

BOARD OF DIRECTORS MEETING MINUTES

Thursday, January 26, 2023 Per Resolution 2023-01, this meeting was held via Zoom teleconference

<u>Directors Present</u>	Directors Absent	Also Present
Chair Cappel		Counsel Mark Hudak
Secretary Pagliaro		Presenters:
Director Navarro		Janet Wagner/CEO MPMC-
Director Zell		Sutter,
		Josh Haeffner, Sr. Customer
Director Sanchez		Success Coordinator/Care
		Solace,
		,
		Lindsay Raike, Warm Water
		Wellness Inc., CEO President,
		Mike Schrader, Warm Water
		Wellness Inc., Vice President

- CALL TO ORDER & ROLL CALL: Chair Cappel called the meeting to order at 6:32pm. Roll call attendance was taken. A quorum was present.
- 2. PUBLIC COMMENT/NON-AGENDA ITEMS: No Public comments offered.
- 3. **REPORT OUT FROM CLOSED SESSION:** 12/8/22 and 1/26/23:

Chair Cappel: The 12/8/22 closed session concerned PWC Project; the 1/26/23 session concerned the PWC project and a real estate issue.

4. CONSENT CALENDAR:

Motion to approve the Consent Calendar

Motion: By Chair Cappel; Seconded By Director Pagliaro Vote: Ayes – Cappel, Pagliaro, Navarro, Zell, Sanchez

Noes - 0 Abstain - 0

Motion Passed: - 5/0/0

5. PRESENTATIONS:

a. Mills-Peninsula Medical Center Quarterly Report: Janet Wagner, CEO

Presentation Highlights:

- Mills Peninsula was named one of the top 50 hospitals in the United States by Health Grades.
- Top 4 among all hospitals in outcomes for congestive heart failure readmissions.
- Continued recognition, care of hearts, stroke, and joint replacement.
- Financially successful year although, nationwide, lack of staffing an ongoing issue.
- Quality and patient satisfaction remain very high.

Chair Cappel: In terms of growth has there been any discussion about expanding further south? **CEO Wagner:** Growth in that direction would be in ambulatory services; in terms of general growth, the focus is on recruitment of doctors to build upon services already provided.

Director Zell: What is Sutter's current position on reopening the Mickelson Pool? **CEO Wagner**: Redwood City YMCA's CEO has expressed interest and will be assessing the condition of the pool to determine the cost to refurbish it. There are also alternatives for patients looking for therapy or water activities, such as the Foster City Jewish Center.

Director Pagliaro: The City informed PHCD that a current flight path used by Sutter's helicopters is in violation of its contract terms with the City. This is important to PHCD as that path affects the PWC development.

CEO Wagner: She responded to the City Manager via letter; the paperwork to resolve the issue is in process and Sutter legal is working with those involved in establishing the flight paths.

Public Comment:

Ms. Raike noted the two alternative therapy pool recommendations offered by CEO Wagner are not therapy pools. The water temperature is too low, and they do not have a ramp which leaves many patients no option to access the pools.

CEO Wagner: Sutter is working with organizations like the YMCA that are looking to offer therapy in the future and new partnerships would include ramps as it is an important component.

b. Care Solace 2022 Utilization Report: Josh Haeffner, Sr. Customer Success Coordinator Presentation Highlights

- Now connected with over 600 school districts in the U.S.
- Supports connecting over 15 million individuals across the country.
- Coordinating over 6.5 million support interactions
- Works with 300,000 verified mental health providers.

<u>Care Solace helps individuals and families navigate through the barriers to mental healthcare by</u> facilitating:

- Knowledge of available resources
- Removing language barriers
- Addressing Social stigma
- Securing referrals
- Navigating insurance
- Connecting people with resources within 5 days on average.

Key Services

- Care Loop- Warm Handoff and Real-Time Tracking
- Care Companion- 24/7/365 Multilingual Navigation Support
- Care Match- Anonymous Self-Service Search Tool

Key Performance Indicators so far for FY 2023

- Inbound interactions 1,792
- Communications Saved 11,369
- Total Cases 181
- Total Appointments into care 86
- Anonymous searches 63

Recommendations for continued success

- Support refresher training and orientations for school staff members.
- Promotion at community events.
- Print and distribute fliers and postcards at events.
- Publish a press release related to resources available in the district.

Chair Cappel: Are there any numbers for the high school district utilization? **Mr. Haeffner:** The SMUHSD utilization is not funded by PHCD contract.

Chair Cappel asked and **Mr. Haeffner** ran through the Care Solace process a parent would go through seeking a mental health provider for a child.

Response: The Care Loop is one of the key services Care Solace provides, an example in the case of a parent seeking a provider and reaching out to a school counselor, this staff member could provide a referral. Mr. Haeffner reviewed the process that a school officially undergoes to contact the family and the expectations of the family in terms of delivery of care. In addition, Mr. Haeffner, also gave an example of the Care Match site, where the family has the option to anonymously search out a mental health provider that may fit their specific needs. Lastly, he highlighted that Care Companions could be used in conjunction with Care Match as the family could reach out to Care Solace directly after compiling a list of providers of their choice.

6. OLD BUSINESS

a. Recommend acceptance of lowest responsible bid for general contractor to carry out tenant improvements of leased space at 2600 El Camino Real, San Mateo for the allcove San Mateo Teen Drop-In Center: Eddie Flores, Director of Youth Behavioral Health Programs

List of Public Bids Received:

Company Name	Location	Bid Amount
North Point Construction & Restoration	Brentwood, Ca	\$ 1,565,077
Paris Construction Company	Santa Clara, Ca	\$ 1,062,219
Zone 4 Construction	San Carlos, Ca	\$948,087
Parkson Construction Company	San Francisco, Ca	\$908,700

Evaluation Criteria:

- Prior performance with similar projects and knowledge of location/area.
- Technical expertise to provide detail and responsible response to bid announcement.
- Reputation for reliability and satisfactory services (based on reference checks).
- Cost and ability to deliver the project on time as requested.

Recommendation: Based on reference checks and track record, staff recommended Zone 4.

Chair Cappel: Is there risk in going with second lowest bidder?

Counsel Hudak: There is always a potential risk, however he emphasized the selection process strictly followed Board policy including vetting if bidder was not responsible. There is a strong case that Parkson was not. They did not give the requisite number of referrals; the referrals given did not check out; and the comparable projects they provided were not tenant improvement projects of the nature PHCD was looking for. If legal action were taken it would have little chance of success. Also, in such proceedings, an organization would be given the chance to present any evidence to the Board in the form of a protest, which they were given and did not respond.

Director Pagliaro: Was there a completion bond? **PHCD Property Manager, Ralph Barsi**: It was determined it was not needed given the size of the project. **Consulting Architect Robert Gooyer** added the completion bond can easily be added if necessary. **Director Pagliaro** stated that from his experience as a general contractor for many years the completion bond was required.

Director Pagliaro: What was the level of liability insurance request? **DYB Flores** stated that he would get back to him on that but does know that it was submitted as part of the proposal.

Motion to approve awarding the construction contract to Zone 4 of San Carlos, Ca for the allcove Tenant Improvement Project in an amount not to exceed \$948,087, authorizing a total construction contract authority budget of 1,090,300 and authorizing the CEO to execute the agreement on behalf of the District.

Motion: By Director Zell; Seconded By Director Sanchez

Vote: Ayes – Cappel, Zell, Navarro, Sanchez

Noes - 0

Abstain - Pagliaro Motion Passed: - 4/0/1

b. Request Board to make one final outreach to the new Sutter Corporate CEO Warner Thomas and the Sutter Health Board of Directors, in support of reopening the Mickelson Pool: Lindsay Raike, Warm Water Wellness Inc., CEO President

Chair Cappel: Asked for clarification as a letter was authorized to go to CEO Warner at the last PHCD Board meeting. **CEO Fama** confirmed the letter was sent per Board direction.

Ms. Raike: This request is PHCD's willingness to participate in sending another letter to CEO Warner Thomas in coordination with Sequoia Healthcare District and the County Board of Supervisors a clarifying the offer.

Public Comment:

Angela Steyer: She supported again approaching Sutter Health to address the importance of the Mickelson pool to the community.

Director Zell motioned to create an Ad hoc committee which he volunteers to lead in an effort to begin discussions with the County and Sequoia Health Care District to find a resolution to the therapy pool. **Director Pagliaro** seconded the motion.

Ms. Raike commented that Sutter has continued to refuse to work with them on this issue **Chair Cappel** commented that another group that should be reached out to in an effort to coordinate on this issue would be the Redwood City YMCA.

Motion to approve appointing an Ad Hoc Committee, headed by Director Zell, to make one final outreach to the new Sutter Corporate CEO Warner Thomas and the Sutter Health Board of Directors, in support of reopening the Mickelson Pool

Motion: By Director Zell; Seconded By Director Pagliaro Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes - 0 Abstain - 0

Motion Passed: - 5/0/0

7. NEW BUSINESS:

a. Election of Board Officers pursuant to Bylaws requirement that elections be held each January in the odd numbered years. Officers to be nominated and approved include: Chair, Vice-Chair, Secretary and Treasurer: Chair Cappel

Chair Cappel opened nominations for Chair. Director Zell nominated Director Cappel.

Chair Cappel opened nominations for Vice Chair. Director Zell nominated Director Pagliaro.

Chair Cappel asked for nominations for Secretary. Chair Cappel nominated Director Zell.

Chair Cappel asked for nominations for Treasurer. Director Zell nominated PHCD CFO Vickie Yee.

There being no further nominations, nominations were closed and **Chair Cappel** called for a motion to approve the nominated slate of officers for 2023-2025.

Motion to approve Slate of Board Officers as Nominated Motion: By Director Sanchez; Seconded By Director Navarro

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes - 0 Abstain - 0

Motion Passed: - 5/0/0

b. Acceptance of CEO performance review and proposed contract amendment(s):

Motion to table item until the February 23 regular Board meeting

Motion: By Director Cappel; Seconded By Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes - 0 Abstain - 0

Motion Passed: - 5/0/0

8. REPORTS:

a. Board Committees: Strategic Direction Oversight Committee & Finance Committee 1/4/23: This was a joint committee meeting dedicated to learning more about the Active Wellness and Activate programs under consideration for the PWC Hub.

b. Board Chair and Director Reports:

Chair Cappel: The Board's standing committee chair and co-chair appointments needed to be made and offered the following assignments that were accepted by each Director asked to serve.

Strategic Direction Oversight: Chair – Director Cappel; co-chair-Director Pagliaro

Finance: Chair- Director Zell, co-chair- Director Sanchez.

Community Health Investment Committee: Chair-Director Navarro; co-chair Director Sanchez

Chair Cappel asked for a volunteer to serve as the District's voting member on **LAFCO** issues and Director Zell volunteered and was so appointed.

Chair Cappel asked for a volunteer to serve as PHCD's voting member on the **San Mateo Chapter of the California Special Districts Association**. Director Pagliaro volunteered and was so appointed.

Chair Cappel noted that Helen Galligan was approved by this Board to serve as one of its representatives on the Sonrisas Dental Health Board. He recommended, given her knowledge of all aspects of SDH, that she be allowed to finish her current team on that Board as a PHCD representative.

Counsel Hudak commented that the person holding the seat with Sonrisas needs to be someone

who understands the Board's role in both governance and finance which Helen Galligan has proven.

Director Pagliaro stated he was not in favor of the proposal as she no longer lives in the state to which **Director Zell** agreed.

Chair Cappel tabled this issue until the meeting the following month

c. Staff Reports

CFO Yee: She was elected and accepted the CFO position for Sonrisas. She participated with Director Marheineke in a preliminary meeting with Active Wellness to explore engaging them to help with assessing the market, identifying new services, and developing a 3-year business plan with the goal to increase membership and serve more residents.

Health & Fitness Center Director, Marheineke: Added that one of Active Wellness' suggestions was to revisit becoming a provider to insurance programs servicing both the Medicare and <65 adult populations. **Chair Cappel** asked what programs, and would it require billing insurance programs? **Ms. Marheineke** responded PHCD would not do the billing. The program under review is Optum that works predominantly with United Healthcare. Fitness Center staff would track members' monthly utilization and Optum does the billing.

Vice Chair Pagliaro: Are we advertising the gym in the newspapers? **Ms. Marheineke**: No new advertising is planned until we get the benefit of Active Wellness' experience and suggestions. They proposed a 3-step plan: look into the insurance programs to increase membership; review current and potential new "products"; and design advertising/marketing campaigns to promote those products.

CED Wasson: Reported PHCD will be sponsoring a vaccination clinic Saturday, 2/27 at the Millbrae Lunar New Year's Festival. Chair Cappel will be present for the kickoff and make opening remarks. There are already 70 people registered for vaccinations, 23 under 17 years of age. She plans to cross promote PHCD programs and partners by providing information. Another PHCD vaccination clinic is scheduled for February 25th at St. James in San Mateo. Second Harvest will also be present providing information on nutrition, cooking, and registering anyone eligible for food security options.

DOBO Stephanie Arevalo-Rodriguez highlighted some metrics from her quarterly communications report including the 50.7% open rate of the latest e-newsletter, the highest to date. She thanked Chair Cappel for making himself available to do radio interviews about PHCD's role in bringing RIP Medical Debt Relief to 14,000 PHCD residents. She provided interviews on the Debt Relief on channel 14, Univision Spanish News in Spanish. She also noted her other areas of responsibility that include website, office, and property management.

Youth Outreach Coordinator Almes reported she is working on a 1-year marketing plan to be ready to open the doors at the allcove center. She is also working on revamping and updating the allcove website

DYB Flores reported the team has made progress on the contract for service provider agreement with Caminar and hopes to have it ready to bring to the Board at a special meeting in February.

CEO Fama:

- Letters to the PHCD residents eligible for the RIP Medical Debt forgiveness went out 1/17/23.
- She and the PWC developer team provided an information only update to the Burlingame City Council 1/17/23. The Council members' responses were overwhelmingly positive. Mayor Brownrigg's closing remark was a commitment to do whatever they could to fast track the program.
- The next PWC town hall will be held the 3rd week of February at the Burlingame Rec.Center.
- The Trousdale will host the first 2023 Business After Hours Networking Group for the San Mateo Chamber of Commerce. Tours will be provided.
- By state regulation, weekly Covid testing of all residents and staff continues at TT.

9. CORRESPONDENCE & MEDIA:

Chair Cappel encouraged everyone to review the correspondence and media section in their Board Packet and asked if anyone had any questions.
0. ADJOURN: Chair Cappel adjourned the meeting at 8:20pm. Written by: Voula Theodoropoulos
Approved by:
Lawrence W. Cappel, Board Chair

Peninsula Health Care District Checking Transactions January-23

Date	Description	Deposit	Withdraw
Admin			
	CC Proporty Management		20 215 00
1/3/2023	SC Property Management		30,215.00
1/3/2023	CalPERS Pension		5,014.59
1/3/2023	CalPERS Pension		91.33
1/5/2023	City of Burlingame Water Dept		128.06
1/5/2023	Recology		82.04
1/5/2023	Streamline		300.00
1/5/2023	Iron Mountain		528.94
1/5/2023	San Francisco Business Times		120.00
1/5/2023	RIP Medical Debt		43,782.00
1/5/2023	Millbrae Cultural Committee		2,000.00
1/5/2023	San Mateo Daily Journal		8,100.00
1/5/2023	Susann Reed		1,235.00
1/9/2023	Sonrisas Dental Health		75,000.00
1/10/2023	Paychex		375.01
1/11/2023	California Public Employees Retirement		17,019.05
1/11/2023	FSA Payment		5.00
1/12/2023	Comcast		489.35
1/12/2023	Precision Digital Networks		4,071.92 564.27
1/12/2023	PG&E		
1/12/2023	Color Print		194.04
1/12/2023	KBA Document Solutions, LLC EDD		280.65
1/12/2023			1,816.51
1/12/2023	Fund TRF from Admin to PWC		50,000.00 85.00
1/13/2023	Paychex Payrell 1/15/22		
1/13/2023	Paychex Payroll 1/15/23		31,661.41
1/13/2023	Payroll Taxes 1/15/23		17,236.55
1/13/2023	Workers Compensation Insurance Payroll Ann Wasson		213.76 114.99
1/17/2023 1/17/2023	Voler Strategic Advisors Inc.		
1/17/2023			7,000.00 825.00
1/17/2023	J & E Pro Cleaning and Handy Services Peninsula Volunteers, Inc		3,360.00
1/17/2023	Well Connected Office		878.75
1/17/2023	Allied Administrators for Delta Dental		1,722.45
1/17/2023	Thrive Alliance		650.00
1/17/2023	UNUM Life Insurance Company of America		448.60
1/17/2023	Bay Area Phlebotomy and Laboratory Services		2,400.00
1/17/2023	Mark D. Hudak		3,825.00
1/17/2023	CalPERS Pension		5,084.83
1/18/2023	County of San Mateo, CA	9,017.59	3,004.03
1/18/2023	Cardmember Service	5,017.55	3,537.75
1/20/2023	Donovan's Pest Control, Inc.		95.00
1/20/2023	Paychex		120.00
1/20/2023	FSA Payment		100.00
1/23/2023	Heritage Bank		178.12
1/24/2023	Sonrisas Dental Health		75,000.00
1/27/2023	Donovan's Pest Control, Inc.		190.00
1/27/2023	Oropeza's Landscaping & Maintenance		450.00
1/27/2023	U. S. Bank Equipment Finance		272.09
1,21,2023	o. o. bank Equipment i manec		2,2.03

Date Description Deposit 1/27/2023 Atelier Ten 1/27/2023	7,500.00 61,144.73 37,949.40 20,151.57 249.32 523,857.08
1/27/2023 County School Service Fund 1/27/2023 Anna Naufahu 150.00 1/27/2023 County of San Mateo, CA 50,091.92 1/30/2023 Paychex Payroll 1/31/23 34.62 1/31/2023 Interest 34.62 1/31/2023 Payroll Taxes 1/31/23 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	61,144.73 37,949.40 20,151.57 249.32
1/27/2023 County School Service Fund 1/27/2023 Anna Naufahu 150.00 1/27/2023 County of San Mateo, CA 50,091.92 1/30/2023 Paychex Payroll 1/31/23 34.62 1/31/2023 Interest 34.62 1/31/2023 Payroll Taxes 1/31/23 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	61,144.73 37,949.40 20,151.57 249.32
1/27/2023 Anna Naufahu 150.00 1/27/2023 County of San Mateo, CA 50,091.92 1/30/2023 Paychex Payroll 1/31/23 34.62 1/31/2023 Interest 34.62 1/31/2023 Payroll Taxes 1/31/23 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	37,949.40 20,151.57 249.32
1/30/2023 Paychex Payroll 1/31/23 1/31/2023 Interest 34.62 1/31/2023 Payroll Taxes 1/31/23 1/31/2023 Workers Compensation Insurance Payroll 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	20,151.57 249.32
1/31/2023	20,151.57 249.32
1/31/2023 Payroll Taxes 1/31/23 1/31/2023 Workers Compensation Insurance Payroll 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	249.32
1/31/2023 Workers Compensation Insurance Payroll 59,294.13 Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	249.32
Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	
Health Fitness 1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	523,857.08
1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	
1/5/2023 Joan Sanchez 1/5/2023 City of Burlingame Water Dept	
1/5/2023 City of Burlingame Water Dept	320.00
	187.97
	88.54
1/5/2023 City of Burlingame Water Dept	8.00
1/5/2023 Streamline	50.00
1/10/2023 Mindbody Merchant Processing	406.74
1/17/2023 Crothall Laundry Services Inc.	591.91
1/17/2023 Well Connected Office	200.60
1/17/2023 PG&E	843.10
1/17/2023 J & E Pro Cleaning and Handy Services	1,150.00
1/17/2023 U. S. Bank Equipment Finance	77.40
1/17/2023 AT&T	216.20
1/18/2023 Cardmember Service	1,056.26
1/20/2023 Crothall Laundry Services Inc.	332.49
1/27/2023 Barbara Landucci	550.00
1/27/2023 Precise Printing and Mailing - Postage Refund 368.59	
1/31/2023 Interest 0.45	
1/31/2023 Health and Fitness Member Deposit January 2023 11,863.92 12,232.96	6,079.21
Leasing 1/5/2023 Pinker Technology Colutions	827.82
1/5/2023 Rinkor Technology Solutions	455.00
1/5/2023 Western Allied Mechanical, Inc. 1/5/2023 Ralph Barsi	2,000.00
1/5/2023 City of Burlingame Water Dept	84.03
1/5/2023 Recology	570.55
1/5/2023 City of Burlingame Water Dept	365.38
1/5/2023 Recology	354.17
1/5/2023 City of Burlingame Water Dept	177.27
1/5/2023 City of Burlingame Water Dept	593.30
1/5/2023 PG&E	3,121.20
1/12/2023 Donovan's Pest Control, Inc.	425.00
1/17/2023 Bleyle Elevator, Inc	95.00
1/17/2022 1 9 E Dro Clossing and Handy Complete	1,915.70
1/17/2023 J & E Pro Cleaning and Handy Services	1,843.30
1/17/2023 Western Allied Mechanical, Inc.	00.00
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service	88.06
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service 1/20/2023 Donovan's Pest Control, Inc.	95.00
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service 1/20/2023 Donovan's Pest Control, Inc. 1/23/2023 Fund Transfer from Leasing to US Bank - COP	95.00 1,890,273.06
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service 1/20/2023 Donovan's Pest Control, Inc. 1/23/2023 Fund Transfer from Leasing to US Bank - COP 1/27/2023 Donovan's Pest Control, Inc.	95.00 1,890,273.06 395.00
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service 1/20/2023 Donovan's Pest Control, Inc. 1/23/2023 Fund Transfer from Leasing to US Bank - COP 1/27/2023 Donovan's Pest Control, Inc. 1/27/2023 Western Allied Mechanical, Inc.	95.00 1,890,273.06 395.00 11,709.00
1/17/2023 Western Allied Mechanical, Inc. 1/18/2023 Cardmember Service 1/20/2023 Donovan's Pest Control, Inc. 1/23/2023 Fund Transfer from Leasing to US Bank - COP 1/27/2023 Donovan's Pest Control, Inc.	95.00 1,890,273.06 395.00

Date	Description	Deposit	Withdraw
1/27/2023	Dr. Chan Dental	4,043.79	
1/27/2023	Burlingame Therapeutic Associates	238.53	
1/27/2023	Burlingame Therapeutic Associates	2,729.90	
1/27/2023	Ross Williams, DDS	2,083.19	
1/27/2023	Bay Area Foot Care	3,224.00	
1/27/2023	Eugene Kita, DDS	1,563.00	
1/27/2023	Patricia Dugoni, CPA	2,400.00	
1/27/2023	Houn Young Kim, DDS	2,015.71	
1/27/2023	Preferred Prosthetics Inc.	2,797.65	
1/27/2023	Carol Tanzi & Associates	500.00	
1/27/2023	April Lee, DDS	2,719.14	
1/27/2023	Zoya Galant, DDS	2,333.61	
1/27/2023	Ability Path	6,628.00	
1/27/2023	One Life Counseling Service	1,300.00	
1/31/2023	Interest	19.92	
		34,596.44	1,919,629.84
PWC			
1/5/2023	Perkins Coie LLP		52,590.60
1/5/2023	Streamline		25.00
1/12/2023	Kidder Mathews of California, Inc.		2,500.00
1/12/2023	Resilient Environment, LLC		1,785.00
1/12/2023	Economic & Planning Systems, Inc.		1,170.00
1/12/2023	Fund TRF from Admin to PWC	50,000.00	
1/17/2023	Mark D. Hudak		585.00
1/27/2023	Pinto + Partners LLC		5,577.50
1/31/2023	Interest	0.41	•
		50,000.41	64,233.10
Trousdale			
1/3/2023	Heartland Merchant Account		987.55
1/17/2023	Eskaton Properties Inc		349,172.99
1/19/2023	Trousdale Tenant Deposit	608,850.36	
1/23/2023	Fund Transfer from TT Ops to US Bank	•	477,815.27
1/27/2023	Eskaton Properties Inc		330,159.79
1/27/2023	Trousdale Tenant Deposit	46,316.00	•
1/27/2023	Trousdale Tenant Deposit	78,479.49	
1/27/2023	Trousdale Tenant Deposit	100,616.03	
1/31/2023	Trousdale Tenant Deposit	5,000.00	
1/31/2023	Trousdale Tenant Deposit	17,877.00	
1/31/2023	Interest	11.94	
• •		857,150.82	1,158,135.60

Preliminary - subject to change

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of <u>1/31/2023</u> Estimated FY 22-23 Tax Revenue

\$ 5,043,318

\$ 7,800,000

Board Designated Invested Funds

				Cost	Basis	Market Value
	_	Rate Last QTR	Fees Paid Fiscal YTD	12/31/2022	1/31/2023	1/31/2023
Torrey Pines - 3yr CD (mature 1/31/24)		0.450%		3,144,952	3,144,952	3,144,952
Fiduciary Trust	*	3.650%	2,868	1,655,010	1,660,091	1,657,114
City National Bank	*	4.696%	20,394	24,603,496	24,656,335	23,683,824
Local Agency Investment Fund		1.984%		5,775,769	5,805,941	5,805,941
San Mateo County Pool Investment		1.751%		3,550,551	3,566,357	3,566,357
				38,729,777	38,833,676	37,858,188

^{*} Yield to maturity

Coalition for Safe Schools and Communities Strategic Planning for School Age Youth Mental Health

Peninsula Health Care District January 26, 2023



Nancy Magee, County Superintendent of Schools Louise Rogers, Chief of County Health

Ziomara Ochoa, Deputy Director of Behavioral Health and Recovery Services



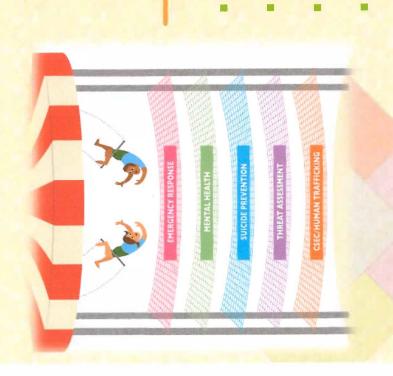




and countywide to address mental transition age youth (up to age 22) challenges among our school and The time is now to act collectively health and behavioral health

- Pandemic isolation exposed and compounded longstanding inequities
- Multi-faceted and multi-system geographical challenges require holistic approach to understand needs and gaps, align strategies
- Expand collaborative structure to develop, communicate, and hold a shared vision with accountability
- Support all partners to act on opportunities quickly and in alignment to improve access to equitable social-emotional wellness for children and
- lived experience and representatives of health care systems and insurers for those who are privately insured (most SMC residents are privately Enlist broader array of leaders and stakeholders including people with

can be expanded to guide and inform this important work The Coalition for Safe Schools & Communities



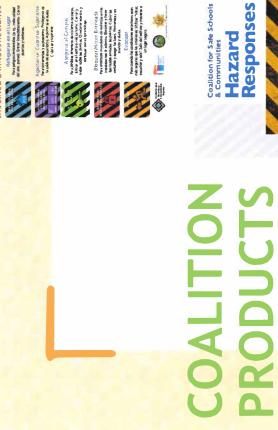
Current Vision:

Create and sustain safe and positive school and community environments, so ALL county youth may thrive and succeed.

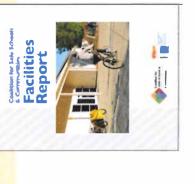
- Aligned purpose
- Track record of success
- Collaborative structure to build upon
- Countywide scope

INDUSTRIBUTED OF SUCCESS."

- The Big Five: Immediate Response Protocol for Schools
- Central/Coast, South), School counselors, alternative School-based Mental Health Collaboratives (North, settings
- Student Threat Assessment
- Gun violence restraining orders
- San Mateo Threat Assessment Center (2023)







IL PROTOCOLO DE SEGURIDAD DE AS CINCO GRANDES ACCIONES

San Mateo County Student Threat Assessment Team









-aunch Announcement for Youth Mental Health

strategic planning process for our county's Superintendent of Schools will lead a yearlong, equity-focused, mental wellness **Through the Coalition structure, SMC** school and transition age youth. County Health and the County



adjusted/expanded to reflect broad population focus, equity Existing Coalition governance structure can be goals and unmet needs

HONORARY ADVISORY BOARD

COMMUNITY US Congressional Rep State Serate and Assembly Reps County Superisors (2) County, Supt of Schools Sheriff

STEERING COMMITTEE

SCHOOL-BASED MENTAL HEALTH COLLABORATIVES

County Coursel
Rebavioral Health & Recovery Services (BHRS) Law Commander

Probasion
SMCOE, Associate Superintendent
SMCOE, Administrator, Safe and Supportive Schools
K.6 School District Rep
Pricate School Rep
Pricate School Rep
Superintendend's Association Community Callege Chancellar Pecident, Birle Chiefs & Shefff Assoc. President, Birle Chiefs Assoc. Cauncil of Ciries Rep Chief Pobtasino Officer Juvenife Garri Judge Harbaviar Health Director Health System Director Health System Director Infanton Services Agency Director SMC School blands of Greer Caung Counsel

Community College District Human Services Agency (118A) Fire Chiefs Association Hourd of Supervisor

For Strategic Planning Process, we will enlist previous and new participants

support the planning and seek \$25K contribution We have identified consultant resources to

infrastructure; assessment of gaps and plan of action to achieve access to equitable social-emotional wellness for children and youth. This unified plan will position the Desired outcomes: map of intersecting initiatives and more defined collaborative partners favorably to act on state and local funding opportunities.

Coalition for Safe Schools & Communities

✓ Coalition for Safe Schools &

Communities Leadership Breakfast Event Launch October 27, 2022

- ✓ Meet three times in 2023 to:
- Discuss new collaborative structure to oversee progress Develop shared outcomes and strategies

 - Adopt final design and launch plan for collaborative

- / Feb May: Map in itiatives and collaboratives across sectors and ages
- September: Vet initial concepts for shared outcomes and strategies to address findings

TIMELINE

Lead Team January - November 2023

- Develop DRAFT Vision Statement ✓ Refine Project Timeline
 - ✓ Recruit Workgroups
- Workgroupfindings, vet collaborative design ✓ Meet monthly to offer guidance, reflect on

and plan for adoption

Workgroups February - November 2023

- / February March: Invitation, Meeting timeline and Workgroups structure
 - / April: Workgroups launch and meet 6-8 times each
- Feb May: Inventory data and assessments to identify gaps
- / May July: Conduct listening sessions
- August: Gain shared understanding of root causes, gaps, and missinglinkages
- / October November: Inform collaborative structure to oversee progress
 - Ongoing: Outreach and communication to stakeholders and initiatives

District contribution of \$25K combined with other funding of \$175K will enable consultant support for the following activities:

- Development and support of 4 age-focused workgroups led by lead team members and their senior staff including work plan carried out over 6-8 meetings for each workgroup
- dentification and inventory of available data and reports and existing collaboratives and initiatives to inform workgroups
- Outreach and communication to those initiatives and stakeholders to learn
- Listening sessions with youth and parents and other stakeholders
- Summarize the workgroup findings for a shared understanding of root causes of poor outcomes, leading gaps, missing linkages to align priorities and address disparities
- Final design and draft plan including additional adjustments to collaborative structure for lead team discussion and refinement
- workgroup findings, identify shared outcomes and adopt a new collaborative structure to continue development, monitoring of countywide efforts and Support of 3 meetings of the Coalition to update on progress, reflect on

Opportunities: California's Investments in Health and Behavioral Health Related Programs

- Health Initiative—\$4.4 billion statewide multiple opportunities led by State Health and Human Services Children and Youth Behavioral 5 different depts
- State Department of Health Care Services Cal-Aim school health initiatives administered through Medi-Cal managed care plans including the Health Plan of San Mateo
- -Development a Behavioral Health Virtual Services & E-consult Platform;
- -Development of a Statewide School-linked Fee Schedule and Behavioral Health Provider Network;
- -Issuance of Grants to Scale Evidence-Based Practices Statewide;
- -Issuance of School-linked Partnership and Capacity Grants; and,
- -Implementation of Dyadic Services as a Medi-Cal Benefit.
 - -Pediatric and Primary Care Training
- State Department of Health Care Services Behavioral Health Continuum Infrastructure program to expand crisis capacity
- Continued Mental Health Services Act opportunities

Opportunities: California's Investments in Children and Youth

Education Programs



THEME OF 2021 & 2022 STATE INVESTMENTS:

WHOLE CHILD, WHOLE FAMILY



- All 4-year-old children eligible for TK by 2025/26
- 8,700 new full-day preschool slots & 200,000 new childcare slots by 2025/26
- Expanded Learning Opportunities Program (ELO-P)
- New after, before, and summer school opportunities for TK to 6th grade
- o Universal access for districts with 80%+ unduplicated pupils
- Universal Meals
- All students regardless of FRPM eligibility can receive two free meals
- CA Community Schools Partnership Program (CCSPP)
- Establish integrated systems with social services and health agencies to increase access to services and community decision-making
- Children & Youth Behavioral Health Initiative
- o Increase school-based mental health services for students

We would love your support and participation!



And welcome your suggestions and questions.

DATE: February 14, 2023

TO: PHCD Board of Directors

FROM: Alexis Denton

RE: THE HUB – PART II: developing a master plan that defines the SPECIFICS of

the Hub and how should operate

BACKGROUND:

In the last five months, we worked through Part I of the Hub development - the program and model definition. We achieved a good handle on the space requirements, the big-picture goals, and a sense of the needs of the District's constituents. We confirmed the overall model with a series of experts and community members giving us consensus that the base concept is both innovative and sound. We are confident that the "menu" of services we identified is correct, needed, and doable.

To move the project forward, we are proposing a Part II, where we create a detailed project master plan that describes how the Hub will operate, establishes design and performance criteria so potential partners can be engaged through a formal RFP process, provides next-level specificity to each of the services, and ensures that there is no duplication. If we stay with the "menu" of services analogy, it's now time to define each ingredient in those menu items, how much each might cost, who pays for them, how they are cooked, and by whom.

We proposed to do this with an expanded team that brings expertise in experience design, technology and innovation hubs for longevity, and operations.

PROPOSED TEAM:

- Alexis Denton: Alexis will continue to be the main point of contact and shepherd for the
 overall project and how it fits into the PWC development. Alexis and Maria will partner on
 leading the project and both will conduct the bulk of the day-to-day work.
- Maria Mortati: Maria is an experience and interaction designer who is adept at turning complex systems and concepts into real-world experiences and environments. She has prior experience working with senior living communities and museums on projects of similar scope and scale. More about Maria here: https://mortati.com/
- Stephen Johnston: Stephen is a world-renowned expert in technology and innovation for older adults. He brings a global perspective on longevity hubs and is aware of other hubs in development across the world. More about Stephen here: https://www.fordcastle.com/team

 Daniel Ruth: while CEO of the San Francisco Campus for Jewish Living Daniel developed the concept for and implemented a similar project – Byer Square. He will serve as an advisor on the operational and business planning components of the project.

PART II PROCESS:

We are proposing a five-step process:

1. Create the project structure:

Validate all work done to date with new team-members and identify gaps, define decision making processes and the project leadership team make up, identify potential advisors, develop a long term project schedule that aligns with the development schedule; refine goals, mission, vision, and metrics for success.

2. Innovation hub research and asset mapping:

Work with Stephen Johnston to conduct targeted case studies on innovation hubs with a focus on technology and research, and team to map existing service providers in San Mateo County that operate within the hub's seven key themes.

3. Refine and detail draft service program:

Revise the program based on prior two steps and begin to put detail to each type of service (for example, when we list transportation as a service, we will define if that means partnering with a shuttle service, having our own vans, providing a platform for volunteer drivers, or other options), and meet with our designated experts to review progress

4. Business and operational model options:

Develop options for how the hub is run and funded, including options for potential membership models, revenue streams, expenses, District vs partner involvement.

5. Master plan and design principles:

Finalize a master plan that is the guiding document for the implementation of the hub and is the basis of the RFP for partners; finalize design principles and performance specifications (what we need each component to accomplish) for the digital and physical components of the hub so that design professionals can be engaged for tenant improvement, experience design, branding, and digital infrastructure.

SCHEDULE AND FEES:

We anticipate this scope of work will take approximately three months to complete. This timeline may need to extend depending on availability of board members and local experts to be available for meetings.

We propose to do this on an hourly basis, with a not to exceed cap. We will provide backup documentation on each hour spent and the work done in that time. The not to exceed cap proposed for all consultants is \$72,500.



INSURANCE PROPOSALPrepared For:

Eskaton Properties, Inc.

Difference in Conditions – The Trousdale

Period: 02/28/2023 - 02/28/2024 or When Bound

The Liberty Company Insurance Brokers, Inc. 5000 Hopyard Road, Suite 325 Pleasanton, CA 94588

Tim Mooney Producer Phone: (925) 566-3292

E-mail: tmooney@libertycompany.com License #0D79653

February 3, 2023

Table of Contents

SERVICE TEAM	3
DIFFERENCE IN CONDITIONS OPTIONS	4-8
PREMIUM SUMMARY	9
GENERAL STATEMENTS	10
CARRIER RATING	11

Service Team

Your service unit is key to the success of the overall risk management program. It is the unit that is your voice in the marketplace; it is the unit that represents you in claim disputes; it is the unit that works with you to protect your assets, people, and property.

Therefore, we believe that the service unit stands alone among all broker services. Your Liberty Company service unit is responsible for recognizing the need for these supportive and supplemental services and coordinating their activities on your behalf.

Your service unit is composed of the following:

Producer	
Tim Mooney	O: (925) 566-3292
tmooney@libertycompany.com	C: (415) 342-6458
Account Executive	
Brent Nishikawa	O: (925) 566-3298
bnishikawa@libertycompany.com	
Claims Manager	
Kimaili Davis	O: (747) 444-3048
kdavis@libertycompany.com	
Director of Risk Management	
Joe Fisco	O: (562) 277-0044
Joe.fisco@libertycompany.com	,

Our philosophy is to operate as an extension of your company's staff. As part of your team, we take an aggressive consulting stance in accommodating your insurance needs and add a specialized level of expertise to your own resources.

Our Principles

We provide our clients, regardless of size, professional counsel, and service beyond their expectations. We encourage and promote the members of our team to seek the highest level of insurance knowledge, so they may advise our most valuable asset, our clients, in the most professional manner. We pursue growth by providing opportunities for our team to expand their technical, product, and client industry knowledge, which benefits you, our client. We appreciate not only your business, but the trust you have placed with our organization to help you succeed, and we welcome your suggestions to strengthen our partnership.

Eskaton Properties, Inc.

Liberty Company Insurance Brokers – Property & Casualty Service Team



Tim Mooney Senior Vice President

tmooney@libertycompany.com

0: 925.566.3292

M (Preferred): .415.342.6458



Brent Nishikawa Account Executive

bnishikawa@libertycompany.com

0:925.566.3298



Kimaili Davis

kdavis@libertycompany.com

Claims Manager

<u>claims@libertycompany.com</u>

O: 747.444.3048



Joe Fisco

Director of Risk Management, West Coast joe.fisco@libertycompany.com

M: 562.277.0044

WE GET IT

Insurance can be difficult to understand. That's why we help put the terms into plain English and balance your diverse needs with solutions. People don't want an 800 number, they want to connect with someone real who will understand their story. The Liberty Company provides dedicated account management, effective communication, and a wealth of knowledge. We pride ourselves on excellent service and meeting your companies risk management needs.

Peace of Mind with Great Care

DIFFERENCE IN CONDITIONS OPTION #1

Named Insured: Eskaton Properties LLC; dba: The Trousdale

Carrier: QBE Specialty Insurance / AM Best: A, XV **Policy Term:** 02/28/2023 – 02/28/2024 or When Bound **Location:** 1600 Trousdale Drive, Burlingame, CA 94010

Annual Premium: \$81,243.12 (Not Including TRIA) – TRIA Premium: \$38,750(Not Including T&F)

Difference in Conditions Earthquake Only (Named Peril)

Limits:	Limit of Insurance, any one loss occurrence: \$25,000,000 (TIV: \$60,491,800): Bldg: \$52,684,500 / BPP: \$2,585,300 / BI: \$5,222,000 In no event will the policy exceed this limit for any one loss occurrence, regardless of the number of coverages, causes of loss or locations involved, and regardless of any additional coverages provided under this policy. Earthquake Limit: \$25,000,000
Sublimit:	Building Ordinance Coverage A (Full Limits) Building Ordinance Coverage B + C Sublimit \$5,268,450 Electronic Data Processing (Hardware & Software): \$500,000
Coverage:	Real Property, Furniture, Fixtures, Equipment, Machinery, Electronic Data Processing – Equipment, Combined Business Interruption and Extra Expense, Extended Period of Indemnity (180 Days), Increased Period of Restoration
Policy Conditions:	Cancellation: (60) sixty days except 10 days for non-payment of premium Coinsurance: NIL
Causes of Loss:	Named Peril Earthquake Only / Coverage Enhancement: Ensuing Water Damage
Valuation:	Property: Replacement Cost (RC) Time Element: Actual Loss Sustained
Deductible:	Earthquake: 15% per Unit for Earthquake Subject to a \$50,000 Minimum Per Occurrence
Minimum Retained Premium:	25%; If Insured cancels, earned premium shall be computed on a Short Rate basis (Pro-Rate less 10%) or 25% Minimum Earned, whichever is greater.

Option #1 Proposal Conditions & Subjectivities

- 1. Acceptable Inspection Report (Provide Name and Phone Number of Inspection Contact at time of Binding);
- 2. No Soft Floor Exposure on pre-1980 construction;
- 3. Time Element Values at 100% of Annual Exposure;
- 4. Building Ordinance B. Demo & C. ICC Limited to the Percentage Shown Above of the Bldg Value/Bldg In the event that Dollar Amount Exceeds the Sublimit, the Policy Sublimit shall Prevail;
- 5. Structures listed on a National Register of Historic Places are ineligible for coverage;
- 6. No Earthquake (or Flood, if covered) losses in the last five years;
- 7. TRIA Coverage is subject to coverage also being purchased on the All Risk Underlying

Subjectivities:

Proposal

Conditions &

Subjectivities:

- Signed and dated Statement of Values (SOV) is required at time of binding.
- Signed and dated TRIA acceptance or rejection letter at binding.
- Warrant All Risk including theft underlying policy in force.
- Warrant no tuck under or soft first floor parking.
- Warrant values reported based on 100% replacement cost and annual time element values (if
- applicable)

DIFFERENCE IN CONDITIONS OPTION #2

Named Insured: Eskaton Properties LLC; dba: The Trousdale

Carrier: Underwriters at Lloyd's London & Summit Specialty Insurance / AM Best: A, XV & A, VIII

Policy Term: 02/28/2023 – 02/28/2024 or When Bound **Location:** 1600 Trousdale Drive, Burlingame, CA 94010

Annual Premium: \$90,384.01 (Not Including TRIA) – TRIA Premium: \$25,815 (Not Including T&F)

Difference in Conditions Earthquake Only (Named Peril)

Limits:	Limit of Insurance, any one loss occurrence: \$25,000,000 (TIV: \$60,491,800): Bldg: \$52,684,500 / BPP: \$2,585,300 / BI: \$5,222,000 In no event will the policy exceed this limit for any one loss occurrence, regardless of the number of coverages, causes of loss or locations involved, and regardless of any additional coverages provided under this policy. Earthquake Limit: \$25,000,000
Sublimit:	Building Ordinance Coverage A (Full Limits) Building Ordinance Coverage B + C Sublimit \$5,000,000 Electronic Data Processing (Hardware & Software): \$50,000
Coverage:	Real Property, Business Personal Property, Business Interruption/Extra Expense, Extended Period of Indemnity (180 Days), Increased Period of Restoration
Policy Conditions:	Cancellation: (30) Thirty days except 10 days for non-payment of premium Coinsurance: NIL
Additional Policy Conditions:	Newly Acquired Location(s) must be submitted for prior approval Plants, Trees, Shrubs, Landscaping & Irrigation Systems are Excluded
Causes of Loss:	Named Peril Earthquake Only / Coverage Enhancement: Ensuing Water Damage
Valuation:	Property: Replacement Cost (RC) Time Element: Actual Loss Sustained
Deductible:	Earthquake: 15% per Unit for Earthquake Subject to a \$25,000 Minimum Per Occurrence
Minimum Retained Premium:	25%

Difference in Conditions (cont.)

Option #2 Proposal Conditions & Subjectivities

- Acceptable inspection. Inspection contact name and phone number required at time of binding.
- 2. Carrier will issue its own forms, including mandatory endorsements as applicable including, but not limited to: Pollution including but not limited to Mold, Microorganisms, Asbestos and Dioxins; Radioactive, Biological and Chemical exclusions; Bacteria and Virus exclusions; Property Cyber and Data exclusions; War and Terrorism exclusions; Cyber Risk, Computer Related, Equipment Breakdown and Ensuing Loss exclusions.

Proposal Conditions & Subjectivities:

Subjectivities:

- Signed and dated Statement of Values (SOV) is required at time of binding.
- Signed Surplus Lines D1 Form
- Signed and dated TRIA acceptance or rejection letter at binding.
- Warrant All Risk including theft underlying policy in force.
- Warrant no tuck under or soft first floor parking.
- Warrant values reported based on 100% replacement cost and annual time element values (if applicable)

Difference in Conditions (cont.)

Marketing Summary

Carrier	Status	Comments
QBE Specialty Insurance Co	Quoted	Option #1 Presented
Underwriters at Lloyds London	Quoted	Option #2 Presented
Arrowhead General Insurance	Declined	Not Competitive - approximate prem: \$120,379
Risk Insurance Brokers	Declined	Not Competitive - approximate prem: \$120,000
Tango-V3 Insurance Partners	Declined	Not Quoting New Accounts
VIKCO Insurance Services	Declined	Not Competitive - approximate prem: \$99,080

Premium Summary

February 3, 2023

DATE:

Premium Summary

Named Insured: Eskaton Properties, Inc. / The Trousdale

Coverage	2022-2023 Expiring Premiums	2023-2024 *Premiums
DIC - Earthquake		
Option #1 – QBE Specialty Insurance	N/A	\$81,243.12
Option #2 – Lloyds of London / Summit	N/A	\$90,384.01
Total Premium	N/A	TBD Pending Option Selected

*Premiums do not include TRIA.	
Insured Name: Eskaton Properties, Inc.	
☐ Please bind coverage as outlined in this ☐ Option #1 – QBE Specialty Insu ☐ Option #2 – Lloyds of London / S	rance
Please bind coverage as outlined above	with the following changes:
Changes Required:	
Signature of Executive Officer	Date
Name & Title of Signing Officer	

General Statement

COVERAGE AND LIMITS

This exhibit describes coverage, amounts, limits, etc., but it does not take the place of the actual insurance policies. While we have made every effort to remove inaccuracies from this report, some may exist. For definitive coverage provisions and exclusions, refer to the policies, endorsements, and amendments.

For property quotes, we have used values that you provided. Please carefully examine these values and/or secure an outside appraisal to ensure their accuracy and adequacy.

This proposal is based upon exposures to loss that currently exist and were made known to the agency. All changes and new exposures need to be reported by you, so that proper coverage may be offered.

Higher limits of liability may be available for additional premium.

INSURER SOLVENCY

We are not technically qualified to comment on the solvency or claims-paying ability of any insurer. In an effort to help you analyze the quality of the carrier(s), we have provided rating information from the A.M. Best rating organization. The A.M. Best office website may be found at: www.ambest.com.

We caution you that catastrophic occurrences or other business matters can quickly have a negative impact on any insurer's financial condition. State "guarantee" funds created for the protection of policyholders may limit or preclude access to reimbursement for certain types of claims and/or to companies with significant net worth.

NON-ADMITTED INSURER

If a non-admitted insurer is providing coverage there is no protection by the state guaranty fund in the event of the insurer's insolvency.

PREMIUM PAYMENT

Regardless of the payment method you choose, it is important to note that carriers are not obligated to reinstate cancelled policies.

Agency Bill Items: If your premium is billed by us, payment is due on the effective date of the coverage or installment. Endorsement and audit premium adjustments are due on the date billed. Failure to promptly remit may result in cancellation of your coverage.

Company Bill Items: If your policy is a "company bill" contract, you must remit your payment directly to the insurance company on a timely basis. Unfortunately, insurers do not always notify us about the status of a "company bill" payment, so you can't rely on us to remind you about overdue premiums or policy cancellations. If you encounter any billing problem or have a billing concern, please call us immediately, so that we can investigate for you.

Premium Financing: You may ask us to "finance" your premium through an independent finance company. This is an unforgiving payment system. Please carefully review the finance agreement for full details on the late payment and finance charges that apply. Your insurance policy is collateral for the loan. If you miss a payment, coverage will be cancelled. Because we may not always receive late notices, The Liberty Company Insurance Brokers cannot accept responsibility for following up on late payments or threatened "non-payment" cancellations. Please do not count on us to remind you to make the payment.

THIS PROPOSAL CONTAINS ONLY A SUMMARY OF YOUR INSURANCE COVERAGE AND POLICY. IT IS YOUR RESPONSIBILITY TO REVIEW THE ENTIRE POLICY CAREFULLY AND COMPLETELY FOR ITS ACTUAL TERMS, LIMITS AND CONDITIONS. IN THE EVENT OF ANY INCONSISTENCY BETWEEN THE TERMS OF THE POLICY AND THE PROVISIONS OF THIS PROPOSAL, THE TERMS OF THE POLICY WILL GOVERN AND CONTROL.



A.M. BEST FINANCIAL STRENGTH RATING

Best's Rating consists of Rating Classification and Financial Size Category. The Rating Classification assesses Company's overall performance and ability to meet its respective policyholder and other contractual obligations. The Rating Classifications are shown below:

Rating Classification	Ability	"Not Assigned" Classification	Explanations
A++, A+	Superior	NA - 1	Special Data Filing
A, A-	Excellent	NA – 2	Less than Minimum Size
B++, B+	Very Good	NA – 3	Insufficient Operating Experience
B, B-	Adequate	NA – 4	Rating Procedure Inapplicable
C++, C+	Fair	NA – 5	Significant Change
C, C-	Marginal	NA – 6	Reinsurance by Unrated Reinsurer
D	Very Vulnerable	NA – 8	Incomplete Financial Information
Е	State Supervision	NA – 9	Company Request
F	In Liquidation	NA - 11	Rating Suspended

The Financial Size Category of Best's Rating examines the Company's financial strength. The financial Size Category accounts for the Company's equity, or Policyholder Surplus available to meet policy holder obligations. The categories are as follows:

Class	Range in 000's	Class	Range in 000'S
I	Up to 1,000	IX	250,000 to 500,000
II	1,000 to 2,000	X	500,000 to 750,000
III	2,000 to 5,000	XI	750,000 to 1,000,000
IV	5,000 to 10,000	XII	1,000,000 to 1,250,000
V	10,000 to 25,000	XIII	1,250,000 to 1,500,000
VI	25,000 to 50,000	XIV	1,500,000 to 2,000,000
VII	50,000 to 100,000	XV	2,000,000+
VIII	100,000 to 250,000		



DATE: February 16, 2023
TO: Board of Directors

FROM: Stephanie Arevalo Rodriguez, Director of Business Operations

SUBJECT: Proposal to revise The Trousdale Advertising Budget

Background:

By contract, Eskaton is responsible to develop and carry out an effective marketing plan that will promote visibility of The Trousdale to drive inquiries that result in resident move-ins. The Eskaton corporate marketing team, in collaboration with PHCD staff, develop an annual marketing plan and the budget to carry it out. The total marketing budget for FY '23 is \$70K. Through February, \$54K has been spent. The current plan for using the remaining \$16K for March through June includes all planned social media, digital, direct mail, and print newspaper ads.

Director Pagliaro has participated in Eskaton marking meetings and pointed out that local competitors advertise more frequently than Eskaton in The San Mateo Daily Journal and The Chronicle with larger and more colorful ads and asked that we modify our marketing plan to address this.

Our original plan did not include an aggressive newspaper ad campaign based on Eskaton's 50+ year experience as well as The Trousdale's 4-year experience. Newspaper ads have the lowest response rate of any marketing medium and for The Trousdale in calendar year 2022, not a single lead could be traced to a paid newspaper ad. However, we are in a very competitive market and this business sector is becoming more active as the impact of the pandemic declines, therefore this may be the right time to launch a more robust newspaper ad campaign to see if results will pick up. We will determine whether or not this increased program results in new contacts and will then reevaluate.

Recommendation:

- 1) Increase the frequency, size, and style of ads March through June 2023.
- 2) Advertise in The Daily Journal and Palo Alto Daily only.
- 3) Highlighted lines are being recommended.
 - a. San Mateo Daily Journal: March-June 2023

Full page ad

1x/week \$922/ad= \$14,752 total [Increased from ¼ page 1x/week] 3x/week \$720 per ad= \$34,560 total

b. Palo Alto Daily: March-June 2023 [New paper]

Quarter page 5" wide x 7.5" tall

1x/week: \$281.25/ad or \$4,500 3<mark>x/week: \$573.75/week or \$9,180</mark>

If we did 3x/week in in both papers – total Budget adjustment needed: \$43,740

Staff recommendation: \$23,932



Enjoy Our Elevated Approach

The Trousdale offers the luxuries of contemporary living with a focus on the unique needs of each individual. Our stunning community offers modern amenities and thoughtfully designed programs to enhance the lives of our residents.

Schedule a personalized tour!

650-715-4717 thetrousdale.org/daily



Independent Living with Services, Assisted Living and Memory Care 1600 Trousdale Drive, Burlingame, CA 94010



MEMORANDUM

To: Board of Directors

From: Mark Hudak, Legal Counsel

Re: Director Compensation

Date: February 16, 2023

Health & Safety Code Section 32103 provides that directors of a health care district shall serve without compensation except that the Board, by resolution adopted by a majority vote, may authorize a stipend of \$100.00 per meeting, not to exceed five meetings per month.

Directors can decline to receive this compensation.

In addition to the stipend, directors are entitled to reimbursement for traveling and incidental expenses incurred in connection with the official business of the District.

Section 32103 does not allow for a flat monthly rate but only on a per-meeting basis.

Directors of the Peninsula Health Care District attend an unusual number of meetings compared to directors at other special districts, including regular and special meetings, closed sessions, meetings of standing committees, and meetings of special or ad hoc committees. These meeting would be eligible for compensation.

In addition, some directors attend regular meetings with developers, meetings to explore potential property acquisitions, meetings with attorneys on litigation matters, etc. Some directors meet regularly or occasionally with staff members on various matters and projects. Section 32103 does not define "meetings" but, in general, most reimbursement policies tend to reimburse only regular committee meetings, not these occasional meetings.

For some public agencies, such as City Councils, the Government Code provides that any increase in compensation takes effect only after at least one member starts a new term. I do not find an equivalent limitation in the Health Care District Act. Also, the Government Code allows for annual increases of 5% for City Council stipends, and I have seen several health care districts adopt that as a policy, but there is no comparable provision in the Health Care District Act and the increase beyond \$100.00 per meeting might be subject to challenge. Accordingly, the proposed resolution would take effect beginning in March 2023 and there would be no provision for annual or other increases.

A proposed resolution for reimbursement is attached.

RESOLUTION NO. 2023-03

A RESOLUTION AUTHORIZING THE PAYMENT OF A PER-MEETING STIPEND TO DIRECTORS OF THE PENINSULA HEATH CARE DISTRICT

WHEREAS, The Peninsula Health Care District (the "District") is engaged in a wide range of activities and programs for the benefit of residents of the District; and,

WHEREAS, the elected Directors of the District provide oversight and management of the District's affairs and staff; and,

WHEREAS, the Directors are required to attend multiple meetings each month, including regular and special meetings of the Board of Directors, meetings of standing committees, and meetings of ad hoc committees; and,

WHEREAS, the District relies on the expertise, experience, and judgment of the Directors to properly conduct its business; and,

WHEREAS, Health and Safety Code Section 32103 authorizes a health care district to compensate elected Directors with a stipend not to exceed \$100.00 for each meeting attended, not to exceed \$500.00 per month; and,

WHEREAS, it is in the best interest of the District to provide such compensation to its Directors in recognition of the many hours they devote to District affairs; and,

NOW, THEREFORE, THE BOARD OF DIRECTORS OF THE PENINSULA HEALTH CARE DISTRICT DOES HEREBY FIND AND RESOLVE:

- Section 1. Recitals. The above recitals are true and correct.
- Section 2. <u>Director Compensation</u>. Each Director of the Peninsula Health Care District shall be entitled to receive \$100.00 as a stipend for each eligible meeting, as defined below, attended by the Director, not to exceed \$500.00 for each calendar month.
- Section 3. <u>Eligible Meetings</u>. The meetings eligible for the stipend authorized by this Resolution shall be the regular and special meetings of the Board of Directors, meetings of each standing committee of the Board, and meetings of ad hoc or special committees that include at least one appointed Board member. A closed session held in connection with a regular or special meeting of the Board shall not be treated as a separate meeting. A closed session held as a standalone special meeting shall be treated as a separate meeting. Meetings with staff, members of the public, or similar meetings shall not be eligible for compensation under this policy
- Section 4. <u>Process for Compensation</u>. Each Director may request compensation on forms developed by staff and submitted to the Chief Financial Officer within 60 days of the end of the month for which the claim is made. The Chief Financial Officer may request such further information as deemed necessary to ensure that proper claims are submitted and paid. Directors may decline the stipend.

Section 5. <u>Expenses</u>. In addition to the stipend, Directors shall continue to be entitled to reimbursement of travel and other expenses incurred in connection with District business, as provided in Section 32103(b), the Government Code, and District policies and procedures.

Section 6. <u>Effective Date of Resolution</u>. This Resolution shall take effect immediately on March 1, 2023.

PASSED AND ADOPTED by the Board of Directors of the Peninsula Health Care District this 23rd day of February, 2023, by the following vote:

AYES:
NOES:
ABSENT:

ABSTAIN:



BOARD OF DIRECTORS CEO REPORT February 2023

PENINSULA WELLNESS COMMUNITY (PWC)

- Exchange of comments on Plan, design applications, parcel mapping proposal took place between 1/27-2/9.
- Town hall scheduled 2/22/23 at Burlingame Recreation Center for input on the final concept plan to be submitted to the City.
- City Application Submittal Packet will be distributed to Board for review and scheduled for Board approval 2/23/23.
- Proposal to conduct the critical Phase 4 in defining the Hub services, space design, partners, and business proforma will be presented to the Board 2/23/23. Proposal engages local, national, and international experts on innovative older adult communities- programs, environments, design elements- to ensure we carry out the Board's vision of an innovative, unique model unlike any other.

THE TROUSDALE [TT] ASSISTED LIVING/MEMORY CARE COMMUNITY:

- **Census:** Stable; two move-ins scheduled. One will use the BMR/rent assistance program and a couple will be coming into assisted living.
- Amenities: Progress has been made in securing a hairdresser, massage therapist, and bistro staff to get those amenities back to pre-Covid levels.

Marketing:

- January metrics confirm a definite increase in activity in this healthcare sector that seems to relate to the stabilization of living with Covid. TT leads from social media and internet referrals were 46 for the month, an increase of 53% over last January.
- Given the competitive community, a proposal to increase ads in local papers and adjust the budget accordingly is on the 2/23/23 board agenda.
- The Eskaton Foundation sponsored an educational webinar 5-week series on end of life planning.
 - Program was presented in The Trousdale theater and marketed to residents, their families, and prospects.
- The San Mateo Chamber event hosted at The Trousdale 2/12 attracted over 30 attendees. It was a good opportunity to show off the facility to adult children of potential residents. They offered comments about its beauty, cleanliness, and courteous staff and promoted TT, PHCD and Eskaton on their Facebook page.

SONRISAS DENTAL HEALTH

• Our CFO's 2nd quarter dashboard can be found with her staff report in the Board packets.

- The SDH CEO's 2nd quarter report is attached to this one. Of note:
 - The increasing number of special needs patients SDH served. Serving these patients has been an increasing challenge for the local dental community and SDH has stepped up to be part of the solution.
 - County BOS released \$123K of Measure K funds to support the SDH dental program serving the farmworkers.
 - Dr. Jue's did school screenings at two schools and one early education site in our District.

OTHER ACTIVITIES:

2/01: Oral Health Coalition – Meeting with Core Team President, Eileen Espejo re: my replacement on Core Team (aka exec. Committee)

2/02: Interview with Daily Journal reporter on PWC

2/13: Oral Health Core Team meeting

2/14: Retreat Planning with MissionMet team

2/16: allcove/Stanford monthly implementation meeting

2/21: Commission on the Status of Women



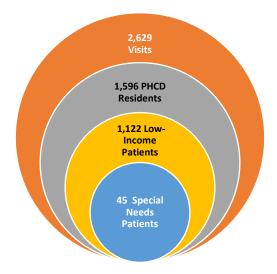
DATE: January 13, 2023

TO: Peninsula Health Care District Board of Directors

FROM: Tracey Fecher, CEO

RE: Sonrisas Dental Health FY 22-23 Second Quarter Report

Sonrisas Dental Health is pleased to share the results and outcomes with the PHCD board for the first half of FY 22-23. From July 2022 to December 2022, there were the following PHCD residents with visits to a Sonrisas clinic for dental care.



In the 2nd quarter, oral health education and screening events were held at Belle Air Elementary and Portola Elementary in San Bruno Park School District. A screening event also took place at Turnbull Child Development Center in San Mateo-Foster City School District. In addition, a senior screening event was held in partnership with Self Help for the Elderly in San Mateo.

Through December 2022, Sonrisas' Outreach team provided the following to district residents during FY22-23:

- Screened 217 children in 2 school districts and an early education site.
- Screened and/or provided treatment to 22 seniors at residential facilities or community centers
- Provided 427 Toothbrush-To-Go Kits to children and their families.
- Distributed 73 Adult Oral Health kits.
- Fifty-one adults attended oral health presentations.

In December, the San Mateo County Board of Supervisors voted to release \$123,000 of Measure K funding for 2023 to support Sonrisas' Pescadero







dental clinic for Farmworkers in partnership with Puente. This will fund 380 visits. Puente and Sonrisas have partnered to provide care in a range of available spaces over the past several years. With new safety requirements of dentistry post-COVID, the Puente and Sonrisas team are looking for a permanent location for the Pescadero clinic that allows for layout and infrastructure that supports COVID safety for patients, staff, and others working in the same location.

The Sonrisas team continues to work on the FY23-25 strategic plan. There are three focus areas: Sonrisas Culture, Sustainable Growth and Patient and Community Engagement. Some areas of progress include:

- Sonrisas Culture: The team has held additional fun employee events and activities to help team members reconnect after the isolating years of the pandemic. New ways of gathering employee feedback are in progress as well as ways to promote staff wellness. Sonrisas' mission is delivered every day by the hearts and hands of our staff members. Investment in staff culture after the challenges of the pandemic and significant changes in dentistry is a priority for Sonrisas.
- Sustainable Growth: The team continues to explore the viability of becoming an FQHC. A Santa Cruz
 County dental FQHC, Dientes, is helping Sonrisas understand issues and potential pathways. The Sonrisas
 board approved the addition of 1.8 FTE of clinical staff to increase the number of visits available in the
 San Mateo Clinic. The fundraising team is looking for sponsors for a peninsula-based event to introduce
 new donors to Sonrisas' mission.
- Patient and Community Engagement: Engaging our patients and community in a way that is meaningful
 and includes their voices in decisions is a key outcome for this focus area. The team is pursuing additional
 grant funding for a patient advisory committee that would include education, translation, and other ways
 of authentically bringing the voices of our patients and community into our services.

The SDH team wants to thank PHCD for its continued support, which allows SDH to deliver our mission in San Mateo County. Thank you for bringing smiles to the staff and patients of Sonrisas Dental Health!



CFO REPORT FEBRUARY 2023

CASHFLOW:

Some highlights and transactions to note.

- \$40M Debt Service Pymt \$1,890,482.00
- \$10M Debt Service Pymt \$477,885.00
- \$2M transferred from checking to City National Bank investment account
- 42 Grant Checks issued totaling \$1,355,000
- Received 2nd check of \$113,295.83 from MHSOAC for allcove

Current outstanding loans from The Trousdale construction are:

- \$40M @ 3.91% current balance \$32,815,000
- \$10M @ 3.47% current balance \$8,780,000

INSURANCE:

The Trousdale – We are currently exploring adding earthquake insurance to The Trousdale Assisted Living/Memory Care Facility. We have obtained a proposal from Eskaton's broker, Tim Mooney, and will bring it forward to the Finance Committee for discussion.

1600 ECR (allcove) – We have requested to transition the insurance to the next phase to allow construction workers on the property. The general contractor has liability insurance and named the District an additional insured party.

HEALTH & FITNESS CENTER / ACTIVE WELLNESS:

Michelle and I are currently working with Active Wellness on a 3-year business plan for the fitness center. The goal is to increase membership with a sustainable financial model. Active Wellness will perform an assessment of the center to identify areas for opportunities for additional products & services as well as sales & marketing strategies. So far, we have met with two insurance fitness programs – Optum by UnitedHealthcare and ASH Fitness by American Specialty Health. We hope to report back next month as we learn more about each program and other opportunities.

SONRISAS DENTAL HEALTH / CFO:

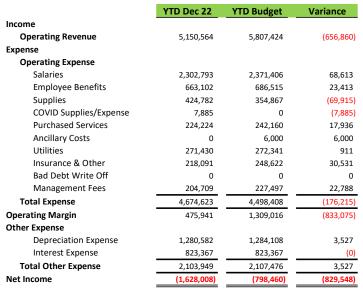
At the last Sonrisas Board meeting, the Board approved the CFO transition to me. To date, all bank signature cards and credit cards have been updated. The Board also approved a couple of banking and investment decisions that will align with the District's investment policy as recommended by our auditor.

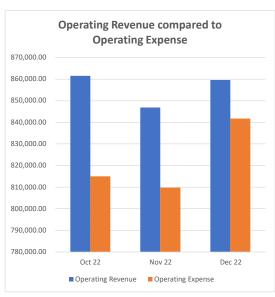
DIRECT SERVICE PROGRAM DASHBOARD ON PERFORMANCE:

The attached dashboards summarize FY 22-23 Q2 Performance for The Trousdale, Sonrisas Dental Health, and The Health & Fitness Center.

The next Finance Committee meeting will be on March 7th @ 2 pm.

The Trousdale Assisted Living/Memory Care Community Quarterly Performance Report - Q2 FY 22-23



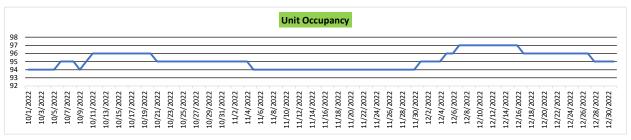


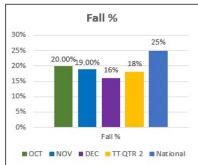
Deposit on Hand							
	#	\$					
Beginning Balance - 9/30/22	7	35,000					
Reservations Received	8	41,500					
Cancellations	(2)	(10,000)					
Move-Ins	(7)	(35,000)					
Deposits on Hand - 12/31/22	6	31,500					

Occupancy at December 31, 2022								
Units Leased Units Avail. Total Level of Care								
AL Care	78	23	101	1.8 Avg.				
Memory Care	17	6	23	2.9 Avg.				
Total Units	95	29	124	2.0 Avg.				
% Pecentage	77%	23%	100%					
Total Residents	111							

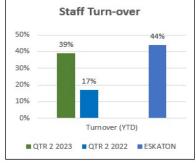
Double Occupancy Units: 16

	Inquiries/Tours	s			Age of our	Residents	
	October	November	December	50-69 yrs	70-79 yrs	80-89 yrs	90+ yrs
Inquiries	32	53	38	1	7	48	51
New Tours	19	21	17	1%	7%	45%	48%
Repeat Tours	9	7	2				





The Trousdale reviews falls & calculates Fall Rate as a % based on # of falls / total residents.



Workforce development is a top focus area for Eskaton and other senior care organizations. Eskaton has a target goal of <20%.

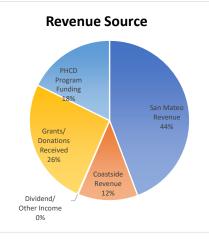


Eskaton has a target goal of achieving a Satisfaction rate ≥90%.

Surveyed: 16 Employees, 12 Residents, & 18 Family Responses.

Sonrisas Dental Health Quarterly Performance Report Q2 Report

	Qtr 1	Qtr 2			
_	Sep	Dec	Total	Budget	Difference
San Mateo Revenue	571,359	553,011	1,124,370	1,189,478	(65,108)
Coastside Revenue	159,764	148,849	308,613	266,021	42,592
Total Net Revenue	731,123	701,860	1,432,983	1,455,499	(22,516)
Direct Program Cost	815,422	753,555	1,568,977	1686950	117,973
Indirect Program Cost	488,878	420,629	909,507	913819	4,312
Total Cost	1,304,300	1,174,184	2,478,484	2,600,769	122,285
TOTAL	(573,177)	(472,324)	(1,045,501)	(1,145,270)	99,769
Dividend/ Other Income	1,546	1,695	3,241	924	2,317
Grants/ Donations Received	362,311	291,396	653,707	663,994	(10,287)
PHCD Program Funding	225,000	225,000	450,000	450,000	-
OTHER INCOME	588,857	518,091	1,106,948	1,114,918	(7,970)
NET INCOME	15,680	45,767	61,447	(30,352)	91,799
non-cash items adj.					
Depreciation	72,572	73,350	145,922	163,915	17,993
EST. CASH-FLOW	88,252	119,117	207,369	133,563	109,792



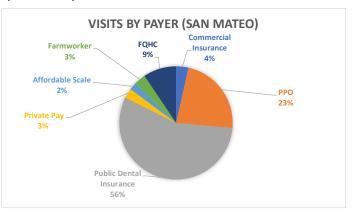
Grants Awarded YTD					
Funder	Awarded	Amount	Period	Support	Dept
City of Half Moon Bay	7/20/2022	\$ 14,000	Jul 22 - Jun 23	ATC	CS
City of Burlingame	8/1/2022	\$ 1,760	Jul 22 - Jun 22	ATC	SM
Woodlawn Foundation	8/4/2022	\$ 25,000	Oct 22 - Sep 23	ATC	SM/CS
Sequoia Health Care District	9/30/2022	\$ 83,823	Jul 22 - Sep 22	ATC	SM
Packard / Stanford Children's Health	10/4/2022	\$ 75,000	Sep 22 - Aug 23	Screenings and children's ATC	SM/CS
Chan Zuckerberg Initiative (Via SVCF)	10/5/2022	\$ 100,000	Oct 22 - Sep 24	Gen Ops	SM/CS
Stanford Health Care District	10/12/2022	\$ 34,000	Oct 22 - Sep 23	ATC	SM/CS
Silicon Valley Community Foundation	10/31/2022	\$ 18,750	Current Month	CEO's Tuition	SM
Dignity Health Sequoia Hospital	12/19/2022	\$ 20,000	Jan 23 - Dec 23	Screenings and children's ATC	SM
Sequioa Health Care District	NA	\$ 97,526	Oct 22 - Dec 22	Service Rendered	SM
	Total	469,859		-	-

Grants Awarded in Prior Year - Available in Q2							
Funder	Awarded	Amount	Period	Support	Dept		
Sobrato Family Foundation	5/28/2021	\$ 63,000	Jun 22 - May 23	ATC (Second half - total \$126k awarded)	SM/CS		
Delta Dental Community Fund	9/2/2021	\$ 100,000	Oct 21-Oct 22	\$53000 for outreach, \$47000 for ATC	SM/CS/ OR		
San Mateo Children's Health Initiative	9/12/2021	\$ 105,000	Jan 22-Apr 24	Capital; ATC \$85,000 was received	SM		
Touchpoint Foundation	11/11/2021	\$ 5,000	Nov 21-Oct 22	Senior ATC	SM/CS		
San Bruno Community Foundation	12/1/2021	\$ 10,000	Jan 22-Dec 22	Pediatric ATC, Outreach	SM/OR		
Dignity Health	12/13/2021	\$ 20,000	Jan 22-Dec 22	Outreach	OR		
Sunlight Giving	2/3/2022	\$ 50,000	Mar 22-Feb 23	ATC	SM/CS		
Atkinson Foundation	3/22/2022	\$ 7,500	Mar 22- Feb 23	For Senior Program	SM/CS		
Mills Penisula Health	5/10/2022	\$ 20,000	Jan 22-Dec 22	\$10,000 for ATC & \$10,000 for Outreach	SM/CS/ OR		
Kaiser Foundation	5/31/2022	\$ 25,000	Jun 22 - May 23	ATC	SM/CS		
Delta Dental Community Fund	6/20/2022	\$ 100,000	Jan 22-Dec 22	\$59,363 for ATC, \$40637 for Outreach	SM/CS/ OR		
	Total	505,500					

SM = San Mateo / CS = Coastside / OR = Outreach

Visits by Center								
Qtr 1 Qtr 2 Total								
San Mateo Visits		2,582	2,330	4,912				
Coastside Visits		884	948	1,832				
	Total Visits	3,466	3,278	6,744				

Visits by Payer (San Mateo Center)											
Qtr 1 Qtr 2 Total											
Commercial Insurance	97	79	176								
PPO	586	551	1,137								
Public Dental Insurance	1442	1336	2,778								
Private Pay	74	62	136								
Affordable Scale	65	39	104								
Farmworker	96	69	165								
FQHC	222	246	468								
Total Visits	2.582	2.382	4.964								



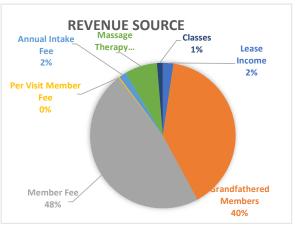
PHCD Funding for Uncompensated Care											
Public Dental Insurance at San Mateo Center											
Month Plan Visits Uncompensated Total Uncompensated YTD Funding from											
July	465	\$207	\$96,255	\$75,000							
August	548	\$147	\$80,556	\$75,000							
September	429	\$213	\$91,377	\$75,000							
October	466	\$153	\$71,237	\$75,000							
November	457	\$157	\$71,827	\$75,000							
December	413	\$255	\$105,303	\$75,000							
Total	2,778		\$516,555	\$450,000							

PHCD Reside	nt Served
Month	Visits
July	401
August	535
September	395
October	434
November	461
December	490
Q1	2,716

PHCD Health & Fitness Center Quarterly Performance Report Q2 Report

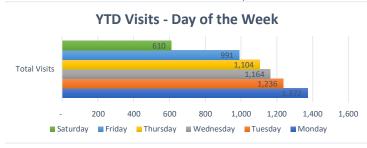
Health & Fitness Center Revenue
Lease Income
Grandfathered Members
Member Fee
Per Visit Member Fee
Annual Intake Fee
Massage Therapy
Classes
Total Income
Operating Exp
Depreciation
Total Expense
Net Income

Q1	Q2	Total	YTD Budget	Variance B(W)
796	796	1,592	1,545	47
13,790	12,982	26,772	27,575	(803)
15,356	16,628	31,984	29,760	2,224
105	90	195	180	15
550	550	1,100	600	500
1,740	3,120	4,860	3,960	900
445	425	870	450	420
32,782	34,591	67,373	64,070	3,303
80,829	83,913	164,742	179,701	14,959
2,942	2,942	5,884	6,240	356
83,771	86,855	170,626	185,941	15,315
(50,989)	(52,264)	(103,253)	(121,871)	18,618



M	ember Visits YTD - Day of th	ie Week	
	# of Days	Total Visits	Average/Day
Monday	26	1,372	53
Tuesday	26	1,236	48
Wednesday	26	1,164	45
Thursday	26	1,104	42
Friday	27	991	37
Saturday	27	610	23
Total	158	6.477	41

Membership Information	# Members	Budget	Variance B(W)
Existing Members - Senior @ \$55	82	76	6
Existing Members - Non Sen @ \$65	8	6	2
New Member @ \$80	95	67	28
Per Visit Members @ \$15	3	12	(9)
Massages @ avg. \$60/visit	65	66	(1)



Member Visits YTD						
Month	7am -10am	10am - 1pm	1pm - 4pm	4pm - 7pm	Total	
July	355	488	185	103	1,131	
August	407	500	192	101	1,200	
September	342	432	181	94	1,049	
October	369	491	178	106	1,144	
November	353	400	163	100	1,016	
December	283	432	131	91	937	
Total	1,005	1,323	472	297	6,477	



				Classes O	πerea						
Month	Seniors in	Motion-Free	Yoga	a-Paid	Balance	Fitness	Tune-u	o Circuit	Total		
	# Classes	Attendees # Classes Attendees		Attendees	# Classes	Attendees	# Classes	Attendees	# Classes	Attendees	
July	16	119	4	26	6	61	4	20	30	226	
August	14	126	5	37	8	75	4	24	31	262	
September	18	127	4	26	6	58	4	20	32	231	
October	16	132	4	26	10	100	4	14	34	272	
November	16	123	5	31	8	58	5	18	34	230	
December	18	128	4	25	6	43	4	15	32	211	
	98	755	26	171	44	395	25	111	193	1,432	



BOARD of DIRECTORS Community Engagement Director February 2023 Report

COVID Campaign

Acknowledging the pattern of winter surges, four community vaccination clinics have been scheduled to encourage residents to stay-up-to-date on boosters and other vaccines. Easy, convenient access has proven to increase vaccination rates in our District. The final clinic will be held on: **Saturday, February 25, 2023 at St. James AME Zion Church.**

This clinic has been designed as a Community Gathering and the theme is: Off to a Good Start - Health, Wellness & Nutrition - Flyer attached.

- Our valued community partner the Bay Area Community Health Advisory Council will assist with registration and Safeway will administer Covid boosters as well as Flu, Shingles, Pneumonia and Tdap vaccinations.
- New partners are:
 - Second Harvest to provide nutrition education and register eligible residents for food security.
 - Rebuilding Together to provide information on fall prevention and free home repairs.
 - Care Solace to provide mental health materials for school-associated residents.

Sunday, January 29, 2023 from 10:30 am - 2:30 pm, PHCD sponsored a successful community flu and Covid booster clinic at the **Millbrae Lunar New Year Festival.**

- Fifty-eight vaccines were administered 16 flu and 42 Covid boosters
- Age range was youth adults



Thank you Chair Cappel and Vice-Chair Pagliaro for attending.

COVID Campaign - continued

- San Mateo County health's Covid Response Unit supplied the Covid boosters and free test kits.
- Next door to the vaccination booth, Vickie and I shared brochures about PHCD's services and programs, including the Trousdale and the Heath and Fitness Center. We also passed out hundreds of hand sanitizers branded with the PHCD logo. Stuart Fong, Governance Council Chair, HepB Free joined our booth and provided festival attendees educational information.
- Quote from BayPLS our new vaccine vendor "Ann, your dedication and presence from the
 planning stage of this vaccine clinic --- to the official delivery played a vital component in this
 success."

Community Education and Outreach

I am excited to announce, The Parent Venture has confirmed **Katherine Sellery**, an internationally renowned parenting expert, has helped thousands of families create stronger relationships with their kids. Using strategies that build deeper connection, her conscious parenting methods helps cultivate healthier communication based in love, care, and mutual respect.

- Topic: Conscious Parenting: Building Stronger Relationships with Your Child or Teen
- **Presented by:** Katherine Sellery, Bestselling Author, TEDx Speaker and Founder of the Conscious Parenting Revolution
- When: Wednesday, March 1, 2023, 5:30pm 6:30pm PT, Online Event (Live)
- Register: https://katherinesellery2023phcdsmuhsd.eventbrite.com
- This special presentation is sponsored by Peninsula Health Care District and San Mateo Union High School District in collaboration with The Parent Venture.

PHCD's contract with The Patent Venture also offers District educators, parents/caregivers and students access to <u>all</u> upcoming webinars as well as previously held webinars, which can be accessed via The Parent Venture Video Library - YouTube https://www.parentventure.org/videos Residents can view over 200+ educational webinars on topic related to parenting, mental health, digital media, parent-child communication, substance use, college planning, and more. I encourage tuning-in and sharing this resource with your family and friends.

A recent quote from a parent who participated in a Parent Venture webinar - "The online format and accessible replays make these offerings so much more accessible to busy, stretched-thin parents. Thank you for providing these valuable parent education events!"

Special Initiatives: HepB Free

Richard So is organizing a press conference with California State Treasurer, Fiona Ma, PHCD Chair Cappel, Anders Fung, Millbrae City Council and representatives from San Mateo County Medical Center to announce the CDC's new universal screening recommendations for Hepatitis B ... along with the universal vaccination recommendation passed last year. The press conference will take place in April.

The HepB Free team has several educational events planned via radio podcast:

- Radio Tonga 3,000+
- Pasifika By Design 50K
- Essence of Mana 200+
- Under the Mango Tree education Island Block Radio millions
- Radio Bula Duavata 40K

Community Grants Program

- Met with Director Navarro to discuss the Community Health Investment Committee's schedule for 2023. We also reviewed the Grant process and committee membership.
- The Community Health Investment Committee's first meeting is scheduled for August 7, 2023.

Strategic Plan Update

- Mission Met has completed stakeholder interviews of the assessment phase.
- Mission met recommended adding a community voice component to the assessment phase. I
 conducted a virtual listening session with three of our community partners. The purpose of this
 session was to hear from community leaders who are working with residents in San Bruno and
 North Central San Mateo to better understand:
 - a. what community leaders know about PHCD;
 - b. what health and wellness concerns are facing their constituencies; and
 - c. how PHCD could most effectively address community health.

Save-the-date - Board/staff retreat is Friday, March 3, 2023 from 9:00 am - 4:00 pm and will be held at the District office.

Outreach and Community Engagement Meetings

Met with the following people/organizations in February to further advance PHCD's mission and initiatives:

- Richard So, HepB Free press conference and HepB vaccination sites
- Paul Lamb & Eric Ryan, Mission Met Strategic Plan Task Force meeting and weekly meetings to plan Board/staff retreat
- Jason Owens, SMC Office of Ed School-based Mental Health Collaborative
- Umoja North County bimonthly meeting
- Cristina Ugaitafa, SMC Aging Adult Services
- Josh Haeffner & Tyler Chames, Care Solace utilization and promotion tactics
- Marie Lukehart, San Bruno Parks School District Wellness Coordinator student hearing screens
- Jasan Zimmerman, Lucile Packard, Stanford Children's Health Teen Van
- April Torres, SMUHSD Manager Mental Health Services & Charlene Margot, Parent Venture –
 March educational webinar speaker
- Katherine Sellery, interview for consideration as Parent Education speaker
- Britt Duenyas, Wizehive online grant portal training
- Lisa Tealer, Bay Area Community Resource Advisory Council, Pastor Bussey, St James, Alex Navarro, Second Harvest
- Monika Lee, Commissioner, Aging and Adult Services St James vax clinic
- Dr. Kim Rhoads UCSF Long COVID Recover Cabinet meeting
- Samaritan House site visit Dr. Baldeep Singh, Medical Director, Laura Bent, CEO and Isabelle Anderson, Institutional Partnership Manager.

Marian Kong <marian_kong@yahoo.com>

Thu 2/2/2023 7:46 PM

To: Ann Wasson <ann.wasson@peninsulahealthcaredistrict.org>;Vickie Yee <vickie.yee@peninsulahealthcaredistrict.org>;Cheryl Fama cheryl.fama@peninsulahealthcaredistrict.org

EXTERNAL SENDER WARNING: This email originated from outside of PHCD. Do not click links or open attachments unless you recognize the sender and know the content is safe.

Ann:

The 4th Millbrae Lunar New Year Festival was a big success on 1/29/23. The whether was cooperated that we had a dry FULL day.

There were 83 vendors, vaccination clinic, Sheriff department, Millbrae City government, school district, and wonderful food tasting. And, we were honored to have the Deputy Assistant Secretary Lambert from the DC Statement Department, CA Senator Josh Becker, CA Assemblywoman Diane Papan, San Mateo County Supervisor Dave Pine, Mayor of the Redwood City, Council member of Burlingame, and, of course, the Millbrae City Council joined us to wish the City and County a happy and wonderful the year of 2023...

Everything could not be wonderful without the support of the Peninsula Health Care District. THANK YOU. Millbrae loves you!!!

Looking forward our partnership in future making not only Millbrae but our County a better City to live.

Community Health Gathering

SATURDAY FEBRUARY 25, 2023

1:00 - 4:00 pm St. James AME Zion Church 825 Monte Diablo Avenue San Mateo

Protect your family from



Focusing on:
School children
Vaccination clearance for sports
Family health and safety



Flu shots
Regular & senior dose
for 3 years and older

Pneumonia Vaccines
For 19 years and older

Shingles Vaccine
For 50 years and older

Tdap Vaccine

Questions or concerns about boosters or shots... a medical professional will be available to answer all your questions.

Register here!



WWW.SAFEWAY.COM/VACCINATIONS/ GROUP-CLINIC/STJZION

FIRST 50 ATTENDEES

To receive the COVID booster will receive a \$25 Safeway gift card









WALK-INS WELCOME!
If you have your vaccine card, please bring it.

QUESTIONS:

Peninsula Health Care District:650-697-6900

Conscious Parenting:

Building Stronger Relationships with Your Child or Teen

Katherine Sellery

Bestselling Author, Founder, **Conscious Parenting Revolution**

Katherine Sellery, an internationally renowned parenting expert, has helped thousands of families create stronger relationships with their kids. Her "conscious parenting" methods cultivate healthier communication based in love, care, and mutual respect.

This presentation is sponsored by Peninsula Health Care District and San Mateo Union High School District, in collaboration with The Parent Venture.

Register Today!

Questions? Contact Charlene Margot, MA, Co-Founder and CEO, The Parent Venture cmargot@parentventure.

Wednesday, March 1, 2023, 5:30pm – 6:30pm PT. **Online Event (Live)**

More information:



consciousparentingrevolution.com





DATE: February 23, 2023

TO: PHCD Board of Directors

FROM: Eddie Flores, Director Youth Behavioral Health Programs

RE: Director's Monthly Report

allcove™ San Mateo Updates

Facilities Update: 2600 El Camino Real, San Mateo:

As approved by the Board at the January 2023 Board meeting, we notified Zone 4 Construction of their approval and selection as contractor of the tenant improvement work to occur at the future site of allcove San Mateo. Staff and management have received a contract and recently completed reviewing and finalizing legal amendments to the contract. We hope to bring this to final approval before the board including answering all the questions that were raised by members, at the March meeting. Lastly, we have also submitted an official letter of notification to the City of San Mateo of the selection of the contractor as a requirement in the issuing of permits. Once the contract is finalized, we will be providing them also with a copy. The contractor is excited to engage in this work and is ready to start on the mobilization phase of the project as soon as the contract is finalized.

Service providers/ partnering agency Contract Negotiations

As previously reported, staff have been deeply involved in conversations with our contract consultant and legal counsel to execute a service provider agreement with Caminar as well as a memorandum of understanding (MOU) of service terms. We have continued to have numerous discussion meetings on various aspects of the contract and service components.

The agreement will be a comprehensive legal document to be reviewed and approved by both PHCD Board of Directors and Caminar. This Service Agreement Contract will delineate the Service Providers within allcove™ San Mateo and will cover all the legalities related to the MHSAOC grant compliance, insurance requirements, HIPPA compliance and additional criteria related to service delivery. Caminar was also provided a copy of the very extensive contract that PHCD has with MHSOAC (State). Due to the nature of the lengthy document and reviewal from the Caminar legal team, this has required additional time to complete the full review. There are a few pieces still needed to be cleaned up. Staff and management and legal teams are confident that we will be able to bring this item for full review and discussion at the March 2023 board meeting. However, it is noteworthy to report that the conversations have been very positive and fruitful, and we are very close to being completed. The Board will be informed should any issues arise of concern or if there is a change in the projected timeline.

We have also began setting up and scheduling program specific meeting with key members of the Caminar team in preparation for the full integration and what will be implementation of services at allcove San Mateo. Upcoming meetings already scheduled will cover data & evaluation; marketing and branding, and additional meetings are being planned that will cover the medical & mental health service streams, education & employment pieces, and family and peer-to-peer support. Stanford's CaT will also be part of these joint meetings to help Caminar and its subcontractors understand and fully learn the allcove model.



San Mateo Tobacco Control Coalition Update – Release of American Lung

Association 2023 State of Tobacco Control Grades



Last month, the American Lung Association released their 21st annual "State of Tobacco Control" report which evaluates states and the federal government on laws and policies necessary to save lives from tobacco. This year's report finds that the states doing the best are California, District of Columbia, Maine and Massachusetts, while the states that need to do much more to reduce the burden of tobacco use are Alabama, Mississippi, North Carolina, and Texas.

The State of Tobacco Control 2023 California Local Grades are available by visiting: https://www.lung.org/getmedia/dd3872ba-b745-4c72-91b8-730b9dfe2d14/SOTC-CA-2023.pdf

San Mateo County's local grades are shown below:

e Of Tobacco Control 2023 - Californi	a Loca	Gr	ade	8															ΛF	Retur	n to TO
San Mateo County	kg.	erior se	proft.	dane au	indarne Co	iria Da	CHEA 4. 4.36	Con Co	ing Chy	thoor of	and the	o Park	pota® pas	NE PO	da vale	Sar Car	Bruno	Carlos	n Mareo	Jir Me	odide trecur
Overali Tobacco Control Grade	F	В	В	С	С	A	С	Α	Α	N/A	Α	С	В	D	В	В	В	Α	В	F	В
Total Points	0	8	8	7	7	11	7	12	13	4	11	7	10	4	9	10	9	11	10	0	10
Smokefree Outdoor Air		Α	D		A	A		Α		Α	A	F	D	F	D	В	D	С	D		D
Dining	0	4	0	0	4	4	4	2	4	n/a	2	0	0	0	0	0	0	4	2	0	0
Entryways	0	4	0	0	4	4	2	4	4	n/a	4	0	0	0	0	4	0	0	0	0	0
Public Events	0	4	0	4	4	4	2	4	2	4	3	0	0	0	0	4	0	0	0	0	0
Recreation Areas	0	4	4	4	4	4	4	4	4	4	4	0	4	0	4	4	4	4	4	2	4
Service Areas	0	4	2	0	4	4	0	4	4	n/a	4	0	0	0	0	4	0	4	0	0	0
Sidewalks	0	0	0	0	0	1	0	1	1	n/a	0	0	0	0	0	0	0	0	1	0	0
Worksites	0	1	0	0	0	1	0	0	0	1	1	0	0	0	0	1	0	0	0	0	0
Total Points	0	21	6	8	20	22	12	19	19	9	18	0	4	0	4	17	4	12	7	2	4
Smokefree Housing	N/A	A	A			В		Α		N/A	C	A	Α	F	A		A	Α	Α	N/A	A
Nonsmoking Apartments		4	4	4	0	4	0	4	4		0	4	4	0	4	4	4	4	4		4
Nonsmoking Condominiums		4	4	4	0	0	0	4	4		0	4	4	0	4	4	4	4	4		4
Nonsmoking Common Areas		4	4	2	0	4	0	4	4		4	4	4	0	4	4	4	4	4		4
Total Points		12	12	10	0	8	0	12	12		4	12	12	0	12	12	12	12	12		12
Reducing Sales of Tobacco Products			В		В	В	В	В	В	N/A	В	В	В	В	В	В	В	В	В		В
Tobacco Retailer Licensing	0	0	3	0	3	3	3	3	3		3	3	3	3	3	3	3	3	3	0	3
Total Points	0	0	3	0	3	3	3	3	3		3	3	3	3	3	3	3	3	3	0	3
Restrictions on Flavored Tobacco Products	N/A	N/A	N/A	Υ	N/A	N/A	Υ	N/A	Υ	N/A	Υ	N/A	Υ	Υ	Υ	N/A	Υ	Υ	Υ	N/A	Y
Flavored Tobacco Products	0	0	0	1	0	0	1	0	1	0	1	0	1	1	1	0	1	1	1	0	1
Total Points	0	0	0	1	0	0	1	0	1	0	1	0	1	1	1	0	1	1	1	0	1
Emerging Issues Bonus Points																					
Emerging Products Def - SHS	0	1	1	0	1	1	1	1	1	1	1	1	1	0	0	1	1	1	1	0	1
Emerging Products Def - Licensing	0	0	1	0	0	1	1	1	1	0	1	0	1	1	0	0	0	1	1	0	1
Retailer Location Restrictions	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sale of Tobacco Products in Pharmacies	0	0	0	0	0	1	1	0	1	0	1	0	1	1	0	0	1	1	1	0	1
Minimum Price of Cigarettes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Minimum Pack Size of Cigars	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total Points	0	1	2	0	1	3	3	2	3	1	3	1	3	2	0	1	2	3	3	0	3



Care Solace Update - Focus: Millbrae School District

This past month, one of our supported school districts, Millbrae School District engaged and actively planned and delivered numerous parent presentations where our representatives from Caresolace were able to share additional tools and resources for the district's families. There are three more parent presentations lined up for the remainder of the school year! These presentations are helpful in spreading awareness and supporting families getting the care they need.

Recent Enhancements: Since the presentation the Board had at the January board meeting, Care Solace has released new enhancements to their services, including the following. All of these are now available to our district partners to be able to increase utilization of the services.

Launched Recognized Providers - Admins can now designate community providers that they would like prioritized when finding matches.

Implemented new safety screening measures - Supported the health of your community by providing safety (child abuse/neglect, threats to harm self or others) on all cases and acted accordingly.

Expanded user support + webinars - Launched a monthly newsletter offering webinars, speakers, events, resources, and recognition for monthly/yearly Care Heroes as nominated by their peers.

Streamlined intake process - Individuals can now complete the intake via text message, speeding up intake time.

Improved Care Match™ experience - Provides more information on our services and streamlines search.

Grew support team - Doubled the size of our team to continue to meet the demand for support.



DATE: February 23rd, 2023

TO: PHCD Board of Directors

FROM: Jackie Almes, Youth Outreach Specialist

RE: Monthly Report – February 2023.

allcoveTM San Mateo – Youth Advisory Group

This month I had two YAG meetings. The first meeting was a training held by the pride center and focused on the LGBTQ+ community. It went over gender pronouns as well as overall awareness of the struggles of the community. It was a very interactive training that involved open discussions about the struggles of the community. We also talked about intersex and what it means to be intersex. It was a great training and there were a lot of questions asked by the YAG members. I learned a lot about the LGBTQ+ community and so did a lot of the YAG members. Following the meeting I sent out a follow up email shared by the pride center that included resources, the slides, two different handouts, and more information on where to get help if struggling.

The second meeting was fully virtual. This meeting returned to our regular format, addressing the allcove center. This past month I have been working on new projects for the YAG. These two new projects will address the allcove centers design. This includes color theory and wayfinding. Color theory is all about the accent walls within the centers space. The theory goes into the allcove branding and where those colors are suggested. For example the counseling rooms are suggested to be the blue in the allcove branding due to it giving a relaxing feel. Wayfinding it all about signage within the center. This includes the naming of our counseling rooms. One of the main suggestions from the YAG is to name the counseling rooms by its theme and this project will dive into this. Wayfinding also includes how to find your way around the center. For example, arrows that will guide the youth to the exam's rooms or to the wellness room.

After presenting the two projects to the YAG members I gave them the option of either project to start with. They decided to start with color theory. Since this meeting was fully virtual I screenshared the floorplan, the lookbook as well as the color options we have. We then went through each room and decided on the color of the accent wall. In previous YAG meetings we had decided which walls would be an accent wall. We then went through each room, reviewing the lookbook to make sure the colors of the wall wouldn't clash with the furniture fabrics we have chosen and ordered. We were able to get through the entire space. One of the main things mentioned by the YAG was that they don't want to much color within certain rooms that already have very bright colors from the furniture. Due to this we had a discussion about possibly doing decals instead of an accent wall. These decals fall into the allcove branding and are also suggested within the environmental guidelines. During this meeting I also gave updates on the furniture which is now ordered, the contract with Caminar which is moving forward and the Tenant Improvements which we are currently working on the contract with Zone 4. We then moved on to the open discussion portion of our meeting with included the Community Consortium and the Merch Subcommittee.



The Merch Subcommittee is something that I have recently been discussing with the branding and communications manager at Stanford. We are going to be joining in a network wide merch order. This will consist of meetings with the other centers and two of their YAG members. This order is important to place soon as we want to have allcove merch for our grand opening. This will help to promote the opening of our center as well as create a community between staff and YAG members. During the meeting I brought this up to the members and asked who would be interested in this project. Three YAG members were interested and once I learn more I will be moving forward with this project.

We continue to meet with the allcove conference planning committee. This past meeting focused on the different sessions that will be held at the conference. In the YAG committee we focused on what the youth want to see in these sessions. Following this meeting they were able to establish the final schedule for the conference. In the partner committee meeting they focused on which lead agencies would be interested in co-presenting along side the CAT team. I will be co-presenting during the youth engagement session.

PHCD

This past month I have been working with Stephanie to finalize the new website pages for allcove. During our last meeting we decided to change the way the YAG members are presented on their page and make it more simple. I also created five different collages for the youth efforts page to add color. Our next steps are to meet once more before bringing the page to Eddie to take one last look at before launching the new page.

This past month I have finalized the yearlong marketing plan for allcove. After meeting with Stephanie to get her input, I added tools and metrics to the plan. This is to help add to the goals we have for our first year of marketing with allcove San Mateo. Next Cheryl will review the plan before we present to the Stanford team as well as Caminar.

Following the approval of our General Contractor I gathered all documents pertaining to the bidding process. After gathering these documents I then printer them out for Voula to file away. This is for any future need to review any correspondents as well as the bids received.

On February 8th I met with Michelle Griffith from the Redwood City School District. I talked about allcove and the future opening of our center. She mentioned that she has been trying to bring a wellness center to the Redwood city school district. Following our meeting I connected her with allcove Palo Alto for her to tour and possibly have allcove Palo Alto as a resource for her students.

Outside trainings/partnerships

I continue to work with the BHRS youth committee. This past month I attended a meeting with the Youth Action Board advisors, this meeting focused on community engagement and the forming of a project. This project is going to focus on a community event where they plan to hold an open mic/conference, they want to have resources tables there. Once the event is finalized, I plan to attend with some of our YAG members to be a resource table for allcove. This will come at a great time as allcove will be close to, if not already open at this time.



HONORARY CO-CHAIRS

Gloria Kennett Ann Griffiths Anne Melbye

STEERING COMMITTEE

Melissa Badger, Chair Candice V. Schwab Jan Barker Lisa Deal Linda Drew Sandra Ferer Georgie Gleim Susan Martin Carol Rianda Carolyn Schutz

EMERITUS COMMITTEE

Helen Chew Sally Debenham Joyce Hanna Smith Shirley Matteson Barbara Silverman

BOARD OF DIRECTORS

Candice V. Schwab Georgie Gleim Anna Marie Janky Patricia Wilkinson-DeBrincat Mical Atz Brenzel Lisa Deal Sandra Ferer Sandy Ferrando Jeanne Fischer Lata Goel Deborah C. Gordon Honor Huntington Susan Martin Louise Patch Susan Sweeney Mark Flegel

> CEO Peter Olson

December 2022

Peninsula Health Care District Lawrence Cappel, PhD Board Chair 1819 Trousdale Drive Burlingame, CA 94010

Dear Lawrence,

Thank you for your generous support of our 75th Anniversary Gala. Your 75th Gala Newsmaker \$5,000.00 gift to Peninsula Volunteers, Inc. (PVI) will help us fulfill our mission to enable seniors to age in place and sends a message of compassion and caring to the seniors in our community.

Your support will help PVI expand critical core programs for our 75th anniversary year, and to Fund the Future of PVI services: Providing Meals on Wheels' nutritious daily meal deliveries to more seniors who are unable to shop and cook for themselves; continuing Rosener House onsite and virtual model programming for Adult Day Services, as well as providing daily therapeutic programs and activities for seniors facing Alzheimer's and other dementias; and for more active seniors, allows our Senior Activity Center to offer a breadth of onsite and online wellness, social, cultural and technology activities; additionally, your support helps underwrite Ride PVI, our on demand door-to-door transportation program providing rides to medical appointments, pharmacies, grocery stores and more.

We are grateful for your remarkable support. Your help sustains our vital programs in the new environment and allows us to develop innovative services to support the growing needs of the aging senior community.

Together we are enabling seniors to age in place and live full and vibrant lives.

Warmly,

Peter Olson, CEO

Melissa Badger, Event (

For more information and updates on our programs and services, <u>visit www.lpvi.org</u> Interested in volunteering? We have opportunities available! Contact Ann: aeisenberg@lpvi.org

Peninsula Volunteer's Inc.- PVI is a 501- (c)(3) nonprofit: Tax Id # 94-1294939 If your gift was made through a donor advised fund or community foundation, please check with your tax advisor/ fund administrator regarding tax deductibility.



California Special Districts Association

CISIDIA

Districts Stronger Together

DATE:

January 30, 2023

TO:

CSDA Voting Member Presidents and General Managers

FROM:

CSDA Elections and Bylaws Committee

SUBJECT:

CSDA BOARD OF DIRECTORS CALL FOR NOMINATIONS

SEAT C

The Elections and Bylaws Committee is looking for Independent Special District Board Members or their General Managers who are interested in leading the direction of the California Special Districts Association for the 2024 - 2026 term.

The leadership of CSDA is elected from its six geographical networks. Each of the six networks has three seats on the Board with staggered 3-year terms. Candidates must be affiliated with an independent special district that is a CSDA Regular Member in good standing and located within the geographic network that they seek to represent. (See attached CSDA Network Map)

The CSDA Board of Directors is the governing body responsible for all policy decisions related to CSDA's member services, legislative advocacy, education and resources. The Board of Directors is crucial to the operation of the Association and to the representation of the common interests of all California's special districts before the Legislature and the State Administration. Serving on the Board requires one's interest in the issues confronting special districts statewide.

Commitment and Expectations:

- Attend all Board meetings, usually 4-5 meetings annually, at the CSDA office in Sacramento.
- Participate on at least one committee, meets 3-5 times a year at the CSDA office in Sacramento.
 - (CSDA reimburses Directors for their related expenses for Board and committee meetings as outlined in Board policy).
- Attend, at minimum, the following CSDA annual events: Special Districts Legislative Days held in the spring, and the CSDA Annual Conference held in the fall.
 (CSDA does not reimburse expenses for the two conferences even if a Board or committee
 meeting is held in conjunction with the event)
- Complete all four modules of CSDA's Special District Leadership Academy within 2 years of being elected.
 - (CSDA does **not** reimburse expenses for the Academy classes even if a Board or committee meeting is held in conjunction with the event).



2023 CSDA BOARD CANDIDATE INFORMATION SHEET

The following information MUST accompany your nomination form and Resolution/minute order:

Na	ıme:
Di	strict/Company:
Tit	ile:
Ele	ected/Appointed/Staff:
Le	ngth of Service with District:
1.	Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.):
2.	Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.):
3.	List local government involvement (such as LAFCo, Association of Governments, etc.):
4.	List civic organization involvement:

^{**}Candidate Statement – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. Any statements received in the CSDA office March 31, 2023, after 5:00 p.m. will not be included with the ballot.



2023 BOARD OF DIRECTORS NOMINATION FORM

Name of Candidate:
District:
Mailing Address:
Network: (see map)
elephone: PLEASE BE SURE THE PHONE NUMBER IS ONE WHERE WE CAN REACH THE CANDIDATE)
ax:
E-mail:
lominated by (optional):

Return this <u>form, a Board resolution/minute action supporting the candidate, and</u>
<u>Candidate Information Sheet by mail or email to:</u>

CSDA
Attn: Amber Phelen
1112 I Street, Suite 200
Sacramento, CA 95814
(877) 924-2732

amberp@csda.net

DEADLINE FOR RECEIVING NOMINATIONS:

March 31, 2023 at 5:00 p.m.



Dear SMC Health partners,

As we continue to adapt to living with COVID-19 and approach the February 28th end date of the State's public health emergency orders, I want to update you on our local situation.

Local public health data suggests a moderate level of COVID transmission in San Mateo

County. Positivity rates and COVID concentration in wastewater have decreased from the peaks in December, but the rates are still higher than last spring and fall so the likelihood of infection also remains higher than those seasons. COVID hospitalizations have ranged between 11 and 32 during the past two weeks, compared to a peak this winter of 61. With our highly vaccinated population, fewer people are experiencing severe disease than the previous two winters. This evolution of the pandemic threat is evident in the winter peaks of daily ICU patients decreasing from a level of 45 two years ago (January 2021), to 33 last year (January 2022), to 7 this winter (January 2023). While these trends are

encouraging, the remaining daily hospitalizations are a reminder that the potential for severe disease is

As of February 8th, 2023, 253,853 residents (representing 33% of the population) have received the updated COVID bivalent booster. This booster provides the greatest protection against the most severe impacts of COVID, so we encourage all eligible persons, especially adults aged 65 years and older to receive the bivalent booster dose. Vaccines remain available through pharmacies and healthcare providers. Currently, 51% of residents 65 years and older have received this booster. We appreciate continuing to partner with faith-based organizations and schools on targeted vaccination clinics aimed at reaching residents who have historically been underserved and the communities most disproportionately impacted by COVID-19 through the end of March. Our <u>Vaccine Clinic Calendar website</u> is regularly updated as new offerings become available.

The State-supported Optum-serve drive-through PCR testing site in San Mateo will end on Thursday, February 23rd. At-home tests continue to be reimbursable through health insurance for most people. The pathways for community-based organizations to order at-home tests through the Office of Community Affairs or through the State remain, as the State has not yet indicated when this resource will end. We are grateful for the community-based organizations that have distributed at-home test kits to residents throughout the County.

For those of you who look to our COVID dashboards, you will see some changes in the coming weeks to reflect the data that we continue to monitor to inform our understanding of the presence of the virus and disease severity being experienced. With the rise in at-home testing that is not reported to us, case and testing data do not provide as meaningful intelligence of the virus's presence, leading us to sunset those dashboards. We will also be improving the display of COVID hospitalization and death trends to better depict what can be understood about the level of disease severity over time.

Thank you for all that you do to further the health of our community.

still present, particularly for those with higher risk factors.

All Together Better, Louise Rogers