

BOARD OF DIRECTORS MEETING MINUTES Thursday July 28, 2022

Per Resolution 2022-09, this meeting was held via Zoom teleconference

Directors Present	<u>Directors Absent</u>	Also Present
Chair Cappel		Counsel Mark Hudak
Vice -Chair Galligan		Presenters:
Secretary Pagliaro		Taylor Coutts, Star Vista
Director Navarro		Anthony Pacheco, MPMC CFO
Director Zell		Matt Brausch, Ameresco
Director Zen		Tighe Hammam, Eskaton VP

1. CALL TO ORDER & ROLL CALL: Chair Cappel called the meeting to order at 6:32 PM. Roll call attendance was taken. A quorum was present.

2. PUBLIC COMMENT/NON-AGENDA ITEMS

Lindsay Raike thanked the two Board members for attending the pool rally and encouraged the Board write a letter to Sutter Health's interim CEO James Conforti, highlighting PHCD's offer to help cover required costs for reopening Sutter's Mickelson Pool until another facility becomes available.

3. CONSENT CALENDAR

Director Pagliaro:

- **A)** Questioned the transfer of funds from Boston Bank to Citi National Bank (CNB). **Director Zell,** Chair of the Finance Committee, responded. Due to the bank security issues with Boston, the Committee approved transferring funds out and into the District's CNB portfolio.
- **B)** Complimented CEO Fama and staff on the well written, knowledgeable, professional staff reports and suggested marketing some of the graphics in the reports in the San Mateo Daily Journal.
- **C)** Asked for information on Rosener House mentioned on page 46. **CEO Fama** responded: It is Peninsula Volunteers, Inc.'s (PVI) Adult Day Care Center in San Carlos that serves residents of the District. The Board approved special initiative funding to address Senior Service needs created by the sudden closure of Senior Focus. The Rosener House is a recipient of some of that funding to expand capacity and provide scholarships and transportation to help provide access for PHCD residents.
- **D)** Asked to consider posting the (988) Suicide Prevention Hotline graphic as an ad in the Burlingame Recreation Center bulletin and other visible platforms.

Director Rick Navarro requested the minutes be revised to put his name on the same line with the rest of Directors at the bottom of page 1 to reflect his Aye vote of the June minutes.

Motion to Accept Consent Calendar: By Director Zell; Seconded by: Director Galligan Vote by roll call: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro: Noes – 0 Abstain - 0 Motion Passed: 5/0/0

4. SPECIAL PRESENTATION: 988 Mental Health Call Line for SMCO, Taylor Coutts, Star Vista Things to Know about the Bill:

 The 3-digit (988) number has gone live in the United States and will eventually replace the current national suicide prevention hotline. For now, both numbers are active with (988) being prioritized.

- In Fiscal year 2021, the national suicide prevention lifeline received roughly 3.6 million contacts.
- Most calls to the national suicide and center or new 988 with the area code of (650) will be routed to the Star Vista Crisis Center.

Short term Goals for (988) Hotline: A strengthened and expanded lifeline infrastructure to respond to crisis calls, texts, and chats anytime.

Long term Goals of the (988) Hotline: A robust system that provides crisis care anywhere in the country.

Impact of (988) on Star Vista Crisis Center:

- Since (988) launch, Star Vista call volume increased 30%, up to 30-70 calls per week, many being first time callers.
- Need for more staff: Three counselors have been hired; a volunteer counselor needed; and recruitment continues.
- StarVista's interventions are the least invasive such as phone de-escalation, agreement to safety, and connecting callers to avenues of support.

Director Cappel asked if the 30 to 70 calls have been inquiries about the (988) hotline? Ms. **Coutts:** Some calls have been for more information, many are first-time callers, also called "validity callers," who have highly suicidal ideation or substance use/abuse questions.

Director Galligan asked where clients are referred when they need to be hospitalized for substance abuse? **Ms. Coutts:** Clients are referred to facilities based on their insurance, Medi-Cal, Kaiser, private insurance, etc. Other factors are location and facilitating a connection with their local core agency if they need additional resources.

5. OLD BUSINESS

5A. <u>Sutter/MPMC's Solar Project at 1501 Trousdale for Approval per Master Lease Agreement:</u> Matt Brausch, Ameresco

Mr. Brausch noted his Solar Glare Analysis presentation was requested by this Board to measure the amount of glare produced by Sutter's proposed solar project and how it will impact PHCD's planned senior housing development, the neighbors living up Trousdale, or the FAA regulations required for the helicopter paths.

Presentation highlights:

- Proposed solar panels are coated with Anti-Reflective Coating (ARC). The coating creates a rough texture surface on the modules which scatters and traps light, improves the solar modules efficiency, and reduces reflective light.
- 2) The study considered the possible future effects the solar project would have on the planned development south of the parking lot.
- 3) Outcomes of the analysis:
 - Study used an Industry Standard glare tool developed for FAA and compared existing conditions with new conditions after solar installation.
 - Analysis concluded the maximum estimated glare produced by the planned project would

be equivalent to looking at a 40W light bulb 22 feet away, a vehicle headlight 57 feet away, an LED parking lot fixture 119 feet away, and a typical 30ft. streetlight 180 feet away.

No new glare created.

Conclusion: Solar is likely to create less glare upon the PWC development than is currently produced by existing lighting and uncovered high reflective vehicles. The amount of glare produced will be less significant than the glare one would experience in their day-to-day life.

Director comments/questions/concerns

- Are PWC Developers aware of the study? YES, Any notable concerns? NO
- Thoughts of adding additional levels to parking lot at Trousdale and El Camino? **NO**, there are sufficient spaces now and no immediate plans to expand campus. However, Sutter CEO search is in process and plans could change under new leadership.
- How many trees will need to be removed to accommodate panels? Some but exact number not known now; project team has worked with an arborist to make sure future work complies with city requirements
- Has City approved?
- Is installation permanent or removable? Panels are considered a removable asset.
- Glare study concerns

Director Comments:

Director Zell said he did not see any issues with the project or with Master Agreement terms. **Director Galligan** expressed concerns with the project, believes a Sutter requested analysis would say what Sutter wanted, and remains concerned about the many unknowns to make a decision.

Director Pagliaro: shared his personal glare experience with his neighbor's installation and reported he contacted the city and shared the MPMC study with them and they had no concerns. Regarding compliance with the Master Agreement, he requested Mr. Pacheco's statement about the installation being a removable asset along with Sutter Health taking all responsibility for any legal issues that may arise in the future be written into the contract Sutter needs to provide PHCD to get approval of the project

Director Galligan stated the panels are not pleasant to look at and would diminish the value of PHCD's PWC planned development.

Director Zell summarized the request is allowable under the Master Lease, commercially reasonable based on the glare study, and he does not anticipate any lawsuits. If one does arise, a cross complaint could be filed against Sutter, therefore,

Director Zell moved approval the project as presented.

Chair Cappel requested a third-party review of the report before taking action.

Director Zell stated having heard no second, he motioned to table this agenda item until the next Board meeting and requested a closed session with Counsel Hudak to review the rights and obligations under the lease and discuss Chair Cappel's idea of an objective third party review.

Chair Cappel agreed to move the agenda item until the next Board meeting and get some of the last questions/concerns answered.

Counsel Hudak clarified his understanding that the Board has not refused to approve this business item. If it had been refused, then a written response to Sutter would be required with reasons why the item was refused which would then enter a dispute resolution.

Director Zell moved and Director Navarro seconded to approve the project if Sutter executes an indemnity agreement in favor of the District to both defend and pay damages associated with any future Solar glare related litigation. Also, Sutter would

confirm in writing that at the end of the lease term, these panels would be considered a removable asset.

Director Pagliaro commented on the new motion and thanked Director Zell for adopting two new points but felt it would be best to have a third-party consultant give their objective feedback and therefore would not vote in favor of it at this time. **Director Zell** agreed to have a professional review study, therefore **withdrew his second motion**, and would proceed as Chair Cappel suggested.

No action taken at this time.

6. NEW BUSINESS

6A. Eskaton Salary Range Schedule and Proposed Adjustments for Employees

Tighe Hammam, Eskaton VP of Resident Experience, explained the original salary ranges set for The Trousdale were 25% higher than for Eskaton's Sacramento communities. Subsequently, Director Chu was able to fill positions at a lower range and did so. Over the past three years, there has been an annual increase in the minimum wage throughout the state making a significant number of The Trousdale team currently below the minimum of the current wage scale. Mr. Hammam recommended bringing all Trousdale employees up to the minimum of their wage scale and giving an additional 25 cents/hour for each year of service. These adjustments would have an annual impact for The Trousdale of \$96,876.

Chair Cappel said he had no issue with increasing wages of the Trousdale employees to further reflect a livable wage and suggested there may be a bigger issue in retaining employees that should be explored further.

Motion to approve proposed Salary Ranges and Adjustments for Eskaton employees at The Trousdale.

Motion: By Chair Cappel; Seconded By Director Zell Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro

Noes - 0 Abstain - 0

Motion Passed: -5/0/0

<u>6B. Community Grants Program Proposed Revisions, Ann Wasson, Community Engagement</u> Director presenter:

Ms. Wasson noted the informational materials sent out in the meeting packet and highlighted the proposed revisions presented for Board consideration and approval.

- 1) Committee charge: Increase to 7 members at large, 2 Directors.
- 2) Grant Policy/procedure: Increase cap from \$50K to \$60 and enforce.
 - a. FY '23 Priority Funding areas: Prevention, Health Literacy, Physical Activity, Counseling, 'wise & well' approaches to promoting healthy living and reducing illness and chronic disease.
 - b. Consider 2-year grants for returning grantees with successful track record.
 - c. Improve alignment of schedule for receiving Grantee final reports with grant cycle.

- d. Letters of Intent will be screened by management to reduce Committee workload.
- 3) Create "Impact Partnership" category separate from grants and special initiatives.

Director Galligan, Chair of the Board's Community Health Investment Committee, stated the grants process needed work. Her Committee agreed with the Impact Partnership recommendation. Organizations with a proven track record of major impact on community health should be in a different pool with a different set of requirements from the community grants program.

To Director Navarro's question if the impact partners would include Sonrisas Dental Health, **Ms. Wasson** said as a component organization of PHCD, probably not. Samaritan house and Mission Hospice are examples of impact organizations that have received funding for many years due to their unique programs and numbers served.

To Director Pagliaro's question about which category is limited to \$60,000, **Ms. Wasson** replied, those that pursue funding through the community grants process E.g., LOI, full proposal, interviews and/or site visits, and include a wide variety of organizations that present programs that are consistent with the priority health areas identified each year and approved by the Board. Examples are StarVista, Meals on Wheels, Ombudsmen, LifeMoves, etc.

Chair Cappel and Director Zell agreed with the proposed changes.

CEO Fama noted the plan is for Management to bring Impact Partnership proposals to the Strategic Direction Oversight Committee for review and input before bringing to the Board for approval. She also emphasized the proposals up for approval will not change the approved FY '23 budget. Approval will authorize budgeted funds to be moved from the "community grants" budget line to a new "Impact Partners" budget line, both under Community Health Investments. **Director Zell** thanked CEO Fama for the clarification and expressed no concerns.

Motion to approve Community Health Investment Committee Charge

Motion: By Director Zell; Seconded By Director Galligan

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro Noes – 0, Abstain - 0

Motion Passed: -5/0/0

Motion to approve Priority Funding Areas for FY'23 Grants Cycle

Motion: By Director Zell; Seconded By Chair Cappel

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro; Noes – 0; Abstain - 0

Motion Passed: -5/0/0

Motion to approve Community Grants Program Revisions Motion: By Director Zell; Seconded By Director Galligan

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro Noes – 0; Abstain - 0

Motion Passed: -5/0/0

6C. Parent Venture Community Education Contract FY '23

Ms. Wasson reviewed the accomplishments of Parent Venture has done over FY 2022: 80 webinars open to residents throughout the county; >2,000 District residents registered. Each webinar conducts a satisfaction survey and > 85% of surveyed participants consistently give topics,

speakers, and Q&A *satisfied* to *very satisfied* ratings. **Ms. Wasson** requested renewal of the Parent Venture contract for the new FY and school year at \$30K.

Motion to Renew Parent Venture Contract

Motion: By Director Zell; Seconded By Chair Cappel

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro; Noes – 0; Abstain - 0

Motion Passed: -5/0/0

[Counsel Hudak noted a fourth motion was missed on the last business item.]

Motion to approve Community Grants Program Policy, Guidelines, and Eligibility

Motion: By Director Zell; Seconded By Director Navarro

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro; Noes – 0; Abstain - 0

Motion Passed: -5/0/0

6D. Proposal to Cancel August 25th Regular Board Meeting: Chair Cappel

Chair Cappel noted there were no pressing issues identified for August, the Board has historically had one summer meeting cancelled, and therefore proposed cancelling the August 25th Board Meeting. **Counsel Hudak** stated if the meeting is cancelled certain notification procedures are required to the public. Notice of Regular Board Meeting ad in Daily Journal and website at a minimum.

There being no further discussion,

Motion to Cancel August 25th regular Board Meeting Motion By: Director Zell; Seconded By: Director Pagliaro

Vote: Ayes – Cappel, Galligan, Pagliaro, Zell, Navarro; Noes – 0; Abstain - 0

Motion Passed 5/0/0

7. Board Reports

7A. Board Committees:

Strategic Direction Oversight 7/6: At the request of the Chair, **CEO Fama** reported the primary focus was the take-aways from interviews completed to help identify priority programs to be considered for the Peninsula Wellness Community HUB project.

Finance 7/12: Director Zell reported the discussion at the last Finance Committee focused on the Strategic Finance Policy and proposed new auditor. Both were approved under Consent.

7B. Board Chair and Directors

Director Galligan: Next Community Health Investment Committee meeting is August 1st.

Director Pagliaro reported on both the Trousdale marketing meeting and the Trousdale construction issues and reported he met with Counsel Hudak and General Contractor's counsel to discuss continued construction issues. He also noted that he participated in the Sutter Mickelson Pool demonstration and stated he thinks it appropriate to discuss PWC Developers.

Director Galligan added that it is important to address the District's concerns with Sutter about the pool closure. **Director Zell** commented that if there is a legal issue regarding the Mickelson pool, he

would like to discuss in closed session.

Chair Cappel reported on the press conference was held at the District office emphasizing the need for Covid-19 vaccinations and the effects of long-covid. There were many media groups present, the other speakers were impressive, the event was shown on many TV stations, and he was pleased with the outcome.

7C. Management and Staff Reports

CEO Fama called attention to The Trousdale Quality Dashboard included in her CEO report, page 42. The Trousdale's average quarterly Staff turnover rate for FY '22 was 16.5%, below Eskaton's target of <20%. All other Eskaton facilities had a 12-month average of 44%.

Eddie Flores, Youth & Behavior Health Director, highlighted a few items from his staff report.

- 1. E-blast announcement for Request for Proposals went out this afternoon for service providers for PHCD's allcove ™ youth drop-in center.
- 2. A Proposers Information Conference will be held on the morning of August 11th jointly with Stanford allcove™ team; purpose is to inform and encourage interested providers to submit a response. The selection process is scheduled to be completed by late Fall.
- 3. The tenant improvement construction Competitive Bidding Process for the allcove facility will also be launched soon. Two timelines were included in his Director's report: service providers and construction firm. Both indicate that the youth drop-in center is likely to open late March early April 2023.

Stephanie Arevalo Rodriguez, Business Operations Manager, reported the new District and Health & Fitness center websites were launched as well as the new RFP allcove™ informational page. She then introduced Voula Theodoropoulos, the District's new office assistant who joined team 7/11/22.

Voula Theodoropoulos introduced herself and thanked the Board for the opportunity to work with the team and for them.

Michelle Marheineke highlighted the various infographics in her staff report.

Director Pagliaro commented on the graphics and asked for staff to advertise in the Daily Journal.

Ann Wasson reported the strategic plan process is moving along and on track.

9. ADJOURN: Chair Cappel adjourned the meeting at 8:32 pm.

Respectfully Submitted,
Voula Theodoropoulos, Office Assistant
Approved by:

Lawrence W. Cappel, Board Chair



Board of Directors COMMUNITY HEALTH INVESTMENT COMMITTEE MEETING

Monday, November 29, 2021 Zoom Teleconference Minutes

1. Call to Order

The meeting was called to order by Vice-Chair Navarro at 5:05 pm. Chair Galligan presided. Present: Helen Galligan, Rick Navarro, John Delaney, Linda Wolin, Nancy Bush, Mary Lund, and Henry Sanchez, and Karen Bettucchi.

2. New Business

A. Minutes from October 4, 2021. Nancy Bush moved to approve minutes from October 4, 2021 and Henry Sanchez seconded the motion. Motion passed unanimously. Minutes from October 8, 2021 also reviewed. Nancy Bush moved to approve minutes from October 8, 2021 and Henry Sanchez seconded the motion noting spelling correction to Mary Lund's name and Millbrae Community Foundation added to denials. Motion unanimously passed.

B. Discussion of Grant Proposals

- Review discussion of grant proposals started at the end of alphabet
- Reviewer stated organizations name, brief proposal description, requested amount, recommended amount, discussion

Recommendations for next year:

- Ability to toggle between grant cycles and see the previous year's application
- Include a column in summary sheet for:
 - 1. Numbers of residents served
 - 2. Reviewer name
- Conduct refresher session on WizeHive's Zengine
- Export data from Zengine into a summary report for the committee
- Zengine LOI and application both available for review process
- Zengine all committee members need view option during review meeting
- All applicants include 990 at time of submission
- Add question to application substantiate fund increase from previous year
- Limit year-over-year increase to 10%
- Recommend move grants > \$50,00 out of Community Grants Program
- C. Committee voted to approve slate of grants; motion unanimously passed
- Recommendations will be presented to PHCD Board on December 9, 2021

D. Adjournment

Respectively written and submitted by: Ann Evanilla-Wasson, CED



STRATEGIC DIRECTION OVERSIGHT COMMITTEE July 6, 2022 MEETING MINUTES

- 1. Call to Order: Chair Cappel called the virtual meeting to order at 5:03pm.
- **2. ROLL CALL:** Present were members Cappel, Pagliaro, Aubry, Bandrapalli, Emmott, Gutierrez, Jackson, McDevitt, and Quigg. Absent: Johnson and Sarkisian.
- 3. APPROVAL OF MINUTES FROM MAY 4, 2022: It was moved and seconded to approve the minutes as written.
- **4. PWC 3.0 PRELIMINARY CONCEPT PLAN: Chair Cappel** directed members to the schematics distributed in the meeting materials and noted the following changes since PWC 2.0 Plan:
 - Total market rate senior housing units were reduced by 100 units to 225, with 10% affordable at 80%
 AMI.
 - MidPen affordable units remain at 152 units, available from mid to very low AMI incomes.
 - Community Hub now incorporated into the 188K sf Center for Community Health building (CCH).
 - Parking will be 2 levels underground for CCH and market rate housing, and 1 level underground and 1 level at grade for MidPen housing.

At the June Board meeting, the Developers were given ok to start meeting with the city and launching the plan through the EIR/CEQA approval process. This process results in some adjustments to the preliminary plan to comply with City codes, etc. However, the vision and building types and purposes remain unchanged. A community town hall to roll out this plan is targeted for mid-August.

- **5. SENIOR SERVICES "DEEP-DIVE" PROJECT UPDATE: Alexis Denton, consultant**, provided a brief review of the process that had been reported to Committee previously and included:
 - "Clean Slate" brainstorming session of national experts on senior living environments.
 - Out of brainstorming session came a model that identified seven elements to address: Aging in Place, Physical Health, Mental Health, Service Connection, Social Engagement, Culinary and Research.
 - Model was further fleshed out with a wide range of services to be considered.
 - Since the last meeting, interviews were conducted with ten experts representing a range of professions from physicians, software developer for community-based senior services, active wellness/activate founder, to a retired surgeon venture capitalist who sees significant innovative opportunities for the PWC. Each was asked to comment on the model and range of services and to help identify what may be missing. Several common themes came out of the interviews which were summarized in the meeting materials. The top three were: cultural diversity, social connection and engagement, and transportation.

Ms. Denton provided a list of "key takeaways" and included a link to all her notes from those interviews.



Next steps will be to prioritize possible services, determine how many require space versus just digital support, and project needed Hub square footage. She then opened for comments and questions. **CEO Fama** added, as part of that space planning, they will be meeting with the housing developers to confirm what will be put in each of those developments to ensure minimal duplication. Also under consideration is a Magic Bridges playground that serves the youth, seniors, and developmentally/physically challenged individuals of all ages.

Dr. Aubry: Looks good. Emphasized the importance of flexible space to allow for evolution of services to meet changing needs.

Director Pagliaro: Noted the impact of Sutter's closing its Mickelson Pool and requested we explore including a therapy pool into the Hub plan. He also suggested August was a bad time for a town hall given end of vacations and start of school. **CEO Fama** said a pool will be included in the space plan and team was now looking at mid-September for the town hall.

Ms. Bandrapalli: The playground would be very well received by the community.

Ms. Jackson: Seconded the importance of flexible space and to include space the residents can use for their own events such as family parties. Is there a price point for market rate units? **CEO Fama** responded the final rates are still to be determined, target is midrange of market, which is high in this area, and offered that the Board's decision to welcome an affordable housing developer and increase the number and range of affordable units was their response to serving all its residents. **Ms. Jackson** added that we should be open to all ranges of income and age levels.

Chair Cappel noted that defining Hub services is critically important work and cautioned that we do not identify a long list of possible programs when many may fail but rather identify a shorter list of what can work. This will take more time and may not be accomplished by end of August.

- 6. PHCD STRATEGIC PLAN 2022-2025 DEVELOPMENT UPDATE: Community Engagement Director Wasson referenced her report in the materials, briefly reviewed her activities since last meeting, and then summarized her work plan for July to September which included:
 - Meetings with Committee Task Force in July and August.
 - Present and get Board approval on health priorities that will drive Plan objectives and activities.
 - Draft goals, objectives, and desired outcomes/metrics.
 - Hold town hall meetings for input on draft elements of plan.
 - Incorporate into draft plan and get Task Force input.
 - Present to SDOC and Board in September.

7. STRATEGIC INITIATIVES UPDATES:

• Covid campaign: Ms. Wasson explained her work with the UCSF Long Covid Study team which is one of 15 research sites funded by the National Institute of Health. Goal is to study lingering effects to better understand the disease. PHCD plans to help recruit long Covid sufferers into the UCSF study and promote vaccinations through social media. There are no upcoming vaccination clinics scheduled. In response to a question about Ms. Gutierrez's company's experience she responded that Color Health is providing pediatric vaccination clinics.



- allcove Launching: In response to Director Pagliaro's question about applying for additional funding, CEO Fama explained that the County gets ~\$30M from Mental Health Services Act (MHSA) funds which is administered by a county committee to promote innovative programs. PHCD applied when its allcove program was in early development and was deemed not eligible; PHCD will apply again. Application is due July 15^{th.} She also noted that allcove will be a plenary session at the upcoming annual meeting of the Association of California Healthcare Districts. PHCD's allcove Director Eddie Flores will be a panelist.
- Senior Services: CEO Fama reported on PHCD's partnership with Peninsula Volunteer's Rosener House to make Adult Day Care available to PHCD residents. Covid initially impacted utilization but PHCD scholarships now help seventeen residents participate. Adult Day Care is not covered by MediCare. Adult Day Health Care is when Sutter closed its Burlingame program, the only other county program is in Half Moon Bay. Peninsula Volunteers is interested in exploring with PHCD establishing another Day Care Center within PHCD boundaries.
- Other programs CEO Fama:
 - a. **Sonrisas Dental Health** received an unsolicited second \$100K grant from Delta Dental to continue developing and expanding their senior outreach program. The San Mateo and Half Moon Bay Centers are projected to hit 14,000 visits at fiscal year-end of which 50++% are un- or under-insured patients.
 - b. **The Trousdale census** is still at 111; calls and tours are increasing slowly. Staffing is the biggest challenge due to quarantine requirements and local recruitment competition.
 - c. **Memory Care** program has resumed and will occur at PHCD's Health & Fitness Center through October and then transfer to Burlingame Rec Center. This is a partnership with Catholic Charities, Burlingame Rotary, and Burlingame.

Ms. Jackson commented on the remarkable level of activities PHCD is involved in; agreed San Carlos is too far for most PHCD residents, suggested the new recreation centers in the District may have space for a Day Care program, and congratulated all for Sonrisas' work.

8. ADJOURNMENT: There being no further business, Chair Cappel adjourned the meeting at 6:15pm.

Written by Cheryl A. Fama, CEO

Peninsula Health Care District Checking Transactions July-22

Date	Description	Deposit	Withdrav
	Heritage Bank of Commerce	 B	
Admin			
7/5/2022	SC Property Management		15,728.00
7/7/2022	G. L. Hicks Financial		8,121.25
7/7/2022	Peninsula Volunteers, Inc		4,880.00
7/7/2022	Recology		82.04
7/7/2022	Bay Alarm		1,527.54
7/7/2022	Well Connected Office		775.85
7/7/2022	Iron Mountain		438.22
7/7/2022	U. S. Bank Equipment Finance		331.62
7/7/2022	Streamline		300.00
7/7/2022	Allied Administrators for Delta Dental		1,288.20
7/7/2022	Millbrae Cultural Committee		200.00
7/11/2022	Paychex		336.68
7/11/2022			13,399.11
7/12/2022		150.00	-,
7/12/2022		45.35	
7/13/2022		.0.00	1,502.60
7/14/2022			31,251.63
7/15/2022			479.64
7/15/2022			120.29
7/15/2022	,		2,738.93
7/15/2022	•		18,665.05
7/15/2022			409.26
7/15/2022			3,746.25
7/15/2022			4,680.00
7/15/2022	· · · · · · · · · · · · · · · · · · ·		15,235.47 230.27
7/15/2022			
7/18/2022			6,743.84
7/19/2022		24.27	3,040.17
7/20/2022		24.27	1 224 02
7/22/2022			1,334.03
7/22/2022			150.00
7/22/2022			314.98
7/22/2022			1,530.00
7/22/2022			51,358.75
7/22/2022	·		313.69
7/22/2022			25.84
7/22/2022			900.00
7/22/2022			1,916.25
7/22/2022			425.00
7/22/2022		252.51	
7/27/2022	·	250,000.00	
7/28/2022			32,232.43
7/29/2022	Payroll Taxes 7/31/22		15,152.38
7/31/2022	Interest Deposit	13.04	
7/31/2022	Workers Compensation Insurance Payroll		225.71
•	•	250,485.17	242,130.97

Date	Description	Deposit	Withdraw
Health Fitness			
7/7/2022	Color Print		209.94
7/7/2022	KBA Document Solutions, LLC		24.31
7/7/2022	Well Connected Office		200.60
7/7/2022	True Fitness Technology, Inc		6,147.45
7/13/2022	Cardmember Service		703.68
7/15/2022	Joan Sanchez		320.00
7/15/2022	City of Burlingame Water Dept		8.00
7/15/2022	City of Burlingame Water Dept		197.99
7/15/2022	Recology		177.08
7/15/2022	Streamline		50.00
7/15/2022	AT&T		213.16
7/22/2022	J & E Pro Cleaning and Handy Services		1,150.00
7/22/2022	PG&E		1,117.01
7/22/2022	Crothall Laundry Services Inc.		181.38
7/31/2022	Interest Deposit	0.39	
7/31/2022	Health and Fitness Member Deposit July 2022	2,475.66	
		2,476.05	10,700.60
Leasing			
7/7/2022	Western Allied Mechanical, Inc.		2,382.61
7/7/2022	Recology		570.55
7/7/2022	PG&E		2,568.60
7/7/2022	Recology		354.17
7/7/2022	Baca & Sons Ptg. Inc.		580.00
7/7/2022	Rinkor Technology Solutions		1,344.00
7/12/2022	Dr. Chan Dental	3,895.75	,
7/12/2022	Preferred Prosthetics Inc.	2,797.65	
7/12/2022	Ability Path	6,628.00	
7/12/2022	Houn Young Kim, DDS	1,956.00	
7/12/2022	Eugene Kita, DDS	1,563.00	
7/12/2022	Ross Williams, DDS	2,022.52	
7/12/2022	Eskaton	3,182.64	
7/12/2022	Zoya Galant, DDS	2,333.61	
7/12/2022	Doherty Realty Co.	1,666.88	
7/12/2022	Burlingame Therapeutic Associates	3,000.00	
7/12/2022	Patricia Dugoni, CPA	2,400.00	
7/12/2022	Carol Tanzi & Associates	500.00	
7/12/2022	April Lee, DDS	2,719.14	
7/12/2022	Bay Area Foot Care	3,224.00	
7/12/2022	One Life Counseling Service	1,300.00	
7/13/2022	Cardmember Service		59.00
7/15/2022	City of Burlingame Water Dept		626.97
7/15/2022	City of Burlingame Water Dept		782.37
7/15/2022	Western Allied Mechanical, Inc.		930.00
7/15/2022	City of Burlingame Water Dept		84.03
7/15/2022	City of Burlingame Water Dept		190.22
7/15/2022	Risk Strategies Co.		5,373.27
7/15/2022	Oropeza's Landscaping & Maintenance		840.00
7/15/2022	Liberty Mutual Insurance		14,750.07
7/22/2022	Bleyle Elevator, Inc		95.00
7/22/2022	Oropeza's Landscaping & Maintenance		1,875.00
7/22/2022	Donovan's Pest Control, Inc.		150.00
7/22/2022	Ralph Barsi		2,000.00

Date	Description	Deposit	Withdraw
7/31/2022	Interest Deposit	4.56	25 555 06
		39,193.75	35,555.86
PWC			
7/7/2022	Streamline		25.00
7/15/2022	Perkins Coie LLP		13,902.75
7/22/2022	Mark D. Hudak		2,205.00
7/31/2022	Interest Deposit	0.27	
		0.27	16,132.75
Trousdale			
7/1/2022	Trousdale Tenant Chargeback		1,419.99
7/7/2022	Eskaton Properties Inc		268,318.92
7/18/2022	Trousdale Tenant Deposit	158,878.50	
7/20/2022	Trousdale Tenant Deposit	627,502.75	
7/21/2022	Trousdale Tenant Chargeback		24,991.76
7/21/2022	Fund Transfer from TT Ops to US Bank		665,475.56
7/21/2022	Fund Transfer from TT Ops to US Bank		157,877.92
7/25/2022	Trousdale Tenant Deposit	74,778.14	
7/28/2022	Trousdale Tenant Chargeback		10,590.00
7/29/2022	Trousdale Tenant Deposit	18,251.60	
7/29/2022	Interest Deposit	10.80 879,421.79	1,128,674.15
		6/9,421./9	1,120,074.15
	Boston Private/SVB		
Admin 7/1/2022	CalPERS Pension		90.00
7/1/2022 7/5/2022	CalPERS Pension		6,816.98
7/21/2022	Paychex:Time & Attendance		117.00
772172022	rayenexi time a tacandance	0.00	7,023.98
Health Fitness 7/12/2022	Mindbody Merchant Processing		333.67
7/12/2022	Health and Fitness Member Deposit July 2022	9,236.60	333.07
7/31/2022	Health and Hitness Hember Deposit July 2022	9,236.60	333.67
Trousdale Oper 7/5/2022	ration Heartland Merchant Account		224.95
//3/2022	ricardand Merchant Account	0.00	224.95 224.95
		0.00	224.93

Peninsula Health Care District Checking Transactions August-22

Date	Description	Deposit	Withdraw
	Heritage Bank of Commerce		
Admin	THOMAS DAME OF COMMISSION		
8/1/2022	CalPERS Pension		6,741.75
8/2/2022	CalPERS Pension		91.33
8/2/2022	SC Property Management		15,728.00
8/5/2022	Employment Development Department	395.00	,
8/5/2022	Anna Naufahu	150.00	
8/10/2022	Paychex		406.31
8/11/2022	California Public Employees Retirement		14,269.75
8/12/2022	Armanino Solutions, LLC		2,112.00
8/12/2022	Allied Administrators for Delta Dental		1,635.70
8/12/2022	J & E Pro Cleaning and Handy Services		125.00
8/12/2022	Comcast		489.66
8/12/2022	Donovan's Pest Control, Inc.		95.00
8/12/2022	PG&E		342.97
8/12/2022	Recology		82.04
8/12/2022	KBA Document Solutions, LLC		141.63
8/12/2022	Streamline		300.00
8/12/2022	Iron Mountain		438.22
8/12/2022	List Engineering		2,365.00
8/12/2022	Susann Reed		5,200.00
8/12/2022	RCG Architecture		5,500.00
8/12/2022	Peninsula Volunteers, Inc		4,400.00
8/12/2022	Business Card		226.92
8/12/2022	Paychex		85.00
8/12/2022	FSA Payment		10.00
8/12/2022	Paychex Payroll 08/15/22		33,792.59
8/15/2022	Transfer from Admin to PWC		50,000.00
8/15/2022	Payroll Taxes 8/15/22		15,797.50
8/15/2022	Workers Compensation Insurance Payroll		249.86
8/16/2022	CalPERS Pension		6,898.39
8/17/2022	Cardmember Service		14,880.10
8/19/2022	UNUM Life Insurance Company of America		409.26
8/19/2022	Mark D. Hudak		1,710.00
8/19/2022	U. S. Bank Equipment Finance		231.45
8/19/2022	Mark D. Hudak		810.00
8/19/2022	Color Print		2,704.29
8/19/2022	Lucile Packard Foundation for Children Health		175,000.00
8/19/2022	San Bruno Park School District		75,000.00
8/19/2022	Employment Development Department	147.74	75,000.00
8/19/2022	FSA Payment	177.77	5.00
8/26/2022	Armanino Solutions, LLC		2,112.00
8/26/2022	Oropeza's Landscaping & Maintenance		1,350.00
8/26/2022	J & E Pro Cleaning and Handy Services		660.00
8/26/2022	Rotary Service Fund of Burlingame		2,500.00
8/26/2022	Peninsula Volunteers, Inc		5,000.00
8/26/2022	Millbrae Chamber of Commerce		500.00
8/30/2022	Paychex Payroll 08/31/22		33,436.20
8/31/2022			
8/31/2022	HBANK - Heritage Bank Interest Deposit	12.54	212.12
		12.34	15 702 06
8/31/2022 8/31/2022	Payroll Taxes 8/31/22 Workers Compensation Insurance Payroll		15,782.06 223.18
0/31/2022	WOLKELS COMPENSATION INSULANCE PAYTON	705.28	
		/U5.28	500,050.28

Date	Description	Deposit	Withdraw
Health Fitness			
8/12/2022	J & E Pro Cleaning and Handy Services		2,300.00
8/12/2022	Gym Doctors		1,378.65
8/12/2022	KBA Document Solutions, LLC		27.39
8/12/2022	Joan Sanchez		320.00
8/12/2022	PG&E		924.71
8/12/2022	Recology		177.08
8/12/2022	Streamline		50.00
8/17/2022	Cardmember Service		680.52
8/19/2022	Well Connected Office		200.60
8/19/2022	AT&T		220.70
8/31/2022	Interest Deposit	0.34	
8/31/2022	Health and Fitness Member Deposit August 2022	2,310.14	
		2,310.48	6,279.65
Leasing			
8/5/2022	Ability Path	6,628.00	
8/5/2022	Bay Area Foot Care	3,224.00	
8/5/2022	April Lee, DDS	2,719.14	
8/5/2022	Patricia Dugoni, CPA	2,400.00	
8/5/2022	Zoya Galant, DDS	2,333.61	
8/5/2022	Ross Williams, DDS	2,022.52	
8/5/2022	Preferred Prosthetics Inc.	2,797.65	
8/5/2022	Doherty Realty Co.	1,666.88	
8/5/2022	Eugene Kita, DDS	1,563.00	
8/5/2022	One Life Counseling Service	1,300.00	
8/5/2022	Carol Tanzi & Associates	500.00	
8/12/2022	AT&T		214.00
8/12/2022	J & E Pro Cleaning and Handy Services		1,883.21
8/12/2022	Risk Strategies Co.		1,996.86
8/12/2022	Bay Alarm		480.72
8/12/2022	Donovan's Pest Control, Inc.		370.00
8/12/2022	PG&E		2,506.82
8/12/2022	Recology		570.55
8/12/2022	Recology		354.17
8/12/2022	San Mateo County Tax Collector		892.55
8/15/2022	Houn Young Kim, DDS	1,956.00	
8/15/2022	Burlingame Therapeutic Associates	4,850.03	
8/15/2022	Dr. Chan Dental	3,895.75	
8/17/2022	Transfer from SVB/Boston to Heritage Bank	55,550.44	
8/18/2022	Dr. Chan Dental	3,895.75	
8/19/2022	J & E Pro Cleaning and Handy Services		1,500.00
8/19/2022	AT&T		224.00
8/19/2022	Bleyle Elevator, Inc		95.00
8/26/2022	Oropeza's Landscaping & Maintenance		1,440.00
8/26/2022	Bay Alarm 4748426		480.72
8/31/2022	Mills-Peninsula Health Serv.	2,174,184.07	
8/31/2022	Interest Deposit	4.87	
8/31/2022	H&F checks deposited in error/to reclass	85.00 2,271,576.71	13,008.60
		,, _,0,0.,1	
PWC 8/12/2022	Perkins Eastman Architects DPC		4,740.00
8/12/2022	Streamline		25.00
8/15/2022	Transfer from Admin to PWC	50,000.00	25.00
8/17/2022	Transfer from SVB/Boston to Heritage Bank	7,846.61	
8/26/2022	Perkins Coie LLP	7,040.01	32,627.25
0, 20, 2022	. C.M.ID COIC LLI		52,027.25

Date	Description	Deposit	Withdraw
8/31/2022	Interest Deposit	0.29	
0,01,2022	medicate Deposit	57,846.90	37,392.25
Trousdale			
8/17/2022	Trousdale Tenant Deposit	9,177.00	
8/17/2022	Trousdale Tenant Deposit	5,000.00	
8/17/2022	Transfer from SVB/Boston to Heritage Bank	690,000.00	
8/18/2022	Trousdale Tenant Deposit	597,585.80	
8/19/2022	Trousdale Tenant Deposit	10,263.40	
8/19/2022	Trousdale Tenant Chargeback	•	23,626.76
8/22/2022	Trousdale Tenant Deposit	5,000.00	•
8/22/2022	Trousdale Tenant Deposit	59,374.00	
8/22/2022	Trousdale Tenant Deposit	173,703.13	
8/26/2022	Eskaton Properties Inc	•	1,054,258.93
8/30/2022	Trousdale Tenant Deposit	117.05	
8/30/2022	Trousdale Tenant Deposit	24,277.01	
8/31/2022	Interest Deposit	13.23	
, ,	·	1,574,510.62	1,077,885.69
	Boston Private/SVB		
Admin			
8/11/2022	Sonrisas Dental Health Jun & Jul 22		150,000.00
8/20/2022	PAYCH - Paychex		120.00
		0.00	150,120.00
Health Fitness			
8/11/2022	Mindbody Merchant Processing		384.61
8/31/2022	Boston Private Acct Fee - To be reimb.		15.00
8/31/2022	Health and Fitness Member Deposit August 2022	8,526.92	
		8,526.92	399.61
Leasing			
8/17/2022	Transfer from SVB/Boston to Heritage Bank		55,550.44
8/31/2022	Boston Private Acct Fee - To be reimb.		40.00
		0.00	55,590.44
PWC			
8/17/2022	Transfer from SVB/Boston to Heritage Bank		7,846.61
8/31/2022	Boston Private Acct Fee - To be reimb.		40.00
		0.00	7,886.61
Trousdale			
8/2/2022	Heartland Merchant Account		224.95
8/17/2022	Transfer from SVB/Boston to Heritage Bank		690,000.00
8/31/2022	Boston Private Acct Fee - To be reimb.		40.00
		0.00	690,264.95

Preliminary - subject to change

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of **7/31/22** Estimated FY 22-23 Tax Revenue

\$ -

7,800,000

Board Designated Invested Funds

				Cost	Basis	Market Value
		Rate st QTR	Fees Paid Fiscal YTD	6/30/2022	7/31/2022	7/31/2022
Torrey Pines - 3yr CD (mature 1/31/24)		0.450%		3,137,829	3,137,829	3,137,829
Fiduciary Trust	*	1.220%	-	1,639,147	1,640,114	1,639,723
City National Bank	*	3.012%	2,775	24,540,056	24,530,392	23,713,201
Local Agency Investment Fund		0.689%		5,745,426	5,756,183	5,756,183
San Mateo County Pool Investment		0.989%		3,529,254	3,538,784	3,538,784
				38,591,713	38,603,302	37,785,720

^{*} Yield to maturity

Preliminary - subject to change

STATUS OF CURRENT YEAR TAX REVENUES

Total As Of **7/31/22** Estimated FY 22-23 Tax Revenue

\$ -

7,800,000

Board Designated Invested Funds

				Cost	Basis	Market Value
	<u>L</u> a	Rate ast QTR	Fees Paid Fiscal YTD	7/31/2022	<u>8/31/2022</u>	<u>8/31/2022</u>
Torrey Pines - 3yr CD (mature 1/31/24)		0.450%		3,137,829	3,137,829	3,137,829
Fiduciary Trust	*	1.220%	-	1,640,114	1,642,124	1,641,213
City National Bank	*	3.012%	5,730	24,530,392	24,547,430	23,568,264
Local Agency Investment Fund		0.689%		5,756,183	5,756,183	5,756,183
San Mateo County Pool Investment		0.989%		3,538,784	3,538,784	3,538,784
				38,603,302	38,622,350	37,642,273

^{*} Yield to maturity

Peninsula Health Care District Statement of Activities - Preliminary Draft

_	Quarter Ending 06/30/2022			Year To Date 06/30/2022			Year Ending 06/30/2022
	Actual	2021 2022 BUDGET	Budget Diff	Actual	2021 2022 BUDGET	Budget Diff	2021 2022 BUDGET
Change In Net Assets							
Revenue							
San Mateo County Tax	3,582,171	2,300,000	1,282,171	8,535,437	7,500,000	1,035,437	7,500,000
Rental Income							
Lease Income - Hospital	543,547	543,546	1	2,174,184	2,174,184	0	2,174,184
Lease Income - 1720 Marco Polo	39,830	41,390	(1,560)	159,223	165,561	(6,338)	165,561
Lease Income - 1740 Marco Polo	66,981	72,423	(5,442)	276,109	289,691	(13,581)	289,691
Lease Income - 111-113 16th St.	1	0	1	1	1	0	1
Total Rental Income	650,359	657,359	(7,000)	2,609,517	2,629,437	(19,919)	2,629,437
Lease Expense							
Lease Expenses - 1720 Marco Polo	(8,836)	(6,000)	(2,836)	(36,113)	(24,000)	(12,114)	(24,000)
Lease Expenses - 1740 Marco Polo	(29,927)	(36,000)	6,073	(97,025)	(144,000)	46,975	(144,000)
Lease Expenses - 430 No. El Camino Real	(3,398)	(9,000)	5,602	(35,282)	(45,000)	9,718	(45,000)
Lease Expenses - 1875 Trousdale	(6,320)	(12,000)	5,680	(27,139)	(48,000)	20,862	(48,000)
Lease Expenses - 111-113 16th St.	(3,197)	(2,700)	(497)	(13,397)	(10,800)	(2,597)	(10,800)
Lease Expenses - PWC Land	(2,329)	(1,800)	(529)	(9,378)	(9,200)	(179)	(9,200)
Total Lease Expense	(54,007)	(67,500)	13,493	(218,334)	(281,000)	62,665	(281,000)
Investment Income							
Investment Inc - LAIF	10,757	5,008	5,749	22,390	20,031	2,360	20,031
Investment Inc - SMC	9,831	8,718	1,113	33,486	34,873	(1,388)	34,873
Investment Inc - CNB	41,707	31,773	9,934	66,925	127,090	(60,165)	127,090
Investment Inc - FT	1,141	1,647	(506)	4,659	6,591	(1,932)	6,591
Investment Inc - Torrey	3,525	3,511	15	14,096	14,041	55	14,041
Investment Inc - US Bank	0	0	0	16	0	16	0
Investments - Unrealized G/L	(175,107)	0	(175,108)	(896,389)	0	(896,390)	0
Interest Income	9	0	9	9	0	9	0
Total Investment Income	(108,137)	50,657	(158,794)	(754,808)	202,626	(957,435)	202,626
Miscellaneous Income							
Misc Income - General	0	0	0	1,161,012	0	1,161,012	0
Nursing Grant/Loan Repayments	450	450	0	1,800	1,800	0	1,800
Rental Value for Use of Facilities (rent-free)	91,479	92,379	(900)	367,116	369,516	(2,400)	369,516
Total Miscellaneous Income	91,929	92,829	(900)	1,529,928	371,316	1,158,612	371,316
The Trousdale - Operating Revenue	2,624,851	3,032,228	(407,377)	9,846,327	10,722,269	(875,942)	10,722,269
Health & Fitness Center Revenue	31,608	32,312	(704)	116,993	109,205	7,788	109,205
Teen Mental Health Income	87,322	125,000	(37,678)	87,322	500,000	(412,677)	500,000
Total Revenue	6,906,096	6,222,885	683,211	21,752,382	21,753,853	(1,471)	21,753,853
Expenditures							
Community Health Investment							
Grants	0	0	0	1,893,646	1,950,000	56,353	1,950,000
Other Contributions & Grants	2,325	14,000	11,675	20,075	50,000	29,925	50,000
Targeted Prevention Program	2,073	60,000	57,927	32,728	250,000	217,273	250,000

_	Quarter Ending 06/30/2022		Year To Date 06/30/2022			Year Ending 06/30/2022	
	Actual	2021 2022 BUDGET	Budget Diff	Actual	2021 2022 BUDGET	Budget Diff	2021 2022 BUDGET
			3			3.1	
Special Funding Initiatives	22,810	70,309	47,499	266,697	418,840	152,142	418,840
SDH San Mateo Funding	225,000	225,000	0	900,000	900,000	0	900,000
Community Outreach	2,584	13,500	10,916	10,333	50,000	39,668	50,000
Community Education	0	5,000	5,000	8,330	20,000	11,670	20,000
New Program Research & Development	0	124,997	124,997	56,044	500,000	443,956	500,000
Trousdale Rent Assistance Fund	15,632	60,000	44,368	62,148	240,000	177,852	240,000
Donated Value for Use of Facilities (rent-free)	91,479	92,379	900	367,116	369,516	2,400	369,516
PWC Project Cost	92,271	75,000	(17,271)	302,579	300,000	(2,579)	300,000
Total Community Health Investment	454,174	740,185	286,011	3,919,696	5,048,356	1,128,660	5,048,356
Salaries and Benefits							
Salaries	177,427	189,309	11,882	710,253	748,082	37,828	748,082
Health/Dental/Vision/Life Benefits	35,222	37,165	1,943	145,400	142,583	(2,816)	142,583
Retirement	14,807	15,531	724	52,784	62,124	9,340	62,124
Taxes & WC	15,105	14,957	(148)	47,301	59,826	12,526	59,826
Total Salaries and Benefits	242,561	256,962	14,401	955,738	1,012,615	56,878	1,012,615
General and Administrative Exp.							
Payroll Services	2,055	1,110	(945)	6,122	4,820	(1,303)	4,820
Office Supplies	4,986	5,400	413	15,362	21,600	6,238	21,600
IT & Phone	19,819	14,400	(5,419)	56,298	57,600	1,302	57,600
Maintenance & Repairs	2,181	5,625	3,444	8,871	22,500	13,629	22,500
ACHD Dues	3,043	3,100	58	12,170	13,000	830	13,000
Records Storage	1,314	1,200	(115)	4,753	4,800	47	4,800
Insurance	15,063	14,700	(362)	59,920	58,800	(1,120)	58,800
SMC Fees - Admin	72,628	35,000	(37,628)	72,628	70,000	(2,628)	70,000
SMC Fees - LAFCo	3,371	0	(3,371)	13,485	12,800	(685)	12,800
Legal - General	11,241	90,000	78,759	41,487	380,000	338,513	380,000
Legal - Real Estate	0	0	0	945	20,000	19,055	20,000
Consultant - Financial	8,121	15,000	6,878	8,122	25,000	16,878	25,000
Consultant - Communications	21,000	21,000	0	84,000	84,000	0	84,000
Consultant - Audit	0	0	0	25,000	27,500	2,500	27,500
Consultant - Website	850	1,500	650	871	6,000	5,129	6,000
Travel & Meetings	1,417	7,500	6,084	7,643	23,700	16,057	23,700
1819 Trousdale Expense	3,691	3,000	(692)	10,190	12,000	1,810	12,000
Miscellaneous	(6,488)	2,100	8,589	23,703	18,000	(5,703)	18,000
Total General and Administrative Exp.	164,292	220,635	56,343	451,570	862,120	410,549	862,120
The Trousdale Assisted/Memory Care Expense	2,016,444	2,084,868	68,423	7,769,328	7,995,367	226,039	7,995,367
Health & Fitness Center Expense	76,062	84,067	8,006	308,165	331,491	23,326	331,491
Teen Mental Health Expense	109,431	559,131	449,700	281,398	1,390,001	1,108,602	1,390,001
Other Expense	,		,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	.,,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Depreciation Expense	686,367	739,948	53,580	2,739,943	2,852,269	112,327	2,852,269
Interest Expense	411,684	411,683	0	1,679,923	1,679,923	0	1,679,923
Total Other Expense	1,098,051	1,151,631	53,580	4,419,866	4,532,192	112,327	4,532,192
Total Expenditures	4,161,015	5,097,479	936,464	18,105,761	21,172,142	3,066,381	21,172,142
Total Change In Net Assets	2,745,081	1,125,406	1,619,675	3,646,621	581,711	3,064,910	581,711

Peninsula Health Care District Statement of Net Assets - Preliminary Draft

	Year To Date 06/30/2022 Current Year Balance
Assets	
Current Assets	
Cash and Cash Equivalents	
Boston Private - Admin Checking	294,046
Heritage Bank - Admin Checking	1,828,839
Boston Private - Leasing Checking	55,550
Heritage Bank - Leasing Checking	526,386
Boston Private - PWC Checking	7,847
Heritage Bank - PWC Checking	24,999
Boston Private - Health & Fitness Checking	2,288
Heritage Bank - Health & Fitness Checking	48,917
Boston Private - Trousdale Checking	703,195
Heritage Bank - Trousdale Checking	1,191,254
Total Cash and Cash Equivalents	4,683,321
Accounts Receivable	
Accounts Receivable - General	10,413
Account Receivable - Rent	2,358
Account Receivable - TT Tenant	120,857
Allowance for Bad Debt - TT Tenant AR	(3,631)
Interest Receivable	115,631
Accounts Receivable - Other	3,489
Total Accounts Receivable	249,117
Other Current Assets	
Prepaid Expenses	
Prepaid - General	46,205
Prepaid - Insurance	10,355
Prepaid - Benefits / WC	2,405
Prepaid - Trousdale	74,328
Total Prepaid Expenses	133,293
Inventory	
_Supplies/Inventory	20,096
Total Inventory	20,096
Total Other Current Assets	153,389
Total Current Assets	5,085,827
Long-term Assets	
Property & Equipment	
Building	77,969,887
Land	15,390,822
Improvements	1,186,356
Equipment	2,066,817
Furniture/Fixtures	40,594
Pre Opening Cost	2,505,661
Accum Depreciation (Trousdale)	(8,956,152)
Accum Depreciation	(3,540,309)
Total Property & Equipment	86,663,676
Other Long-term Assets	
Deposits and Prepayments	
Deposits	30,595
Total Deposits and Prepayments	30,595
Other Assets	110 =0=
Deferred Outflow (Pension)	113,765
Net Pension Asset	416,097
Total Other Assets	529,862
Total Other Long-term Assets	560,457
Total Long-term Assets	87,224,133

Investments	
Long Term Investments	
Board Designated Fund - LAIF	5,745,426
Board Designated Fund - SMC	3,529,254
Board Designated Fund - CNB	24,540,056
Board Designated Fund - FT	1,639,147
Board Designated Fund - Torrey	3,137,830
Board Designated Fund - Unrealized G/L	(911,594)
Total Long Term Investments	37,680,119
Investment in Subsidiary	_
Project Acct - US Bank 44000	7
Project Acct - US Bank 56000	7
Total Investment in Subsidiary	14
Total Investments	37,680,133
Total Assets	129,990,093
Liabilities and Net Assets	
Liabilities	
Short-term Liabilities	
Accounts Payable	
Accounts Payable	832,880
Credit Card Payable	113
	232,252
Accrued Payable - General	
Total Accounts Payable	1,065,245
Accrued Liabilities	
Accrued Payroll	296,288
FSA Employee Account	(1,294)
Total Accrued Liabilities	294,994
Deferred Revenue	
Prepaid Rent	407,995
Prepaid Membership Dues	1,628
Prepaid Other	10,000
Deferred Income	3,500
Deposit - TT Tenants	35,000
Security Deposits	57,419
Total Deferred Revenue	515,542
Other Short-term Liabilities	
Loans Payable - Current	
Accrued Interest	686,140
Total Loans Payable - Current	686,140
Total Other Short-term Liabilities	686,140
Total Short-term Liabilities	2,561,921
Long Term Liabilities	2,501,921
Notes Payable - Long Term	
	24.040.000
Note Payable - WAB 40M	34,040,000
Note Payable - WAB 10M	9,100,000
Total Long Term Notes Payable	43,140,000
Other Long-term Liabilities	
Other Liabilities	
Deferred Inflow (Pension)	89,662
Total Other Liabilities	89,662
Total Other Long-term Liabilities	89,662
Total Long Term Liabilities	43,229,662
Other Liabilities	
	200,000
Deposits - ENA	
Deposits - ENA Total Other Liabilities	
Total Other Liabilities	200,000
Total Other Liabilities Total Liabilities	
Total Other Liabilities Total Liabilities Equity	200,000 45,991,583
Total Other Liabilities Total Liabilities Equity Fund Balance	200,000 45,991,583 80,351,889
Total Other Liabilities Total Liabilities Equity Fund Balance Change In Net Assets	200,000 45,991,583 80,351,889 3,646,621
Total Other Liabilities Total Liabilities Equity Fund Balance	200,000 45,991,583 80,351,889



DATE: September 10, 2022

TO: Finance Committee

FROM: Vickie Yee, CFO

SUBJECT: Compliance with Government Code Section 53065.5

In compliance with Government Code Section 53065.5, annual disclosure of reimbursements over \$100 per single charge paid to any employees or members of the governing body must be published in a document and made available for public inspection.

Below are the reimbursements for the Fiscal Year 2022 paid by the District.

	Payee	Description	<u>Amount</u>
1.	Ann Wasson	Moving Allowance	\$5,000.00
2.	Ann Wasson	Computer Hard Drive	\$167.15
3.	Ann Wasson	Target Gift Cards for Vax Clinic	\$750.00
4.	Michelle Marheineke	Costco – Fitness Center Supplies	\$165.20
5.	Vickie Yee	Sage Intacct Conference	\$499.00
6.	Vickie Yee	United Airfare – Intacct Conference	\$174.80
7.	Vickie Yee	Hotel (4 nights) – Intacct Conference	\$1,280.60



DATE: September 15, 2022

TO: PHCD Board of Directors

FROM: Ann Evanilla Wasson,

Community Engagement Director

RE: Impact Partnerships Policy and Procedure

The Peninsula Health Care District achieves its mission through a variety of health investment strategies. The Impact Partnership strategy is the newest and has as its intent: to enhance our ability to achieve outcomes established by the goals and objectives of the Board's Strategic Plan.

This strategy provides another tool for Management to consider when seeking ways to extend PHCD's outreach and increase impact in addressing priority health needs of our residents through multi-year partnerships with service providers with a known track record of quality service and accomplishment

Multi-year engagements offer provider stability for a longer period of time, improved quantity and quality of data collection, and more frequent reports to keep PHCD abreast of trends and any evolution of needs. Multi-year also gives provider stability of financing, reduces time participating in our annual application process, and opportunity throughout the term of the Agreement to work with PHCD to identify ways to expand impact even further for both organizations.

The Board approved the concept and intent of establishing Impact Partnerships at its July 28th meeting. The attached policy and procedure describes how this program will be administered. It was reviewed by the Strategic Direction Oversight Committee at its meeting on September 7, 2022 and approved for recommendation to the Board.



IMPACT PARTNERSHIP PROGRAM Policy and Procedure

POLICY:

PHCD seeks to identify health service providers who have the capacity and track record to make a significant contribution to PHCD's strategic direction in serving the health needs of its residents for the purpose of entering into multi-year Impact Partnership Agreements to provide continuity in addressing PHCD's 3-year strategic plan initiatives and continuity of funding for the partner organization.

PROCEDURE:

- On an annual basis, PHCD will review community health needs, identify gaps in services, and determine if and how PHCD health strategies, objectives, and activities may need to be adjusted or expanded to better address the needs. Options would include:
 - a. PHCD provides the service.
 - b. The annual community grants program priorities focus on the gaps.
 - c. PHCD identifies a community provider capable to address the need and pursues an Impact Partnership (IP) Agreement with that provider.
- 2. Impact Partnership Organization Eligibility:
 - a. Proven track record of reaching and serving target population.
 - b. Innovative, unique, and/or comprehensive approach to addressing needs.
 - c. Proven record of achieving desired outcomes.
 - d. Record of serving large numbers of District residents.
 - e. History of financial and operating stability.
- 3. The IP selection process is not an open application process. PHCD management will meet with potential partners, discuss the identified health need, and co-design an approach to address the health need.

- 4. Management will also inform the organization about the funding terms which will $\frac{27}{100}$ include, but may not be limited to:
 - a. 3-year funding upon acceptance by PHCD Board of annual performance reports at the end of year one and two.
 - b. Quarterly reports on performance to agreed upon metrics (E.g., number of PHCD residents served, improved health indicators, patient satisfaction surveys, etc.)
 - c. Submission of monthly invoices for services rendered with agreed upon backup documentation.
- 5. Organization will reply to request for services, metrics, and funding terms and, if willing to enter into an IP Agreement, the proposed Agreement terms will be presented to:
 - a. The Board's Community Health Investment Committee to affirm an organization's capacity, track record, and service reputation throughout the health provider community.
 - b. The Board's Strategic Direction Oversight Committee to affirm that an IP Agreement approach to meeting the need is a preferred approach and services are consistent with PHCD's strategic objectives.
 - c. If endorsed, by both committees, proposed IP Agreement moves to the Board for approval.
- 6. Upon approval, Management will finalize the Impact Partnership Agreement.
- 7. Organization will invoice PHCD on a monthly basis for a predetermined amount with accepted back up documentation.
- 8. PHCD will reserve the right to terminate the agreement if agreed upon performance metrics and reporting is not met.
- 9. Impact Partnership amounts will range in size from \$60,000 to \$350,000/year.

Approved by Strategic Directions Oversight Committee 9/5/2022



MEMORANDUM

DATE: September 15, 2022

TO: Cheryl A. Fama, CEO, Peninsula Health Care District (the "District")

FROM: Anthony Pacheco, CFO, Mills Peninsula Medical Center

SUBJECT: Solar Installation at 1501 Trousdale (the "Sutter Facility")

This memo was prepared at your request in connection with the planned solar installation (the "Solar Installation") at the Sutter Facility. This memo addresses issues and requests raised in your August 31, 2022 (the "August Memo") and also addresses separate requests that arose at the District's recent Board meeting.

District's Consent of Solar Installation

In the August Memo, you identify portions of the Master Agreement as being applicable to the Solar Installation; namely that Section 2.02 requiring the District's consent for "developments" is applicable to the Solar Installation and thus requires the District's prior consent. While Section 2.02 does require the District's prior consent for certain developments at the Sutter Facility, we do not agree that the Solar Installation is the type of "development" or other change to the Sutter Facility as contemplated by Section 2.02 of the Master Agreement. Nevertheless, in light of our valuable and long-standing relationship with the District, we have brought the Solar Installation to the District for information and review.

<u>Characterization of Solar Installation: Removable Asset or Improvement</u>

In the August Memo, you asked that Sutter identify how the Solar Installation should be characterized under the Ground Lease, and stated the District's belief that the Solar Installation is a "Removable Asset" within the meaning of Section 5.03.A of the Ground Lease. Due to the nature of the Solar Installation, and the manner in which it will be affixed to the real property, we believe that the Solar Installation will in fact be "annexed to the Improvements so as to be part of the Improvements." Thus, rather than a Removable Asset, our position is that the Solar Installation is properly characterized as an "Improvement" within the meaning of Recital C of the Ground Lease. Normally, all Improvements revert to the District at the end of the Ground Lease term. However, if the District would prefer that the Solar Installation be removed at the end of the Ground Lease term, Sutter will remove the Solar Installation, at Sutter's expense, provided that the District provides at least 12 months' advance written notice of the request for removal.

Indemnity

The District has requested indemnity from Sutter in connection with potential claims related to "solar glare litigation." Section 8.01 of the Ground Lease provides broad indemnity protection for the District in connection with Sutter's use of the "Premises" as defined therein. Specifically, the indemnity includes "all liability, claims, loss, damages, or expenses resulting from MPMC' occupation and use of the Premises and Improvements." Thus, we believe that additional indemnity related to the Solar Installation is not necessary.

Status Update Regarding City Approvals

The District Board asked for an update regarding City approvals. The following update is provided by Wayne Bader of Sutter Health, and Ameresco, our Solar partner:

The project is continuing through detailed design and engineering. We've met with the City of Burlingame Planning, Building, Parks and Recreation, and the Fire Marshall to review project approval requirements. We are in the process of finalizing the Planning Application and Building Permit Application concurrently. In addition to the work with the City of Burlingame, we've also reviewed preliminary plans with Hospital IOR, started the FAA and CalTrans submittal process, and progressed to the Detailed Study portion of the Pacific Gas and Electric Interconnection Application.

The Tree Removal plans have been reviewed by the City Arborist, Bob Disco. Following his review and discussion with the City Planning Director, his recommendation will be to approve the removal of the trees and request a fee in lieu of replanting on site. The final approval and fees will be determined by the Planning Commission.

From the Planning Division, we reviewed the preliminary plans with Senior Planner Catherine Keylon. Her guidance related to the aesthetics corresponded to the Solar Rights Act - the City will not require discretionary reviews on the basis of aesthetics for solar installations. Catherine did confirm the project will require Planning Commission review due to the changes in landscaping because of the proposed tree removal.

Outside of the Ameresco team, Sutter Health's Leah Cowan has also supported the project through garnering Letters of Support from local City leadership.

Public Policy Supports the Use of Solar Arrays

Sutter believes it is important to highlight the strong public interest in supporting renewable energy sources such as the Solar Installation. Indeed, the Solar Rights Act (the "Act"), originally enacted in 1978, limits the ability of local governments to restrict solar installations and we believe that the strong public policy reasons behind the Act apply to the Solar Installation—the use of solar arrays reduces Sutter's dependence on nonrenewable fossil fuel sources of energy and decreases air and water pollution, which result from the use of traditional energy sources. Our position is that the District should be encourage the use of alternative energy sources through projects such as the Solar Installation.

In summary, Sutter sincerely hopes that the District sees the benefits of the Solar Installation project and agrees that Sutter should move forward to make Sutter's plans a reality. Please contact me with any further questions.

RESOLUTION NO. 2022-13

Resolution Calling On Sutter Health To Reopen The Mack E. Mickelson Arthritis And Rehabilitation Center Therapy Pool For Community Use At The Mills Health Center

- **WHEREAS**, the Mack E. Mickelson Arthritis and Rehabilitation Center Therapy Pool (the "Mickelson Pool") is an ADA-accessible, warm water therapy pool previously operated by Sutter Health and located at the Mills Health Center in the City of San Mateo; and,
- **WHEREAS**, the Mickelson Pool was constructed over 25 years ago with grants and charitable contributions from the San Mateo community; and,
- **WHEREAS**, the Mickelson Pool has been used by hundreds of residents of the Peninsula Health Care District and by thousands of residents of San Mateo County; and,
- **WHEREAS**, the Mickelson Pool has provided essential therapy to residents who suffer from arthritis, debilitating injuries, autoimmune disorders, and mobility impairments; and,
- **WHEREAS**, there is an urgent need for the services and therapies provided by the Mickelson Pool due to the increasing number of older residents within the Peninsula Health Care District; and,
- **WHEREAS**, the Mickelson Pool is the only pool of its kind in San Mateo County and there are no comparable warm water therapy pools that can easily accommodate the needs of residents of the Peninsula Health Care District; and,
 - WHEREAS, the Mickelson Pool was closed in March 2020 and has not reopened; and,
- **WHEREAS**, residents of the Peninsula Health Care District who had relied on the Mickelson Pool for therapy are now suffering from acute and chronic pain, loss of mobility, and other conditions that could be alleviated by reopening the pool; and,
- **WHEREAS**, in spite of the critical and overwhelming needs of residents of the Peninsula Health Care District and San Mateo County, Sutter Health has announced that it will not reopen the Mickelson Pool, thereby removing a valuable healthcare resource from the community without adequate justification; and,
- **WHEREAS**, the continued operation of the Mickelson Pool is critical to the health, safety, well-being, and dignity of residents of the Peninsula Health Care District; and,
- **WHEREAS**, Sutter Health has enjoyed strong financial and volunteer support from residents of San Mateo County; and,
- **WHEREAS**, Sutter Health has substantial reserves available to pay for the cost of any repairs needed to reopen the Mickelson Pool; and,
- **WHEREAS**, Peninsula Health Care District, Sequoia Healthcare District, and the County of San Mateo have expressed willingness to assist with the cost of restoring and operating the Mickelson Pool for the benefit of their residents;

NOW, THEREFORE, IT IS HEREBY RESOLVED that the Board of Directors of Peninsula Health Care District calls on Sutter Health to reopen the Mickelson Pool at the earliest opportunity and further calls on Sutter Health to engage in meaningful dialogue with Peninsula Health Care District, Sequoia Healthcare District, and the County of San Mateo regarding funding for repairs and operations so that the pool may be reopened at the earliest possible date.

PASSED AND ADOPTED by the Board of Directors of the Peninsula Health Care District this 22nd day of September 2022, by the following vote:

AYES:	
NOES:	
ABSENT:	
ABSTAIN:	



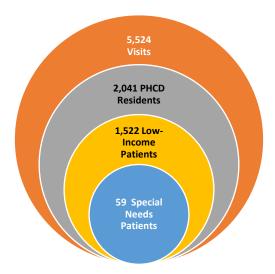
DATE: August 8, 2022

TO: Peninsula Health Care District Board of Directors

FROM: Tracey Fecher, CEO

RE: Sonrisas Dental Health FY 21-22 Fourth Quarter Report

Sonrisas Dental Health is pleased to share the results and outcomes with the PHCD board for the FY22, July 1, 2021 to June 30, 2022. For the fiscal year, the following PHCD residents visited a Sonrisas clinic for dental care.



With funding received in 2021 to build out new operatories, Sonrisas increased visit capacity at the San Mateo Clinic by 30% in FY21-22. The impact on PHCD residents was significant with Sonrisas' treating 30% more low-income residents and 23% more visits for all PHCD residents. This translates into 338 more unique low-income patients who live in the district boundaries receiving care at Sonrisas than in the prior year.



The Outreach Team, led by Dr. Bonnie Jue, screened 368 children in the district at five schools in two districts. Over 650 Toothbrush To Go kits were distributed within the district boundaries. There were also 151 adult toothbrush kits given out. Over 400 children attended a virtual oral health presentation; and 98 adults attended a virtual oral health presentation. In FY22, Sonrisas received a grant from Delta Dental to gather information from community members about the needs of Seniors for access to dental

care and to pilot a senior dental program. In FY22, the Outreach team held a senior focus group in partnership with Burlingame Park and Recreation and attended the Foster City Senior Health Fair. After gathering information from seniors, their caregivers and community partners, the outreach team began piloting providing oral health screenings in community locations.



This work will continue in FY23 and we are pleased that we received an additional year of funding from Delta Dental for this important project. The new grant includes funding for a .4 FTE senior dental care coordinator/navigator as well as funds for transportation. Transportation was a common barrier to seniors having access to dental care that was mentioned in the focus groups.

Sonrisas' three-year strategic plan was approved by the Sonrisas board at the July board meeting. There are three focus areas, with each have high level goals.

Focus Area I: Sonrisas' Culture

Vision for focus area - within three years we will have:

- Staff Wellness: Established processes to promote staff wellness and engagement
- Staff Learning and Development: Further developed practical staff development systems and processes that support and grow a learning culture and career path.
- Internal Collaboration: Continued to strengthen the collaboration and alignment between the administrative and clinical staff teams, supported in part by a set of replicable events to bring staff together in person to strengthen teamwork and deepen relationships.
- Mission, Vision and Values: Ensured that all staff have internalized and can communicate Sonrisas' mission, vision, and core values.

Focus Area II: Sustainable Growth

Vision for focus area – within three years, we will have further refined a diversified growth and revenue strategy, to include:

- Patient Revenue: A more sustainable set of patient revenue tactics relating to low-income patients and the low reimbursement rate Sonrisas receives.
- Fundraising: Replicable approaches to include major donor outreach, grants, events, and possibly plans for a capital campaign, seated within an organization-wide culture of philanthropy.

Focus Area III: Patient and Community Engagement

Vision for focus area - within three years we will have:

- Patient Engagement: Established a patient advisory committee to gather input on Sonrisas' programs and patient facing processes.
- Outreach Programs: Further developed our oral health programs in ways our community indicates they need and support.
- Quality Dentistry: We will communicate the importance of quality oral health to our patients and the wider community, in a timely manner, as well as our vision that all San Mateo County residents have access to a dental home.
- Community Partnerships: Expand current partnerships and increase the number of partners we work with to further Sonrisas' vision

In partnership with the San Mateo Medical Center, a three-year FQHC contract renewal with per visit rate increases each year was approved by the San Mateo County Board of Supervisors and goes into effect on September 1st. Sonrisas will begin to see FQHC patients at the Half Moon Bay clinic in the fall.





In July, the Sonrisas team took an afternoon off to reinstitute our annual summer picnic. With the many changes and challenges the Sonrisas team has faced due to Covid-19, it is even more important for us to spend time together than ever. Events such as these also support the focus area of Sonrisas' culture. Giant Jenga was quite a hit with the team as was the relay race designed by a staff member on the planning committee. Every employee was a winner in the relay race —



getting a gift card for Starbucks, Baskin Robbins, or Jamba Juice!

Sonrisas' 8th annual Cooking for A Cause event will be held at the Half Moon Bay Library on Saturday, September 17th. We'd love to have PHCD board members and residents with us celebrating our partnership in providing a dental home for San Mateo County Residents: https://www.sonrisasdental.org/news/cooking-for-a-cause-visions-of-valencia/



In summary, here is a table showing the impact the PHCD support has had for your residents over the last two years:

	FY20-21	FY21-22	Increase
All Unique PHCD Patients	1,553	2,041	31%
Unique PHCD Low-Income Patients	1,184	1,522	29%
PHCD Special Needs Patients	38	59	55%
All visits for PHCD Residents	4,484	5,524	23%
Children Screened in District Boundaries	64	368	
Senior Outreach in District Boundaries	0	9	

The SDH team wants to thank PHCD for its continued support, which allows SDH to deliver our mission in San Mateo County. Thank you for bringing smiles to the staff and patients of Sonrisas Dental Health!



DATE: September 1, 2022

TO: Strategic Direction Oversight Committee

FROM: Ann Evanilla Wasson,

Community Engagement Director

RE: Strategic Plan Update

Strategic Plan Activities Since Last Meeting

- Conducted one-on-one sessions with Task Force members to review and provide input on the first section
- Completed literature review and analysis of the data
- Findings informed community health needs and focus for draft plan strategies, activities and outcome measures
- Worked with SM County Epidemiologists to develop charts and graphs
- Extended plan timeline to achieve robust community, board, committee and management engagement

Next Steps - Activities Ahead

When

- Receive data charts and graphs
- Write assessment of Community Health Needs
- Meet with facilitators to plan:
 - Community engagement process with stakeholders
 - Joint meetings and /or retreats with committees, board, management
- Develop and send SDOC a revised timeline
- 2023-2025 Strategic Plan to Board

January





IMPACT PARTNERSHIP AGREEMENT DISCUSSION DRAFT

This Agreement ("Agreement") is entered into between Peninsula Health Care District, a political subdivision of the State of California ("PHCD"), located in Burlingame, California, and XXXX (the "Organization") and covers the period specified below.

 TERMS OF AN IMPACT PARTNERSHIP AWA
--

Program Name: YYY

Annual Award Amount \$

Period:

Organization Name: XXXX

Contact Information: Name

Title Address

- 2. <u>GENERAL PURPOSE</u>. The Impact Partnership Fund (IP) is a community benefit which makes awards to support the tax-exempt purposes of PHCD. For the avoidance of doubt, funds are provided by PHCD for the primary purpose of achieving the strategic goals and objectives of the PHCD.
- 3. <u>USE OF AWARDED FUNDS.</u> Impact Partnership awards provided hereunder are to the Organization solely for the Purpose set forth in the Organization's Impact Partnership proposal, the terms of which are incorporated herein by this reference. Funds provided hereunder and any income earned thereon shall be expended only for the charitable purposes of PHCD or the charitable or governmental purposes of the Organization <u>and</u> to carry out the Purpose set forth in the Organization's Impact Partnership proposal. Funds may not be used, in any way, to defray the Organization's ordinary operating expenses unrelated to Award Purpose. Impact Partnership funds may not be used to carry out propaganda, or otherwise to attempt to influence any legislation or to intervene in any campaign for public office. Funds may only serve individuals who live, work or go to school within the boundaries of the Peninsula Health Care District.
- 4. <u>USE OF INCOME.</u> PHCD encourages the deposit of funds in an interest bearing account whenever feasible. Any interest earned is to be used in direct furtherance of the Award Purpose. Any unused funds will be refunded to PHCD within thirty (30) days of the last day of the Award Period.

5. <u>REPORTING REQUIREMENTS.</u> Written reports, signed by the appropriate officer of the Organization, are to be furnished to PHCD on the dates specified below. Future Award opportunities for the Organization will not be considered if reports are not received on or before the specified date. Reports shall contain data specified in the Interim and Year-end Report guidelines to be provided to the Organization and agreed upon metrics.

Interim Report July 15, 2023

Year-end Report January 15, 2023

- 6. MONITORING AND EVALUATION. PHCD reserves the right to monitor and conduct an evaluation of the Organization's program for which it is utilizing PHCD funds, which may include a visit from PHCD personnel to observe the Organization's program, discuss the program with the Organization's personnel, and audit or review financial and other records and materials connected with the activities financed by this Agreement. PHCD recommends that the Organization retain all Award-related primary data collection materials.
- 7. <u>ACKNOWLEDGEMENT</u> <u>OF FUNDS.</u> In order to further PHCD's strategic goals and objectives and to make the community aware of the potential of the availability of funds for future community health programs, PHCD requests that it be mentioned in the Organization's external communication channels. A branding toolkit will be made available, which outlines the appropriate use of the PHCD name, social media tags, and/or logo. PHCD requests that the PHCD name and/or logo be added to the following, as applicable:
 - a. Annual reports
 - b. Website partnership pages
 - c. Social media when posting about this program
 - d. Printed collateral about this program
 - e. Media coverage about this program

PHCD recommends that the following language be used, as applicable, in furtherance of PHCD's Impact Partnership Agreement: objectives:

"Made possible by funding from Peninsula Health Care District"

or

"Funded by Peninsula Health Care District."

- 8. <u>INTENT OF PARTIES.</u> Nothing in this Agreement, in the IP proposal or in any other written or oral agreement between PHCD and the Organization, nor any consideration offered or paid in connection with this Agreement, contemplates or requires the admission or referral of any patient to or from PHCD or its affiliates.
- 9. PAYMENT SCHEDULE & OTHER REQUIREMENTS. Funds will be disbursed in either two or quarterly payments each year of the Agreement (in PCHD's discretion) after the receipt by PCHD of this Agreement fully executed by all parties hereto. The Organization shall promptly inform the PHCD Community Engagement Director in writing if there are any changes in the Organization's personnel who are critical to the administration of this Award or any changes in the budget. The Organization may not use

funds in any way other than those described in the Organization's IP proposal unless advance written permission is granted by PHCD's Community Engagement Director.

- 10. PAYMENT SCHEDULE & OTHER REQUIREMENTS. Funds will be disbursed in either two or quarterly payments each year of the Agreement (in PCHD's discretion) after the receipt by PCHD of this Agreement fully executed by all parties hereto. The Organization shall promptly inform the PHCD Community Engagement Director in writing if there are any changes in the Organization's personnel who are critical to the administration of this Award or any changes in the budget. The Organization may not use funds in any way other than those described in the Organization's IP proposal unless advance written permission is granted by PHCD's Community Engagement Director.
- 11. <u>TERMINATION</u>. If the Organization fails to use the funds as described in the IP proposal and in accordance with this Agreement, PHCD may terminate the Award and recoup all funds.
- 12. <u>AUTHORIZED SIGNATORY OF THE ORGANIZATION</u>. This Agreement and <u>Exhibit A</u> (Agreed Upon Program Metrics for CY' 2023), attached hereto and incorporated herein by this reference, must be signed and agreed upon by the Organization's Chief Executive Officer (CEO) or Executive Director (ED) identified below.

CEO Name: Primary Contact Name*:
Title: Title:
Date: Date:

The Organization agrees to sign and return all pages of this Agreement and $\underline{\text{Exhibit}}\ \underline{\text{A}}$ along with all other requested documents to Peninsula Health Care District. *The Organization agrees to notify the PHCD of any changes to the Primary Contact Name set forth above.

13. AGREED UPON PROGRAM BUDGET FOR CALENDAR YEAR 2023. All parties responsible for implementing the program and reporting on program budget must be aware of the agreed upon budget. Funds must be spent as indicated in the approved budget. Substantive changes to the budget must be discussed with PHCD Community Engagement Director and submitted for PHCD's review and approval.

IN WITNESS HEREOF the parties hereto have executed this Agreement as of the date set forth below.

Organization		
Name	Title	
Signature	Date	
Peninsula Health Care District		
Name	Title	
Signature	Date	

EXHIBIT A

AGREED UPON PROGRAM METRICS FOR 2023

DISCUSSION DRAFT

All parties responsible for implementing the program and reporting on program metrics must be aware of the agreed upon metrics, below. Should there be any changes, please inform PHCD's Director of Community Engagement.

FY23 Metrics (EXAMPLE)	FY23 6-month Target	FY23 Annual Target
Individuals served (unduplicated)	#	#
Services provided	#	#
Number of health screenings	#	#
Youth receiving catch up vaccinations to be able to enroll in school	%	%
Patients who receive recommended vaccinations (including but not limited to influenza and COVID)	%	%
Patients who receive social worker consultation, treatment by the medical team, including a Packard Children's Hospital psychiatrist, and/or medications, after screening positive for depression	%	90%

Name	Title
Signature	Date



DATE: September 15, 2022

TO: PHCD Board of Directors

FROM: Ann Evanilla Wasson,

Community Engagement Director

RE: Impact Partnership Recommendations

The following information provides a brief summary of three organizations that are currently being supported through PHCD's Community Grants Program. All three organizations assure access to care for our residents, address PHCD's strategic priority areas, are well-known to PHCD for compliance to grant commitments and for achieving planned outcomes, and fulfill PHCD's Impact Partnerships criteria.

Samaritan House and Mission Hospice are long time partners of PHCD. The Lucile Packard Stanford Children's Health Teen Van has collaborated with PHCD and the San Mateo Union High School District for two years, providing an innovative solution to care for our most vulnerable youth.

The Strategic Direction Oversight Committee approved the motion to "Support Management's recommendation to approach all three organizations to enter into a 3-year Impact Partnership Agreement."

ACTION REQUESTED:

- 1. Approve the following three organizations as Impact Partners Mission Hospice, Lucile Packard Stanford Children's Health Teen Van, and Samaritan House's Free Clinic of San Mateo.
- 2. Authorize Management to formalize the language in the proposed Impact Partnership Agreement.



IMPACT PARTNERSHIP PROGRAM Recommended Organizations

Samaritan House/Free Clinic of San Mateo:

- Highly respected service provider; stable leadership that has sustained and expanded portfolio of services to meet increasing needs.
- Established in 1974 and PHCD partner since 1996
- Shares PHCD goal of preventing disease and providing access
- Provides access to disenfranchised and uninsured for medical, dental, mental health services as well as food and nutrition education.
- In 2021 served:
 - 815 unduplicated residents
 - 3,742 medical and dental patient visits, including 241 visits for diabetes care
 - most frequent visit was for worry 345 visits
 - 407 people (patients + family members) received healthy food and nutritional education from the Food Pharmacy
- PHCD's CY'21 grant was \$260K; CY'22 grant is \$305K

Mission Hospice:

- Provides quality of life care at the end-of-life through a wide range of palliative and hospice services for patients and families. Care is provided at their hospice house and through in-home services. Only hospice house on the Peninsula
- Established in 1979 and PHCD partner since 2015
- Funding is for charitable care to support patient care not covered by insurance, or when
 insurance does not cover the actual cost of delivering care making access to the house
 open to all who need it.
- Shares PHCD goal to provide access to care quality, compassionate end-of-life care regardless of their insurance or ability to pay.
- In 2021 cared for:
 - 134 people ages 26-105 at Redwood City Hospice House and 27 were PHCD residents.
 - 106 people received transitions care and 41 were PHCD residents.
- PHCD's CY21' grant \$170K; CY'22 grant is \$165K.

Lucile Packard Stanford Children's Health Teen Van:

- A unique, innovative model designed to address a gap and provide care for most vulnerable youth bringing care to the students so they can be healthy and learn.
- Serves San Mateo Union High School District students who are uninsured, homeless or housing insecure.
- Teen Van provides access to physical, behavioral, reproductive health, vaccinations as well as nutritious for vulnerable youth trying to attend high school at San Mateo, Peninsula, Hillsdale or Capuchino High Schools. Visits San Mateo High every month and rotates between the other schools once a month for total of two visits per month.
- Established in 1996 and PHCD partner since 2019
- Staffed by seven professionals: medical director, social worker, nurse practitioner, registered dietician, clinic manager/medical assistant, clinic assistant, and a driver/registration tech. Lab (blood and urine) taken on-site and processed at Stanford. PHCD funds cover staff, medical supplies, fuel, and van repairs.
- Seeing 10-20 students per visit.... averaging 15 patients per day.
- September 2020-June 2021 -> served 165 students, 75% returned for additional service; 288 COVID test visits and 306 COVID vaccination visits. PHCD grant was \$100K.
- September 2021-June 2022 -> served 153 students & 395 services to this group;
 197 COVID vaccination visits. PHCD grant was \$165K
- FY'22 funding is projected to serve 230 students. PHCD grant is \$175K.

ACTIONS REQUESTED:

- 1. Approve the following three qualified organizations as Impact Partners Mission Hospice, Lucile Packard Stanford Children's Health Teen Van, and Samaritan House's Free Clinic of San Mateo.
- 2. Authorize Management to formalize the language in the proposed Impact Partnership Agreement.



BOARD OF DIRECTOR'S CEO Report August/September 2022

PENINSULA WELLNESS COMMUNITY (PWC)

- **PWC Project Team** meeting agendas have focused on a) status of project's launching to start through the Burlingame approval process; b) PHCD's progress in defining desired services and required space in the Hub; c) new participants in project team meetings: Bill Jencks-PMB, Alexis Burck-SmithGroup, and Alexis Denton-PHCD HUB consultant; d) planning the next town hall.
- Town Hall: Planning is in full swing to present PWC 3.0. Date and location confirmed: October 12, 2022, Burlingame Recreation Center. Time TBD considering a 6 pm or 6:30 pm start. Format will be similar to PWC 2.0 town hall; brief opening remarks by Board Chair and Developers, information tables around the room to allow participants to direct questions to each of the Developers and PHCD. Refreshments will be available as well as a "children's corner" to provide play space within parents' eyesight to encourage attendance.
- Hub Services Exploration: The list of programs under consideration and projected space
 requirements were presented to the Board's Strategic Development Oversight Committee for input.
 Next steps will include holding focus groups of local health service providers, older adults, and
 Burlingame neighbors to further refine, define, and prioritize potential services and interviews with
 potential partners; and exploring potential service partners.

THE TROUSDALE [TT] ASSISTED LIVING/MEMORY CARE COMMUNITY:

- Occupancy as of 9/8/22 is at 110 residents occupying 78% of open units. Three move-ins are scheduled for September in assisted living.
- **COVID:** Weekly testing of all residents and staff continues to be the state requirement. Recent results have identified a couple of positive residents, usually asymptomatic and usually after returning from a family gathering or discharge from a hospital! No edict from the state yet concerning the latest Omicron vaccination.
- **Senior Flu Shots:** The TT clinic will become a flu shot center to encourage and facilitate residents to get this important, unmandated vaccination.
- **New Promotion Campaign:** One program that has been effective for Eskaton at some of their other communities is awarding a "refer a friend" rent benefit to current TT residents if the resident or their

family recommends someone who moves in. Next TT/PHCD Marketing Meeting with the Eskaton marketing team is scheduled for 9/23/22.

- **Staffing Good News:** With the recent salary range adjustments for exempt positions, Director Chu has filled 3 of her longtime 4 vacancies. The salary range adjustments approved by the PHCD board for hourly workers were very well received and appreciated by staff.
- Passing of a beloved Burlingame resident: TT recently lost one of its most loved residents. Many have asked about services and why isn't TT and/or PHCD facilitating a gathering to celebrate how he touched so many of our lives. The family has specifically asked that nothing be done until they have the opportunity to gather and determine what they want to do. We are honoring the family's wishes.

SONRISAS DENTAL HEALTH (SDH):

- Annual Report on Performance to Funding Agreement: CEO Tracey Fecher will be presenting to the Board at the September 22 meeting.
- FY '23, July 31 Performance:
 - Visit volume 7% (83visits) below budget due to Covid impact on staffing and schedule vacations.
 - Gross revenue under 10%; Uncompensated care over 11% because 70% of visits were Denti-Cal,
 Farmworkers, and Access to Care patients.
 - Direct and Indirect Expenses were underbudget, resulting in a net loss of \$51.5k, \$3K more than budget.
- **Senior Outreach Program**: Delta Dental was so pleased with Dr. Jue's progress is launching a senior dental health outreach program that they committed another \$100k to continue the program.
- **Sonrisas' Annual Paella event** is sold out! Great news and great fun for all you ticket holders. Non-ticket holders can participate in the silent auction.

COMMUNITY ACTIVITIES:

- 8/11: PHCD allcove services provider RFP information meeting
- 8/17: Millbrae Age-Friendly City final Task Force Meeting
- 8/18: Sonrisas Board
- 8/23: Blue Zones Presentation and Plans for launching at Generations San Diego Community
- 8/25: allcove Implementation Meeting with Stanford

Upcoming

- 9/20: Samaritan House 1740 Marco Polo Way Ribbon Cutting
- 9/21: PHCD Health & Fitness Center Senior Advisory Committee
- 9/22: Eskaton Quarterly Marketing Meeting
- 9/23: allcove Stanford Implementation Meeting
- 9/27: Commission on the Status of Women



CFO REPORT AUGUST/SEPTEMBER 2022

FY 21-22 AUDIT UPDATE:

At the July 2022 Board meeting, the Board approved changing the District audit firm to JWT & Associates, LLP. The engagement letters were signed last month, and we had a chance to meet Rick Jackson, CPA, managing partner, in person. The initial onboarding is now completed, and prior year audit workpapers have been provided by our previous auditor. We will be working on the audit for the next two months to provide audit documents to Mr. Jackson. The audit will be done remotely and completed by November 2022 to comply with debt service requirements.

HERITAGE BANK TRANSITION UPDATE:

Everything is working smoothly at Heritage Bank. The transition has been tedious, but we are finally around 80% complete. Last month, we closed three of the six accounts at Boston Private and expect to close two more this month. The administrative account will be the last one to close as we are still working with the County to have our ACH information updated.

PHCD FY21-22 YTD PERFORMANCE / A FEW HIGHLIGHTS & ITEMS TO NOTE:

PHCD (No Programs) -

- San Mateo County tax revenue is \$8.5M (\$1M more than the budget. The budget was based on the prior year's numbers coupled with much uncertainty on the impact of COVID)
- Leasing revenue is slightly lower than budget. We had one tenant move out at the beginning of the year but were able to provide Samaritan House with another suite as a Community Benefit for \$1/year. The Marco Polo properties' expenses are within budget but continue to incur significant repair & maintenance costs. Major repairs during the year were HVAC at 1740 MPW (\$46K) and Painting the Driveway/Parking Lot at the Gym & Dental Center (\$10K).
- Investment income is lower than budget due to low-interest rates and unrealized losses. As the Federal interest rates slowly increase, we will see higher unrealized losses. However, the unrealized loss is temporary and will disappear once the bonds mature.
- Received \$1.16M in other income (\$817K CSDA Grant & \$343K HPSM returned grant). \$250K of the CSDA grant will be allocated to the COVID Campaign.
- CHI and allcove have unspent budgets from delays in launching some programs due to COVID.
- General and administrative expenses are on track with a budget surplus in Legal of \$350K

The Trousdale -

- Operating Margin has a positive \$2M (before depreciation & interest expense)
- 96 units occupied (14 behind budget)
- One-time new resident application fee revenue was lower than budget due to lower move-ins.
- COVID-19 Supplies & Expenses YTD were \$90,953
- Hiring and staff retention continue to be challenging. Eskaton is offering, in some cases, a sign-on bonus and salary increase to attract people. A staffing agency is also used to fill gaps.

The Health & Fitness Center -

- Net Income is \$31.5K better than budget
- 160 members A few existing members decided not to continue their membership after COVID, but we had more new members, netting a positive \$8K in member fees.
- Massage therapy is picking up \$11,790 to date, which is \$7,170 better than budget
- The number of class attendees has been increasing, with the highest in June (215 attendees).
- Expenses are on track.

DIRECT SERVICE PROGRAM DASHBOARD ON PERFORMANCE:

The attached dashboards summarize FY 21-22 YTD Performance for The Trousdale, Sonrisas Dental Health, and The Health & Fitness Center.

The next Finance Committee meeting will be on November 8th at 2 pm.

The Trousdale Assisted Living/Memory Care Community Quarterly Performance Report - Q4 FY 21-22

	YTD Jun 22	YTD Budget	Variance
Income			
Operating Revenue	9,846,327	10,722,269	(875,942)
Expense			
Operating Expense			
Salaries	3,887,221	4,271,902	384,681
Employee Benefits	1,147,608	1,257,316	109,708
Supplies	621,903	658,873	36,970
COVID Supplies/Expense	90,952	32,000	(58,952)
Purchased Services	425,758	465,672	39,914
Ancillary Costs	0	11,652	11,652
Utilities	474,604	458,106	(16,498)
Insurance & Other	402,888	420,554	17,666
Bad Debt Write Off	73	0	(73)
Management Fees	391,514	419,292	27,778
Total Expense	7,769,327	7,995,367	226,040
Operating Margin	2,077,000	2,726,902	(649,902)
Other Expense			
Depreciation Expense	2,552,883	2,557,313	4,430
Interest Expense	1,679,923	1,679,923	(0)
Total Other Expense	4,232,806	4,237,236	4,430
Net Income	(2,155,806)	(1,510,334)	(645,472)

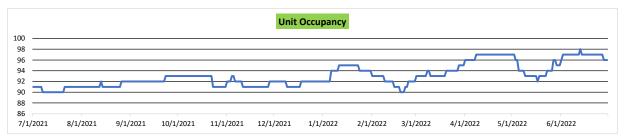


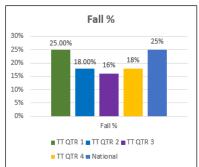
Deposit on Hand							
	#	\$					
Beginning Balance - 3/31/22	9	42,500					
Reservations Received	10	52,500					
Cancellations	(4)	(17,700)					
Move-Ins	(8)	(42,300)					
Deposits on Hand - 6/30/22	7	35,000					

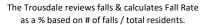
Occupancy at June 30, 2022								
	Units Leased	Units Avail.	Total	Level of Care				
AL Care	77	24	101	1.9 Avg.				
Memory Care	19	4	23	2.9 Avg.				
Total Units	96	28	124	2.1 Avg.				
% Pecentage	77%	23%	100%					
Total Pecidents:	111							

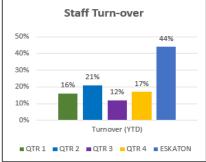
Double Occupancy Units: 15

	Inquiries/Tours	;			Age of ou	r Residents	
	April	May	June	50-69 yrs	70-79 yrs	80-89 yrs	90+ yrs
Inquiries	32	41	53	10	4	52	44
New Tours	19	20	19	9%	4%	47%	40%
Reneat Tours	8	10	5				









Workforce development is a top focus area for Eskaton and other senior care organizations. Eskaton has a target goal of <20%.



Eskaton has a target goal of achieving a Satisfaction rate ≥90%.

Surveyed: 37 Employees, 53 Residents, & 53 Family Responses.

Sonrisas Dental Health Quarterly Performance Report Q4 Report

	Sep - Q1	Dec - Q2	Mar - Q3	Jun - Q4	Total
San Mateo Revenue	471,023	514,672	523,283	527,968	2,036,945
Coastside Revenue	132,111	76,775	148,044	142,753	499,683
Total Net Revenue	603,134	591,447	671,327	670,721	2,536,628
Direct Program Cost	731,606	699,466	755,560	693,543	2,880,175
Indirect Program Cost	386,762	394,631	392,631	395,037	1,569,060
Total Cost	1,118,368	1,094,097	1,148,190	1,088,580	4,449,235
TOTAL	(515,234)	(502,650)	(476,864)	(417,859)	(1,912,607)
Dividend/ Other Income	204,295	679	600	484	206,058
Grants/ Donations Received	360,992	272,483	251,432	393,767	1,278,674
PHCD Program Funding	225,000	225,000	225,000	225,000	900,000
OTHER INCOME	790,287	498,162	477,032	619,251	2,384,732
NET INCOME	275,053	(4,488)	168	201,392	472,125
non-cash items adj.					
Depreciation	70,798	72,763	74,862	76,764	295,187
EST. CASH-FLOW	345,851	68,275	75,030	278,156	767,312

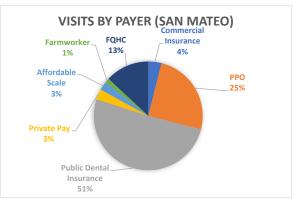


Grants Awarded YTD							
Funder	Awarded	Amount	Period	Support	Dept		
Sunlight Giving	7/6/2021	\$ 25,000	Aug-21	Covid Relief Fund	SM/CS		
Sequoia Health Care District	7/20/2021	\$ 55,161	Mar 21 - Jun 21	ATC	SM		
HMB CSFA Funding	Jul-21	\$ 20,000	Jul 21-Jun 22	11,000 ATC CS; \$9,000 Covid Supplies	CS		
NCOHF America's Tooth Fairy	8/24/2021	\$ 500	Jul-21	Pediatric ATC	SM		
Delta Dental Community Fund	9/2/2021	\$ 100,000	Oct 21-Oct 22	\$53000 for outreach, \$47000 for ATC	SM/CS/ OR		
San Mateo Children's Health Initiative	9/12/2021	\$ 105,000	Jan 22-Apr 24	Capital; ATC \$85,000 was received	SM		
Lucile Packard Children's Hospital	9/17/2021	\$ 40,000	Sep 21 - Aug 22	Pediatric ATC; screenings	SM/CS/ OR		
Stanford Health Care	9/29/2021	\$ 61,000	Sept 2021 - Aug 2022	ATC	SM/CS		
Network for Good	Sep-21	\$ 500	Sep-21	General Ops	SM/CS		
Sequoia Health Care District	11/8/2021	\$ 60,000	21-Nov	2021 ATC July-Sept 2021	SM		
Kaiser Foundation	11/5/2021	\$ 25,000	Nov 21-Jun 22	2021 ATC	SM/CS		
Touchpoint Foundation	11/11/2021	\$ 5,000	Nov 21-Oct 22	Senior ATC	SM/CS		
San Bruno Community Foundation	12/1/2021	\$ 10,000	Jan 22-Dec 22	Pediatric ATC, Outreach	SM/OR		
Dignity Health	12/13/2021	\$ 20,000	Jan 22-Dec 22	Outreach	OR		
Sequoia Health Care District	12/15/2021	\$ 60,000	21-Dec	2021 ATC Oct-Dec 2021	SM		
Sequoia Health Care District	3/31/2022	\$60,000	1-Mar	2022 ATC Jan-March 2022	SM		
Sunlight Giving	2/3/2022	\$50,000	Mar 22-Feb 23	ATC	SM/CS		
HHS-the Third Draw	2/24/2022	\$16,454	Feb-22	ATC	SM/CS		
La Costa Adult School	2/18/2022	\$13,928	Feb-22	Outreach	OR		
Atkinson Foundation	3/22/2022	\$7,500	Mar 22- Feb 23	For Senior Program	SM/CS		
Sequoia Health Care District	6/30/2022	\$60,000	Apr 22-Jun 22	2022 ATC Apr-Jun 2022	SM		
First 5 Grant	3/8/2022	\$28,945	Jul 21-Dec 21	For the service rendered July 21-Dec 21	SM/CS		
First 5 Grant	6/1/2022	\$19,648	Jan 22-Mar 22	For the service rendered Jan 22-Mar 22	SM/CS		
Mills Penisula Health	5/10/2022		Jan 22-Dec 22	\$10,000 for ATC & \$10,000 for Outreach	SM/CS/ OR		
Delta Dental Community Fund	6/20/2022	\$100,000	Jan 22-Dec 22	\$59,363 for ATC, \$40637 for Outreach	SM/CS/ OR		
	Total	963,636					

SM = San Mateo / CS = Coastside / OR = Outreach

		.,				
		Qtr 1	Qtr 2	Qtr 3	Qtr 4	Total
San Mateo Visits		2,530	2,702	2,418	2,543	10,193
Coastside Visits		1,001	557	931	1,009	3,498
	Total Visits	3,531	3,259	3,349	3,552	13,691
Visits b	y Payer	(San Ma	ateo Cen	ter)		
		Qtr 1	Qtr 2	Qtr 3	Qtr 4	Total
Commercial Insurance	ce	107	103	91	98	399
PPO		665	653	601	607	2,526
Public Dental Insurar	nce	1223	1425	1252	1396	5,296
Private Pay		90	63	79	76	308
Affordable Scale		45	88	63	48	244
Farmworker		0	47	58	75	180
FQHC		400	323	274	243	1,240
	Total Visits	2,530	2,702	2,418	2,543	10,193

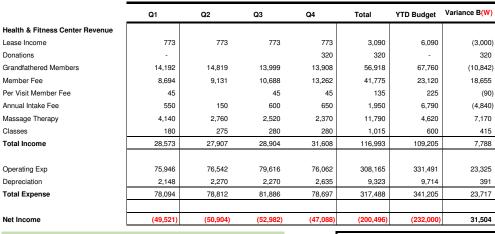
Visits by Center

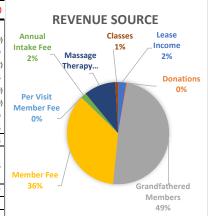


PHCD Funding for Uncompensated Care								
Public Dental Insurance at San Mateo Center								
Month Plan Visits Uncompensated Total Uncompensated YTD Funding fr								
July	409	\$215	\$87,743	\$75,000				
August	417	\$210	\$87,595	\$75,000				
September	397	\$213	\$84,490	\$75,000				
October	428	\$209	\$89,563	\$75,000				
November	437	\$207	\$90,647	\$75,000				
December	560	\$220	\$123,430	\$75,000				
January	417	\$221	\$92,124	\$75,000				
February	466	\$220	\$102,376	\$75,000				
March	369	\$210	\$77,353	\$75,000				
April	465	\$203	\$94,339	\$75,000				
May	478	\$190	\$91,002	\$75,000				
June	453	\$198	\$89,563	\$75,000				
Total	5,296		\$1,110,223	\$900,000				

PHCD Resident Served						
Month	Visits					
July	433					
August	454					
September	430					
October	434					
November	461					
December	490					
January	437					
February	497					
March	509					
April	449					
May	461					
June	430					
Q4	5,485					

PHCD Health & Fitness Center Quarterly Performance Report Q4 Report





Member Visits YTD - Day of the Week						
	# of Days	Total Visits	Average/Day			
Monday	52	2,641	51			
Tuesday	52	2,453	47			
Wednesday	52	2,300	44			
Thursday	53	2,330	44			
Friday	52	1,991	38			
Saturday	51	1,178	23			
Total	312	12,893	41			

Membership Information	# Members	Budget	Variance B(W)
Existing Members - Senior @ \$55	84	114	(30)
Existing Members - Non Sen @ \$65	8	10	(2)
New Member @ \$80	68	34	34
Per Visit Members @ \$15	9	15	(6)
Massages @ avg. \$60/visit	169	77	92

YTD Visits - Day of the Week							
			1,178	1,9	91		
Total Visit	:s			2,3	2,330 2,300 2,45	3	
					-,:-	2,641	
	-	500	1,000	1,500	2,000	2,500	3,000
	■ Saturday	■ Friday	■ Thursday	■ Wednesday	■ Tuesday	■ Monday	

Member Visits YTD						
Month	7am -10am	10am - 1pm	1pm - 4pm	4pm - 7pm	Total	
July	340	396	149	100	985	
August	349	422	171	121	1,063	
September	371	442	140	130	1,083	
October	328	443	145	110	1,026	
November	357	448	122	74	1,001	
December	254	413	102	62	831	
January	329	480	160	104	1,073	
February	382	426	163	95	1,066	
March	442	504	216	115	1,277	
April	380	419	199	130	1,128	
May	409	450	192	138	1,189	
June	417	442	209	103	1,171	
Total	4,358	5,285	1,968	1,282	12,893	



Classes Offered								
Month	Seniors in Motion-Free		Yoga-Paid		Balance Fitness		Total	
	# Classes	Attendees	# Classes	Attendees	# Classes	Attendees	# Classes	Attendees
July	12	81	0	0	3	38	15	119
August	18	126	0	0	5	59	23	185
September	18	128	5	24	3	35	26	187
October	16	108	4	15	6	47	26	170
November	16	73	3	11	5	69	24	153
December	14	86	4	10	4	51	22	147
January	16	103	5	25	4	59	25	187
February	16	103	4	19	3	40	23	162
March	20	136	3	18	4	55	27	209
April	16	90	4	16	4	52	24	158
May	18	116	4	23	4	48	26	187
June	18	124	4	17	6	74	28	215
	198	1,274	40	178	51	627	289	2,079



BOARD of DIRECTORS Community Engagement Director August - September 2022 Report

Community Grants Program

- **1.** Community Health Investment Committee met on August 1st. Next meeting is scheduled for October 1st.
- 2. Developed new layout and content for the Grants section of the District's website.
- 3. Launched grant program on August 16th. Fifty Letters of Interest have been received and will be screened by Management. Recommendations will be discussed at the next Community Grants Committee meeting
- 4. Developing and inputting content for District's online grant application.
- 5. Working with Actionable Insights on impact measurement workshop for grant applicants.

COVID Campaign 2022-2023

The Peninsula Health Care District's COVID Campaign aims to increase vaccinations and boosters and raise awareness/education about COVID.

- 1. Successful press conference held on July 28th featuring Chair Cappel, Dr. Rhoads, UCSF Recover Center and Lisa Tealer, Bay Area Health Advisory Council. Entire Bay Area press corps attended and Fox, NBC, KRON, KPIX, KGO 7, Univision, Telemundo and KCBS aired it multiple times throughout the day. This press conference was also featured in AHCD's newsletter; attached is the excerpt and the link to the press conference: Doctors from Peninsula Health Care District warn public of increased COVID hospitalizations, deaths this winter While monkeypox has been a major health issue gripping the attention of health officials, a group of doctors say they are warning people not to forget about the threat COVID-19 continues to pose. Local doctors from the Peninsula Health Care District fear we're getting too comfortable.
- 2. Voler Strategic Advisors will be developing PSAs featuring testimonials from local people dealing with long COVID. Project goal: push vaccinations/boosters and reinforce safety measures to avoid long-term COVID symptoms.
- 3. Co-hosting educational webinar with UCSF's RECOVER Center featuring Dr. Rhoads, Dr. Peluso and Dr. Chu. Tentative date is Thursday, October 27th and proposed topic is *Understanding Lingering Symptoms of COVID.*
- 4. Invited to join the UCSF RECOVER Advisory Board Cabinet.

Community Education and Outreach

The Parent Venture ("PV") is our primary source for community education and awareness.

1. PHCD and San Mateo Union High School will be hosting "Raising a Well-Balanced Student: Avoiding a Culture of Stress" on October 26, 2022 featuring Denise Pope, a senior lecturer at *the* Stanford Graduate School of Education, co-founder of Challenge Success and the author of three award-winning books.

Community Education and Outreach.....continued

2. The contact offers District educators, parents/caregivers and students access to all upcoming webinars as well as use of The Parent Venture YouTube channel of over 180 educational webinars. https://www.parentventure.org/videos. The Parent Venture Newsletter is attached for your reading enjoyment. Note the various topics presented which support our strategic initiatives. I encourage you to tune-in and share this resource with your family and friends.

Strategic Plan Update

- 1. San Mateo County Epidemiologists have completed the first batch of charts and graphs for our strategic plan. The data profiles the District's population and leading health needs. A narrative will accompany each graph/chart and provide details about the data.
- 2. Engaging strategic planning consultants Paul Lamb and Eric Ryan of Mission Met to facilitate community engagement process with stakeholders, facilitate joint meetings of committees, board, management, conduct board and management retreats, analyze feedback to inform and focus draft plan strategies, activities, and outcomes measures. A revised timeline will be developed which incorporates this robust engagement process.
- 3. Strategic Plan 2023-2025 will be presented to Board in January.

Outreach and Community Engagement Meetings

Met with the following people/organizations to further advance PHCD's mission and initiatives:

- Healthy Community Collaborative quarterly meeting
- School-based Mental Health Collaborative monthly meeting
- School Wellness Alliance monthly meeting
- Umoja North County bimonthly meeting
- Cristina Ugaitafa SMC Senior & Behavioral Health Recovery Services monthly meeting
- Vaccine Equity quarterly meeting featuring COVID-related updates from County Health leadership
- Josh Haeffner Care Solace monthly meeting re: school orientation/in-service plan
- Marie Lukehart San Bruno Parks School District Wellness Coordinator Health Clinic programs
- Jasan Zimmerman, Lucile Packard Stanford Children's Health Teen Van
- April Torres, SMUHSD Manager Mental Health Services Parent Venture speaker, Stanford Teen Van
- Charlene Margot Parent Education workshops
- Britt Duenyas, Wizehive online grant portal training
- Bindi Gandhi, Sutter Health CHNA
- Karen Pfister, Arecely Tamayo, Deidre Patterson, San Mateo County Epidemiologists
- Lisa Tealer, Bay Area Community Resource Advisory Council
- Dr. Kim Rhoads UCSF Long COVID Recover Study





Dear Parents and Caregivers,

September is <u>Suicide Prevention Month</u>, so this month we focus on mental health, emotional wellness, and the experience of new immigrants. Please join us for these important events!

This week! How can wonder be emotionally protective? Join Deborah Farmer Kris, author, developmental expert, and founder of Parenthood365, for *How to Raise Awe-Filled Kids (Even When the World Feel Awful)* (September 14, Online).

Many newcomers experience "immigration grief." Michelle Remond, family immigration expert, presents ¿Es usted migrante? ¡Necesita oír esto! (Are you an immigrant? You need to hear this!) Event in Spanish. (September 20, Online).

We've all heard that stress is harmful, but can it be good for students? Kelly McGonigal, PhD, Stanford health psychologist, offers *The Upside of Stress: Why Stress is Good for You, and How to Get Good at It* (September 22, Online).

Ana Homayoun, founder, Green Ivy Educational Consulting, and Allia Griffin, PhD, Santa Clara University, present *High School 101: Helping Students Prepare for a Successful High School Experience* (September 27, Online)

NEW! We all want to raise kind and thoughtful kids – but how can you do that? Author and developmental educator Deborah Farmer Kris offers advice on *How to Help Kids Develop Their Emotional Vocabulary* (September 29, Online).

NEW! Tony Wagner, PhD, bestselling author and global education expert, joins us for *Learning by Heart: Creating "Innovation-Ready" Students for the Future*. Don't miss this special opportunity! (October 6, Online).

The Parent Forums return with Edwin Fernandez, LCSW, in *El Perdón: Como Ser Padres Que Perdona* (September 13, Online) and Eran Magen, PhD, with *How to*

Support Your Upset Child or Teen (September 30, Online).

<u>Subscribe</u> to our <u>Video Library</u> today and share with family and friends! You can also sign up for our <u>newsletter</u> and follow us on <u>Instagram</u> and <u>Facebook!</u>

Warm wishes,

awargot

Charlene Margot
Co-Founder and CEO, The Parent Venture

SUPPORT PARENT EDUCATION

"Please keep up the good work! You reach so many people with these talks and resources. You are making a huge difference in our lives."

- Parent, Menlo-Atherton High School

Upcoming 2022 - 2023 Events



Register

How to Raise Awe-Filled Kids (Even When the World Feels Awful)

This week! Join **Deborah Farmer Kris**, author, developmental expert, and founder of **Parenthood365**, as she shares how to infuse your children's lives with awe and wonder.

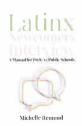
Wednesday, September 14, 2022 5:30pm – 6:30pm PT Online Event (Live)

¿Es usted migrante? ¡Necesita oír esto! (Are you an immigrant? You need to hear this!)

¿Migró hace poco y es latino(a)? No se pierda esta plática con Michelle Remond, RCSD, para hablar sobre el duelo que viven los migrantes cuando están en otro país. Evento en español.

Martes, 20 de septiembre de 2022 5:30pm – 6:30pm PT Evento en linea (en vivo)





Registro

The Upside of Stress: Why Stress Is Good for You, and How to Get

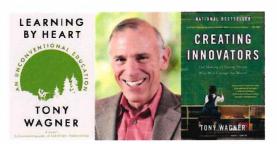


Register

How to Help Kids Develop Their Emotional Vocabulary

NEW! Join **Deborah Farmer Kris**, educator and child development expert, to learn more about the science of emotion and how everyone benefits when we can name and navigate our feelings.

Thursday, September 29, 2022 5:30pm – 6:30pm PT Online Event (Live)



Register

Fentanyl Prevention Education: How to Help Teens Make Healthy Decisions

Join Stacey Wisniewski, Prevention Solutions, Hazeldon Betty Ford Foundation, to understand the risks of intentional and unintentional fentanyl use among adolescents.

Wednesday, October 19, 2022 5:30pm – 6:30pm PT Online Event (Live)

Good at It

What is the "upside of stress," and how can it be good for students? Kelly McGonigal, PhD, Stanford health psychologist, shares how stress can make us stronger, smarter and happier.

Thursday, September 22, 2022 5:30pm – 6:30pm PT Online Event (Live)



Register

Learning by Heart: Creating "Innovation-Ready" Students for the Future

NEW! Tony Wagner, PhD, global expert in education and bestselling author of *Creating Innovators*, will discuss how we can prepare our students to bring the skills of innovation to whatever they do.

Thursday, October 6, 2022 5:30pm – 6:30pm PT Online Event (Live)



Register



DATE: September 22, 2022 **TO:** PHCD Board of Directors

FROM: Eddie Flores, Director Youth Behavioral Health Programs

RE: Director's September Monthly Report

allcove™ San Mateo Update

We continue to stay on track with the facilities piece and working with Robert Gooyer and Ralph Barsi to have RCG Architects get all the documents aligned in preparation for our public bidding for a general contractor to complete the tenant improvement phase of the 2600 El Camino Real project. These last few weeks we have been able to finalize with input from the YAG the final projected documents and renderings of the center. The Board is welcomed to come by and look at these as we have a hardcopy copy of them at our PHCD offices. We will keep the board abreast of any new updates and when we have released the public bidding and any updates on that regard.

In addition, we have continued our monthly check-in meetings with Stanford Center for Youth Mental Health and Well Being staff as the technical assistance partner for the MHSOAC *allcove*™ grant. We held our monthly meeting on August, along with staff from the State MHSOAC. Some of the topics covered included updates on project timelines; youth participation and YAG; recruitment; core services and service partnerships consortium creation; facility, branding, and environmental design; communications; and data collections and evaluation. In addition, we continue to participate in various webinars brough on and put together by Stanford for the grantees. Staff are continuously participating in all of these virtual trainings and meetings during the course of the month.

Our Request for Proposal (RFP) for partners with PHCD to support our allcove San Mateo location process has been moving along. On August 9th, we held our Proposers' Conference where we had over 35 attendees attend to learn more about PHCD, allcove fidelity model and hear from Stanford Team to learn more about the opportunity to deliver the services in the center. Director Dennis Zell also attended and participated in answering questions from audience member. As of now, the deadline for submissions of applications is Friday, September 16th. We will keep the board abreast of how many applications have been received. In addition, there will be an Evaluation/Recommendation Selection Committee who will evaluate and review all the proposals received and jointly with our consultant Suzi Reed, will provide a written recommendation to staff which will be brough forward to the Board at the October 2022 meeting.

MHSA Innovative Projects Funding Opportunity

As previously reported to the Board last month, San Mateo County Mental Health Services Act (MHSA) and Behavioral Health & Recovery Services (BHRS) released notification of a new round of fund that is available for Innovative Projects to develop new best practices in



behavioral health. PHCD previously applied to these funds in 2019 and wasn't successful in being selected. Staff attended community information sessions, submission training sessions and worked jointly with the Stanford allcove team for support to apply for this opportunity. However, PHCD was recently notified that we were not successful in moving to the next phase. As we believe this has been a communication/opportunity miss not from PHCD we are currently working with the State MHSOAC to remedy this and have a new opportunity to be considered. We will continue to work with our local San Mateo County BHRS MHSA Committee to ensure that there is alignment and notification that indeed the allcove model does fit and qualify for MHSA Innovative Project funding.

Informational Sessions for allcove Funding Opportunities

Staff have recently met and held several meetings with two groups that were referred by the State Mental Health Commission for the purpose of determining eligibility for funding to sustain long term the allcove youth drop-in center. One of the meetings was attended by staff and Director Zelle and after discussing the opportunity with the consultants it was determined that PHCD was not eligible for the grant opportunity as it required for PHCD to be the sole proprietor of the future allcove physical location space and maintain it for a period of over 30yrs. The second meeting we attended was to inform a non-profit agency working with the State Mental Health Commission to assess the future sustainability and long-term model of financing allcove. More were great discussions and staff will continue to monitor future grant opportunity and engage with stakeholders for possibility of future financial sustainability to the allcove center.

Working to Support our new Cohort of YAG Members

We are continuing to work together to ensure we have a supportive and successful new cohort of our Youth Advisory Group under the support and guidance of Jackie Almes. Jackie has continued to provide ongoing support to the YAG and is holding multiple meetings to obtain their feedback and input on everything from furniture to updating the various elements of the future allcove center. More information on all the great work she has been doing can be found in her report, attached.



DATE: June 23rd, 2022

TO: PHCD Board of Directors

FROM: Jackie Almes, Youth Outreach Specialist

RE: Monthly Report – June 2022.

allcoveTM San Mateo – Youth Advisory Group

This past month the YAG and I have begun our work with KBM Hogue on choosing furniture for allcove San Mateo. KBM Hogue attended our last YAG meeting, and we began choosing what type of furniture will be in each room. For example, in counseling room 1 we will have two chairs and in counseling room 2 we will have a couch for clients. We went through our entire floorplan and started with the basics of what furniture should be in each location/room. The designer on the KBM Hogue team is working on putting in the type of furniture we discussed and in our next meeting on July 25th we will begin looking at what specific pieces we want to have in each room. We will then choose the materials of each piece in the meetings following July 25th.

Following sending out acceptances to our new YAG members I planned an orientation that took place on July 18th. All of the ten new members attended the zoom, and I gave them an intro to allcove presentation and talked about their future on the YAG. I gave them an update on our allcove center and what they can expect in the coming months. It was a great opportunity for the new members to ask questions and get to know each other. Before they begin attending our regularly scheduled YAG meetings I will be taking them on a tour of both allcove Palo Alto and our site in San Mateo. This is so they can see what a running allcove center looks like to give them some perspective on what our site has the potential to look like. Once all that is finished, they will begin attending our regular YAG meetings.

New YAG members	Current School
Alexa Latini	Aragon High School
Ariel Lucas	Notre Dame Belmont High School
Lillian Shapona	Mercy Burlingame High School
Kelly Philpott	Mercy Burlingame High School
Maxine Schaffner	Mercy Burlingame High School
Esti Smith	Mercy Burlingame High School
Juliana Mufarreh	Mercy Burlingame High School
Cass Singer	Hillsdale High School
Toyo Adenekan	Hillsdale High School
Vincent Palala	Hillsdale High School

To increase the diversity of our YAG I have extended our application deadline to fill our last three slots. I have extended the due date to July 31st and have reached out to all the surrounding community colleges including Skyline, Canada, and CSM. I have shared the application with some of our partner agencies such as Star-Vista as well.



As we move forward with our RFP, we are beginning to form our selection committee. After speaking with Eddie Flores, we decided to have two YAG members join the selection committee to make sure youth voice is represented in such an important decision of the future of our allcove center. With that being said I decided to ask two specific members that I believe would be great fits for the selection committee. After reaching out to them and giving them information about the commitment of the selection committee they both have decided they would love to be a part of such an important decision. Moving forward they have an understanding of what will be expected of the both of them once the RFP goes live and throughout our process with the selection of the proposer.

PHCD

As we move forward with our RFP, I have been working on planning the Bidders Conference. We have decided to hold the conference at the Burlingame Community Center on August 11th from 9:30am – 12:30pm. Our new office assistant will be helping me with ordering the food and also arranging the room on the day of. We will be bringing our PHCD merch to the conference to hand out our hand sanitizers, note pads, pens and more.

I have been working with Stephanie to create an RFP landing page on our website that includes all the important information of the RFP. I created a timeline for our staff, and I also created a less detailed one to include on the RPF page on our website. This is to give bidders an idea of due dates, events, ect. We will be holding two site visits at 2600 to give bidders an opportunity to see the future location of allcove San Mateo. I created a downloadable document with detailed directions to 2600 S El Camino Real - our allcove site to make it easier for people to find our location. It also includes instructions on where to park.

Outside trainings/partnerships

I have continued my work with Star Vista HAP-Y program and attend the meetings twice a week for approximately 2-2.5 hours. In these meetings we have guest speakers who come and teach us about mental disorders. This past month we covered topics like personality disorders, mood disorders and also the WRAP program which stands for Wellness Recovery Action Plan.

I met with Ana Lilia Soto from the Central allcove Team to go over my future plan with the YAG. We talked about opportunities to collaborate in the future, and she shared with me some documents to help me plan out this next year with the YAG. She continues to help me with any guidance I need with the YAG and youth engagement.

The BHRS youth committee formed the YAB (youth action board) about two months ago. Once it was formed, they asked me if I would be the Communications Advisor for the YAB. I accepted the offer and meet with them regularly to help guide the conversation and be there to support in any way I can. Through my work with the youth advisors, we decided to try and get a social media account specifically for the YAB. It's a long process and they have begun filling out the application to move forward with this project. Once it gets approved, they have a range of ideas of social media posts geared towards mental health awareness.



We want to thank our graduating YAG members for being part of our PHCD family this past year.



Olivia Jensen (UC Davis) bottom left; Amara Kramer (Cal Poly SLO) top right; Lily Colpitts (USF,) top left; Ashley Mullarkey (University of Oregon) bottom right; and Maddy Wong who just graduated from UC Santa Cruz bottom middle.

"My favorite experience from YAG was when we took our personal photos for our allcove photography wall. This type of free expression allowed us to truly bond with one another and embrace the fun and exciting nature of our allcove projects." -Lily

"My favorite part of being a YAG member has been making connections with like-minded people about mental health, an important topic to me." -Olivia

"One thing I enjoyed the most about YAG are the meetings. It is so much fun to collaborate with other like-minded youth to discuss large issues such as mental health awareness. This experience has taught me the value of differences in opinion, and how youth voices are essential in dictating the needs of the community." -Ashley



Executive Staff

Lindsay Raike
President and CEO

Michael Schrader
Vice President

Brian Zywiciel
Chief Financial Officer

Jane Stahl Secretary

Board of Directors

Romy Bauer

Pam Heman

Steven B. Stahl

Astrid Varteressian

Warm Water Wellness Inc is a 501(c)(3) non-profit organization that promotes aquatic therapy resources for seniors and disabled individuals of all ages.

Tax ID 87-4048687

August 3, 2022

Frank R. Pagliaro, Esq.
Peninsula Health Care District
Board of Directors
1819 Trousdale Drive
Burlingame, Ca 94010

Dear Mr. Pagliaro,

On behalf of the Warm Water Wellness Board of Directors, I would like to offer our sincere thanks to you for speaking at the rally on July 24th at the Mickelson Center and for your words of support at the recent PHCD meeting.

Although the pool has now been "permanently" closed by Sutter Health for more than a year, we continue to be greatly encouraged by the staunch support of legislators, city councilmembers, agencies, former pool users, medical professionals, and individuals such as yourself. The Mickelson therapy pool was a true gem and a vital resource to many disabled individuals. Sutter's decision to close this facility was simply wrong and it is imperative that the pool be reopened either permanently or until another facility becomes available.

Thank you again.

Sincerely,

Same Stahl Secretary



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Warm Water Wellness Inc is a 501(c)(3) non-profit organization that promotes aquatic therapy resources for seniors and disabled individuals of all ages.

Tax ID 87-4048687

August 3, 2022

Helen C. Galligan, R.N. Peninsula Health Care District Board of Directors 1819 Trousdale Drive Burlingame, Ca 94010

Dear Ms. Galligan,

On behalf of the Warm Water Wellness Board of Directors, I would like to offer our sincere thanks to you for speaking at the rally on July 24th at the Mickelson Center and for your words of support at the recent PHCD meeting.

Although the pool has now been "permanently" closed by Sutter Health for more than a year, we continue to be greatly encouraged by the staunch support of legislators, city councilmembers, agencies, former pool users, medical professionals, and individuals such as yourself. The Mickelson therapy pool was a true gem and a vital resource to many disabled individuals. Sutter's decision to close this facility was simply wrong and it is imperative that the pool be reopened either permanently or until another facility becomes available.

Thank you again.

Sincerely,

Jane Stahl Secretary CITY OF SAN CARLOS CITY COUNCIL



600 ELM STREET SAN CARLOS, CA 94070 (650) 802-4219 CITYOFSANCARLOS.ORG

August 9, 2022

Mr. James Conforti, Interim President and CEO Sutter Health 2200 River Plaza Drive Sacramento, CA 95833

Dear Mr. Conforti,

On behalf of the San Carlos City Council, I am writing to urge Sutter Health to reopen the Mack E. Mickelson Arthritis and Rehabilitation Center Therapy Pool. If this is not feasible, I strongly implore you to consider the Peninsula Health Care District's offer to pay all costs to repair, reopen, and manage the pool.

Built using charitable contributions from residents of San Mateo County over 25 years ago, this is the only facility of its kind in San Mateo County.

Closing the Mickelson Therapy Pool removes a valuable healthcare resource for people in San Mateo County who suffer from health issues related to permanent disabilities, debilitating injuries, autoimmune disorders, and mobility impairments.

The City of San Carlos stands with Speaker Pro Tempore Kevin Mullin, Senator Josh Becker, the San Mateo County Board of Supervisors, the Sequoia Healthcare District, and 4,300+ patients, caregivers, and community members who have written letters or signed a petition urging Sutter Health to reopen Mickelson Pool in order to increase the health, independence, and dignity of residents who rely upon it.

On behalf of the City Council of San Carlos, I respectfully urge you to promptly reopen the Mack E. Mickelson Arthritis and Rehabilitation Center therapy pool for community use with the same open access hours that it had prior to January of 2020 or consider the Peninsula Health Care District's offer to pay all costs to repair, reopen, and manage the pool.

Sincerely,

Sara McDowell, Mayor

hamadonell

cc: Sutter Health Board of Directors

Janet Wagner, CEO, Sutter Health Mills-Peninsula Medical Center

Peninsula Health Care District Board of Directors Lindsay Raike, CEO, Warm Water Wellness Inc.



GINA PAPANVice Mayor

August 15, 2022

Mr. James Conforti, Interim President and CEO Sutter Health 2200 River Plaza Drive Sacramento, CA 95833

Re: Mack E. Mickelson Arthritis and Rehabilitation Center Therapy Pool

Dear Mr. Conforti,

The Millbrae City Council unanimously passed Resolution No. 22-24 to encourage the reopening of the Mack E. Mickelson Therapy Pool in San Mateo on April 12, 2022.

The Mickelson pool is the only facility of its kind on the Peninsula. There are no comparable warm water therapy pools that can adequately accommodate the residents of our community who previously relied upon Mickelson and are now suffering from acute and chronic physical pain and mental anguish without it. Bay Area residents who suffered, and many who continue to suffer, from health issues including permanent disabilities, debilitating injuries, autoimmune disorders, and mobility impairments – among others – used the Mickelson pool to rehabilitate those health issues and mitigate the physical decline.

Over 4,800 patients, caregivers, and community members have signed a petition to reopen Mickelson to increase the health, independence, and dignity of residents who rely upon it. I am urging you to please take advantage of the Peninsula Health Care District's generous offer to pay for all necessary repairs and remodeling plus the operational costs to reopen the Mickelson therapy pool until another facility becomes available.

Sutter Health's reputation and integrity are at stake. Please reverse this decision and reopen the Mickelson therapy pool for the well-being of the people who built it, have long depended upon it, and all those who will depend upon it in the future, including those with severe disabilities.

Sincerely

Gina Papan Vice Mayor

CC: Sutter Health Board of Directors

Grace Davis, Vice President and Chief Public Affairs Officer/Chief of Staff, Sutter Health

Janet Wagner, CEO, Sutter Health Mills-Peninsula Medical Center

Mr. James Conforti, Interim President and CEO Re: Mack E. Mickelson Arthritis and Rehabilitation Center Therapy Pool August 15, 2022 Page | 2

> Melissa White, Director, Government Affairs, Sutter Health Bay Area Rob Bonta, Esq., California Attorney General Peninsula Health Care District Board of Directors Joseph W. Cotchett, Esq. Lindsay Raike, CEO, Warm Water Wellness

RESOLUTION 22-24

CITY OF MILLBRAE, COUNTY OF SAN MATEO STATE OF CALIFORNIA

RESOLUTION TO ENCOURAGE THE REOPENING OF THE MACK E. MICKELSON THERAPY POOL IN SAN MATEO

WHEREAS, the Mack E. Mickelson Therapy Pool ("Mickelson") is an ADA-accessible warm water therapy pool located in San Mateo, California at Mills Health Center, which is operated by Sutter Health; and

WHEREAS, Mickelson was constructed over 25 year ago using charitable contributions from residents of San Mateo County as a centerpiece of an arthritis center created by Mills Peninsula; and

WHEREAS, for over 25 years, thousands of residents of San Mateo County who suffered, and many who continue to suffer, from health issues including permanent disabilities, debilitating injuries, autoimmune disorders, and mobility impairments – among others – used Mickelson to rehabilitate those health issues and mitigate physical decline; and

WHEREAS, Mickelson is able to provide both preventative and interventionist therapies to residents of San Mateo County suffering from health issues; and

WHEREAS, there is also an apparent and growing need for Mickelson and the services it provides due to San Mateo County's rapidly increasing number of elderly residents who are highly likely to suffer from health issues requiring a warm water therapy pool; and

WHEREAS, as the only pool of its kind in San Mateo County, there are no comparable warm water therapy pools that can adequately accommodate the residents of San Mateo County who previously relied upon Mickelson and are now suffering from acute and chronic physical pain and mental anguish without it; and

WHEREAS, closing Mickelson removes a valuable healthcare resource for people to assist them in daily activities; and

WHEREAS, over 4,300 patients, caregivers, and community members have signed a petition to reopen Mickelson in order to increase the health, independence, and dignity of residents who rely upon it,

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF MILLBRAE RESOLVES AS FOLLOWS:

Resolution No. 22-24

I do hereby certify that the foregoing Resolution was duly and regularly passed and adopted by the City Council of the City of Millbrae this 12th day of April 2022, by the following vote:

AYES:

COUNCILMEMBERS:

Oliva, Papan, Fung, Holober, Schneider

NOES:

COUNCILMEMBERS:

None

ABSENT:

COUNCILMEMBERS:

None

ABSTAIN:

COUNCILMEMBERS:

None

EXCUSED: COUNCILMEMBERS:

None

EDAILY JOURNAL

Youth drop-in health center in the works in San Mateo

Site aims to help mental health needs for people ages 12 to 25

By Emily Margaretten Daily Journal correspondent



• Sep 7, 2022 Updated Sep 7, 2022

The Peninsula Health Care District recently unveiled its plan to launch a mental health drop-in center in San Mateo for youth between the ages of 12 and 25 to address the group's specific range of wellness needs sooner rather than later.

The center, at 2600 S. El Camino Real just south of 25th Avenue, will operate under the trademark of allcove, a holistic and integrated youth-centered model of care that prioritizes early intervention strategies and easy and affordable access to mental health and wellness services.

"The uniqueness and innovation of the allcove model is that it includes mental and behavioral health, physical health, educational and employment support as well as linkages to peer-to-peer support and family support," Eddie Flores, PHCD director of Youth Behavioral Health Programs, said.

As one of five grant recipients, PHCD received \$2 million from the California Mental Health Services Oversight and Accountability Commission to launch allcove over a four-year period. PHCD, a California special district that brings health-focused services and programs to the mid-Peninsula community, plans to award the contract to a local service provider for the center to open in spring 2023. The grant is part of an ambitious plan to expand allcove youth drop-in centers statewide and eventually nationally.

Two allcove centers opened in Santa Clara County last year with \$15 million in funding from the county's Mental Health Services Act Innovation Plan and in partnership with the Stanford Center for Youth Mental Health and Wellbeing. Modeled on community-based early intervention programs like Headspace in Australia, allcove helps youth with mild to moderate mental health needs.

Accessing early intervention care has not been easy for youth, said Steven Adelsheim, center director and a Stanford professor.

"The data says that half of all mental health conditions start by the age of 14. And we really have not, within this country, developed a public

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mental health system for young people to come in comfortably and get the care they need," Adelsheim said. "Usually, young people don't come into the system until there's been a crisis, whether it's an emergency room visit for drug overdose, suicide attempt or some other major problems. So, we're trying to create spaces that young people will feel comfortable and feel like they're designed for them to then get that early care."

Youth advisory groups are closely involved in the development and programming of allcove centers. The PHCD youth advisory group helped select the site location in San Mateo. They have input in the design of the space, how it should be used and who should staff it.

A tour of the allcove center in San Mateo, while still under construction, showed a layout of rooms that could be used for clinical, counseling, educational and work purposes as well as for recreational and social uses, depending on the diverse needs and desires of youth.

"What we envision is if someone is to arrive at our location, whether just for a Friday night board game, you're certainly welcome. Whether they want to see our nurse practitioner, you can do that as well. Whether they just want to hang out and look at their laptop and work on their resume or applications for a summer job, they can certainly do that. It's all-inclusive, under one roof, centrally located," Flores said.

Flores added that allcove was geared toward vulnerable and marginalized youth populations in particular, including but not limited to LGBTQ+ youth, unhoused youth, foster care youth and indigenous youth.

Affordability also was key to the allcove model. It aimed to support everyone who came through its doors, irrespective of their insurance

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status, Adelheim said. But financial sustainability was a challenge. The state grant for the five most recent allcove centers will end December 2026.

Still, Adelheim was optimistic that funding for allcove would continue with support from the state. The governor's office recently invested \$4.7 billion in an initiative known as California's Master Plan for Kids' Mental Health that signaled a strong commitment to improving youth's access to mental health services.

"The plan announced [Aug. 18] will make it easier than ever before for kids to access critical mental health and substance use services — in their schools, in their homes and in their communities," the governor's press release said.

EDAILY JOURNAL







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Healthy Aging Resource Fair

Join us at the Healthy Aging Resource Fair! We are participating in a senior resource fair with other organizations from around the Bay Area. Admission is free so visit The Trousdale's booth to learn more about our community... We'd love to meet you!

When: Friday, September 23rd, 10 a.m. to 2 p.m.

Where: Burlingame Community Center

850 Burlingame Avenue, Burlingame, CA 94010

650-212-5446 • thetrousdale.org





Assisted Living and Memory Care • 1600 Trousdale Drive Equal Housing Opportunity • License #415601015



September 12, 2022

SENT VIA EMAIL

James Conforti Interim President and CEO Sutter Health 2300 River Plaza Drive Sacramento, CA 9583

Dear Mr. Conforti,

As the Chairperson of the Peninsula Health Care District (PHCD), I am asking you to rescind the decision by Sutter health to not reopen the Mickelson Arthritis and Rehabilitation Center Pool in San Mateo. As you are aware, the pool was closed abruptly in March 2020 in response to the pandemic. It was later announced in July 2021 that the pool would be permanently closed. To date, Sutter officials have offered only two reasons for the closure. The first was "the continued uncertainty surrounding Covid" and the second was Sutter's "focus on providing quality acute care services and our ongoing efforts to be good stewards Chief Executive Officer of resources have led us to close the program".

The closure of the therapy pool leaves a gaping hole in the continuum of healthcare services in San Mateo County. The Mickelson pool was the only warm water therapy pool of its kind in our County and its demise has left hundreds of patients. former patients, and future patients with no access to similar services. Many of these people are severely debilitated. The pool and the habilitative care were not only a respite from the daily reminder of their condition but also a proven therapeutic experience. The rationale for leaving these people without needed care is not one that fosters a high degree of confidence in a multi-billion dollar healthcare system that. as you well know, is rapidly moving from an acute care system to an outpatient-based ambulatory system.

Mr. Conforti, the Mickelson pool has been a beloved community institution for over 25 years. In fact, the pool was constructed with donations from the community residents who recognized the clinical and emotional value of the services the facility could provide. To eliminate these services appears to be a short-sighted strategy that is the antithesis of the provision of comprehensive care that Sutter purports.

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Board Treasurer/ Chief Financial Officer The Peninsula Health Care District has conducted significant research on whether an alternative pool site could be available or even constructed. While the future may hold some possibilities, that future is many years away. The patrons of the pool do not have years to wait. Just as you would want a cancer patient to have the care they needed as soon as possible, the users of the pool have waited long enough. They need the care they need now.

The PHCD has offered to assist in repairs and refurbishing the existing pool facility. We would also be open to assisting in the staffing and operational costs of a refurbished facility. This offer eliminates cost as a hurdle in getting this much-needed facility back on line.

The PHCD strongly suggests you reconsider not only working with PHCD but also the entire community to bring back this cherished facility. It is a complement to so many of your programs here in San Mateo County. It is also the right thing to do.

Regards,

Lawrence W. Cappel, Ph.D

Chairman

Peninsula Health Care District

CC: PHCD Board of Directors CEO Cheryl A. Fama On Tuesday, September 13, 2022, 9:55 AM, Christina Sullivan < VolunteerMail@volgistics.com > wrote:

This message is sent on behalf of Gubby Barlow, Sutter Health Board Chair, and Cheryl Scott, Sutter Health Board Member and Chair of the CEO Search Committee

We are excited to share that the Board of Directors has come to a decision in selecting Sutter Health's next Chief Executive Officer. Later this morning, we will announce publicly that Warner L. Thomas will join Sutter Health as President and CEO by early December 2022.

Warner has more than 30 years' experience in healthcare. For the past 10 years, he has been the President and CEO of Ochsner Health, Louisiana's largest healthcare provider, employer and educator of medical professionals. In that role, he led a robust partnership strategy – engaging with physicians, health plans, technology companies and others to expand the system's physician network and care services, enhance digital health capabilities and technology integration, and improve health outcomes with a focus on equitable care and population health.

Warner brings strategic vision and – as Sutter Health's first external CEO candidate in more than 40 years – a fresh perspective to build on the organization's strengths and further its mission as a not-for-profit provider of accessible and affordable high-quality care. A grounded-yet-visionary leader, Warner has demonstrated the capability to navigate the dynamic healthcare landscape at every level – from outstanding patient care to organizational strategy to public policy at both the state and national levels.

Warner is a people-focused, team-oriented leader who has prioritized diversity and inclusion and believes a not-for-profit health system is a community asset. Like all of us at Sutter Health, he believes that a company's motivation should stem from the people it serves, and you see this commitment reflected in a motto his team at Ochsner Health lives by: "Patients first. People always." As Sutter Health's CEO, he will seek to understand the diverse communities our integrated health system serves to help ensure their unique needs are met.

Warner values innovation of all types and has driven transformative change to benefit patients and communities and to advance the future of healthcare. His deep experience leading digital transformation at Ochsner Health was an important factor in the Sutter Health Board's selection and Warner's decision to join Sutter Health.

As Directors on the Sutter Health Board, we are stewards of Sutter Health's patient-focused mission. It was imperative that we identify a leader inspired by Sutter Health's rich legacy and capable of seeing and executing on the possibilities of the future. That's why we conducted such a comprehensive, rigorous and transparent search process that included strong involvement and perspective from physician and senior leaders across the organization. This input, along with consideration of the external environment and the challenges and opportunities facing major health care systems, shaped the criteria for candidacy.

Warner is widely and enthusiastically supported as the best candidate to lead Sutter Health in this next chapter of our organization. We are thrilled to have recruited someone with such an exceptional track record and alignment with Sutter Health's mission and values. We are looking forward to Warner joining our organization, and hope you'll help us welcome him to Northern California in early December.

In the meantime, James Conforti will continue to serve as Sutter Health's Interim President & CEO. We would like to thank James for his leadership as Interim CEO. We have been fortunate to have James in this role over the last several months, and the organization has benefitted from his steady hand at the helm. He has helped to maintain positive operational momentum and an important focus on our financial sustainability.

On behalf of the Sutter Health Board of Directors, thanks to each of you for your support and dedication. Together, we will continue to advance Sutter Health's mission and provide exceptional care to our patients and communities.

Dear San Mateo County Health Partners,

I'm writing with a quick update regarding our COVID-19 experience as well as Monkeypox:

We are glad of the news that the updated bivalent COVID-19 booster is now approved and available. We see the arrival of the new booster as another hopeful milestone with the data the FDA considered in its approval strongly suggesting improved protection against currently circulating variants. We appreciate the continued engagement of many partners involved in assuring equitable reach of the vaccine.

The significant news on the vaccination front is that the FDA has authorized and CDC recommended the updated COVID-19 booster for Moderna for adults 18 years and older and for Pfizer for those 12 years and older. This updated booster is now recommended for everyone age 12+ who has completed the primary series. We recommend that populations at greatest risk of severe COVID infection, including the elderly and those with underlying medical conditions, get the booster as soon as they are eligible. In addition, those in group settings, such as schools and congregate living facilities, are encouraged to get the updated booster as soon as possible.

The updated COVID-19 boosters add Omicron BA.4 and BA.5 spike protein components to the current vaccine composition, helping to restore protection that has waned since previous vaccination by targeting variants that are more transmissible and immune-evading. This "bivalent" vaccine protects against two strains – the original virus strain and the Omicron variant. The COVID-19 booster dose can be co-administered with other vaccines, including influenza vaccines.

To be eligible, those age 12+ must have completed their primary vaccination series or gotten their last booster shot at least two months prior to getting the updated booster. For those age 18+, either vaccine can be used, regardless of one's prior doses.

For those who have been infected recently, the CDC states that you may consider waiting three
months after infection to get boosted. This ensures maximum benefit as the body's natural
immune response, prompted by the virus, starts to wane.

The updated boosters are available through many pathways. Pharmacies began offering appointments last week and health care systems and other primary care providers are making appointments available now.

We are offering the updated booster through the County-run community clinics in East Palo Alto, North Fair Oaks, San Mateo, Half Moon Bay, South San Francisco and Daly City on a walk-up basis this week and will be offering appointments through MyTurn around September 21st. Our website will continue to have updated information about our offerings: https://www.smchealth.org/covid-19-vaccination-program-overview.

We believe Dr. Rochelle Walensky, CDC Director, said it well: "If you are eligible, there is no bad time to get your COVID-19 booster and I strongly encourage you to receive it."

Our local SMC COVID-19 epidemiology reinforces the rationale for vaccination, including boosters, as our data show that the COVID-19 virus continues to circulate quite widely even though there has been a decline from peak levels. The concentration of COVID-19 in wastewater in and around San Mateo County is still 2-5 times higher than the lows in March.

The number of patients hospitalized in San Mateo County with COVID-19 was 21 as of yesterday and has fluctuated between 20 and 30 for the last couple of weeks, compared to levels of between 30 and 60 for most of the summer. This decrease is encouraging though these numbers still exceed the low of 4 to 8 hospitalizations in early April.

There is significantly less risk of severe illness, hospitalization and death compared to earlier periods of the pandemic due to the many tools available to reduce COVID-19 severity. In this context of increased community immunity against severe disease, our number of reported cases and hospitalizations categorize us in CDC's "Low" community level.

The key messages for prevention and protection remain relevant as we head into the fall and winter seasons – In addition to vaccination, including boosters, we continue to strongly recommend wearing a high-quality mask in indoor public settings and increasing ventilation – such as by opening windows and doors where possible -- to help prevent infection. We urge residents to test if symptomatic and to be in contact with their physician. If you test positive, a physician can assess if COVID treatments are right for you.

The Monkeypox (which we will refer to as *m-pox* going forward) outbreak is an additional significant current public health priority. The risk of transmission to the general public remains low. We continue to support residents who contract MPX as well as those who are most affected and at greatest risk for infection. We currently have a total of 68 cases. In addition to case investigation and contact tracing to slow transmission of infections, we are supporting improved pathways for treatment for those who need it and vaccination for those at highest risk of exposure. With the change in vaccination method to extend the limited supply, we are now able to expand the eligibility criteria to include more people and offer second doses so people can complete the series. As we monitor supply and demand, we are coordinating with our state and regional partners to make vaccine available to as many people as possible based on risk informed by the epidemiology of the outbreak. As this situation is evolving quickly, we encourage people to check our website, smchealth.org/monkeypox, for the most current information.

Thank you for your continued support.

Best, Louise Rogers, Chief of Health



Janis MacKenzie

President
MacKenzie
275 Battery, Ste. 900, San Francisco CA 94111
O: 415.403.0800 C: 415.307.8507
mackenziesf.com

Eskaton has promoted a new president as part of a succession plan to fill CEO <u>Todd Murch</u>'s seat when he retires in two years.

On Thursday the nonprofit Carmichael senior living organization announced it promoted Chief Strategy Officer <u>Sheri Peifer</u> to the role of president.

Peifer will oversee operations and strategic growth for the organization, while receiving mentoring from Murch and professional development to prepare her to eventually take over the role of CEO.

"Todd announced to the board that he would like to retire at the end of 2024," Peifer said.

Murch has been CEO of Eskaton, which is the largest operator of senior living and assisted living sites in the Sacramento region, since 2005.

"I believe the most successful organizations plan ahead and cultivate and develop their next leaders," Murch said, in a statement. "I fully support the board's decision to name Sheri as my successor. Sheri brings a strong set of skills in strategic planning and innovation, operational excellence and partnership development as Eskaton continues to expand and meet the needs of older adults across the region."

Peifer has 25 years of experience in the senior living industry, spanning the forprofit, nonprofit and public sectors.

She joined Eskaton in 2005, where she has led its expansion across Northern California through partnerships, and its expansion of home and community-based services.

Since about 2010, Peifer said one of Eskaton's main growth strategies has been to build management and affiliation partnerships with existing senior living facilities. That has included an affiliation with the 180-unit Reutlinger Community in Danville and management of a 124-unit assisted living and memory care facility in Burlingame.

"We're really focused on the nonprofit organizations and really strengthening the nonprofit presence really across Northern California," Peifer said.

In her new role, those efforts will continue, as well as work on strengthening the organization's workforce.

"If there's one thing that I certainly bring to the role as president it is a focus on the people and the culture of the organization," Peifer said. "I want to really nurture and cultivate a strong team base."

Across the country, skilled nursing facilities are facing a staffing shortage crisis.

Peifer said that Eskaton has a core team of dedicated staff members, many of whom have been with the organization for decades, but that attracting new people to the field will be an ongoing opportunity for Eskaton.

"Our business, it really relies on that wonderful care partner, and that is what we really need to be focusing on strengthening because obviously the environment is very difficult out there," she said.