



**PUBLIC MEETING OF THE
BOARD OF DIRECTORS
6:30 PM, Thursday, April 25, 2024
PHCD Classroom, 1819 Trousdale, Burlingame, 94010**

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Meeting ID:

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AGENDA

1. Call to Order and Roll Call

2. Public Comment on Non-Agenda Items

At this time, any person in the audience may speak on any items not on the agenda and any other matter within the jurisdiction of the District. Speakers are customarily limited to three minutes. If you cannot attend the meeting, but would like to offer comments, please email your comments to Voula.theodoropoulos@peninsulahealthcaredistrict.org or visit our website <https://www.peninsulahealthcaredistrict.org/public-comment-form>, and your comments will be read into the record. Public comments will be taken for each agenda item prior to the Board's consideration on that item.

3. Report Out From Closed Session: 4/16 & 4/25: Chairman Cappel

4. Consent Calendar: ACTION

- | | |
|---|-----------|
| a. Board Meeting Minutes - March 28, 2024 | Pg. 1-7 |
| b. Checking Account Transactions - March 2024 | Pg. 8-10 |
| c. Treasurer's Report -March 2024 | Pg. 11 |
| d. Q3 FY 2023-2024 Unaudited Financials | Pg. 12-17 |
| e. Q3 FY 2023-2024 Investment Report | Pg. 18-20 |
| f. Resolution 2024-01: Resolution to Borrow for New Credit Card | Pg. 21-23 |

5. New Business:

- | | |
|---|-----------|
| a. United for Youth: Blueprint for School and Transition-Age Youth Well-Being:
Jei Africa, Director, Behavioral Health & Recovery Services San Mateo County Health, and Nancy Magee, Superintendent, San Mateo County Office of Education | Pg. 24-30 |
| b. Special Funding Initiatives: Adult Day Services at Rosener House, Peninsula Volunteers, Inc.: Dao Do, Director, Peninsula Volunteers Inc.-Rosener House Adult Day Services | Pg. 31-40 |

- c. **Resolution 2024-02 RE: Resolution to Declare Loneliness a Public Health Crisis:** Pg. 41-42
Fátima M. Rodríguez, Strategic Initiatives Director
 - d. **Approve Transfer of Budgeted Funds and Approve Grant of \$25,000 to the Central County Fire Department for the Purchase of Automated External Defibrillators (AEDs) for Installation in Their Service Vehicles:** Ana M. Puldio, CEO Pg. 43-45
- 6. Reports:**
- a. **Board Standing Committees:**
 - Strategic Direction Oversight – May 1, 2024
 - Finance – May 14, 2024
 - Board Chair and Director Reports
- 7. Correspondence and Media**
- a. **4/1 Thank You Letter from San Mateo High School District** Pg. 46
 - b. **4/9 Thank You Letter from Mission Hospice & Home Care** Pg. 47
- 8. Adjourn:**

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 1819 Trousdale, Burlingame during normal business hours. Please call 650-697-6900 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Peninsula Health Care District at least 48-hrs in advance at 650-697-6900.



SPECIAL BOARD OF DIRECTORS MEETING MINUTES Thursday, March 28, 2024 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chairman Cappel Vice-Chairman Pagliaro Secretary Zell Director Navarro Director Sanchez	<u>Directors Absent</u>	<u>Also, Present</u>

1. Call to Order and Roll Call: Chairman Cappel called the meeting to order at 6:31 p.m. Roll call attendance was taken. A quorum was present.

[Director Zell arrived at 6:32 pm]

2. Public Comment on Non-Agenda Items: No public comments were offered.

3. Report Out From Closed Session: 3/4/2024 & 3/25/2024: Chairman Cappel stated that the Board held discussions reviewing the ongoing negotiations with the PWC developers during the closed session meetings on 3/4/2024 and 3/25/2024.

4. Consent Calendar: ACTION

- a. Board Meeting Minutes - February 22, 2024 & March 4, 2024
- b. Finance Committee Meeting Minutes- November 14, 2023
- c. Checking Account Transactions - February 2024
- d. Treasurer's Report - February 2024
- e. Statement of Investment Policy
- f. Internal Control Policy
- g. Finance Committee Terms and Charge

Vice-Chairman Pagliaro stated that his absence from the Board meeting on 2/22/24 was due to his attendance at the ACHD conference in Sacramento. He mentioned a payment made to Voler Strategic Advisors on page 11 and requested an update on their activities and progress from CEO Pulido. Additionally, he inquired about the payment to Arora + Associates, LLC, and was

informed that they are a recruiting firm that assisted the District in the recruitment of the allcove™ Clinical Director.

Motion to Approve Consent Calendar as Presented

Motion: By Director Sanchez; Vice-Chair Pagliaro

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 5/0/0

5. Old Business:

a. Proposal to Extend Economic Planning Services Contract for PWC Project Financial Analytics and Consulting: Ana M. Pulido, Chief Executive Officer

The SECOND Amendment of the Agreement between Economic & Planning Systems, Inc., and Peninsula Health Care District appears on page 32 of the Board packet.

Motion to Approve the Extension of the Economic Planning Services Contract for PWC Project Financial Analytics and Consulting

Motion: By Vice-Chair Pagliaro; Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 5/0/0

6. New Business:

a. allcove™ Soft Opening Report: Marc Rappaport, Clinical Director, and Jackie Almes, Youth Behavioral Health Program Manager

Clinical Director Marc Rappaport and Youth Behavioral Health Program Manager Jackie Almes presented the allcove™ Soft Opening Report.

Presentations Highlights

Referral Pathways

- FLY
- Caminar
- Schools
- Contractors (Service Providers)
- San Mateo County Office of Education

- Samaritan House
- CASA
- CORA

Services (In addition to contracts)

- California Clubhouse: Co-hosted events, it was a video game social where their members came to allcove™
- Kingdom Love: Providing Mental Health First Aid at allcove™
- School Clubs: Collaborative events at allcove™

Outreach Efforts

- Presentations
- Tabling
- Community (government, local businesses)
- Tours

Future Partnerships

- Arts Unity Movement
- The Art of Yoga

Statistics

- Number of visits for services: 64
- Number of youths enrolled: 34
- Number of folks toured: 127
- Number of youth visits for use of space: 76
- Number of inquiries (calls, emails and walk-ins): 86
- Number of materials given out: 917

Opportunities

- Co-hosted event with California Clubhouse/Community Based Organizations
- Co-hosted events with School Clubs
- Usage of space for outside case managers meetings and referrals
- Work experience program in collaboration with youth utilizing services
- School wellness counselors' meetings at allcove™
- Child trafficking educational event
- Interviews by Students/Organizations: Nueva School Newsletter, SMCOE Podcast, Woodside Priory

- School Partnerships for disciplinary action/mandated sessions

Next Steps

- Increase visibility and community awareness via social media ads, banners, billboard, tv ads, school (high school/college) newspaper ads
- Schedule community wide events centered on mental health awareness and advocacy to bring community into center
- Inquire with San Mateo County about hosting wrap around service providers at allcove™ related to housing and food insecurity, transportation, health/dental coverage, etc.

Q & A with Marc Rappaport and Jackie Almes

The "Statistics" section indicates that there are currently 34 youths enrolled. What defines enrollment?

Out of a total of 64 service visits, the enrolled youths are those for whom the facility collected demographic information and who actually received services.

How does the soft opening of the allcove™ San Mateo center compared to other allcove™ center openings? Staff recently visited allcove™ Beach Cities, how does the performance of the allcove™ San Mateo center stack up against their opening? Has any feedback been collected from Stanford regarding initial strengths and opportunities since the soft opening?

Beach Cities differs from allcove™ San Mateo in that their grand opening swiftly followed the soft opening with over 500 attendees. The requirement for a medical component has caused a delay in the grand opening of allcove™ San Mateo. Nevertheless, data indicates that allcove™ San Mateo has higher visitation numbers compared to the soft opening numbers of allcove™ Palo Alto.

Are all allcove™ centers statewide directly affiliated with Stanford?

The Stanford Center for Youth Mental Health and Wellbeing serves as the primary support provider for all allcove™ centers. The medical component of the allcove™ San Mateo center is overseen by Stanford Children's Hospital.

b. PHCD Health & Fitness Center Programmatic Update: Richard Bergstrom, Health and Fitness Director

Health and Fitness Director Richard Bergstrom presented the Fitness Center Programmatic Update with an introduction to the new "Fit Forever" and "Steady Steps" Fall Prevention Program.

[Presentation appended to and made part of the minutes]

c. CEO Strategic Plan Quarterly Report: Ana M. Pulido, Chief Executive Officer

CEO Pulido shared the Bi-Monthly District Report.

Report Highlights

Preventive Health

- County Partnership for the District Geomapping Project that will offer a centralized access point to prioritized data, and data sharing partnerships with Mills-Peninsula & Health Plan of San Mateo to help inform strategic planning and program offerings
- Exploring Collaboration to Promote Immunizations and Vaccinations through collaborations with San Bruno Park School District and Samaritan House
- Substance Use community webinar held via Parent Venture in January and a follow-up webinar will be coming in March

Mental Health

- allcove™ San Mateo finalized contracts with core service providers before the 2023 year ended and officially opened its doors as of January 2024
- allcove™ San Mateo was awarded \$1 million over a period of two years from MHSOAC, and also submitted the San Mateo County Measure K grant for \$250,000 per year over three years
- Senior mental health data was secured through three different San Mateo County Assessments. Each of these reports found that depression and isolation are mental health issues for seniors, and where more support is needed. PHCD will use this data for strategic planning and programming efforts in this area.

Dental Health

- Sonrisas met with Ravenswood, NEMS and Samaritan House to explore FQHC pathways. NEMS and Samaritan House both remain engaged in considering a partnership
- Sonrisas outreach in education and oral screenings reached more than 800 individuals in the months of January through February

Integrated Services

- Grants program awarded 33 organizations for a total of \$1,108,000 in community grants to support the District's vision in achieving optimal health for all District residents.
- Special session for Review of Grantee Mid-Year and End of Year reports with the key objectives of discussing common set of core metrics for future funding years
- Small Grants & Sponsorships management portal launched

- The Trousdale is at 92.7% occupancy and provided 112 tours in the last quarter

d. Discussion of Appointment of an Ad Hoc Committee to Review Board Policies: Ana M. Pulido, Chief Executive Officer

The Peninsula Health Care District currently has 23 District and Board policies that define acceptable practices for its operations. Some policies require review and renewal, while others are continuous. The District will undergo a full review of existing Board and District policies with legal counsel, submit revisions and introduce new policies as needed.

CEO Pulido proposed the consideration of an ad hoc committee to review the current PHCD policy, as some policies require renewal. She inquired if the Board would like to participate in the policy review process alongside Counsel Hudak.

Director Zell clarified that all policies are approved by the Board. The process first consists of staff review with legal counsel, Board Chair, and related Committees to review the policy changes before they are brought before the Board.

CEO Pulido replied that some of the policies fall outside of that scope, and she wanted to propose some new policies that might be beneficial to the District. She further noted that she would be happy to review at the staff level but wanted to give the Board the opportunity to get involved.

Director Zell responded that he believes best practices start at the staff level and that Counsel Hudak may be able to assist with these because of his extensive work with government entities. He encouraged staff to share any ideas or recommendations with the Board. However, any policy change must follow the stated proper channels before Board approval. Director Zell shared a positive audit experience under the previous PHCD CEO, highlighting that the state found the District's books were organized, and the policies were up-to-date.

Chairman Cappel suggested all PHCD staff review policies and bring any concerns to Counsel Hudak for Board consideration.

7. Reports:

a. Board Standing Committees:

Finance – March 12, 2024

Director Zell stated that in the next Finance Committee meeting they will be reviewing the organization's upcoming budget.

Strategic Direction Oversight – May 1, 2024

Chairman Cappel stated that the next Strategic Direction Oversight Committee meeting will be held on May 1st.

Board Chair and Director Report

Chairman Cappel stated that there were no Board Chair or Director Reports to present.

8. Correspondence and Media

- a. 2/27 Jewish Family and Children's Services Thank You Letter
- b. 2/27 AbilityPath Thank You Letter
- c. 2/27 Cora Thank You Letter
- d. 2/29 Sonrisas Cooking for a Cause

9. Adjourn: 8:06 pm

**Peninsula Health Care District
Checking Transactions
March-24**

Date	Description	Deposit	Withdraw
Admin			
3/4/2024	CalPERS Pension		8,226.71
3/4/2024	SC Property Management		31,121.00
3/7/2024	Millbrae Cultural Committee		2,000.00
3/7/2024	BYOG		3,935.96
3/7/2024	Fatima Rodriguez		399.53
3/7/2024	Foster City Chamber of Commerce		600.00
3/7/2024	Mills High School		8,798.53
3/7/2024	Henry Sanchez		700.00
3/7/2024	Voler Strategic Advisors Inc.		8,000.00
3/7/2024	City of Burlingame Water Dept		150.53
3/7/2024	Iron Mountain		699.93
3/7/2024	Streamline		375.00
3/7/2024	Zone 4 Construction Inc.		10,824.68
3/7/2024	Bay Alarm		840.00
3/7/2024	Daily Journal		2,443.75
3/7/2024	Premysis Technologies		98.76
3/11/2024	California Public Employees Retirement		16,047.33
3/11/2024	Paychex		401.29
3/11/2024	Cardmember Service		7,255.00
3/13/2024	FSA Payment		110.00
3/14/2024	Allied Administrators for Delta Dental		982.78
3/14/2024	Ombudsman Services San Mateo County		71,820.00
3/14/2024	Mission Hospice & Home Care		84,645.00
3/14/2024	Samaritan House		156,465.00
3/14/2024	Peninsula Volunteers, Inc		2,240.00
3/14/2024	Recology		90.25
3/14/2024	Mark D. Hudak		3,330.00
3/14/2024	Oropeza's Landscaping & Maintenance		450.00
3/14/2024	Comcast		527.83
3/14/2024	Best Best & Krieger, LLP		3,258.50
3/14/2024	U. S. Bank Equipment Finance		314.31
3/14/2024	PG&E		506.53
3/14/2024	Precision Digital Networks		2,325.25
3/14/2024	KBA Document Solutions, LLC		200.80
3/14/2024	Shamrock Office Solutions LLC		162.10
3/14/2024	Mark D. Hudak		1,305.00
3/14/2024	Friends for Youth		2,046.69
3/14/2024	First Citizens Bank & Trust Co		277.35
3/14/2024	Service Master Building Maintenance		3,200.00
3/14/2024	Precision Digital Networks		1,351.75
3/14/2024	One Life Counseling Center		12,498.75
3/14/2024	Anna Naufahu	150.00	
3/14/2024	Paychex Payroll 03/15/24		34,440.22
3/14/2024	Payroll Taxes 03/15/24		19,588.25
3/15/2024	Paychex		85.00

Date	Description	Deposit	Withdraw
3/15/2024	Compensation Insurance Payroll		193.05
3/18/2024	CalPERS Pension		8,184.81
3/20/2024	FSA Payment		50.93
3/20/2024	Paychex		121.50
3/21/2024	San Bruno Park School District		75,000.00
3/21/2024	Rotary District 5150		2,500.00
3/21/2024	Mission Met, LLC		2,750.00
3/21/2024	J & E Pro Cleaning and Handy Services		660.00
3/21/2024	Frank Pagliaro		37.00
3/21/2024	Baca & Sons Ptg. Inc.		1,490.00
3/21/2024	State of California	131,065.75	
3/22/2024	Heritage Bank Monthly Fee		121.60
3/28/2024	Alhambra		204.93
3/28/2024	Color Print		201.85
3/28/2024	Alhambra		77.91
3/28/2024	County of San Mateo, CA	38,262.62	
3/28/2024	Payroll PPE 03/31/24		33,495.28
3/28/2024	Payroll Taxes 03/31/24		18,965.34
3/29/2024	County of San Mateo, CA	451,866.36	
3/29/2024	Interest	574.25	
3/29/2024	Workers Compensation Insurance Payroll		183.46
		621,918.98	649,377.02

Health Fitness

3/7/2024	Directv		108.77
3/7/2024	Streamline		63.00
3/11/2024	Cardmember Service		1,464.87
3/11/2024	Mindbody Merchant Processing		352.51
3/21/2024	Color Print		94.85
3/21/2024	J & E Pro Cleaning and Handy Services		1,150.00
3/21/2024	U. S. Bank Equipment Finance		77.40
3/21/2024	PG&E		1,133.87
3/21/2024	AT&T		309.70
3/21/2024	Recology		97.39
3/21/2024	Core Linen Services, Inc.		198.38
3/28/2024	Bay Alarm		271.11
3/28/2024	City of Burlingame		50.00
3/28/2024	Gym Doctors		340.00
3/28/2024	KBA Document Solutions, LLC		61.11
3/29/2024	Interest	31.47	
3/31/2024	Health and Fitness March 2024	11,162.00	
		11,193.47	5,772.96

Leasing

3/7/2024	PG&E		2,997.15
3/7/2024	J & E Pro Cleaning and Handy Services		1,300.00
3/7/2024	PG&E		2,297.99
3/7/2024	City of Burlingame Water Dept		84.03
3/7/2024	City of Burlingame Water Dept		1,700.65
3/7/2024	City of Burlingame Water Dept		117.28
3/7/2024	City of Burlingame Water Dept		688.71

Date	Description	Deposit	Withdraw
3/7/2024	City of Burlingame Water Dept		450.40
3/7/2024	Bleyle Elevator, Inc		95.00
3/11/2024	Cardmember Service		84.00
3/14/2024	Recology		389.59
3/14/2024	Oropeza's Landscaping & Maintenance		1,260.00
3/14/2024	Recology		901.22
3/14/2024	Recology		627.54
3/14/2024	Service Master Building Maintenance		4,500.00
3/14/2024	Carol Tanzi & Associates	500.00	
3/14/2024	One Life Counseling Service	1,430.00	
3/14/2024	Eugene Kita, DDS	1,609.89	
3/14/2024	Ross Williams, DDS	2,083.19	
3/14/2024	Patricia Dugoni, CPA	2,400.00	
3/14/2024	April Lee, DDS	2,719.14	
3/14/2024	Preferred Prosthetics Inc.	2,881.57	
3/14/2024	Ability Path	6,628.00	
3/21/2024	Western Allied Mechanical, Inc.		2,247.20
3/21/2024	Alliance Roofing		1,640.19
3/21/2024	J & E Pro Cleaning and Handy Services		2,034.21
3/21/2024	Central Roofing Inc.		1,200.00
3/29/2024	Interest	118.60	
		20,370.39	24,615.16
PWC			
3/7/2024	Streamline		42.00
3/14/2024	Perkins Coie LLP		24,770.70
3/28/2024	Economic & Planning Systems, Inc.		3,187.50
3/29/2024	Interest	6.60	
		6.60	28,000.20
Trousdale			
3/1/2024	Heartland Merchant Account		249.95
3/4/2024	Trousdale Tenant Chargeback		9,384.86
3/7/2024	Eskaton Properties Inc		57,677.11
3/7/2024	Trousdale Tenant Deposit	5,000.00	
3/7/2024	Trousdale Tenant Deposit	106,968.63	
3/14/2024	Trousdale Tenant Deposit	169,201.51	
3/15/2024	Trousdale Tenant Deposit	5,000.00	
3/15/2024	Trousdale Tenant Deposit	81,026.74	
3/20/2024	Trousdale Tenant Deposit	661,420.86	
3/21/2024	Eskaton Properties Inc		407,273.18
3/21/2024	Trousdale Tenant Chargeback		7,917.75
3/22/2024	Trousdale Tenant Deposit	66.00	
3/22/2024	Trousdale Tenant Deposit	63,881.77	
3/28/2024	Trousdale Tenant Deposit	1,500.00	
3/28/2024	Trousdale Tenant Deposit	10,000.00	
3/28/2024	Trousdale Tenant Deposit	30,186.00	
3/29/2024	Interest	405.78	
		1,134,657.29	482,502.85

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of <u>3/31/24</u>	Estimated FY 23-24 <u>Tax Revenue</u>
<u>\$ 6,217,741</u>	<u>\$ 8,500,000</u>

Board Designated Invested Funds

	Rate Last QTR	Fees Paid Fiscal YTD	Cost Basis		Market Value
			<u>2/29/24</u>	<u>3/31/24</u>	<u>3/31/24</u>
Bridge Bank - 1yr CD (mature 1/31/25)	2.750%		3,162,711	3,162,711	3,162,711
Fiduciary Trust	4.960% *	4,471	1,737,688	1,743,937	1,743,319
City National Bank	4.943% *	(1,804) **	15,420,171	15,443,833	15,312,161
Local Agency Investment Fund	4.122%		6,003,802	6,003,802	6,003,802
San Mateo County Pool Investment	3.746%		<u>3,676,301</u>	<u>3,676,301</u>	<u>3,676,301</u>
			<u>30,000,674</u>	<u>30,030,585</u>	<u>29,898,295</u>

* Yield to maturity

** Fee Credit/Rebate

**Peninsula Health Care District
Statement of Activities - Preliminary Draft**

	Quarter Ending 03/31/2024			Year To Date 03/31/2024			Year Ending 06/30/2024
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
Change In Net Assets							
Revenue							
San Mateo County Tax	1,214,943	1,160,000	54,943	6,217,741	6,180,000	37,741	8,500,000
Rental Income							
Lease Income - Hospital	466,955	438,339	28,616	1,360,045	1,315,016	45,029	1,753,354
Lease Income - 1720 Marco Polo	27,691	29,027	(1,337)	100,885	107,082	(6,197)	136,109
Lease Income - 1740 Marco Polo	63,726	69,158	(5,431)	190,011	207,474	(17,462)	276,631
Lease Income - 111-113 16th St.	0	0	0	0	0	0	1
Lease Income - 1764 Marco Polo	187,500	187,500	0	562,500	562,500	0	750,000
Total Rental Income	745,872	724,024	21,848	2,213,441	2,192,071	21,370	2,916,096
Lease Expense							
Lease Expenses - 1720 Marco Polo	(8,340)	(9,000)	660	(28,589)	(27,000)	(1,589)	(36,000)
Lease Expenses - 1740 Marco Polo	(28,197)	(24,999)	(3,198)	(79,305)	(74,997)	(4,308)	(100,000)
Lease Expenses - 1764 Marco Polo	(40,867)	(29,652)	(11,215)	(103,305)	(88,956)	(14,349)	(118,609)
Lease Expenses - 430 No. El Camino Real	(7,162)	(11,250)	4,088	(27,945)	(33,750)	5,805	(45,000)
Lease Expenses - 1875 Trousdale	(5,659)	(6,000)	341	(18,718)	(18,000)	(718)	(24,000)
Lease Expenses - 111-113 16th St.	(2,957)	(3,600)	643	(12,637)	(10,800)	(1,837)	(14,400)
Lease Expenses - PWC Land	(500)	(3,000)	2,500	(4,501)	(9,000)	4,499	(12,000)
Total Lease Expense	(93,682)	(87,501)	(6,181)	(275,000)	(262,503)	(12,497)	(350,009)
Investment Income							
Investment Inc - LAIF	64,239	41,077	23,162	174,334	123,231	51,103	164,308
Investment Inc - SMC	34,443	22,780	11,663	95,300	68,340	26,959	91,120
Investment Inc - CNB	149,772	102,479	47,293	390,339	307,437	82,902	409,916
Investment Inc - FT	19,097	18,057	1,040	58,923	54,170	4,753	72,227
Investment Inc - Torrey	15,505	3,542	11,963	22,664	10,626	12,038	14,168
Investment Inc - US Bank	4,526	0	4,526	6,266	0	6,266	0
Investments - Unrealized G/L	(32,918)	0	(32,918)	170,980	0	170,980	0
Interest Income	3,824	150	3,674	10,162	600	9,562	900
Interest Income - Leasing GASB 87	526,387	526,387	0	1,580,274	1,580,274	0	2,106,287
Total Investment Income	784,875	714,473	70,403	2,509,242	2,144,679	364,563	2,858,927
Miscellaneous Income							
Nursing Grant/Loan Repayments	450	450	0	1,350	1,350	0	1,800
Rental Value for Use of Facilities (rent-free)	101,229	102,729	(1,500)	303,687	308,187	(4,500)	410,916

	Quarter Ending 03/31/2024			Year To Date 03/31/2024			Year Ending 06/30/2024
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
Total Miscellaneous Income	101,679	103,179	(1,500)	305,037	309,537	(4,500)	412,716
The Trousdale - Operating Revenue	3,353,839	3,436,106	(82,267)	9,543,646	9,591,698	(48,052)	13,135,773
Health & Fitness Center Revenue	34,073	34,603	(530)	98,962	93,489	5,473	131,620
Teen Mental Health Income	262,132	131,066	131,066	262,132	393,197	(131,066)	524,263
Total Revenue	6,403,731	6,215,948	187,783	20,875,200	20,642,168	233,032	28,129,386
Expenditures							
Community Health Investment							
Community Grants	1,183,000	0	(1,183,000)	1,183,000	1,183,000	0	1,183,000
Impact Partnership Grants	312,930	0	(312,930)	487,930	458,500	(29,430)	742,000
Other Contributions & Grants	26,006	14,251	(11,755)	42,300	61,749	19,449	75,000
Targeted Prevention Program	0	62,500	62,500	200,001	187,498	(12,503)	250,000
Special Funding Initiatives	5,120	145,556	140,436	81,431	336,662	255,231	417,218
SDH San Mateo Funding	219,400	200,001	(19,399)	731,200	599,999	(131,201)	800,000
Community Outreach	10,026	18,750	8,724	13,891	56,250	42,359	75,000
Community Education	0	14,667	14,667	22,000	44,000	22,000	50,000
New Program Research & Development	229	62,500	62,271	229	187,498	187,269	250,000
Trousdale Rent Assistance Fund	59,535	60,000	465	174,896	180,000	5,104	240,000
Donated Value for Use of Facilities (rent-free)	101,229	102,729	1,500	303,687	308,187	4,500	410,916
PWC Project Cost	105,860	180,000	74,140	337,675	480,000	142,325	660,000
Total Community Health Investment	2,023,335	860,954	(1,162,381)	3,578,241	4,083,343	505,102	5,153,134
Salaries and Benefits							
Salaries	224,305	224,205	(100)	558,407	656,149	97,742	883,179
Health/Dental/Vision/Life Benefits	23,657	40,109	16,453	67,609	120,249	52,640	160,358
Retirement	14,277	18,009	3,731	29,480	53,523	24,044	71,755
Taxes & WC	17,485	20,076	2,591	38,704	58,754	20,049	79,083
Total Salaries and Benefits	279,724	302,399	22,674	694,200	888,675	194,475	1,194,375
General and Administrative Exp.							
Payroll Services	1,919	2,155	236	4,920	6,065	1,145	8,020
Office Supplies	5,791	5,400	(391)	15,657	16,200	543	21,600
IT Service Consultant	8,267	4,500	(3,767)	22,762	13,500	(9,262)	18,000
Telephone/Internet	4,723	4,500	(223)	14,115	13,500	(615)	18,000
Software Expense	8,920	7,905	(1,015)	26,131	23,715	(2,416)	31,620
Maintenance & Repairs	3,393	4,500	1,107	13,755	13,500	(255)	18,000
ACHD / CSDA Dues	5,666	3,300	(2,366)	12,359	18,900	6,541	22,200
Records Storage	2,100	1,800	(300)	6,174	5,400	(774)	7,200
Insurance	18,745	18,000	(745)	55,587	54,000	(1,587)	72,000
SMC Fees - Admin	0	0	0	43,940	42,000	(1,940)	84,000

	Quarter Ending 03/31/2024			Year To Date 03/31/2024			Year Ending 06/30/2024
	Actual	BUDGET	Budget Diff	Actual	BUDGET	Budget Diff	BUDGET
SMC Fees - LAFCo	4,088	3,900	(188)	12,263	11,700	(563)	15,600
Legal - General	19,712	15,000	(4,712)	30,892	45,000	14,108	60,000
Legal - Real Estate	21,287	75,000	53,713	141,887	225,000	83,113	300,000
Consultant - Financial	1,840	1,250	(590)	11,383	3,750	(7,633)	5,000
Consultant - Communications	24,000	21,000	(3,000)	72,000	63,000	(9,000)	84,000
Consultant - Audit	2,625	0	(2,625)	27,575	27,500	(75)	27,500
Website Services	1,375	1,050	(325)	4,045	3,150	(895)	4,200
Travel & Meetings	4,600	14,700	10,100	22,555	44,100	21,545	58,800
1819 Trousdale Expense	4,385	5,400	1,015	12,234	16,200	3,966	21,600
Miscellaneous	9,098	1,350	(7,748)	30,262	34,050	3,788	35,400
Total General and Administrative Exp.	152,533	190,710	38,177	580,497	680,230	99,733	912,740
The Trousdale Assisted/Memory Care Expens	2,695,394	2,535,154	(160,240)	8,186,258	7,514,009	(672,249)	10,075,305
Health & Fitness Center Expense	79,279	95,520	16,241	202,085	285,742	83,657	382,088
Teen Mental Health Expense	282,471	727,084	444,612	670,606	1,925,186	1,254,580	2,607,221
Other Expense							
Depreciation Expense	746,415	766,256	19,842	2,231,867	2,297,868	66,001	3,064,125
Interest Expense	396,933	386,716	(10,217)	1,190,799	1,180,582	(10,217)	1,562,189
Interest Expense - Leasing GASB 87	10,822	10,679	(143)	34,615	34,150	(465)	44,103
Total Other Expense	1,154,170	1,163,651	9,481	3,457,281	3,512,600	55,319	4,670,417
Total Expenditures	6,666,906	5,875,471	(791,435)	17,369,168	18,889,785	1,520,617	24,995,281
Total Change In Net Assets	(263,175)	340,477	(603,652)	3,506,032	1,752,382	1,753,650	3,134,105

Peninsula Health Care District
Statement of Net Assets - Preliminary Draft

	Year To Date 3/31/2024
	Current Year Balance
Assets	
Current Assets	
Cash and Cash Equivalents	
Heritage Bank - Admin Checking	2,564,461
Heritage Bank - Leasing Checking	452,730
Heritage Bank - PWC Checking	3,779
Heritage Bank - Health & Fitness Checking	121,164
Heritage Bank - Trousdale Checking	1,492,563
Total Cash and Cash Equivalents	4,634,697
Accounts Receivable	
Accounts Receivable	63
Account Receivable - Rent	12,334
Account Receivable - TT Tenant	145,154
Allowance for Bad Debt - TT Tenant AR	(61,118)
Accounts Receivable - Services	2,160
Accounts Receivable - Employee	55
Interest Receivable	237,656
Accounts Receivable - Other	2,828
Total Accounts Receivable	339,132
Other Current Assets	
Other Current Assets	
Lease Receivable - Current (GASB 87)	64,137
Total Other Current Assets	64,137
Prepaid Expenses	
Prepaid - General	29,850
Prepaid - Insurance	60,474
Prepaid - Benefits / WC	983
Prepaid - Trousdale	148,911
Total Prepaid Expenses	240,218
Inventory	
Supplies/Inventory	15,174
Total Inventory	15,174
Total Other Current Assets	319,529
Total Current Assets	5,293,358
Long-term Assets	
Property & Equipment	
Construction-In-Progress (CIP)	24,939
Building	85,478,444
Land	22,899,379
Improvements	2,202,321
Equipment	2,162,580
Furniture/Fixtures	275,719
Pre Opening Cost	2,505,662
Accum Depreciation (Trousdale)	(13,437,043)

	Year To Date
	3/31/2024
	Current Year Balance
Accum Depreciation	(4,047,658)
Total Property & Equipment	98,064,344
Other Long-term Assets	
Deposits and Prepayments	
Deposits	30,215
Total Deposits and Prepayments	30,215
Other Assets	
Deferred Outflow	1,569,675
Net Pension Asset	398,044
Lease Receivable - Long-Term (GASB 87)	70,087,650
Total Other Assets	72,055,369
Total Other Long-term Assets	72,085,584
Total Long-term Assets	170,149,928
Investments	
Long Term Investments	
Board Designated Fund - LAIF	6,003,802
Board Designated Fund - SMC	3,676,301
Board Designated Fund - CNB	15,443,833
Board Designated Fund - FT	1,743,937
Board Designated Fund - Torrey	3,162,711
Board Designated Fund - Unrealized G/L	(132,293)
Total Long Term Investments	29,898,291
Investment in Subsidiary	
Project Acct - US Bank 44000	3,549
Project Acct - US Bank 56000	977
Total Investment in Subsidiary	4,526
Total Investments	29,902,817
Total Assets	205,346,103

Liabilities and Net Assets

Liabilities

Short-term Liabilities

Accounts Payable	
Accounts Payable	806,801
Credit Card Payable	9,641
Accrued Payable - General	550,551
Total Accounts Payable	1,366,993

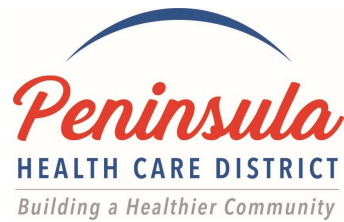
Accrued Liabilities

Accrued Payroll	285,750
FSA Employee Account	1,180
Total Accrued Liabilities	286,930

Deferred Revenue

Prepaid Rent	2,012,210
Prepaid Membership Dues	5,210
Prepaid Other	10,000
Deferred Income	3,500
Deposit - TT Tenants	21,500
Security Deposits	50,464

	Year To Date
	3/31/2024
	Current Year Balance
Total Deferred Revenue	2,102,884
Withholding Tax Payable	
Accrued Payroll Taxes	4,051
Total Withholding Tax Payable	4,051
Other Short-term Liabilities	
Short-term Liabilities	
Lease Payable - Current (GASB 87)	235,679
Total Short-term Liabilities	235,679
Loans Payable - Current	
Accrued Interest	264,622
Total Loans Payable - Current	264,622
Total Other Short-term Liabilities	500,301
Total Short-term Liabilities	4,261,159
Long Term Liabilities	
Notes Payable - Long Term	
Note Payable - WAB 40M	31,540,000
Note Payable - WAB 10M	8,450,000
Total Long Term Notes Payable	39,990,000
Other Long-term Liabilities	
Other Liabilities	
Lease Payable - Long-Term (GASB 87)	946,073
Deferred Inflow	65,763,517
Total Other Liabilities	66,709,590
Total Other Long-term Liabilities	66,709,590
Total Long Term Liabilities	106,699,590
Other Liabilities	
Deposits - ENA	
Deposits - ENA	200,000
Total Deposits - ENA	200,000
Total Other Liabilities	200,000
Total Liabilities	111,160,749
Equity	
Fund Balance	90,679,322
Change In Net Assets	3,506,032
Total Equity	94,185,354
Total Liabilities and Net Assets	205,346,103



DATE: April 14, 2024
 TO: PHCD Board of Directors
 FROM: Vickie Yee, CFO
 SUBJECT: Investment Quarterly Report – 3/31/24

To comply with our Statement of Investment Policy and Government Code 53646, included in this report are our investment holdings as of 3/31/24 and two bank statements: Local Agency Investment Fund and San Mateo County Fund.

Fiduciary Trust Holdings as of 3/31/24					
Asset Category	Asset Name	Quantity	Mkt Price	Mkt Value	Cost Basis
U.S. TREASURY BILLS	STIP 1: US TREASURY ONLY DTD 8/31/2003	1,218,000	100.000	1,218,000	1,218,000
INTEREST BEARING ACCOUNT	USD Cash	100,448	100.000	100,448	100,448
U.S. TREASURY BILLS	UNITED STATES TREASURY BILL DTD 8/31/2023 2/29/2024	100,000	99.138	99,138	98,672
U.S. TREASURY BILLS	UNITED STATES TREASURY BILL DTD 3/23/2023 3/21/2024	200,000	98.842	197,684	197,348
CORPORATE BONDS-DOMESTIC	WALT DISNEY CO/THE SENIOR NOTE CALLABLE 07/30/2024 @ 100 DTD 09/06/2019 1.75% 08/30/2024	130,000	98.499	128,049	129,470
				1,743,319	1,743,937
City National Bank Holdings as of 3/31/24					
Asset Type	Asset Name	Quantity	Mkt Price	Mkt Value	Cost Basis
CORPORATE BONDS-DOMESTIC	CITIGROUP INC V-Q 3.352% 04/24/25	455,000	99.834	454,245	455,637
CORPORATE BONDS-DOMESTIC	MORGAN STANLEY V-D 0.985% 12/10/26	500,000	92.647	463,235	459,201
FOREIGN BONDS	SUMITOMO MITSUI FINL 1.474% 7/08/25	495,000	95.195	471,215	496,031
FOREIGN BONDS	CANADIAN IMPERIAL BK 2.250% 1/28/25	445,000	97.418	433,510	448,912
MONEY MARKET SWEEP FUNDS	CITY NATL ROCHDALE GOV MM-SV	568,905	100.000	568,905	568,905
MONEY MARKET SWEEP FUNDS	CNB DEPOSIT SWEEP	250,000	100.000	250,000	250,000
MUNICIPAL BONDS	WISCONSIN ST 0.361% 5/01/24	325,000	99.623	323,775	325,000
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 0.625% 7/31/26	925,000	91.391	845,367	870,618
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 1.750% 3/15/25	625,000	96.936	605,850	620,324
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 2.500% 5/31/24	800,000	99.540	796,320	799,025
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 3.000% 7/31/24	1,650,000	99.221	1,637,147	1,649,159
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.500% 11/15/25	400,000	99.551	398,204	401,664
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.125% 1/31/25	1,000,000	99.186	991,860	995,812
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.000% 2/15/26	1,325,000	98.758	1,308,544	1,317,027
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 3.750% 4/15/26	1,000,000	98.273	982,730	998,984
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.625% 6/30/25	850,000	99.637	846,915	848,615
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.500% 7/15/26	900,000	99.852	898,668	904,020
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.750% 7/31/25	1,250,000	99.824	1,247,800	1,247,048
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.625% 9/30/28	300,000	101.441	304,323	299,145
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 5.000% 9/30/25	300,000	100.246	300,738	299,871
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.375% 12/15/26	450,000	99.754	448,893	452,583
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.000% 1/31/29	100,000	98.969	98,969	98,715
U.S. GOVT BONDS & NOTES	U.S. TREASURY NOTES 4.250% 1/31/26	640,000	99.211	634,950	637,537
				15,312,161	15,443,833

California State Treasurer
Fiona Ma, CPA



Local Agency Investment Fund
P.O. Box 942809
Sacramento, CA 94209-0001
(916) 653-3001

April 09, 2024

[LAIF Home](#)
[PMIA Average Monthly Yields](#)

PENINSULA HEALTH CARE DISTRICT

CEO
1819 TROUSDALE DRIVE
BURLINGAME, CA 94010

[Tran Type Definitions](#)

Account Number: 20-41-002

March 2024 Statement

Account Summary

Total Deposit:	0.00	Beginning Balance:	6,003,801.88
Total Withdrawal:	0.00	Ending Balance:	6,003,801.88



San Mateo County Treasurer
 555 County Center
 Redwood City, 94063
 (650) 599-1251 or (650) 599-7206

Statement Ending Date: 3/31/2024
 Account: 03407

STATEMENT OF ACCOUNT

Peninsula Health Care District - 03407

DATE	DESCRIPTION	DEBITS	CREDITS	ACCOUNT BALANCE
2/29/2024	Balance brought forward			\$3,676,301.44
3/31/2024	Ending Balance			\$3,676,301.44



DATE: April 25, 2024

TO: PHCD Board of Directors

FROM: Vickie Yee, CFO

SUBJECT: Board Resolution to Replace Existing District Credit Cards at Elan Financials with Heritage Bank

BACKGROUND:

Attached is the Board Resolution to authorize CEO Pulido to open new District credit cards with Heritage Bank, which would replace the existing cards at Elan Financials. The District is moving credit card issuers because the CFO has been unable to transfer the existing account from the former CEO to the new CEO due to poor customer service from Elan Financials. The new credit cards have an annual fee of \$50, which the cash rewards will cover, will maintain the same credit limit, and provide the District with the following additional benefits:

- Familiar and local bank to the District
- Claudia Ferguson, our current banker at Heritage Bank, will be our contact
- Cash Rewards – estimated at \$1,200/year

ACTION REQUESTED:

Management recommends that the Board approve the Resolution as presented.

Resolution: 2024-01

Peninsula Health Care District (PHCD) wishes to apply for non-profit credit card services with Heritage Bank of Commerce (Lender).

This borrowing resolution shall be used in lieu of the bank issued Resolution to Borrow and shall support the bank’s documentation and credit underwriting requirements but does not guarantee approval of the credit card limit request. Lender’s approval is subject to review of provided documentation and financials.

Applicant: Peninsula Health Care District
Requested Credit Card Limit: \$25,000
Authorized Officer: Ana M. Pulido, Chief Executive Officer

Resolution to Borrow

I, THE UNDERSIGEND, DO HEREBY CERTIFY THAT:

Peninsula Health Care District (PHCD) is the complete name of the applicant. PHCD is a political subdivision of the State of California and is duly organized, validly existing, and in good standing under and by virtue of the laws of the State of California. PHCD is exempt from federal tax reporting. PHCD is duly authorized and has the full power and authority to own its properties and to transact the business in which it is presently engaged or presently proposes to engage. PHCD maintains its principal office at 1819 Trousdale Drive, Burlingame CA, where it keeps its books and records. PHCD will notify Lender prior to any change in location or any change in the organization’s name. PHCD shall do all things necessary to preserve and to keep in full force and effect its existence, rights and privileges, and shall comply with all regulations, rules, ordinances, statutes, orders and decrees of any governmental or quasi-governmental authority or court applicable to the organization’s business activities.

Resolutions Adopted: At a meeting of the Board of Directors of PHCD, duly called and held on April 26,2024, at which a quorum was present and voting, or by other duly authorized action in lieu of meeting, the resolution set forth in this Resolution were adopted.

OFFICER: The following named person is an officer of Peninsula Health Care District.

<u>NAMES</u>	<u>TITLES</u>	<u>AUTHORIZED</u>	<u>ACTUAL SIGNATURES</u>
Ana M. Pulido	CEO	Y	

ACTIONS AUTHORIZED. The authorized person listed above may enter into any agreements of any nature with the Lender, and those agreements will bind the applicant. Specifically, without limitation, the authorized person is authorized, empowered, and directed to do the following for and on behalf of PHCD.

- **Borrow Money.** To borrow, as a cosigner or otherwise, from time to time from Lender, on such as may be agreed up between PHCD and Lender, such sum or sums of money as in his or her judgement should be borrowed, without limitation.

- **Execute Notes.** To accept Lender's promissory note or notes, or other evidence of the organization's credit accommodations, on Lender's forms, at such rate of interest and on such terms as may be agreed upon, evidencing the sum of money so borrowed or any of the organization's indebtedness to Lender, and also to execute and deliver to Lender one or more renewals, extensions, modifications, refinancings, consolidations, or substitutions for one or more of the notes, any portion of the notes, or any other evidence of credit accommodations.
- **Further Acts.** In the case of lines of credit or credit card requests, to designate additional or alternate individuals as being authorized to request advances under such lines, and in all cases, to do and perform such other acts and things, to pay any and all fees and costs, and to execute and deliver such other documents and agreements as the officer may in his or her discretion deem reasonably necessary or proper in order to carry into effect the provisions of this resolution.

NOTICES TO LENDER. PHCD will promptly notify Lender in writing at Lender's address prior to any changes to the organization's name, management or authorized signer(s), principal address, state of organization, conversion to a new type of business entity, or change of other aspects that directly or indirectly relates to any agreements between PHCD and Lender.

CERTIFICATIONS CONCERNING OFFICERS AND RESOLUTIONS. The officer named above is duly elected, appointed and empowered by or for PHCD, as the case may be, and occupies the position set opposite his or her respective name. This Resolution now stands of record on the books of PHCD, is in full force and affect, and has not been modified or revoked in any manner whatsoever.

CONTINUING VALIDITY. Any and all acts authorized pursuant to this Resolution and performed prior to the passage of this Resolution are hereby ratified and approved. This Resolution shall be continuing, shall remain in full force and effect and Lender may rely on it until written notice of its revocation shall have been delivered to and received by Lender at Lender's address. Any such notice shall not affect any of the agreements or commitments in effect at the time this notice is given.

IN TESTIMONY WHEREOF, I have hereunto set my hand and attest that the signature set opposite name listed above is his or her genuine signature.

I have read all the provisions of this Resolution, and I personally and on behalf of Peninsula Health Care District certify that all statements and representations made in this Resolution are true and correct. This Resolution to borrow is dated April 26, 2024.

CERTIFIED AND ATTESTED BY:

X _____
Lawrence Cappel, Board Chair of Peninsula Health Care District

United for Youth: Blueprint for School and Transition-Age Youth Well-Being



Presentation to Peninsula Health Care District

April 25, 2024

AGENDA

- Project overview
- Process and progress to date
- Emerging themes
- Next steps/what to expect
- Discussion/Q&A

Project History & Context



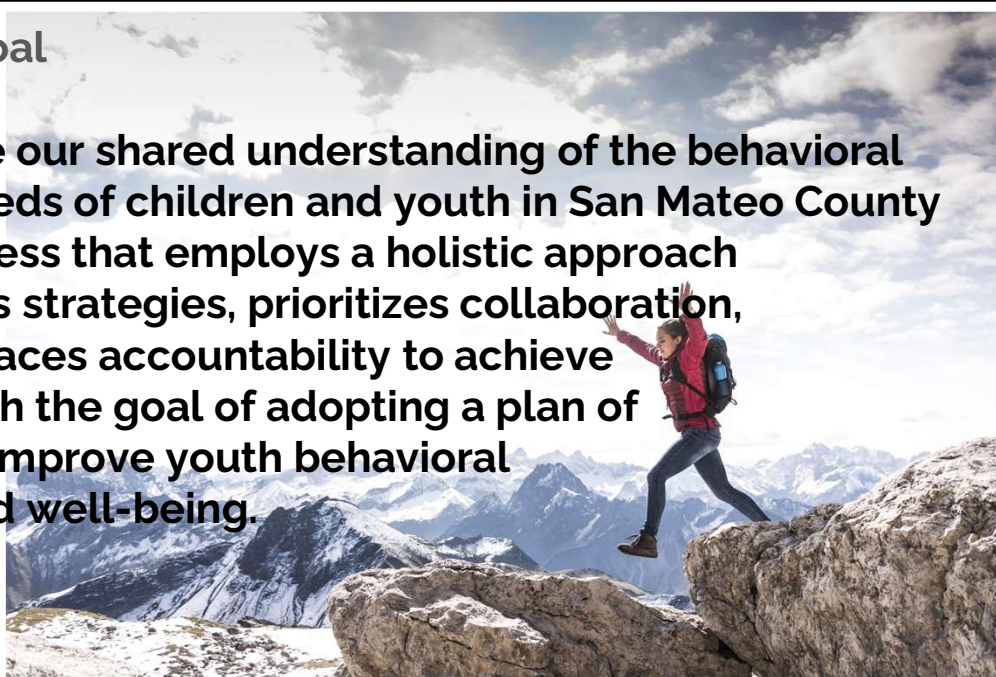
Coalition for
Safe Schools &
Communities

- Coalition for Safe Schools and Communities formed in 2012 after Sandy Hook tragedy, helping produce many safety and mental health responses for youth
- Recent state and national concern about youth mental health and well-being
- Multiple State initiatives to address youth well-being.
- United for Youth conceived by the Coalition and agency leaders as an inclusive process to understand the landscape and assess ways to address gaps by leveraging existing and new opportunities.

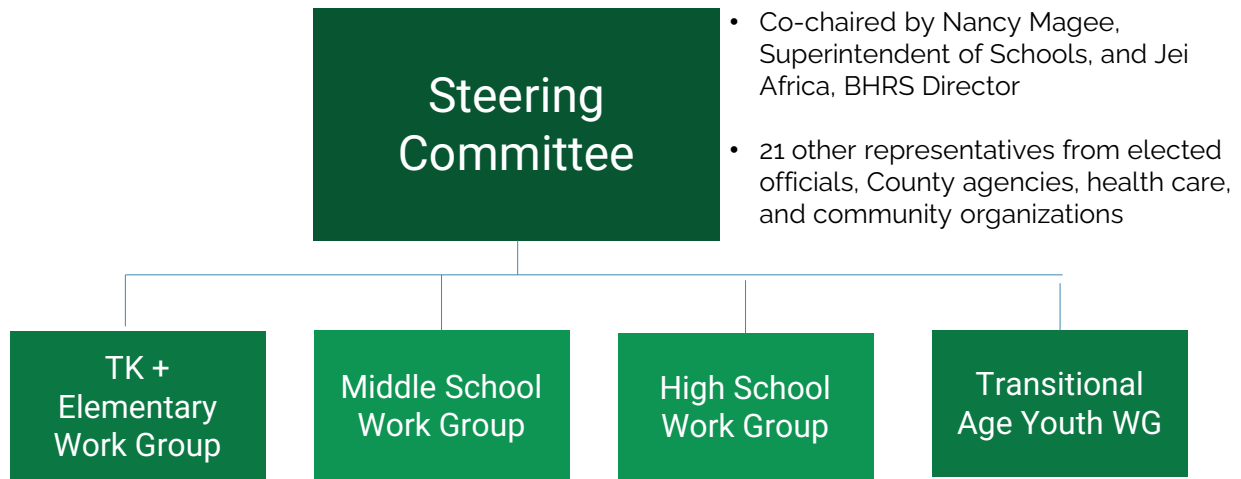


Project Goal

To update our shared understanding of the behavioral health needs of children and youth in San Mateo County via a process that employs a holistic approach that aligns strategies, prioritizes collaboration, and embraces accountability to achieve equity with the goal of adopting a plan of action to improve youth behavioral health and well-being.



Project Leadership

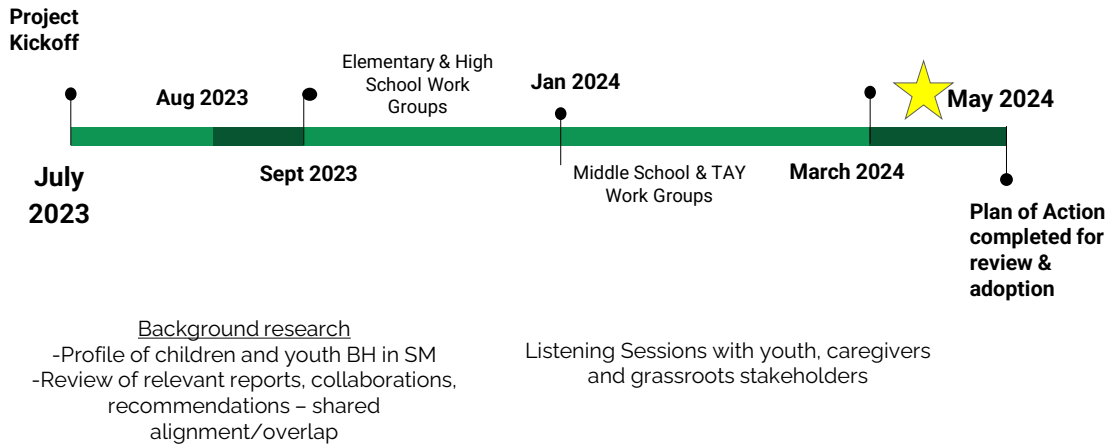


Work Group Participants



- 15-20 participants per work group
- Co-chairs from community
- Broad inclusion and representation from:
 - County departments
 - School districts
 - CBOs (e.g., Puente, Jewish Family Services, Fred Finch, Star Vista)
 - Commissioners

Project Timeline & Progress



What the Data Show

Although San Mateo is generally very healthy, many children and youth are impacted by the mental health crisis.

Most risks are higher for low-income, BIPOC, LGBTQ+, unhoused and system-involved youth, and those in certain zip codes.

Themes & Special Populations

Many children and youth are impacted by the mental health crisis

- Risks are higher for low-income, BIPOC youth and those in certain zip codes
- Although population is small, Native American/Alaska Native youth face many higher risks

System-involved youth suffer more:

- Nationally, 70% of youth in juvenile justice system are diagnosed with a mental health disorder
- Foster youth have very high rates of trauma and adversity
- Most health, BH and education risks are higher for foster youth, youth in juvenile justice, and unhoused youth

LGBTQ+ youth face far higher risk for: ACEs, depression, suicidality, substance abuse

- consistent across all surveys
- 77% of LGBTQ+ youth in one survey considered harming themselves in the past 12 months
- High concerns about safety and harassment in a variety of settings

Sources: California Healthy Kids Survey, Survey Results of San Mateo County LGBTQ+ Residents and Employees San Mateo County LGBTQ Commission

Emerging Themes

Increase range of prevention activities, destigmatization and promote help-seeking

Improve early identification, simplify and streamline BH connections

Expand access to full range of child- and youth-centered BH treatment services

Access all available public and private funding sources

Invest in the existing and emerging BH workforce for diversity & sustainability

Plan of Action Template

UNITED FOR YOUTH: BLUEPRINT FOR SCHOOL AND TRANSITION-AGE YOUTH Priorities & Strategies			
PRIORITIES	STRATEGIES	PARTNERS	FUNDING OPTIONS
1.			
2.			
3.			
4.			

Next Steps/What to Expect

Joint session of work groups April 18 to vet priorities and strategies

Steering Committee reviews draft final plan May 30

Forward to the Coalition for Safe Schools and Communities

Plan of Action finalized with all key stakeholders and adopted by Coalition for Safe Schools and Communities

Implementation will be shared across many partners

Funding will be needed to implement many strategies and activities

Questions/Discussion





Adult Day Services - Rosener House



Presentation to PHCD Board of Directors

Dao Do, Director
April 25, 2024



Our Programs

- Senior Community Services at Little House
- Nutrition Services
- Transportation Ride PVI
- Aging Life Solution
- **Adult Day Services at Rosener House**

Participant Profile 2022-2023

Clients Served		Living Situation	
Individuals Enrolled	155	With Spouse	47%
Family Caregivers Served	387.5	With Other Family	32%
		Residential Care Home	12%
		Alone	6%
		Other	3%

Utilization	
Total Days of Attendance	8,311
Average # of Participants per Day	34
Rate of Attrition	41%

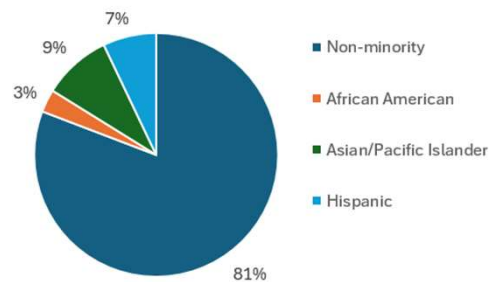


Participant Profile 2022-2023

Participants who Reside in PHCD region*

- ▶ San Mateo 8%
- ▶ Foster City 5%
- ▶ Millbrae 3%
- ▶ Burlingame 2%
- ▶ Hillsborough 4%

Ethnicity



*PVI's service goes beyond this geography



Adult Day Services at Rosener House

Our Holistic Program

- ▶ Socialization
- ▶ Interactive
- ▶ Engaging
- ▶ Independent
- ▶ Affordable
- ▶ Able to stay with family and loves one longer
- ▶ Reduce caregiver stress
- ▶ Safe place to be
- ▶ Prevent falls/ hospitalization
- ▶ Prevent Isolation
- ▶ Specialized Music/ Music Therapy
- ▶ Occupational therapy
- ▶ Exercise Group
- ▶ Art Group
- ▶ Discussion group



Caregiver Voices

"Please extend our deepest appreciation to all the staff at Rosener for all you have done for us over this past year. Our community is so fortunate to have such a facility!"



Adult Day Services at Rosener House

Our request for funding is to help PHCD residents who are unable to pay PVI Adult Day Services to attend our Adult Day Program.

The total funding request is \$144,000.

Number of clients	Number day attend per/week	Daily fee	Weekly fee	Monthly	12 months
10	3	\$100	\$3000.	\$12,000.	\$144,000.





PVI Adult Day Services at Rosener House Team



DATE: 4/19/24

TO: Peninsula Health Care District Board of Directors and CEO Ana M. Pulido
FROM: Dao Do, Director of PVI Adult Day Services at Rosener House

RE: Special Funding Request for Adult Day Program Scholarships for PHCD Residents

Peninsula Health Care District has been a long-time partner to support Peninsula Volunteers, Inc. and specifically our Adult Day Services at Rosener House. We thank you for your commitment and efforts over the years to promote healthy aging and aging-in-place for countless older adults and their caregivers.

Background

In 2021, when the Adult Day Health Program at Mills-Peninsula Medical Center was permanently closed, Peninsula Health Care District determined that there was an urgent need to address the service and care gaps created. At the time, the PHCD Board approved \$100,000 for our organization to provide essential services for older adults with disabilities through the Adult Day Services at Rosener House Program.

The special fund was allocated to Rosener House and held by PHCD. At the end of each month, PVI invoiced PHCD for the number of days of care provided to clients identified by date of service, initials, age, and zip code. PHCD released \$80/qualifying day of care for that month.

Through careful management of PHCD resources, including employment of a screening process that provides financial scholarships to PHCD residents only, we were able to provide scholarships to PHCD residents until February 2024.

The special funding has been exhausted and we are faced with a financial deficit that will likely affect the participation of many PHCD participants and their families, who receive the PHCD scholarship.

Our Organization and Program

Peninsula Volunteers, Inc. (PVI) has been providing services to seniors on the Bay Area Peninsula since 1947. The goal of all PVI programs is to enable seniors to age in place.

Adult Day Services at Rosener House, founded in 1978, provides therapeutic activities to older adults with disabilities and support services for family caregivers. The Rosener House program goal is to help families remain together, prevent unnecessary hospitalization or institutionalization, and allow an individual to remain in their familiar environment as long as possible.

Rosener House is licensed as an Adult Day Program by the California Department of Social Services, Community Care Licensing and licensed to serve up to 80 per day with a current daily average of 43 participants. We open from 8:30 AM -4:30 PM. Main program from 9:00 AM -2:30 PM. Participants may stay up to 4:00 PM, if needed.

Our Adult Day Model of Care

Rosener House promotes engagement and social interaction for older adults with disabilities while also providing respite for family caregivers.

Rosener House uses a holistic approach to care, with program components including therapies, health monitoring and medication management by a Registered Nurse, counseling by a Social Work Team, nutritious lunch and snacks, recreational, educational, and social activities led by professional staff including music therapist and assisted by volunteers.

Rosener House is uniquely positioned to improve and maintain the level of physical and cognitive functioning of older adults with challenges due to Alzheimer's disease and other dementias, post-stroke, Parkinson's disease, and other chronic conditions because of our comprehensive services.

Our participants are offered many choices of meaningful and fulfilling activities, all of which involve professional staff facilitation and social interaction among the clients.

The program supports family caregivers through weekly support groups, educational opportunities, individual counseling, and referrals to other services, helping older adults remain socially connected, preventing social isolation, and being connected with other needed services.

The facility, designed to support participants who need assistance and supervision, is all on one level, with fully accessible restrooms, a "wander-proof" delayed egress system, a floor plan and enclosed patio that promotes independence and purposeful wandering.

Annual Survey Results

During our annual survey in May 2023, we were able to obtain the following information:

- 89% of families remained intact with their Rosener House participants continuing to live at home with them.

- 90% of the Adult Day Services at Rosener House participants continued to maintain their level of functioning, as shown by the Level of Care Assessment that is part of the every-six-month Care Plan review.
- 82% of caregivers reported they are better able to manage their family member's care.
- 97% of caregivers reported improved quality of life since using Rosener House services.
- 100% of caregivers reported they are better able to maintain their emotional health.

Caregiver Feedback

Below are comments from families about PVI Adult Day Services at Rosener House's effectiveness that benefits both participants and caregivers. PVI is a needed service for the community.

"Dear Rosener House,

This is a note of thanks and deep appreciation. Because of who you are and what you do, you have profoundly improved my mother's life, and because of that, mine too.

Though suffering from (disease*), my mom remains fiercely independent. She is also bored and very social. Because of the gift of Rosener House she now has purpose in her life. She loves it!

In the past year, we've unexpectedly lost my husband, and my only sibling. In addition, my mom's long-term gentleman friend died in November. These losses have left my mom and I alone and without family. I still work full-time and knowing my mom is at Rosener House gives me piece of mind because she's happy, engaged, and not off wandering alone.

This has been the biggest blessing in our lives, especially after so much loss. All of you offer us such a special gift, every day, by the kindness and care you provide our loved ones. Bless you and the work you do. For me, trying to manager my mother's care and with a full-time job, and my own grief, it has been life changing. Profoundly.

On behalf of my mom and I, we offer our deepest gratitude to each of you."

*not disclosed to respect privacy.

"Please extend our deepest appreciation to all the staff at Rosener for all you have done for us over this past year. Our community is so fortunate to have such a facility!"

"Just wanted to express appreciation to whoever ran the music program today. Mom couldn't stop talking about it, she loved it! Definitely, a bright spot this week."

"We are very grateful for Rosener House & staff. Simply put, they are the best. We appreciate everything they do. R looks forward to his time there. It is my only time to have a break from caregiving. Thank you so much!"

Our Participants: Older Adults and Caregivers

All Rosener House participants are at-risk seniors and adults with disabilities. Caregivers are also considered clients as they benefit from the respite during participant' attendance in the program, plus they are offered educational opportunities, caregiver support groups, and information and referral to other appropriate resources in the community. The support and respite allow caregivers to continue in their caregiving roles, preventing premature institutional placement.

Demographics

The great majority of Rosener House participants are over 60 years of age (98%), with the age range last year of 47-100, and average age of 88.

We are currently serving 25 (25%) participants and families, who live in PHCD's zip codes. From these 25 participants, most of them attend 3 days, a few attends 4 days, and 2 days a week. They have been here for the range from 4 years to 6 months. Based on the increasing need and existing gaps in adult day services in San Mateo County, we are still enrolling new participants that live in the PHCD.

Caregivers are often spouses with their own health issues and risk for social isolation. During the past year, for example, 80% of participants lived with their spouses or another family member. This is a growing percentage, as so many more elders desire to age in place, and in reality, families cannot afford a higher level of care. Participants with Alzheimer's disease and related disorders especially need the staff facilitated socialization, as they tend to become socially isolated due to their diagnosis and behavior. Physical and cognitive impairments are the major reason for families seeking the services of adult day programs.

Fees for Holistic Services and Caregiver Support

The full fee for PVI Adult Day Services, inclusive of all services, is \$140 per day. The actual cost of providing our program is \$155 per day per person.

If we were to receive Peninsula Health Care District's funding support, we would be able to continue providing services to existing and more clients in the PHCD service area at a reduced rate to attend our program, which would make it accessible for many older adults and seniors who have limited incomes and not lead PVI-Rosener House to run at a deficit.

As we do not deny anyone our services because of their inability to pay, it is important for us to find alternative ways of funding to help our clients to remain in our program. Some of our clients may have to attend our program a fewer number of days each week if funding is limited.

Request for PHCD Relief Funding

We are hoping to receive funding support from PHCD to help underserved clients to be able to attend our program.

Per this proposal, we are requesting that PHCD reimburse PVI Adult Day Services for \$100 per person per day. With this support, clients that are on PHCD funding will be able to attend three days per week. Those who need to attend more than three days would have to pay out-of-pocket for the extra day(s). We can serve 10 clients continuously.

This funding is to help those in the community who are unable to pay PVI Adult Day Services for any amount to attend our Adult Day Program. We may ask for payment from them in the amount that they are able to pay to make up for the shortfall of \$40.

The total funding request is \$144,000.

Number of clients	Number day attend per/week	Daily fee	Weekly fee	Monthly	12 months
10	3	\$100	\$3000.	\$12,000.	\$144,000.

Participant Criteria to receive PHCD Funding:

Here are the criteria we will apply to incoming participants.

- 1) Live in San Mateo County and are in the PHCD zip code.
- 2) Need financial assistance based on their reported level of income.
- 3) Maximum attendance of 3 days/week to be funded by PHCD.
- 4) If clients need services more than 3 days, they will be able participate by paying a reduced fee for the extra day(s).

We will publicize the funding from PHCD at the community events PVI Adult Day Services participates in. We will inform families/caregivers of the funding available to those who reside in PHCD zip code during the intake process. This process is both to increase awareness to get new participants and continuing services to those existing individuals in our program.

In advance, thank you for your consideration of this proposal in support of our programs and efforts to help our older adults live their optimal health. Please let us know if you have any recommendations or suggestions.



Resolution 2024-02

2024 DECLARING LONELINESS A PUBLIC HEALTH CRISIS

A RESOLUTION DECLARING LONELINESS A PUBLIC HEALTH CRISIS is intended to raise awareness about the impacts of loneliness and isolation on individual and societal health, decrease stigmas, and create visibility and support for community members across our District who are experiencing this reality. With this resolution, we declare that as a community we must do more to build meaningful and sustained opportunities for social connection, engagement, and support, all of which contribute to achieving optimal health.

WHEREAS, it is the mandate of the Peninsula Health Care Board of Directors to identify and address health needs of residents of the District; and

WHEREAS, the Peninsula Health Care District Board of Directors has made as its strategic priority to serve as a flexible and immediate responder during times of crisis such as during an emerging global health pandemic; and

WHEREAS, the Peninsula Health Care District Board of Directors embraces inclusion and collaboration as core values and recognizes their pivotal role in improving the health of the community; and

WHEREAS, United States Surgeon General Dr. Vivek Murphy has issued, *Our Epidemic of Loneliness and Isolation: The Surgeon General Advisory on the Healing Effects of Social Connection and Community*, which highlights the public health crisis of loneliness, isolation, and lack of social connection, emphasizing the significant impact on mental, physical, and societal health; and

WHEREAS, loneliness is associated with a greater risk of cardiovascular disease, dementia, stroke, depression, anxiety, suicidality and self-harm, and premature death.

WHEREAS, the mortality impact of being socially disconnected is similar to that caused by smoking up to 15 cigarettes a day.

WHEREAS, studies find the highest level of loneliness and isolation are among people with poor physical or mental health, disabilities, financial insecurity, those who live alone, single parents, as well as younger and older populations. Other at-risk groups include: individuals from ethnic and racial minorities groups, LGBTQ+ individuals, victims of domestic violence, and those who experience discrimination and marginalization.

WHEREAS, in San Mateo County in 2022, 45% of residents expressed they were experiencing difficulty with isolation and loneliness.

WHEREAS, San Mateo County is the first County in the nation to declare loneliness a public health crisis and pledged to explore measures that promote social connection in the community through the passage of Board of Supervisors' resolution in January 2024; and

WHEREAS, the District's community programs support mental health and well-being, from allcove San Mateo youth drop-in center serving youth ages 12 to 25; The Trousdale – an assisted living facility in Burlingame with programming and onsite amenities to support our older adults; the Peninsula Health & Fitness Center offering fitness and wellness classes and a place for older adults to connect with their peers; and the Grants Portfolio that partners with community organizations serving residents across the life course through programs aimed at improving individual and community health and mental health; and

WHEREAS, organizations across the nation, including many community-based agencies and service providers in the District's region, are working to address socialization and connectedness with evidence-based and innovative solutions; and,

WHEREAS, an intensified emphasis on prevention and proactive strategies to mitigate the pervasive and far-reaching impacts of loneliness and isolation is absolutely critical, especially in light of the COVID-19 pandemic, which has significantly compounded an already troubling social phenomenon; and

WHEREAS, protecting public safety and well-being in the communities they serve is the Governing Board's highest responsibility; and

WHEREAS, we renew our commitment to reducing loneliness and isolation and pledge to do all we can to "connect communities" through education, prevention, advocacy, and safeguarding community access to basic health services.

NOW, THEREFORE BE IT RESOLVED, by the Governing Body of the Peninsula Health Care District thereof concurring, that the District hereby recognizes and declares Loneliness a Public Health Crisis and encourages stakeholders in our District, representing different sectors, to work together to address loneliness, isolation, and a lack of connection.

BE IT FURTHER RESOLVED that the District shall continue to offer, develop, and support programs to combat loneliness affecting District residents, with special emphasis and concern for teens and young adults, seniors, and members of at-risk groups.

PASSED AND ADOPTED at the meeting of the Board of Directors of the Peninsula Health Care District, County of San Mateo, State of California, duly held on the 25th day of April 2024, by the following vote:

AYES: _____

NOES: _____

ABSTAIN: _____

ABSENT: _____

APPROVED:

Secretary of the District
Dennis Zell, Esq.

Chair of the Board of Directors
Lawrence W. Cappel, Ph.D.



DATE: April 25, 2024

TO: PHCD Board of Directors

FROM: Ana M. Pulido, PHCD CEO and Fátima M. Rodríguez, Strategic Initiatives Director

SUBJECT: Funding request to support the Central County Fire Department in purchasing life-saving AEDs

BACKGROUND

Peninsula Health Care District received a funding request from the Central County Fire Department (CCFD) to support the purchase of Automated External Defibrillators (AEDs) to equip 15 of their marked staff vehicles. Currently, they do not have AEDs in these units.

The CCFD administrative and prevention staff are in marked vehicles providing coverage in the communities of Burlingame, Hillsborough, and Millbrae. Through their work, they monitor dispatch radio traffic and respond when a cardiac arrest is reported near them. The CCFD teams are also frequently contacted by the public for assistance.

This AED program will provide an opportunity for CCFD members to be able to deliver rapid defibrillation to a community member experiencing cardiac arrest. The availability and use of AED equipment during emergencies increases the individual's chances of recovering from cardiac arrest and saves lives as early, on-site intervention with an AED by a trained operator is often the key to survival for persons experiencing a heart attack.

The funding is aligned with the District's vision of supporting district residents of all ages achieving their optimal health through prevention, education, advocacy and safeguarding community access to basic health services.

RECOMMENDATION

There are funds in the Community Outreach budget that are unlikely to be expended in this fiscal year; therefore, staff recommends that \$25,000 be transferred to the Special Initiatives budget to fund the purchase of AED devices by the Central County Fire Department.

Samaritan PAD 350P / 360P Complete AED Package

Automated External Defibrillator With Everything You Need To Set-Up Your Own AED Station

Great For Business, School, Church, Gym, Medical Office, Etc.

Includes a complete Rescue-Ready AED unit with Carrying Case plus a WALL CABINET & a Double-Sided AED SIGN to store, display, and quickly locate the AED when needed.

Special AED cabinet ships pre-assembled and easily installs in minutes on any wall surface with 4 screws or nails.

Large flanged sign measures 8x11in, AED Automated External Defibrillator and red heart symbol printed on both sides, offers greater visibility and informs location.

... our Complete AED Packages are used in federal and state buildings, fortune 500 companies, schools nationwide, workplace, churches, medical offices, gyms, etc ...



American AED Exclusive Package Offer Includes:

- 1 Brand New Samaritan PAD 350P AED Defibrillator
- 8 Year Warranty
- 1 Adult PAD-PAK (Electrode Pads & Battery Cartridge)
- 1 User Manual
- 1 Quick Reference Card
- 1 FREE Set-Up And Training DVD
- 1 FREE Samaritan PAD Carrying Case
- 1 FREE Medical Prescription / Authorization
- 1 FREE Premium AED+CPR Responder Kit (\$50 value)
- 1 FREE American AED+CPR Quick Reference Card
- 1 FREE Inspection / Maintenance Tag
- 2 FREE AED "Equipped Facility" Decal / Sticker
- 1 AED Storage Wall Cabinet
- 1 Double Sided Flanged AED Sign
- AMERICAN AED Lifetime Maintenance Notification & Support
- FREE UPS Shipping

Exclusive Offer: \$1584.00
 No Sales Tax: \$0.00
 Free UPS Shipping: \$0.00

Grand Total: \$1584.00

Limited Time Offer! To order by credit card call 1-800-884-6480 or order online at www.americanaed.com. To order by check, mail attached order form.



Providing AEDs To The Public Since 2002

American AED, Inc.
 3151 Executive Way - Miramar, FL 33025 Toll
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Use this form to order by check or money order.
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SKU # PAD350P-WC280

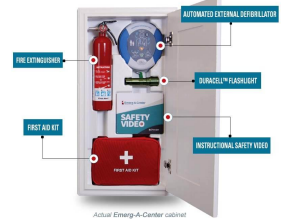
 PAD350P-WC280

American AED Exclusive Package Offer Includes:

- 1 Brand New Samaritan PAD 350PAED Defibrillator
- 8 Year Warranty
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- 1 FREE Medical Prescription / Authorization
- 1 FREE Premium AED+CPR Responder Kit (\$50 value)
- 1 FREE American AED+CPR Quick Reference Card
- 1 FREE Inspection / Maintenance Tag
- 2 FREE AED "Equipped Facility" Decal / Sticker
- 1 AED Storage Wall Cabinet
- 1 Double Sided Flanged AED Sign
- AMERICAN AED Lifetime Maintenance Notification & Support
- FREE UPS Shipping



OR



Optional Complete Safety Cabinet

Exclusive Offer: \$1584.00
No Sales Tax: \$0.00
Free UPS Shipping: \$0.00
Grand Total: \$1584.00

SKU	Description	Unit Price	Qty.	Ext. Price
PAD350P-WC280	Samaritan PAD 350P Complete AED Package (Semi Automatic)	\$1584.00		
PAD360P-WC280	Samaritan PAD 360P Complete AED Package (Fully Automatic)	\$1837.00		
Wall Cabinet Option	Upgrade Wall Cabinet With Audible Alarm & Alert Light	\$20.00		
Wall Cabinet Option	Upgrade Complete Safety Cabinet *Alarm Not Available W/ This Cabinet	\$199.00		
Optional Child Pads	Samaritan PAD Child / Pediatric Electrode Pads	\$270.00		
To order by check or money order: Mail this form along with a check made payable to American AED, Inc. Mail To: 3151 Executive Way - Miramar, FL 33025		Subtotal:		
Your order will be processed and shipped within 24hrs upon receiving your order. Please allow 2 to 4 business days for UPS delivery.		FL 6% Sales Tax:		N/A 0.00
		Shipping:		FREE 0.00
		Grand Total:		

Customer Shipping Information: (Please No P.O. Box as we ship via UPS)	
Company / Organization:	
Attention:	
Address:	
City, State, Zip Code:	
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Check Number Enclosed: _____	Order Date: _____
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San Mateo Union High School District

Randall Booker, Superintendent

Kirk Black, Ed.D., Deputy Superintendent Human Resources and Student Services

Yancy Hawkins, CPA, Associate Superintendent, Chief Business Officer

Julia Kempkey, Ed.D., Assistant Superintendent of Curriculum and Instruction



April 01, 2024

Dear Peninsula Health Care District,

Thank you for your donation of \$8,798.53.

The San Mateo Union High School District Board of Trustees accepted your donation at its Board meeting on March 28, 2024.

The San Mateo Union High School District Board of Trustees will honor your request for the donation to be assigned to:

- MHS PE Heart Rate Monitors

On behalf of the Board of Trustees and the District's students and staff, I wish to express our appreciation for your thoughtful and generous gift.

Sincerely,

Yancy Hawkins

Associate Superintendent, Chief Business Officer

San Mateo Union High School District

For items donated, the donation value listed above is the value of the item as provided by the donor.

Note: Since this letter can serve as a record for tax purposes. It is necessary to note that your contribution is in exchange for good will and you have received no goods or services for your donation. Our Tax Identification Number is 94-2700919.



MISSION HOSPICE & HOME CARE

April 3, 2024

Peninsula Health Care District
1819 Trousdale Dr
Burlingame, CA 94010-4509

RECEIVED

APR 09 2024

BY: _____

Dear Friends at Peninsula Health Care District,

We are so grateful for your grant of \$84,645, dated 3/14/2024, supporting Mission Hospice House.

Your thoughtful gift supports personalized, compassionate end-of-life care above and beyond what Medicare will reimburse, as well as free grief support and educational programs for our community.

As the last remaining independent nonprofit hospice in the area, Mission Hospice relies upon your generosity.

Whether we're supporting people in their own homes, in facilities, or in our hospice house, Mission House, we help families make the most of their time together.

When my dad was sick and Mission Hospice entered our lives and our home, I was blown away by the exquisite, comprehensive care he received – and that we received.

On behalf of all current and future Mission Hospice patients and families, thank you for your kindness.

Warm regards,

Marsha Eddleman
Development Director

*We are grateful for your continued most generous support.
Thank you*

Please consider this letter as the official receipt of your tax-deductible contribution. No goods or services were provided to you in consideration of this gift. Mission Hospice & Home Care is a 501(c)(3) tax-exempt organization, IRS Section 170(b) (2) (iii) for both federal and state tax purposes. Our federal tax identification number is 94-2567162.