

SPECIAL BOARD OF DIRECTORS MEETING MINUTES Thursday, March 28, 2024 1819 Trousdale Dr. Burlingame, Ca 94010 (Classroom)		
<u>Directors Present</u> Chairman Cappel Vice-Chairman Pagliaro Secretary Zell Director Navarro Director Sanchez	<u>Directors Absent</u>	<u>Also, Present</u>

1. Call to Order and Roll Call: Chairman Cappel called the meeting to order at 6:31 p.m. Roll call attendance was taken. A quorum was present.

[Director Zell arrived at 6:32 pm]

2. Public Comment on Non-Agenda Items: No public comments were offered.

3. Report Out From Closed Session: 3/4/2024 & 3/25/2024: Chairman Cappel stated that the Board held discussions reviewing the ongoing negotiations with the PWC developers during the closed session meetings on 3/4/2024 and 3/25/2024.

4. Consent Calendar: ACTION

- a. Board Meeting Minutes - February 22, 2024 & March 4, 2024
- b. Finance Committee Meeting Minutes- November 14, 2023
- c. Checking Account Transactions - February 2024
- d. Treasurer's Report - February 2024
- e. Statement of Investment Policy
- f. Internal Control Policy
- g. Finance Committee Terms and Charge

Vice-Chairman Pagliaro stated that his absence from the Board meeting on 2/22/24 was due to his attendance at the ACHD conference in Sacramento. He mentioned a payment made to Voler Strategic Advisors on page 11 and requested an update on their activities and progress from CEO Pulido. Additionally, he inquired about the payment to Arora + Associates, LLC, and was

informed that they are a recruiting firm that assisted the District in the recruitment of the allcove™ Clinical Director.

Motion to Approve Consent Calendar as Presented

Motion: By Director Sanchez; Vice-Chair Pagliaro

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 5/0/0

5. Old Business:

a. Proposal to Extend Economic Planning Services Contract for PWC Project Financial Analytics and Consulting: Ana M. Pulido, Chief Executive Officer

The SECOND Amendment of the Agreement between Economic & Planning Systems, Inc., and Peninsula Health Care District appears on page 32 of the Board packet.

Motion to Approve the Extension of the Economic Planning Services Contract for PWC Project Financial Analytics and Consulting

Motion: By Vice-Chair Pagliaro; Director Zell

Vote: Ayes – Cappel, Pagliaro, Zell, Navarro, Sanchez

Noes: 0

Abstain: 0

Motion Passed: 5/0/0

6. New Business:

a. allcove™ Soft Opening Report: Marc Rappaport, Clinical Director, and Jackie Almes, Youth Behavioral Health Program Manager

Clinical Director Marc Rappaport and Youth Behavioral Health Program Manager Jackie Almes presented the allcove™ Soft Opening Report.

Presentations Highlights

Referral Pathways

- FLY
- Caminar
- Schools
- Contractors (Service Providers)
- San Mateo County Office of Education

- Samaritan House
- CASA
- CORA

Services (In addition to contracts)

- California Clubhouse: Co-hosted events, it was a video game social where their members came to allcove™
- Kingdom Love: Providing Mental Health First Aid at allcove™
- School Clubs: Collaborative events at allcove™

Outreach Efforts

- Presentations
- Tabling
- Community (government, local businesses)
- Tours

Future Partnerships

- Arts Unity Movement
- The Art of Yoga

Statistics

- Number of visits for services: 64
- Number of youths enrolled: 34
- Number of folks toured: 127
- Number of youth visits for use of space: 76
- Number of inquiries (calls, emails and walk-ins): 86
- Number of materials given out: 917

Opportunities

- Co-hosted event with California Clubhouse/Community Based Organizations
- Co-hosted events with School Clubs
- Usage of space for outside case managers meetings and referrals
- Work experience program in collaboration with youth utilizing services
- School wellness counselors' meetings at allcove™
- Child trafficking educational event
- Interviews by Students/Organizations: Nueva School Newsletter, SMCOE Podcast, Woodside Priory

- School Partnerships for disciplinary action/mandated sessions

Next Steps

- Increase visibility and community awareness via social media ads, banners, billboard, tv ads, school (high school/college) newspaper ads
- Schedule community wide events centered on mental health awareness and advocacy to bring community into center
- Inquire with San Mateo County about hosting wrap around service providers at allcove™ related to housing and food insecurity, transportation, health/dental coverage, etc.

Q & A with Marc Rappaport and Jackie Almes

The "Statistics" section indicates that there are currently 34 youths enrolled. What defines enrollment?

Out of a total of 64 service visits, the enrolled youths are those for whom the facility collected demographic information and who actually received services.

How does the soft opening of the allcove™ San Mateo center compared to other allcove™ center openings? Staff recently visited allcove™ Beach Cities, how does the performance of the allcove™ San Mateo center stack up against their opening? Has any feedback been collected from Stanford regarding initial strengths and opportunities since the soft opening?

Beach Cities differs from allcove™ San Mateo in that their grand opening swiftly followed the soft opening with over 500 attendees. The requirement for a medical component has caused a delay in the grand opening of allcove™ San Mateo. Nevertheless, data indicates that allcove™ San Mateo has higher visitation numbers compared to the soft opening numbers of allcove™ Palo Alto.

Are all allcove™ centers statewide directly affiliated with Stanford?

The Stanford Center for Youth Mental Health and Wellbeing serves as the primary support provider for all allcove™ centers. The medical component of the allcove™ San Mateo center is overseen by Stanford Children's Hospital.

b. PHCD Health & Fitness Center Programmatic Update: Richard Bergstrom, Health and Fitness Director

Health and Fitness Director Richard Bergstrom presented the Fitness Center Programmatic Update with an introduction to the new "Fit Forever" and "Steady Steps" Fall Prevention Program.

[Presentation appended to and made part of the minutes]

c. CEO Strategic Plan Quarterly Report: Ana M. Pulido, Chief Executive Officer

CEO Pulido shared the Bi-Monthly District Report.

Report Highlights

Preventive Health

- County Partnership for the District Geomapping Project that will offer a centralized access point to prioritized data, and data sharing partnerships with Mills-Peninsula & Health Plan of San Mateo to help inform strategic planning and program offerings
- Exploring Collaboration to Promote Immunizations and Vaccinations through collaborations with San Bruno Park School District and Samaritan House
- Substance Use community webinar held via Parent Venture in January and a follow-up webinar will be coming in March

Mental Health

- allcove™ San Mateo finalized contracts with core service providers before the 2023 year ended and officially opened its doors as of January 2024
- allcove™ San Mateo was awarded \$1 million over a period of two years from MHSOAC, and also submitted the San Mateo County Measure K grant for \$250,000 per year over three years
- Senior mental health data was secured through three different San Mateo County Assessments. Each of these reports found that depression and isolation are mental health issues for seniors, and where more support is needed. PHCD will use this data for strategic planning and programming efforts in this area.

Dental Health

- Sonrisas met with Ravenswood, NEMS and Samaritan House to explore FQHC pathways. NEMS and Samaritan House both remain engaged in considering a partnership
- Sonrisas outreach in education and oral screenings reached more than 800 individuals in the months of January through February

Integrated Services

- Grants program awarded 33 organizations for a total of \$1,108,000 in community grants to support the District's vision in achieving optimal health for all District residents.
- Special session for Review of Grantee Mid-Year and End of Year reports with the key objectives of discussing common set of core metrics for future funding years
- Small Grants & Sponsorships management portal launched

- The Trousdale is at 92.7% occupancy and provided 112 tours in the last quarter

d. Discussion of Appointment of an Ad Hoc Committee to Review Board Policies: Ana M. Pulido, Chief Executive Officer

The Peninsula Health Care District currently has 23 District and Board policies that define acceptable practices for its operations. Some policies require review and renewal, while others are continuous. The District will undergo a full review of existing Board and District policies with legal counsel, submit revisions and introduce new policies as needed.

CEO Pulido proposed the consideration of an ad hoc committee to review the current PHCD policy, as some policies require renewal. She inquired if the Board would like to participate in the policy review process alongside Counsel Hudak.

Director Zell clarified that all policies are approved by the Board. The process first consists of staff review with legal counsel, Board Chair, and related Committees to review the policy changes before they are brought before the Board.

CEO Pulido replied that some of the policies fall outside of that scope, and she wanted to propose some new policies that might be beneficial to the District. She further noted that she would be happy to review at the staff level but wanted to give the Board the opportunity to get involved.

Director Zell responded that he believes best practices start at the staff level and that Counsel Hudak may be able to assist with these because of his extensive work with government entities. He encouraged staff to share any ideas or recommendations with the Board. However, any policy change must follow the stated proper channels before Board approval. Director Zell shared a positive audit experience under the previous PHCD CEO, highlighting that the state found the District's books were organized, and the policies were up-to-date.

Chairman Cappel suggested all PHCD staff review policies and bring any concerns to Counsel Hudak for Board consideration.

7. Reports:

a. Board Standing Committees:

Finance – March 12, 2024

Director Zell stated that in the next Finance Committee meeting they will be reviewing the organization's upcoming budget.

Strategic Direction Oversight – May 1, 2024

Chairman Cappel stated that the next Strategic Direction Oversight Committee meeting will be held on May 1st.

Board Chair and Director Report

Chairman Cappel stated that there were no Board Chair or Director Reports to present.

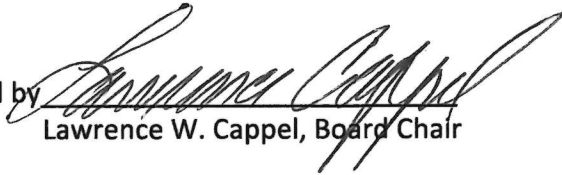
8. Correspondence and Media

- a. 2/27 Jewish Family and Children's Services Thank You Letter
- b. 2/27 AbilityPath Thank You Letter
- c. 2/27 Cora Thank You Letter
- d. 2/29 Sonrisas Cooking for a Cause

9. Adjourn: 8:06 pm

Written by: Voula Theodoropoulos

Approved by



Lawrence W. Cappel, Board Chair