



BOARD OF DIRECTORS MEETING MINUTES 6:30 pm Thursday, September 28, 2023 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chair Cappel Vice-Chair Pagliaro Secretary Zell Director Sanchez	<u>Directors Absent</u> Director Navarro	<u>Also, Present</u> Darian Harris, Chief Executive Officer, Mills-Peninsula Medical Center Dr. Tamarra Jones, Public Health Chief Equity Officer, San Mateo County

1. Call to Order and Roll Call: Chair Cappel called the meeting to order at 6:42 p.m. Roll call attendance was taken. A quorum was present.

2. Public Comment on Non-Agenda Items

Members of the Health and Fitness Center were present and voiced their desire for the inclusion of the Senior Advisory Committee in the hiring process for the new director.

Ms. Howard, a member of the Health and Fitness Center, suggested including a representative group of Fitness members in the interview process for the new director being hired at the center. To accomplish this, Ms. Howard proposed involving the Senior Advisory Committee, which had been appointed by Cheryl Fama since 2018 to represent and advocate for the center. The main objective is to enhance the hiring process and ensure the selection of the most suitable candidate for the position.

Ms. Velez expressed her concerns and disappointment regarding the resignation of the former Health and Fitness Center Director, Ms. Marheineke. Ms. Velez spoke highly of Ms. Marheineke's unwavering dedication, strong drive, and the meaningful connections she fostered, which have now blossomed into lasting friendships. Furthermore, Ms. Velez emphasized that during the challenging times of the pandemic, Ms. Marheineke proved to be an incredible asset. She kept the center's members connected with one another, providing a lifeline for the seniors who were experiencing isolation due to the inability to gather at the center. Ms. Velez highlighted the significant role Ms. Marheineke played in fostering a sense of community and support. Recognizing the importance of continuity, Ms. Velez stressed the need for the Senior Advisory Committee to be actively involved in the hiring process for the new director.

Ms. Flanagan expressed her surprise upon learning about Ms. Marheineke resignation. She emphasized the tremendous loss it was for the District, as Ms. Marheineke was the ideal person for the position, possessing a strong background in Exercise Physiology and a deep understanding of the social and emotional needs of seniors. Ms. Flanagan, who is also a dedicated member of the Senior Advisory Committee, requested that the PHCD Board consider allowing their participation in the hiring process.

Ms. Flanagan strongly believed that the Advisory Committee's involvement would not only bring valuable perspectives but also ensure the selection of a director who can continue Ms. Marheineke's exceptional work in supporting the holistic well-being of the center's members.

Ms. Shek shared her personal journey as a stroke survivor and highlighted the profound impact that the Health and Fitness Center has had on her life and recovery. She echoed the sentiments expressed by the other members and emphasized the importance of their inclusion in the hiring process. **Ms. Shek** requested that the PHCD Board allow them to actively participate and provide their feedback in selecting the next director.

3. Report Out From Closed Session: 8/24/2023 and 9/28/2023

Chair Cappel stated that the Board held discussions reviewing the PWC development during the closed session meetings held on 8/24/2023 and 9/28/2023.

4. Consent Calendar:

- a. Board Meeting Minutes - August 24, 2023
- b. Checking Account Transactions- August 2023
- c. Treasurer's Report – August 2023
- d. Compliance with Government Code Section 53065.5, annual disclosure of reimbursements over \$100
- e. Proposal to Approve allcove™ Peer Specialist Position and Salary Range
- f. Proposal to Approve allcove™ Clinical Leader Position to Clinical Director Position with a Salary Range Change

Vice-Chair Pagliaro inquired about the eighth transaction listed on page 11 regarding furniture purchase. **CFO Yee** explained that it represented the outstanding balance for the allcove™ furniture.

Motion to Approve the Consent Calendar as Presented

Motion: By Vice-Chair Pagliaro; Seconded By Director Sanchez

Vote: Ayes – Cappel, Pagliaro, Zell, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 4/0/0

5. New Business:

a. Introduction: Darian Harris, Chief Executive Officer, Mills-Peninsula Medical Center

Chair Cappel introduced the new CEO of Mills-Peninsula Medical Center, Darian Harris.

Mr. Harris introduced himself and share a brief overview of his background. He expressed his enthusiasm for working together with the District in the future and to help better serve the community. Additionally, he provided an update on the Mickelson warm water therapy pool. Construction is expected to begin in November 2023 and the pool is anticipated to reopen by July 2024.

Lindsay Raiké offered a public comment and extended her congratulations to Mr. Harris on his new role as the CEO of Mills-Peninsula Medical Center. She expressed gratitude to him for providing an update on

the progress of reopening the Mickelson pool. Additionally, Ms. Raike inquired whether Sutter had plans to restore the pool's operating hours to normal, considering the significant reduction during the pandemic.

Chair Cappel commented that he would set up a future session where specific questions regarding the Mickelson pool could be answered.

Michael Schrader offered a public comment, asking the Board to share with Mr. Harris the list compiled by former CEO, Ms. Fama, of the critical community programs that have recently been closed.

b. San Mateo County Community Health Needs Assessment: Dr. Tamarra Jones, Public Health Chief Equity Officer, San Mateo County

Presentation Highlights

San Mateo County Health, Public Health Policy & Planning conducted the 2023 Community Health Assessment (CHA) to collect information about the county's current health status to understand the lives and needs of residents, based on the 2022 Health & Quality of Life (HQoL) survey and Fall 2023 CHA community forums. 3,053 adult residents responded to the HQoL survey, answering questions about physical and mental well-being, health risk behaviors, and quality of life. This factsheet is a summary of HQoL key findings about equity priority communities (communities experiencing the biggest health and social inequities in San Mateo County).

Social Determinants of Health

- Pacific Islander and low-income communities had the lowest rates of health insurance coverage.
- Low-income communities had the highest percentage of fair/poor personal finances and food insecurity.
- LGBTQ+ communities fared worse than the county overall in health insurance coverage, personal finances, homelessness, affordable housing, and food insecurity. Of all equity priority communities, LGBTQ+ communities fared worst in housing (homelessness and rating availability of affordable housing as fair/poor).

Mental Health

- LGBTQ+ communities had the highest:
 - Percentage experiencing depression
 - Average number of poor mental health days
 - Percentage with four or more adverse childhood experiences (ACEs). ACEs are stressful or traumatic events that occurred during childhood, including abuse and neglect. People with four or more ACEs are at higher risk for health problems.
- Black communities overwhelmingly had the highest percentage emotionally affected by racism.
- Latino, low-income, LGBTQ+, North Fair Oaks (zip 94063), and East Palo Alto (zip 94303) communities fared worse than the county overall in all mental health areas.

Substance Use

- San Mateo (zip 94401) reported the highest percentages of binge drinking.
- Individuals with high school education or less and low income communities had the highest percentages of cigarette smoking.
- LGBTQ+ communities had the highest:
 - Average number of days using marijuana in the last 30 days
 - Percentage currently vaping
 - Percentage ever using illegal drugs
- LGBTQ+ and North Fair Oaks (zip 94063) communities fared worse than the county overall in all substance use areas.

Chronic Disease

- Of all equity priority communities, Pacific Islander communities had the highest percentages of arthritis, diabetes, cardiovascular risk, and overweight/obese
- North Fair Oaks (zip 94063) and East Palo Alto (zip 94303) had the highest percentages with asthma.
- East Palo Alto (zip 94303) had the lowest percentage practicing healthy behaviors.
- Black, low income, and East Palo Alto (zip 94303) communities fared worse than the county overall in all chronic disease areas.

Q & A with Dr. Tamara Jones

Chair Cappel thanked Ms. Jones for her presentation and acknowledged that the data she presented serves as a valuable starting point in identifying which areas of the community and demographics may require health and quality of life programs.

After the data is gathered, how are healthcare districts incorporated into the San Mateo County Health planning process?

They actively engage with community members and organizations in areas that require healthcare programs, with the goal of working together to identify effective solutions that address the needs of the community. By fostering teamwork and involving organizations that have a vested interest in the community, they can accomplish real progress.

6. Old Business:

a. Consider and Approve an Amendment Extending the Exclusive Negotiating Agreement Term Sheet Phase: Matthew Gray, Counsel, Perkins Coie

Vice-Chair Pagliaro expressed his preference for the exclusion of part 2(B) of the contract amendment from the motion. This particular section states that a 60-day extension can be approved by the CEO. Instead, Vice-Chair Pagliaro proposed that a vote from the Board on the matter should be required prior to its approval.

Director Zell asked Vice-Chair Pagliaro if that was a motion to approve the agreement with the deletion of section 2(B)?

Vice-Chair Pagliaro answered yes

Ms. Chan, from Perkins Coie sought clarification regarding the deletion, specifically inquiring whether it pertained to the entire Section 2(B) or solely the second sentence.

Vice-Chair Pagliaro clarified that it was the second sentence. It states, "The District's Chief Executive Officer may approve such sixty (60) day extension on behalf of the District."

Ms. Chan commented that the Board could approve the motion with the deletion and that the contract would then be taken back to the developers for their approval.

Motion to Approve the Amendment Extending the Exclusive Negotiating Agreement excluding section of 2(B) stating "The District's Chief Executive Officer may approve such sixty (60) day extension on behalf of the District."

Motion: By Vice-Chair Pagliaro; Seconded By Director Sanchez

Vote: Ayes – Cappel, Pagliaro, Sanchez

Noes: 0

Abstain: Zell

Motion Passed: 3/0/1

b. allcove™ Construction Update: Eddie Flores, Youth Behavioral Health Programs Director, Peninsula Health Care District

DOYBH Flores and YOS Almes presented an update on the allcove™ construction.

Presentation Highlights

allcove™ San Mateo's Tenant Improvements

- Following the Beach Cities site tour, staff adjusted the space plans
- New flex space for youth (the previous staff work area)
- A new staff workspace area (the previous group counseling room)
- An additional wall for more privacy for the counseling rooms ADA and public lobby improvements by landlord
- The ADA access ramp in the public lobby and improvements (new carpet and paint) will be covered by the owner of the property
- Construction started in the beginning of July and is slated to finish T.I. by the end of September.

Q & A with BYOM Flores and YOS Almes

Director Zell emphasized the importance of clarifying with the vendor that the District needs to be compliant with HIPPA regulations for the IT and security of the facility.

Director Sanchez highlighted the need for extra attention to be given to the soundproofing of the facility to ensure the confidentiality of the youths is maintained.

DOYBH Flores mentioned that additional measures have been thoroughly discussed to address the soundproofing of the facility and ensure its effectiveness.

Could you share with the Board about your experience, along with the valuable insights obtained, from your recent visit to Beach Cities as detailed in the report that was received?

One aspect was the significant number of youths who arrived with their parents. This valuable insight helped in the process of restructuring the floor plan at allcove™_San Mateo. As a result, a designated waiting room for parents was created, equipped with desks where they can comfortably wait and utilize their laptops while the youths receive services. Additionally, there were suggestions made to refrain from labeling certain areas where counseling would be provided in order to further prioritize the privacy and confidentiality of the youth seeking assistance.

7. Reports:

a. Board Standing Committees:

Community Health Investment - Next Meeting October 2, 2023

Director Sanchez stated that the upcoming meeting is scheduled for October 2nd. During this meeting, the team will be reviewing LOIs and proposals. Afterward, they plan to invite selected applicants to submit formal applications before beginning the vetting process.

Strategic Direction Oversight - Next Meeting November 1, 2023

Chair Cappel stated that in the next meeting they will be continuing the discussion on the PWC hub and its progress.

Finance - Next Meeting November 14, 2023

Director Zell stated that the next meeting is scheduled for November 14th. He mentioned that during his visit to, the Association for California Healthcare Districts, along with Chair Cappel and Director Navarro, he discovered that two healthcare districts near the border were being legislatively dissolved without going through the LAFCO process.

Chair Cappel also expressed his disappointment upon learning about the closures of these healthcare districts, as they were operating in underserved communities.

Director Zell would like some future discussion by the Board relating to this matter.

Chair Cappel stated that Sheryl Young has recently resigned from the Board at Sonrisas. In light of this, he requested to be informed if anyone knows someone who might be interested in serving on their Board.

Board Chair and Director Reports

Chair Cappel stated that there were no reports.

8. Correspondence and Media:

a. 9/19 Thank you Letter from Mills-Peninsula Hospital

9. Adjourn: 8:18

Written by: Voula Theodoropoulos

Approved by: 
Lawrence W. Cappel, Board Chair