the financial statements and to preventing and detecting misstatements resulting from illegal acts and other noncompliance matters that have a direct and material effect on the financial statements. Our tests, if performed, will be less in scope than would be necessary to render an opinion on internal control and, accordingly, no opinion will be expressed in our report on internal control issued pursuant to *Government Auditing Standards*. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentation, or the override of internal control. An audit is not designed to provide assurance on internal control or to identify significant deficiencies or material weaknesses. Accordingly, we will express no such opinion. However, during the audit, we will communicate to management and those charged with governance internal control related matters that are required to be communicated under AICPA professional standards and *Government Auditing Standards*.

Audit Procedures—Compliance

As part of obtaining reasonable assurance about whether the financial statements are free of material misstatement, we will perform tests of the District's compliance with provisions of applicable laws, regulations, contracts, and agreements, including grant agreements. However, the objective of those procedures will not be to provide an opinion on overall compliance, and we will not express such an opinion in our report on compliance issued pursuant to *Government Auditing Standards*.

The auditors' procedures do not include testing compliance with laws and regulations in any jurisdiction related to Medicare and Medicaid antifraud and abuse. It is the responsibility of management of the entity, with the oversight of those charged with governance, to ensure that the entity's operations are conducted in accordance with the provisions of laws and regulations, including compliance with the provision of laws and regulations that determine the reported amounts and disclosures in the entity's financial statements. Therefore, management's responsibilities for compliance with laws and regulations applicable to its operations include, but are not limited to, those related to Medicare and Medicaid antifraud and abuse statutes.

Other Services

We will also assist in preparing the financial statements and related notes of the District in conformity with accounting principles generally accepted in the United States of America based on information provided by you. These nonaudit services do not constitute an audit under *Government Auditing Standards* and such services will not be conducted in accordance with *Government Auditing Standards*.

We will perform the services in accordance with applicable professional standards. The other services are limited to the financial statement services previously defined. We, in our sole professional judgment, reserve the right to refuse to perform any procedure or take any action that could be construed as assuming management responsibilities.

Responsibilities of Management for the Financial Statements

Our audit will be conducted on the basis that you acknowledge and understand your responsibility for designing, implementing, establishing, and maintaining effective internal controls relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error, and for evaluating and monitoring ongoing activities to help ensure that appropriate goals and objectives are met; following laws and regulations; and ensuring that management and financial information is reliable and properly reported. Management is also responsible for implementing systems designed to achieve compliance with applicable laws, regulations, contracts, and grant agreements. You are also responsible for the selection and application of accounting principles, for the preparation and fair presentation of the financial statements and all accompanying information in conformity with accounting principles generally accepted in the United States of America, and for compliance with applicable laws and regulations and the provisions of contracts and grant agreements.

Management is responsible for making drafts of financial statements, all financial records, and related information available to us and for the accuracy and completeness of that information (including information from outside of the general and subsidiary ledgers). You are also responsible for providing us with (1) access to all information of which you are aware that is relevant to the preparation and fair presentation of the financial statements, such as records, documentation, identification of all related parties and all related-party relationships and transactions, and other matters; (2) additional information that we may request for the purpose of the audit; and (3) unrestricted access to persons within the entity from whom we determine it necessary to obtain audit evidence. At the conclusion of our audit, we will require certain written representations from you about the financial statements compliance with laws, regulations, contracts, and grant agreements; and other responsibilities required by GAAS and *Government Auditing Standards*.

Your responsibilities include adjusting the financial statements to correct material misstatements and confirming to us in the management representation letter that the effects of any uncorrected misstatements aggregated by us during the current engagement and pertaining to the latest period presented are immaterial, both individually and in the aggregate, to the financial statements of each opinion unit taken as a whole.

You are responsible for the design and implementation of programs and controls to prevent and detect fraud, and for informing us about all known or suspected fraud affecting the entity involving (1) management, (2) employees who have significant roles in internal control, and (3) others where the fraud could have a material effect on the financial statements. Your responsibilities include informing us of your knowledge of any allegations of fraud or suspected fraud affecting the entity received in communications from employees, former employees, grantors, regulators, or others. In addition, you are responsible for identifying and ensuring that the entity complies with applicable laws and regulations, contracts, agreements, and grants and for taking timely and appropriate steps to remedy fraud and noncompliance with provisions of laws, regulations, or contracts or grant agreements that we report.

You are responsible for the preparation of the supplementary information in conformity with accounting principles generally accepted in the United States of America. You agree to include our report on the supplementary information in any document that contains, and indicates that we have reported on, the supplementary information. You also agree to [include the audited financial statements with any presentation of the supplementary information that includes our report thereon OR make the audited financial statements readily available to users of the supplementary information no later than the date the supplementary information is issued with our report thereon]. Your responsibilities include acknowledging to us in the representation letter that (1) you are responsible for presentation of the supplementary information in accordance with GAAP; (2) you believe the supplementary information, including its form and content, is fairly presented in accordance with GAAP; (3) the methods of measurement or presentation have not changed from those used in the prior period (or, if they have changed, the reasons for such changes); and (4) you have disclosed to us any significant assumptions or interpretations underlying the measurement or presentation of the supplementary information.

Management is responsible for establishing and maintaining a process for tracking the status of audit findings and recommendations. Management is also responsible for identifying and providing report copies of previous financial audits, attestation engagements, performance audits or other studies related to the objectives discussed in the Audit Scope and Objectives section of this letter. This responsibility includes relaying to us corrective actions taken to address significant findings and recommendations resulting from those audits, attestation engagements, performance audits, or other studies. You are also responsible for providing management's views on our current findings, conclusions, and recommendations, as well as your planned corrective actions, for the report, and for the timing and format for providing that information.

You agree to assume all management responsibilities relating to the financial statements and related notes and any other nonaudit services we provide. You will be required to acknowledge in the management representation letter our assistance with preparation of the financial statements and related notes and that you have reviewed and approved the financial statements and related notes prior to their issuance and have accepted responsibility for them. Further, you agree to oversee the nonaudit services by designating an individual, preferably from senior management, with suitable skill, knowledge, or experience; evaluate the adequacy and results of those services; and accept responsibility for them.

HIPAA Business Associate Agreement

You agree that you are solely responsible for the accuracy, completeness, and reliability of all data and information you provide us for our engagement. You agree to provide any requested information on or before the date we commence performance of the services. To protect the privacy and provide for the security of any protected health information, as such is defined by the Health Insurance Portability and Accountability Act of 1996, as amended from time to time, and the regulations and policy guidances thereunder (“HIPAA”), we shall enter into a HIPAA Business Associate Agreement (BAA).

Engagement Administration, Fees, and Other

We understand that your employees will prepare all cash, accounts receivable, or other confirmations we request and will locate any documents selected by us for testing.

The audit documentation for this engagement is the property of JWT & Associates, LLP (JWT) and constitutes confidential information. However, subject to applicable laws and regulations, audit documentation and appropriate individuals will be made available upon request and in a timely manner to District authorized requesters or their designees. We will notify you of any such request. If requested, access to such audit documentation will be provided under the supervision of JWT personnel. Furthermore, upon request, we may provide copies of selected audit documentation to District authorized requesters or their designees. These requesters or their designees may intend or decide to distribute the copies or information contained therein to others, including governmental agencies.

Rick Jackson is the engagement partner and is responsible for supervising the engagement and signing the report or authorizing another individual to sign it. We expect to begin our audit upon notification of selection as auditors by the District’s Board of Directors and to issue our reports no later than November 30, 2024.

Our fee for audit services for the District will be \$22,500 plus out-of-pocket costs (such as report reproduction, word processing, postage, travel, copies, telephone, etc.) Our fee for audit services for Sonrisa Dental Health, Inc (a component unit of the District) will be \$5,250 plus out-of-pocket costs (such as report reproduction, word processing, postage, travel, copies, telephone, etc.). Our standard hourly rates vary according to the degree of responsibility involved and the experience level of the personnel assigned to your audit. Our invoices for these fees will be rendered each month as work progresses and are payable on presentation. In accordance with our firm policies, work may be suspended if your account becomes 90 days or more overdue and may not be resumed until your account is paid in full. If we elect to terminate our services for nonpayment, our engagement will be deemed to have been completed upon written notification of termination, even if we have not completed our report. You will be obligated to compensate us for all time expended and to reimburse us for all out-of-pocket costs through the date of termination. The above fee is based on anticipated cooperation from your personnel and the assumption that unexpected circumstances will not be

encountered during the audit. If significant additional time is necessary, we will discuss it with you and arrive at a new fee estimate before we incur the additional costs.

Other services required in addition to the audit of the District will be discussed with you prior to the start of any other of these services such as services required by the Peninsula Health Care District Financing Corporation and the Sonrisas Dental, Inc. and any required tax filings.

Reporting

We will issue a written report upon completion of our audit of the District's financial statements. Our report will be addressed to the Board of Directors of the District. Circumstances may arise in which our report may differ from its expected form and content based on the results of our audit. Depending on the nature of these circumstances, it may be necessary for us to modify our opinions, add a separate section, or add an emphasis-of-matter or other-matter paragraph to our auditor's report, or if necessary, withdraw from this engagement. If our opinions are other than unmodified, we will discuss the reasons with you in advance. If, for any reason, we are unable to complete the audit or are unable to form or have not formed opinions, we may decline to express opinions or withdraw from this engagement.

We will also provide a report (that does not include an opinion) on internal control related to the financial statements and compliance with the provisions of laws, regulations, contracts, and grant agreements, noncompliance with which could have a material effect on the financial statements as required by *Government Auditing Standards*. The report on internal control and on compliance and other matters will state (1) that the purpose of the report is solely to describe the scope of testing of internal control and compliance, and the results of that testing, and not to provide an opinion on the effectiveness of the entity's internal control on compliance, and (2) that the report is an integral part of an audit performed in accordance with *Government Auditing Standards* in considering the entity's internal control and compliance. The report will also state that the report is not suitable for any other purpose. If during our audit we become aware that the District is subject to an audit requirement that is not encompassed in the terms of this engagement, we will communicate to management and those charged with governance that an audit in accordance with U.S. generally accepted auditing standards and the standards for financial audits contained in *Government Auditing Standards* may not satisfy the relevant legal, regulatory, or contractual requirements.

We appreciate the opportunity to be of service to the District and believe this letter accurately summarizes the significant terms of our engagement. If you have any questions, please let us know. If you agree with the terms of our engagement as described in this letter, please sign the attached copy and return it to us.

Very truly yours,

JW7 & Associates, LLP

RESPONSE:

This letter correctly sets forth the understanding of the Peninsula Health Care District

Management Signature:

Title:

Dated:

Governance Signature:

Title:

Dated:

**Peninsula Health Care District
Checking Transactions
March-24**

Date	Description	Deposit	Withdraw
Admin			
4/1/2024	CalPERS Pension		7,922.58
4/2/2024	SC Property Management		31,121.00
4/4/2024	Armanino Solutions, LLC		25,807.20
4/4/2024	Allied Administrators for Delta Dental		982.78
4/4/2024	Grantmakers for Effective Organizations		1,100.00
4/4/2024	Belmont and Redwood Shores Rotary		2,500.00
4/4/2024	College of San Mateo		2,000.00
4/4/2024	StarVista		2,500.00
4/4/2024	Ability Path		5,000.00
4/4/2024	Henry Sanchez		500.00
4/4/2024	Streamline		375.00
4/4/2024	Iron Mountain		699.93
4/4/2024	International CPR Institute, Inc.		68.00
4/4/2024	Hillsdale Dance Ensemble		130.00
4/4/2024	Zachary Schwaab, Z'Moss Man, LLC		220.00
4/4/2024	Premysis Technologies		98.76
4/10/2024	Paychex		400.37
4/10/2024	EDD		3,622.43
4/10/2024	FSA Payment		100.00
4/10/2024	Cardmember Service		7,867.52
4/11/2024	Community Initiatives		10,000.00
4/11/2024	Recology		90.25
4/11/2024	Voler Strategic Advisors Inc.		8,000.00
4/11/2024	Comcast		527.83
4/11/2024	Bay Alarm		323.34
4/11/2024	KBA Document Solutions, LLC		261.61
4/11/2024	Precision Digital Networks		2,678.75
4/11/2024	PG&E		453.65
4/11/2024	PURCOR Pest Solutions		99.75
4/11/2024	Shamrock Office Solutions LLC		165.34
4/11/2024	U. S. Bank Equipment Finance		329.00
4/11/2024	Aragon High School		400.00
4/11/2024	First Citizens Bank & Trust Co:1833296		277.35
4/11/2024	Service Master Building Maintenance		3,200.00
4/11/2024	One Life Counseling Center		12,562.50
4/11/2024	Precision Digital Networks		523.00
4/11/2024	California Public Employees Retirement		16,047.33
4/12/2024	County of San Mateo, CA	1.58	
4/12/2024	RSC Insurance Brokerage Inc.	10,156.01	
4/12/2024	RSC Insurance Brokerage Inc.	5,242.58	
4/12/2024	United States Treasury	750.97	
4/12/2024	Anna Naufahu	250.00	
4/12/2024	Paychex		85.00
4/12/2024	Paychex Payroll 04/15/24		34,869.82
4/12/2024	Payroll Taxes 04/15/24		19,755.90
4/15/2024	Workers Compensation Insurance Payroll		196.94
4/16/2024	County of San Mateo, CA	2,334,279.53	
4/16/2024	FSA Payment		25.00

Date	Description	Deposit	Withdraw
4/16/2024	CalPERS Pension		8,070.67
4/18/2024	Parent Venture		10,000.00
4/18/2024	PURCOR Pest Solutions		99.75
4/18/2024	Best Best & Krieger, LLP		164.00
4/18/2024	Zachary Schwaab, Z'Moss Man, LLC		880.00
4/18/2024	Medix		997.40
4/22/2024	Paychex		322.16
4/22/2024	Paychex		121.50
4/23/2024	Heritage Bank		110.30
4/24/2024	FSA Payment		100.00
4/25/2024	J & E Pro Cleaning and Handy Services		825.00
4/25/2024	U. S. Bank Equipment Finance		272.09
4/25/2024	Oropeza's Landscaping & Maintenance		900.00
4/25/2024	Alhambra		10.94
4/25/2024	Medix		1,196.87
4/25/2024	Alhambra		232.79
4/26/2024	Fund TRF from Admin to CNB		2,500,000.00
4/29/2024	CalPERS Pension		7,950.07
4/29/2024	Paychex Payroll 04/30/24		34,663.82
4/29/2024	Payroll Taxes 04/30/24		19,448.82
4/30/2024	Interest	792.30	
4/30/2024	Workers Compensation Insurance Payroll		193.92
		2,351,472.97	2,790,448.03

Health Fitness

4/4/2024	Directv		107.24
4/4/2024	City of Burlingame Water Dept#45-458026		251.23
4/4/2024	Bay Alarm		292.26
4/4/2024	Core Linen Services, Inc.		198.38
4/4/2024	Color Print		94.85
4/4/2024	Streamline		63.00
4/10/2024	Cardmember Service		1,208.98
4/10/2024	Mindbody Merchant Processing		328.93
4/11/2024	U. S. Bank Equipment Finance		90.02
4/11/2024	AT&T		329.22
4/11/2024	PG&E		1,027.16
4/11/2024	Recology		97.39
4/11/2024	Precision Digital Networks		174.00
4/25/2024	J & E Pro Cleaning and Handy Services		1,150.00
4/25/2024	Core Linen Services, Inc.		198.38
4/30/2024	Interest	31.45	
4/30/2024	Health and Fitness April 2024	9,829.00	
		9,860.45	5,611.04

Leasing

4/4/2024	Gaytan Roofing GC		800.00
4/4/2024	Ralph Barsi		2,140.10
4/4/2024	PG&E		2,703.22
4/4/2024	Young Electric Co.		967.00
4/4/2024	All Temperature Service Air Conditioning		1,926.00
4/4/2024	PG&E		2,342.29
4/10/2024	Cardmember Service		84.00
4/11/2024	Recology		389.59

Date	Description	Deposit	Withdraw
4/11/2024	Bay Alarm		584.52
4/11/2024	Service Master Building Maintenance		4,500.00
4/11/2024	Bleyle Elevator, Inc		95.00
4/11/2024	Recology		627.54
4/11/2024	Recology		901.22
4/11/2024	Cintas Fire Protection		3,911.00
4/11/2024	PURCOR Pest Solutions		662.50
4/12/2024	April Lee, DDS	475.86	
4/12/2024	Eugene Kita, DDS	1,609.89	
4/12/2024	Houn Young Kim, DDS	2,076.18	
4/12/2024	Zoya Galant, DDS	2,403.61	
4/12/2024	Burlingame Therapeutic Associates	2,811.80	
4/12/2024	Bay Area Foot Care	3,224.00	
4/18/2024	PURCOR Pest Solutions		662.50
4/18/2024	Ability Path	1.00	
4/18/2024	Carol Tanzi & Associates	500.00	
4/18/2024	One Life Counseling Service	1,430.00	
4/18/2024	Eugene Kita, DDS	1,609.89	
4/18/2024	Houn Young Kim, DDS	2,076.18	
4/18/2024	Ross Williams, DDS	2,083.19	
4/18/2024	Patricia Dugoni, CPA	2,400.00	
4/18/2024	Zoya Galant, DDS	2,403.61	
4/18/2024	April Lee, DDS	2,787.12	
4/18/2024	Preferred Prosthetics Inc.	2,881.57	
4/18/2024	Bay Area Foot Care	3,224.00	
4/25/2024	J & E Pro Cleaning and Handy Services		1,918.53
4/25/2024	Cintas Fire Protection		2,071.55
4/25/2024	Oropeza's Landscaping & Maintenance		4,335.00
4/25/2024	EaseBrite General Maintenance, Inc.		700.00
4/30/2024	Interest	112.75	
		34,110.65	32,321.56
PWC			
4/4/2024	Streamline		42.00
4/30/2024	Interest	1.15	
		1.15	42.00
Trousdale			
4/1/2024	Heartland Merchant Account		249.95
4/4/2024	Eskaton Properties Inc		443,619.91
4/12/2024	Trousdale Tenant Deposit	1,991.67	
4/12/2024	Trousdale Tenant Deposit	5,500.00	
4/12/2024	Trousdale Tenant Deposit	173,908.55	
4/18/2024	Eskaton Properties Inc		341,350.23
4/18/2024	Trousdale Tenant Deposit	5,000.00	
4/18/2024	Trousdale Tenant Deposit	42,979.00	
4/18/2024	Trousdale Tenant Deposit	164,161.11	
4/18/2024	Trousdale Tenant Deposit	679,539.24	
4/26/2024	Trousdale Tenant Deposit	10,000.00	
4/26/2024	Trousdale Tenant Deposit	31,948.60	
4/29/2024	Trousdale Tenant Deposit	28,040.56	
4/30/2024	Interest	495.42	
		1,143,564.15	785,220.09

April 30, 2024

Preliminary - subject to change

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of <u>4/30/24</u>	Estimated FY 23-24 <u>Tax Revenue</u>
<u>\$ 8,595,962</u>	<u>\$ 8,500,000</u>

Board Designated Invested Funds

	Rate Last QTR	Fees Paid Fiscal YTD	Cost Basis		Market Value
			<u>3/31/24</u>	<u>4/30/24</u>	<u>4/30/24</u>
Bridge Bank - 1yr CD (mature 1/31/25)	2.750%		3,162,711	3,162,711	3,162,711
Fiduciary Trust	4.960% *	4,471	1,743,937	1,749,425	1,750,424
City National Bank	4.943% *	13,799	15,443,833	17,975,006	17,788,439
Local Agency Investment Fund	4.122%		6,003,802	6,067,951	6,067,951
San Mateo County Pool Investment	3.746%		<u>3,676,301</u>	<u>3,710,676</u>	<u>3,710,676</u>
			<u>30,030,585</u>	<u>32,665,770</u>	<u>32,480,202</u>

* Yield to maturity

** Fee Credit/Rebate

RESOLUTION 24-03**PENINSULA HEALTH CARE DISTRICT
COUNTY OF SAN MATEO, STATE OF CALIFORNIA
RESOLUTION DETERMINING DATE AND ADOPTING PROVISIONS
FOR THE 2024 PENINSULA HEALTH CARE DISTRICT GENERAL ELECTION
ON NOVEMBER 5, 2024**

WHEREAS, the terms of two (2) members of the Board of Directors of Peninsula Health Care District (the “District”) expire at noon, local time, on the first Friday in December of 2024, i.e., on Friday, December 6, 2024 (Elections Code §§10505 and 10554); and,

WHEREAS, the directors whose terms are expiring are Frank J. Pagliaro, Esq. and Rick Navarro, M.D.; and,

WHEREAS, the Chief Elections Officer for the County of San Mateo has notified the District of certain legal requirements applicable to the District with respect to the General Election to be held on November 5, 2024;

NOW, THEREFORE, BE IT HEREBY RESOLVED that:

1. The Peninsula Health Care District General Election shall be held on November 5, 2024.

2. At the election, individuals shall be chosen for the office of Director, Peninsula Health Care District. The election shall be conducted at-large. Each Director shall reside in the jurisdiction of the District. Each director so elected shall serve a full term of four (4) years.

3. Pursuant to Elections Code §13307, each candidate for the Governing Board may prepare a candidate statement on the appropriate form provided by the Chief Elections Officer of the County of San Mateo. Each candidate's statement, if any, shall not exceed 200 words. The cost of printing, mailing, and translating the candidate’s statement shall be charged to the candidate.

4. The Governing Board of the District requests that the Board of Supervisors of the County of San Mateo make available the services of the San Mateo County Chief Elections Officer & Assessor - County Clerk - Recorder (the “Chief Elections Officer”) as the County Elections Official for the purpose of rendering services in the conduct of the election to be held on November 5, 2024.

5. The Chief Elections Officer of San Mateo County is hereby requested and authorized to perform any and all duties of the District Secretary relating to such election, under the authority of Elections Code §10519, including publishing of such notices as required by law.

6. Pursuant to Election Code §10403, consolidation of the Peninsula Health Care District General Election with the Statewide General Election on November 5, 2024, is hereby requested. The District acknowledges that the consolidated election will be held and conducted in the manner prescribed in Elections Code §10418.

7. The Chief Executive Officer of the District is authorized and directed to enter into an Elections Service Agreement with the Chief Elections Officer regarding the election to be held on November 5, 2024.

8. The Chief Elections Officer shall send an itemized invoice or invoices to the District for all services provided pursuant to the Elections Service Agreement when all costs have been determined. The District agrees to submit payment of such invoice(s) to the County of San Mateo within 45 days of receipt thereof.

9. A copy of this Resolution shall be delivered to the Board of Supervisors and the Office of the Chief Elections Officer of San Mateo County on or before June 30, 2024.

PASSED AND ADOPTED by the Board of Directors of Peninsula Health Care District this 23RD day of May, 2024, by the following vote.

AYES: _____
NOES: _____
ABSENT: _____

Dennis Zell, Esq.
Secretary, Board of Directors

ATTEST:

Clerk, Board of Directors



DATE: May 23, 2024
TO: PHCD Board of Directors
FROM: Jackie Almes, Youth Behavioral Health Program Manager
SUBJECT: Recommendation to Renew Care Solace Contract for FY 24 – 25

BACKGROUND:

As the San Mateo County Office of Educations (SMCOE) grant funding for Care Solace comes to an end in June 2024, Peninsula Health Care District staff have been evaluating the need to contract directly with Care Solace to continue providing critical mental health services students within our District boundaries.

PHCD Staff sent a survey to each of PHCD's elementary school districts to gauge the need for virtual mental health services. Following the survey, four out of five requested that PHCD continue funding Care Solace for their school districts (as listed below).

- Millbrae School District
- Hillsborough School District
- San Bruno Park School District
- San Mateo Foster City School District

After reviewing the data and incorporating feedback from the school districts, PHCD staff concluded that continued service delivery is vital to ensure that students and families have a clear referral pathway to access the appropriate level of mental health care services needed.

CARE SOLACE PROGRAM:

The Care Solace program quickly connects students, staff and their families to quality mental health and substance use treatment providers. Their team acts as a full-time concierge, holding hands with school staff and those seeking help – and staying with them every step of the way. They have the ability to provide a streamlined referral process for finding the right provider, the right level of care, and at the right time.

Care Solace offers a platform that operates as a central access point for referrals with the following key elements:



- Mental Health Care Matching that uses an algorithm that ensures individualization, matching and filtering to the right vetted resource for all types of insurance, by location, mental health concern, etc.
- Student Care Tracking for follow through on connecting students and families to resources.
- Services for the student and any member of the student’s household (parents, grandparents, siblings, etc.)
- Service available to teachers and administrators for contracted districts.
- A network of vetted providers (through telehealth) locally and throughout the State.
- Care coordination services over the phone 24/7.

Care Solace also offers the following recent enhancements:

- Expanded Impact Report: Featuring critical data points like time saved, families who declined services, unreachable cases, and demographic drill-downs for targeted support.
- Improved Outreach Process: An extended timeframe for families to discuss their needs with Care Solace, ensuring a seamless and hassle-free provider selection journey. Enhanced efficiency and precision of matching process technology.
- New Training Videos: On-demand training videos to get Care Loop users quickly up to speed. Designed for both admin and mental health team users and always accessible in the Care Loop Help Center.
- Rich Online Resource Hub: A vibrant space tailored for mental health professionals, the new “Care Community” online resource center empowers Care Loop users to collaborate, stay informed and find encouragement. Accessible from within Care Loop, it will also house helpful and downloadable resources for users.
- New Provider Portal: A comprehensive online provider experience designed to expedite onboarding, case review and matching for providers, whether they are new to Care Solace or have been a partner for years.

OVERSIGHT AND EVALUATION:

- 1) Care Solace will continue to share data and dashboards with PHCD regarding utilization, satisfaction with matching of individual in need with provider, completed referrals, and overall satisfaction.
- 2) In May 2025, PHCD, and the K-8 leadership will assess the impact and value of Care Solace and determine whether or not to extend the Care Solace contract to be ready for the start of the next school year.



PHCD COST BREAKDOWN:

1. Care Solace service charge based on \$2.50 per student enrolled, per 12-month period.
2. Total enrollment for the four K-8 schools: 17,669 students
 - a) San Mateo Foster city School District- 11,576
 - b) Hillsborough City Elementary- 1,290
 - c) Millbrae School District- 2,349
 - d) San Bruno Park School District- 2,454

Total Cost for Care Solace for 1 year (12 months): \$44,173

REQUESTED BOARD ACTION:

Staff recommends the renewal of the Care Solace Contract for the 24 - 25 School Year for a total of \$44,173 to help address the growing demand in need for mental health resources.



PROPOSAL FOR PENINSULA HEALTH CARE DISTRICT

OUR MISSION

We quickly connect your students, staff, and their families to quality mental health and substance use treatment providers. Our team acts as a full-time concierge, holding hands with school staff and those seeking help - and staying with them every step of the way.

RECENT ENHANCEMENTS

- **Expanded Impact Report:** Featuring critical data points like time saved, families who declined services, unreachable cases, and demographic drill-downs for targeted support.
- **Improved Outreach Process:** An extended timeframe for families to discuss their needs with Care Solace, ensuring a seamless and hassle-free provider selection journey. Enhanced efficiency and precision of matching process technology.
- **New Training Videos:** On-demand training videos to get Care Loop users quickly up to speed. Designed for both admin and mental health team users and always accessible in the Care Loop Help Center.
- **Rich Online Resource Hub:** A vibrant space tailored for mental health professionals, the new “Care Community” online resource center empowers Care Loop users to collaborate, stay informed and find encouragement. Accessible from within Care Loop, it will also house helpful and downloadable resources for users.
- **New Provider Portal:** A comprehensive online provider experience designed to expedite onboarding, case review and matching for providers, whether they are new to Care Solace or are have been a partner for years.

TIMING & INVESTMENT

Based on a discounted rate of \$2.50 per student vs CA rate of \$4.00 per student

- **Term:** July 1, 2024 - June 30, 2025
- **Cost:** \$44,173
- **Districts included:**
 - Hillsborough City School District
 - Millbrae School District
 - San Bruno Park School District
 - San Mateo-Foster City School District

CONTACT

Joshua Haeffner
Sr. Customer Success Coordinator
josh.haeffner@caresolace.org

ParentVenture

Proposal

Program Title:	The Parent Education Series (The Parent Venture)
Proposed By:	Charlene Margot, Co-Founder and CEO The Parent Venture
Organization Name:	Ana M. Pulido, Chief Executive Officer Peninsula Health Care District
Program Dates:	2024-2025 Academic Year
Amount of Request:	\$35,000.00

Program Description

The Parent Venture is a leading provider of inclusive, high-quality parent and community education on critical issues — mental health, substance use, digital media, and more — that impact the health and wellness of children and teens.

The Parent Education Series is a program of The Parent Venture, a registered 501(c)(3) nonprofit organization. The Parent Venture will provide Peninsula Health Care District with the following services:

- + Turnkey, high-quality education programming open to parents/caregivers, students, educators, health professionals, and community members.
- + Two (2) all-new (virtual) parent and community education events (e.g., presentations, workshops), in collaboration with SMUHSD.
- + Access to electronic (virtual) resources curated by The Parent Venture (The Parent Education Series) including:
 - Parent and Community Education - Events (virtual or in-person)
 - The Parent Education Series – Newsletters
(<https://bit.ly/ParentEdNewsletter2024>)

- The Parent Education Series - Video Library ([YouTube](#))
- The Parent Education Series - Social Media ([Facebook](#) and [Instagram](#))
- The Parent Venture - Website - www.parentventure.org
- + Marketing and publicity collateral (e.g., newsletter blurbs, Eventbrite webpages, fliers) to promote parent and community education programming
- + Branded partnership on The Parent Venture website, newsletters, media, etc.

This year, two live (virtual) events hosted by PHCD and SMUHSD were impactful, well attended, and highly rated by attendees:

- *Youth Mental Health: Prevention Strategies, Resources, and Support*
Date: October 19, 2023
Presenters: Steve Adelsheim, MD & Shashank Joshi, MD, Stanford Medicine Children's Health
- *SAFETY FIRST and Mental Health: Empowering Teens to Prevent and Reduce Drug Use*
Date: March 27, 2024
Presenter: Bonnie Halpern-Felsher, PhD, Halpern-Felsher REACH Lab, Stanford Medicine

The Parent Venture empowers families with the knowledge, skills, and strategies they need to promote student success and well-being. This program will be implemented in collaboration with the Peninsula Health Care District.

Submitted by:

Charlene Margot, MA Ed
Co-Founder and CEO
The Parent Venture

Bev Hartman, MA
Co-Founder and CCO
The Parent Venture

ParentVenture



ParentVenture

Mission

The Parent Venture is a leading provider of inclusive, high-quality parent and community education on critical issues — mental health, substance use, digital media, and more — that impact the health and well-being of children and teens.

Through national-level presentations, workshops, and films, families acquire the knowledge, skills, and strategies they need to support positive parenting practices.

The Parent Education Series is a program of The Parent Venture, a registered 501(c)(3) nonprofit organization (www.parentventure.org).

ParentVenture

Impact

- 75+ Parent Education Series events offered in 2023-24
- Over 18,000 registrants for live virtual events
- 208,000+ views and 4,500+ subscribers on Video Library (YouTube)
- Simultaneous Spanish interpretation, Spanish language videos
- Parent Education Series weekly e-newsletter (16,000+ subscribers)
- Serving the community (76% parents/caregivers, 11% educators, 2% students, 3-5% mental health professionals, 6% community members)
- Providing education for public school districts (23+), independent schools (12), and health care districts (2)
- National and international reach (50 states, 68+ countries)

ParentVenture

2023-24 PHCD and San Mateo Union High School District

YOUTH MENTAL HEALTH:
PREVENTION STRATEGIES, RESOURCES, AND SUPPORT

Shashank Joshi, MD, FAAP, DFAACAP
Director of School Mental Health,
Lucile Packard Children's Hospital
Stanford Medicine Children's Health

Steve Adelsheim, MD
Stanford Center for Youth Mental Health and Wellbeing
Stanford Medicine Children's Health

Steve Adelsheim, MD
Shashank Joshi, MD, FAAP, DFAACAP
Stanford Medicine Children's Health
October 19, 2023

ParentVenture

2023-24 PHCD and San Mateo Union High School District

SAFETY FIRST AND MENTAL HEALTH:
Empowering Teens to Prevent and Reduce Drug Use

BONNIE HALPERN-FELSHER, PHD
 Founder, Halpern-Felsher REACH Lab
 Stanford Medicine

Bonnie Halpern-Felsher, PhD
 REACH Lab, Department of Pediatrics –
 Adolescent Medicine, Stanford Medicine
 March 27, 2024

ParentVenture

Mental Health

WHAT HAPPENED TO YOU?
 A CONVERSATION ON TRAUMA, RESILIENCE, AND HEALING

BRUCE D. PERRY, M.D., PH.D.
 Principal, The Neurosequential Network
 Professor (Adjunct), Northwestern University
 Feinberg School of Medicine

THE Emotional Lives of Teenagers
 Raising Competent, Capable, and Compassionate Adolescents

Lisa Damour, PhD
 Clinical Psychologist
 NYT Bestselling Author

ParentVenture

Substance Use

WHAT SHOULD YOU KNOW?
FENTANYL EDUCATION AND HARM REDUCTION STRATEGIES

Presenter: Kelsey Moon
 ASAT Program Director
 Adolescent Counseling Services

Intro: Nancy Magee
 Superintendent of Schools
 San Mateo County

TEEN MISCONCEPTIONS ABOUT E-CIGS, NICOTINE, AND FLAVORED VAPES: What Should Parents Know?

Bonnie Halpern-Felsher, PhD
 Founder, Halpern-Felsher REACH Lab
 Stanford School of Medicine

Stanford Reach Lab Toolkits
 TOBACCO RESISTANCE TOOLKIT
 CIGARETTE, NICOTINE & PREVENTION TOOLKIT
 VISIT

ParentVenture

Digital Media

Online Webinar

GROWING UP IN PUBLIC: COMING OF AGE IN A DIGITAL WORLD

DEVORAH HEITNER, PHD

Growing Up in Public
 A DIGITAL WORLD

Cyberbullying, AI and Social Media: THE ROLE OF PARENTS, YOUTH, AND THE COMMUNITY

SAMEER HINDUJA, PHD
 Professor, School of Criminology, Florida Atlantic University
 Co-Director, Cyberbullying Research Center

ParentVenture

Highlights



ParentVenture

Highlights



ParentVenture

Uplifting

FOSTERING YOUTH MENTAL HEALTH:
Building Hope and Resilience in Uncertain Times



DAVID B. FELDMAN, PHD
Professor of Counseling Psychology
Santa Clara University

MARK CLOUTIER, MPP, MPH
Chief Executive Officer
Caminar

 caminar

**HELPING YOUNG PEOPLE
LEAD LIVES OF PURPOSE**



KENDALL COTTON BRONK, PHD
Professor of Psychology
Claremont Graduate University



Thank you!

Charlene Margot:
cmargot@parentventure.org

Bev Hartman:
bhartman@parentventure.org

ParentVenture



DATE: April 30, 2024

TO: Peninsula Health Care District Board of Directors

FROM: Spandan Chakrabarti, Community Resources Director

RE: **Sonrisas Dental Health FY 23-24 Third Quarter Report**

Sonrisas Dental Health is pleased to share the results and outcomes with the PHCD board for the period encompassing the period of July 1, 2023 through March 31, 2024 (FY24, Q3).

CLINICAL AND OUTREACH OUTCOMES IN PHCD SERVICE AREA:

In this time, Sonrisas has met the following clinical and outreach outcomes in the PHCD service area.

Clinical:

Clinic Visits for Patients (PHCD zip codes only)					
	Special Needs	HPSM Visits	Access to Care (HPSM, Affordable Scale, FQHC)	All PHCD Visits	Unique Pts PHCD Residents
July	18	293	370	483	423
August	14	380	460	579	503
September	9	302	369	464	413
October	13	332	415	500	411
November	8	328	386	473	399
December	15	287	359	454	386
January	12	284	371	476	410
February	14	287	380	473	402
March	21	303	396	489	411
YTD Total	124	2,796	3,506	4,391	1,857



School Screenings:

School Screening Cumulative Data (PHCD zip codes only)			
		Children at priority schools	Priority children
Children Screened	1,344	1,024	320
Schools Served	16 (Belle Air Elementary, Laurel Elementary, Turnbull, Friends to Parents, Martin Elementary, Spruce Elementary, Sunshine Gardens Elementary, Los Cerritos Elementary, Hillsdale Preschool, Lomita Park Elementary, Beresford Elementary, Sunnybrae Elementary, George Hall Elementary, San Mateo Park Elementary, Fiesta Gardens International, College Park Elementary)		
Districts Served	4 (SMFCSD, San Bruno Park, South San Francisco Unified, Millbrae Elementary)		

Older Adults Dental Screenings:

Older Adult Screening Cumulative Data (PHCD service area)	
Older Adults Screened	111
Older adult screening locations	5 (Self Help for the Elderly - San Mateo (x2), Self Help for the Elderly – Millbrae, Burlingame Community Center, Millbrae Recreation Center, Trousdale Senior Living)

Community Partnerships: As of the third quarter of FY24, Sonrisas has continued to work with existing community partners and welcomed at least 8 new community partners in PHCD boundaries: Self Help for the Elderly (Millbrae), the Millbrae Public Library, the Burlingame Community Center, Parent Venture, Millbrae Recreation Center, George Hall Elementary School, San Mateo Park Elementary School, and College Park Elementary School.

GENERAL UPDATE

Overall, clinicians in San Mateo, Half Moon Bay, and our mobile clinic in La Honda saw a combined 4,322 individuals, accounting for 10,392 patient-visits in the first half of the 2023-24 fiscal year. Of these, 1,857 PHCD



residents accounted for 4,391 visits, an 11% visit-volume increase from the year-ago period. In addition, our outreach, education, and screening programs reached 2,704 individuals.

Within the PHCD service area, screenings and educational programs took place at 16 schools and childcare programs covering 4 local school districts and at 5 community locations for older adults (total of 6 older adult screenings).

Sonrisas was invited to and participated in a health resource fair held for the children and families of College Park Elementary School on March 23 (pictured right). Along with providing oral health education, Sonrisas screened 67 children. Though oral school-based screenings are part of Sonrisas' core programming, this marked the first time Sonrisas participated in a school-based, family-focused health fair. A great fit with our approach to culturally appropriate, whole-family oral health education, families were grateful for Sonrisas' presence and services. Many parents who had not brought their children initially left the fair and returned with their children when they discovered screenings were being offered. In many instances, families with multiple children took advantage of screenings. Most of the families were first-language Spanish speakers. Sonrisas' Community Outreach team is already in discussion with the school administration to return next year.



Strategic Plan:

With the end of Q3, Sonrisas' FY23-25 strategic plan timeline is poised to enter its final year with significant achievements. There are three focus areas: Sonrisas Culture, Sustainable Growth and Patient and Community Engagement. Some highlights of progress in the third quarter include:

- **Culture:**

- In the third quarter, Sonrisas held cross-team collaborations between the clinical and care coordinator teams with the aim of increasing organizational and operational efficiency, facilitating empathy-centered teamwork, and promoting collaborative problem-solving. Open to all members of both teams and facilitated by high-level leadership, team members took part in both defining and proposing solutions focused on serving our community even better.
- Sonrisas has also implemented a semi-annual staff survey that is allowing all staff to contribute ideas and weigh in on operations.

- **Sustainable growth:**


- Over the third quarter, Sonrisas leadership continued to advance our strategic vision to improve patient revenue through potential pathways to obtain federally qualified reimbursement rates for more of Sonrisas' patient population.
- Sonrisas held a stakeholder roundtable event on March 7, bringing together community partners and individual donors in a listening session and discussion regarding areas of growth and resource development.



- **Community engagement:**

- Sonrisas has signed an agreement with Qualtrics, a data analysis vendor, to make our community and patient feedback process streamlined and consistent, as well as to provide our team with important insights with tools to visualize, track, and improve community involvement.
- Sonrisas is currently advancing a proposal to implement an internally facing, custom-developed Outreach Information System to streamline our community screenings data collection and tracking. When fully implemented, it will enable care coordinators and other personnel to spend more of their time working with the community.

We thank PHCD for its support of Sonrisas and investment in our community. Thank you for your commitment to our common vision!

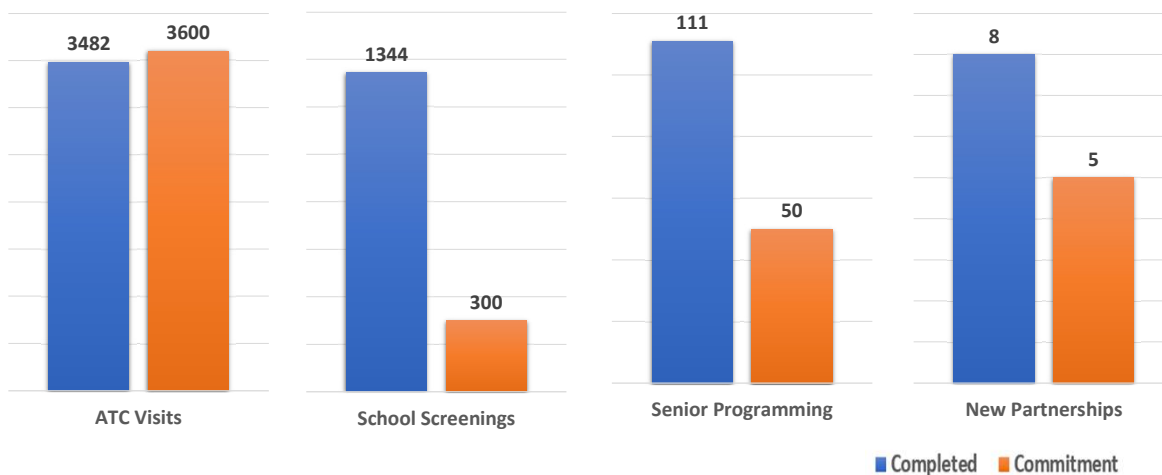


**FY24 Sonrisas Grant Q3 Update
May 23, 2024**

FY 24 to FY 26 PHCD and Sonrisas Partnership		
Program Area	Number Served Annually	Annual Funding
Access to Care Visits for residents with Medi-Cal	3600 Visits	\$720,000
School Screenings	250-300 children and 50-100 unhoued, newcomer or low-income children	\$34,500
Senior Patient Programming	Senior Screenings and Care Coordination for 50-100 PHCD Senior Residents	\$10,000
Expanding Community Outreach in PHCD Area	School and Senior Screenings/ Services with 5 new partners	\$35,500
PHCD Annual Funding Total		\$800,000
PHCD FY24-FY26 Total		\$2,400,000

Funding Oral Health Programs for Your Residents

Q3, FY24 Progress So Far: A Snapshot of Services to PHCD Residents



Access to Care: Providing a Dental Home



Goal: Sustainable Growth
More county residents have a dental home

Opportunities

- ✓ Exploring FQHC pathways to increase patient revenue
- ✓ San Mateo Clinic reconfiguration to add 10th operatory
- ✓ Permanent clinic in Pescadero to increase South County capacity 6x

Challenges

- Limited openings for new patients
- 7-10 requests a day to be a patient at Sonrisas that we cannot accommodate
- 15,000 new Medi-Cal patients in SMC since January 2024
- Running Pediatric Clinic at same time as Adult Clinic in San Mateo

Access to Care: Providing a Dental Home



Goal: Sustainable Growth

More county residents have a dental home

Update on Sonrisas' FQHC Pathways Project

- Exploring partnerships for higher revenue for Medi-Cal patient visits
- Four partners when project began
 - Still in discussion with three partners
- Expansion of current subcontract with SMMC to include patients 0–20 years old in process



School Screenings and Warm Pathway to Care



Goal: Meeting Community and Patient Needs

Program continues to grow and expand

Opportunities

- ✓ Community Health Worker Medi-Cal payments for care coordination
 - ✓ In conversation with HPSM to start with school screenings
- ✓ Expanding screenings to 3rd graders
- ✓ Pilot sealant program for 2nd graders
- ✓ Outreach information system deployment

Challenges

- Transporting supplies to events (fundraising for a van)
- Reliance on grant funding, combined with funding timelines, make advance planning a challenge

Senior Oral Health Programming



Goal: Meeting Community and Patient Needs

Program continues to grow and expand

Opportunities

- ✓ Health Fairs: Screening greater number of older adults at single events
- ✓ Expanding mobile dental services into homes and community centers
- ✓ New partnerships throughout San Mateo County

Challenges

- Transporting equipment and supplies to events (fundraising for a van)
- Reliance on grant funding, combined with funding timelines, make advance planning a challenge
- Additional costs of mobile dental care not covered by Medi-Cal



RECEIVED

MAY 07 2024

BY: _____

April 15, 2024

Peninsula Health Care District
1819 Trousdale Drive
Burlingame, CA 94010

Dear Friends,

Thank you for your support of AbilityPath's *Power of Possibilities* event! I am grateful for your donation of \$5,000. Your investment in our mission plays a vital role in our success and will help provide programs and services for children and adults with special needs and developmental disabilities.

Power of Possibilities will be held on **Thursday, May 2, 2024**. As a Bronze Sponsor you will receive six tickets to the in-person event at the gorgeously redesigned San Francisco Airport Marriott Waterfront. You will receive a print invitation with more information. We can't wait to celebrate the accomplishments of those we serve with you.

Thank you for your commitment to creating a world where people of all abilities are fully accepted, respected and included. Your gift is empowering people with special needs to achieve their full potential.

Sincerely,

Bryan Neider
CEO

THANK YOU ANA & TUNE
PHCD TEAM & BOARD
FOR YOUR SPONSORSHIP.

Note: Please retain this letter as proof of your donation. Contributions over the value of your in-person event tickets (\$100 per person) are tax-deductible. Tax ID# 94-1156502.

CHIEF EXECUTIVE OFFICER
Bryan Neider

EXECUTIVE COMMITTEE

Steve Eskenazi, Chair
Angel Investor

Jennifer Wagstaff Hinton, Vice Chair
Community Leader/HR, Inc. (Retired)

Christopher Murphy, Treasurer
Skadden, Arps, Slate, Meagher,
& Flom, LLP

Cynthia Owyong, Secretary
Breaking Glass Forums

Marc McGeever,
Via Services Immediate Past Chair
Community Volunteer

Cassy Christianson, OTR/L, Nominating
and Governance Committee Chair
Developmental Specialist

BOARD OF DIRECTORS

Ken Barker
Finance Consultant

Jeff Brown
Business Consultant

Alexandria Cabral
National Housing Trust

Amber Checky
Inclusion Counts

Jack Easterbrook
Strategy Law LLP

Carolyn Irvine
AbilityPath Auxiliary President

Rex Ishibashi
Originator Inc.

Sara Jungroth
AbilityPath Auxiliary Vice President

Tyler Kawaguchi
Follett Corporation at Stanford
Bookstore

Ishrag Khababa
Satellite Healthcare

Helen Marlo, Ph.D.
Notre Dame De Namur University/
Private Practice

Cynthia Maus
PJT Partners

Carole Middleton
Community Leader
Philanthropist

Denise Pollard
CLASS

Suman Prasad
Google

Mike Reed
Franklin Templeton Investments

Felicia Stacker
Luna Innovations Incorporated

Tracy Warman-Gries
NetApp, Inc.

Sibylle Whittam
Philanthropic Advisor



“We have known for a long time that loneliness can silently affect the lives of anyone, regardless of age, gender, economic status, or cultural background. At Peninsula Family Service (PFS) we are focusing on enhancing programmatic solutions, while prioritizing care and connections to overcome loneliness in our community. Ultimately, ending the loneliness epidemic requires action from our community and we are proud to be part of the first county in the country to bring attention to the loneliness epidemic.”

– Heather Cleary, CEO

Overcoming Loneliness with Care and Connections

With a historic decision, San Mateo County recently became the first county in the country to pass a resolution—authored by Supervisor David Canepa—recognizing loneliness as a public health emergency.

In collaboration with the County of San Mateo and experts from the University of California at San Francisco (UCSF), our recent PFS *Thought Leader Series* event highlighted our commitment to addressing the impact of loneliness. At the event, a unified front of leaders—David Canepa, San Mateo County Supervisor, Dr. Carla Perissinotto and Dr. Ashwin Kotwal, physicians and faculty at UCSF, and Ana Pulido, CEO of Peninsula Health Care District—reaffirmed their promise to promote community belonging and connection.

Supported by local officials and San Mateo County’s pledge to back our initiatives, PFS is focusing on awareness in the county to increase the reach and impact of our older adult services. This commitment represents a critical advancement in our efforts, leading to a significant reduction in loneliness outcomes.

You Are Not Alone

If you are feeling the weight of loneliness, please know that you are not alone in this. At PFS, we understand the profound impact loneliness can have on your health and well-being. Our doors are always open to you. We offer a variety of programs and resources designed to foster connection and community. Whether it is joining a support group, participating in social activities at our Fair Oaks Adult Activity Center, or simply needing someone to talk to, we are here to help you feel more connected and supported. Together, we can overcome loneliness.

Dear Lawrence,

Peninsula Family Service (PFS) has been a cornerstone in our community for almost 75 years, actively responding to community needs throughout our history. For example, in spring 2023, we established our initiative, ***Overcoming Loneliness Through Care and Connections***, to address the loneliness epidemic in our country affecting millions of people every day. Naming this initiative is new, but our work to overcome loneliness is not.

Loneliness is a silent epidemic eroding the fabric of our community's well-being. At PFS, we believe in the power of community. From early learning programs, employment services, older adult services and more, we offer a continuum of support that fosters health, independence, connection, and lifelong joy. Our Older Adult Services program is a testament to our commitment to overcoming loneliness and providing needed support. PFS helps our aging population stay engaged through services such as transportation, mental health, peer counseling, technology training, and the Fair Oaks Adult Activity Center, cultivating a stronger sense of community and belonging.

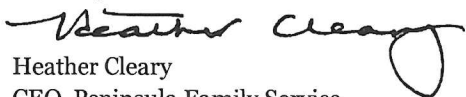
Your Support Can Make a Difference

Today, I invite you to join us in this vital mission with a gift of \$50. Your donation can help us expand our services, ensuring every older adult in San Mateo County can live a connected, vibrant life. Donor support can significantly transform our community. A gift of \$50 provides resources to facilitate peer counseling for those looking for help. A donation of \$100 helps an older worker gain employable skills, and \$500 provides 85 rides of safe and reliable transportation. With \$1,000, we will facilitate technology training sessions for 50 seniors, empowering them to connect with loved ones and access services online, bridging the digital divide affecting so many of us. Any amount will bolster our efforts to innovate and extend our reach, ensuring every older adult in need receives the care and companionship they deserve.

Our mission is bold and essential: we aim to profoundly transform the well-being of our community, ensuring that every individual leads a more connected and fulfilling life. Every day, PFS works tirelessly to foster a healthier, more vibrant community for all. We are doing the work, and we need your support to ensure this work continues.

Your gift today will honor the legacy of Peninsula Family Service and pave the way for a future where no one must face loneliness alone. Thank you for your continued support and belief in our mission. Together, we will create a long-lasting impact.

Sincerely,



Heather Cleary
CEO, Peninsula Family Service

P.S. Each gift strengthens our ability to address loneliness, offering everyone the companionship and support they deserve to lead better, healthier lives. Please support our community today.

MORE WAYS to GIVE

MONTHLY GIVING

You can make your gift go even further by choosing to make it monthly! Monthly gifts are the easiest way to ensure your donation is making the biggest impact on our neighbors. When donating, simply check "Make it Monthly" and we'll take care of the rest!

MATCHING GIFTS

Did you know that many companies in the Bay Area will match or even double your donation to PFS? To get started, you can easily have your gift matched by using our matching gift app at www.pfso.org/matching-gifts.

DONOR-ADVISED FUND

DAF is a convenient way to make a gift. It is a simple, safe, and effective way to achieve your philanthropic goals. To get started visit www.pfso.org/daf or contact your DAF administrator. www.pfso.org/stock to get started.



OPENING DOORS, CHANGING LIVES

www.pfso.org