

# COMMUNITY HEALTH INVESTMENT COMMITTEE MEETING Monday, November 18, 2024 5:00 pm -7:30 pm Agenda

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(Philadelphia)

- 1. Call to Order
- 2. Approval of Minutes October 07, 2024

Pg. 1-6

- 3. Community Grant Application Review and Recommendations Pg. 7-34
  - a) Review Fully Funded Applications
  - b) Discuss Undecided Applications
  - c) Recommendations for Additional Funding
- 4. Final Board Recommendations: Recipients and Amounts (Action)
- 5. Consideration to Launch Innovation Grants
- 6. Future Meetings
  - a) Check Presentation Ceremony January 30, 2025, 5:30pm
  - b) Mid-year & End of Year Report Review March 19, 2025, 5:30pm
- 7. Adjournment



#### **Community Health Investment Committee (CHIC) Meeting**

Monday, October 7, 2024 Minutes

**1. Call to Order:** Chairman Navarro called the meeting to order at 5:01 p.m. CHIC members present were Navarro, Sanchez, Baker, Neider, Jue, Miran, Baker, and Martinez.

2. Review & Approval of Minutes: September 16, 2024

#### 3. Budget Update

**CEO Pulido** shared that the PHCD Board had approved a \$1M increase to the CHIC budget. She congratulated the team for their collective effort in securing this approval and expressed enthusiasm about the positive impact the additional funds would have on the community.

#### 4. Letters of Interest

### **Overview of Letters of Interest (LOIs)**

Focus Areas	# of LOIs	% of LOIs	<b>Amount Requested</b>
Healthy Aging	11	30%	\$470,265
Mental & Behavioral Healt	h 14	38%	\$538,000
Preventive Health	12	32%	\$537,819

#### **LOI Preliminary Review Criteria**

- Alignment with PHCD Vision & Grant Program's Focus Areas
- Provide direct service in an area not currently met by District programs
- Rational and significance of proposed work
- Program approach
  - Existing funding or Partnerships
- Impact on District residents
  - o % served
  - Improvement in health outcomes defined
- Budget
  - Projected served in the context of the requested amount
  - Within request parameters

#### **Further analysis:**

- How does the proposed work align with the priority areas?
- How does the proposed work connect with and complement current grant support?

#### A. Review Grid & Discussion

- Grid overview of the 2024 Grant Process was presented.
- Geomapping has been integrated to provide PHCD with a visual illustration of its outreach across the community through its grantees.
- Committee will focus on assessing how well the Focus Areas align with the Grant Priorities.
- Mental & Behavioral Health focus will target children up to age 12 and students in grades Kindergarten through 7th, ensuring there is no overlap with services already provided by allcove San Mateo to the 11-25 age demographic.

#### B. Organizations to Move Forward to Full Application Phase

## **Recommend Advancing to Full Application Stage**

	# of Returning Applicants	# of New Applicants
24 invited to submit a full application	19 (79%)	5 (21%)
6 invited to submit a full application contingent on response to an inquiry and modifications	2 (33.3%)	4 (66.7%)

#### Organizations invited to submit a full application:

- 1. AbilityPath
- 2. Anew Vista Community Services
- 3. BACHAC
- 4. Breath California Bay Area, Golden Gate and Central Coast
- 5. Burlingame RiteCare Childhood Language Center
- 6. Call Primrose
- 7. CASA of San Mateo County
- 8. Changing Perspectives
- 9. Child Mind Institute
- 10. CORA
- 11. Each Green Corner

- 12. First 5 San Mateo County
- 13. Foster City Village, Inc.
- 14. Fresh Approach
- 15. Healthier Kids Foundation
- 16. Heart & Soul, Inc.
- 17. Kara
- 18. MELP/AbleCloset
- 19. One Life Counseling
- 20. Pacific Stroke Association
- 21. The HEAL Project
- 22. ViaHeart Project
- 23. Villages of San Mateo County
- 24. Vista Center for the Blind and Visually Impaired

**Total Amount Requested:** \$948,725

# <u>Organizations to Move Forward to Full Application Phase contingent on response to an inquiry</u> and modifications

- Boys & Girls Club of North San Mateo County
- 2. Burlingame Parks and Recreation
- 3. Peninsula Family YMCA

- 4. Institute for Human and Social Development, Inc.
- 5. Chinese Hospital
- 6. El Concilio of San Mateo County

Total Requested: 325,000

#### Current Projects not aligned with 2025 grant cycle

- Friends for Youth, Inc.
- Square Peg Foundation
- Stanbridge Academy
- Voices of Recovery San Mateo County
- Board of Trustees of the Leland Stanford Junior University
- HealthRIGHT 360
- Youth Leadership Institute

#### Q & A with SID Rodríguez and CEO Pulido

**Dr. Jue** asked how the decision was made to advance these 24 organizations from the 37 total applicants.

**SID Rodríguez** explained that letters of interest were reviewed, and an assessment was made based on whether the projects aligned with the vision and grant program's focus areas, as well as whether the proposed services addressed gaps not currently served by the District.

**Dr. Jue** asked who vetted these organizations.

**CEO Pulido** clarified that the staff conducts the initial screenings of the letters of interest, and based on established criteria, recommendations are then made to the Committee.

**Director Sanchez** asked if there was a common reason why some organizations were not recommended to continue in the application process.

**CEO Pulido** explained that a common challenge for some organizations was their focus on mental health services for an age group that fell outside the age range that the committee had identified as a key priority.

**Bryan Neider** inquired about the reasons for a decrease in applicants for this grant cycle compared to the previous year.

**CEO Pulido** responded that the two-year cycle implemented by the Committee is likely to have contributed to the reduced number of applicants, as 30 applicants are currently in the second year of the cycle and will not be applying for funds until next year.

**SID Rodríguez** noted that while there were fewer applicants this year, the quality of the organizations expressing interest in proceeding with the application was significantly higher. The District enhanced awareness of the grant programs by issuing a press release, leveraging various non-profit channels, conducting informational sessions, and making herself available for meetings during office hours to respond to specific questions from organizations.

**Director Sanchez** commented that the geomapping representation of grantees effectively illustrates the extent of organizations' outreach and indicates that services are not concentrated in a general area, but rather are distributed across the geography served by the District.

**Director Sanchez** asked whether the seven organizations that did not align with the 2025 grant cycle required further review by the Committee.

**CEO Pulido** clarified that organizations failing to meet the basic criteria would not qualify to advance, based on the established evaluation process of the Committee.

**Dr. Jue** sought clarification on the age demographic the Committee would focus on, for pediatric mental health, to which SID Rodríguez responded that it encompasses youth up to the age of 12, specifically grades K through 7.

**CEO Pulido** noted that the District offers Mental Health services to individuals aged 12 to 25 through the allcove San Mateo Program.

**Director Sanchez** emphasized the importance of sharing the geomapping visuals of current and potential organizations with the Board, as it serves as an effective visual tool to illustrate the reach of the grants program.

**CEO Pulido** shared that a key point for requesting an increase in the CHIC budget is that the programs developed by the District can only accommodate hundreds of participants, whereas the grants program can serve thousands. She expressed her belief that the District would not be able to fulfill its mission of promoting optimal health in the community without the grants program and hopes that the Board will continue to support an increase over time.

#### **CHIC Budget Portfolio Overview 2025**

Impact Partners \$840,492

Community Grants \$1,006,508 (\$490,000 Committed to 2-year grants; 519,508

remaining for 1-year grants)

Health Care Workforce \$50,000 Small Grants and Sponsorships \$100,000 Total Budget \$2,000,000

Revised CGP Budget (Sep. 2024) \$1,519,508 (reflecting \$1 M Adjustment)

**CEO Pulido** stated that while the Community Health Investment (CHI) Budget has received an increase in funding, the District remains committed to upholding the review and selection process. This involves not only assessing the organizations to determine their eligibility for funding, but also deciding the appropriate funding levels. In an ideal scenario, if all selected organizations receive the full amount they are requesting, which is justified by a strong case, there would still be approximately \$245,000 left in the budget. She posed the question of how to allocate the remaining funds. One suggestion is to review the applications already submitted to see if any organizations can expand their services at a larger scale, although this would not apply to those that have already reached the current grant limit of \$60,000. Another possibility is to initiate a grant cycle for innovations, inviting grantees with creative proposals to apply, though this would necessitate a swift response from the Committee. Additionally, Committee members could proactively recommend organizations they know are making an impact in the community, allowing for a vetting process that includes both staff and Committee input. These are just a few ideas that have been discussed, and we are open to any further suggestions.

**Director Sanchez** proposed that the Committee consider addressing vaccination programs in light of the recent increase in whooping cough cases.

**SID Rodríguez** noted that the only grantee currently focused on vaccinations is Chinese Hospital, which provides flu vaccinations.

**Chairman Navarro** recommended reaching out to Samaritan House to discuss vaccination efforts.

**CEO Pulido** responded that she could contact Samaritan House for informational purposes, but they are already a grantee.

**Chairman Navarro** expressed that he would like to approach the District Board to inform them about the remaining funding and, with their approval, collaborate with the County of San Mateo and Samaritan House to meet the vaccination needs. He also inquired about the seven organizations that were not fully aligned with the District and the amount they were requesting.

**SID Rodríguez** clarified that the total request from these seven organizations was \$272,359.

**Chairman Navarro** asked about the difference between the total budget and the amount requested by all 37 applicants.

**SID Rodríguez** explained that the updated budget of \$1,519,508 would fall short by approximately \$26,000, if we were to consider the total requests from all 37 applicants.

**Director Sanchez** emphasized the importance of identifying the locations of recent whooping cough cases to determine whether they fall within the District's service boundaries.

**Bryan Neider** suggested that the Committee should investigate service gaps within the community. Once these gaps are identified, organizations actively working in those areas could

be invited to apply for grants, offering a different approach than the traditional method of funding established initiatives. He also proposed that the Committee reach out to selected grantees, requesting them to share a story and an image showcasing their community work. The District could then disseminate these stories through their social media platforms to raise awareness about the positive impact of their efforts in the community.

#### 5. Next Steps and Important Dates

#### **Next Steps**

- Communications to Organizations
- Development of a Metrics Workshop

#### A. Key Application Dates

- Full Grant applications due on Mon., October 28 by 11:59 pm
- Committee Review period online from Wed., October 30 Fri., November 15
- Completed Reviews on Zengine (Grants platform) by Fri., November 15 at 12Noon
- Committee in-person grant review on Mon., November 18, 2024
- Board of Directors approval Thurs., December 12, 2024

#### **B. Next Community Health Investment Committee Meeting**

 Monday, November 18, 2024: Review, Discuss and Make Grant Recommendations for Board Consideration at December Board Meeting

#### 6. Adjourn: 6:31 p.m.

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Total Number Of People Expected To Be Served	Of PHCD Residents	Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
AbilityPath	The components of <b>Pathways Health &amp; Wellness</b> include hands-on classes and instruction, education and community engagement, psychological support, and senior-specific programming which are designed to promote, educate, and support healthy living for individuals with intellectual and developmental disabilities (I/DD). Nutrition and meal prep, personal care & daily living skills, self-advocacy and healthy relationships are examples of tailored program activities and classes provided to program participants ranging in age from 18 to 80+. The evidenced - based curriculum utilizes recreational and clinical psychology therapies that help prevent risk factors that lead to poor health, diminished quality of life and early onset of health conditions. Classes are provided by AbilityPath in Burlingame, Daly City, and Redwood City. PHCD funds will be used towards purchase of food and materials for cooking, nutrition, and wellness classes; admission fees for community wellness classes; and budgeted salary expenses for program management and development.	\$ 60,000	Fund in Full	Healthy Aging across the Life Course Grants	Health Education Programs that increase access to Preventative Services and Support Healthy Eating and Nutrition Physical Activity Socialization for Seniors Caregiver Support		100	100	Burlingame	94010 94011 94030 94066 94401 94402 94403 94404 94497	We provide services to all residents throughout the zip codes, either through referral from the Regional Center or by request by the individual and/or family, care team.	94010: 11% 94011: 0% 94303: 7% 94066: 21% 94401: 19% 94402: 12% 94403: 16% 94404: 14% 94497: 0%

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Expected To	Of PHCD Residents	Program Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
AnewVista	AnewVista Community Services (ANVCS.org)	\$ 25,000	Fund in Full	Healthy Aging	Senior Mental	Expand	500	500	Redwood City	94010	Our program	While precise
Community Services	empowers seniors to thrive in the digital age.			across the Life Course	Health Programs that					94011 94030	covers the entire	client percentages are subject to
Services	By improving digital literacy, we reduce health			Grants	increase					94066	geographic area	-
	disparities, improve social connectedness and			Orants	access to					94401	of each	collection and
	empower seniors to make informed decisions				Preventative					94402	selected zip	analysis, we
	while aging in place.				Services and					94403	code. All	anticipate serving
	298 F				Support					94404	classes are	a significant
	We offer practical technology training to lead				Socialization					94497	online and	proportion of
	seniors on a journey from frustration to				for Seniors						therefore	residents within
	competence to confidence; ultimately, becoming										accessible to	the selected
	tech evangelists within their communities.										all residents	PHCD zip codes.
	Delivering over 200 online and in-person										within the	In fact, we expect
	technology sessions covering 150 topics, weekly										Peninsula	that
	blogs and reels, and office hours. ANVCS.org										Health Districts	
	covers essential skills like internet access, online										zip codes.	20% of the
	health portals, digital connection tools, and											AnewVista
	cybersecurity, plus emerging technologies like										Explanation:	Community will
	AI.										*Online	directly come
	Men e										Accessibility:	from Peninsula
	With frequent in-person and online workshops,										By offering	Health District
	individualized support (including remote and in-										1	residents.
	home assistance), and online media we cater to diverse needs and learning styles. ANVCS.org										we eliminate geographical	This projection is
	provides workshops in English and Spanish and										barriers.	based on several
	publishes blogs and video reels in multiple										Residents in	key factors:
	languages ensuring inclusivity.										every corner of	*Equitable
	tanguages ensuring metasivity.											Equitable

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Organization	Program Description	Requested Amount	Recommenda	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Number Of People Expected To Be Served	Of PHCD Residents	Program Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Burlingame Parks and Recreation	"Let the Sunshine In" enhances seniors' physical and mental well-being by reconnecting them with the outdoors and each other through recreational activities. This initiative provides opportunities for outdoor exploration, light physical engagement, and friendship-building, all at a subsidized cost to promote financial inclusivity.  Participants can enjoy activities tailored to their interests and abilities, including nature walks, outdoor dining, animal-watching excursions, gentle hikes, guided tours, outdoor games, classes, and seminars. The program actively promotes health equity, ensuring that all seniors benefit from outdoor engagement and community connection.  PHCD funds will be utilized to subsidize transportation, nutritious food, tours, entrance fees, equipment, instructors, and teachers. Through PHCD funding, we aim to expand our offerings and further enhance accessibility, allowing more seniors to enjoy the enriching excursions provided by the program.	\$ 50,000		Healthy Aging across the Life Course Grants	Senior Mental Health Healthy Eating and Nutrition Physical Activity Socialization for Seniors		500	500	Burlingame	94010 94011 94030 94066 94401 94402 94403 94404 94497	The program is open to anyone aged 55 and older, regardless of residence in Burlingame. Participants come from all areas of San Mateo County and are registered for the Senior Newsletter. The goal is to reach all seniors over 55, ensuring inclusivity across the region.	30% in 94011 20% in 94030, 94066, 94401, 94402, 94403, 94404, 94497 (combined)

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Expected To	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
CALL Primrose	CALL Primrose provides free, healthy groceries to low-income households in San Mateo County. Our services are offered weekdays from 9:30 am to 2:45 pm on a drop-in basis; anyone in need is welcome. Through our community partnerships, we have access to a wide variety of grocery items, placing an emphasis on obtaining those that are nutritious and most beneficial to our clients. Our current distribution model is client-choice based, with a goal that is two-fold; Our primary objective is that of empowering our clients with the ability to choose. A secondary goal is that of waste reduction. We are custom-making each bag of groceries to client specifications, ensuring that we provide only those items each household wants or can use. CALL Primrose has been providing free grocery services since 1984 with an ongoing eye towards seeking ways to become more effective and increasingly efficient.		Fund in Full	Healthy Aging across the Life Course Grants	Senior Mental Health Healthy Eating and Nutrition		8500	7800	Burlingame	94010 94030 94066 94401 94402 94403 94404 94497	zip codes	Roughly 91% of the clients served by CALL Primrose reside within â€~The District' as follows: •Burlingame/Hi llsborough 22% •Foster City 3% •Millbrae 8% •San Bruno 17% •San Mateo 36% •South SF (Portion) 5% Total91%

Expand This Program	Expected To Be Served				Geographic Area Of The Zip Code	Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Peninsula Family YMCA  A Parkinson's Wellness Program is a specialized initiative designed to provide comprehensive support for individuals living with Parkinson's disease, as well as their caregivers. With over 100,000 people in California currently living with Parkinson's, and this number expected to rise, such programs are vital in helping manage the progressive nature of the disease. On average, a person diagnosed with Parkinson's lives 14.5 years with the condition, highlighting the need for long-term, consistent care and support.  A Parkinson's Wellness Program is a specialized \$ 60,000 Fund in Full Healthy Aging across the Education Healthy Aging across the Life Course Healthy Aging across the Life Course Healthy Aging across the Life Course Healthy Aging across the Education Service Healthy Aging across the Education Healthy Aging across the Education Service Healthy Aging across the Life Course Life Course Aging across the Life Course Aging across the Healthy Aging across the Life Course Aging across the Life Course Aging across the Healthy Aging across the Life Course Aging	40	40	San Mateo	94010 94011 94030 94066 94401 94402 94403 94404 94497	94010: Northwest Burlingame: Areas close to the El Camino Real corridor Southern Burlingame (East of El Camino) 94011: Bayshore and Easton Addition 94030: East of El Camino Real 94066: Central and East San Bruno 94401: Downtown San Mateo and Baywood/Arago n neighborhoods/ North Central	

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	People Expected To	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Villages of San	Our Village program offers an innovative, cost-	\$ 20,000	Fund in Full	Healthy Aging	Senior Mental	Expand	100	100	See	94010	all of 94010, all	18% in 94010, 0%
Mateo County	effective, volunteer-driven approach to improve			across the	Health				"Additional	94011	of 94011, all of	in 94011 (note
	the health and wellness of aging adults and allow			Life Course	Programs that				Program sites"		94030, all of	that 94011 is just
	them to age securely in their own homes and the			Grants	increase				for	94066	94066, all of	PO boxes - no
	communities they love. Our Villagers belong to a				access to				explanation of	94401	94401, all of	residential
	vibrant community, reimagining aging through				Preventative				our Program	94402	94402, the San	addresses have
	connection, purpose, shared exploration, and				Services and				Location	94403	Mateo portion	this zip code), 5%
	mutual support. Volunteers support our Villagers				Support					94404	of 94403, the	in 94030, 5% in
	every day of the year, providing transportation to				Physical					94497	San Mateo	94066, 14% in
	medical appointments, grocery shopping and				Activity						portion of	94401, 18% in
	errands, conducting home safety evaluations				Socialization						94404, all of	94402, 37% in
	and making home safety improvements that				for Seniors						94497.	94403, 3% in
	prevent life-changing falls, performing home											94404, 0% in
	maintenance tasks, tackling technology											94497 (note that
	challenges, and making friendly visits. With an											94497 is just PO
	average age of 83, our Villagers experience social											boxes - no
	isolation and loneliness. To stay actively											residential
	engaged we host regular social gatherings that											addresses have
	build community and friendships that include											this zip code).
	speaker series, health education, local											
	excursions, outdoor walks, lunches, dinners and											
	jazz and wine gatherings. We assist with life											
	transitions, making referrals and engaging a											
	social worker when needed.											

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	People Expected To	Of PHCD Residents	Program Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
	to maintain or regain independence. The strategy is to optimize remaining vision by learning technology, tools and techniques like contrast, magnification, voiceover, digital assistants, and new skills for activities of daily living. Certified Rehabilitation Specialists meet with individuals to assess needs and develop their "customized service plan†including low vision Exams, 1:1 / Group counseling /support groups, rehabilitation instruction in daily living			Life Course Grants	Health Education Screening Programs Programs that increase access to Preventative Services and Support					94030 94066 94401 94402 94403 94404 94497		participants
	skills (meal preparation, safely take medication) and/or orientation and mobility (white cane training and fall prevention), assistive technology for effective communication. Services are provided at home, community, Vista's office /Clinic in Palo Alto. Success is evaluated based on pre and post-test surveys.  PHCD funds will be used to maintain and grow nocost services, visual aids and skills training for low income clients, as these are not covered by medical insurance.				Healthy Eating and Nutrition Physical Activity Socialization for Seniors Caregiver Support							

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Total Number Of People Expected To Be Served	Of PHCD Residents	Location City	Your Program Will Serve Residents From The Following PHCD Zip Codes	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Burlingame RiteCare Childhoo Language Center	Founded in 1958, the California Scottish Rite Foundation (CSRF) serves children with speech, language and literacy disorders by providing the opportunity for free, life-changing speech- language evaluations and intensive therapy to improve their communication skills. The RiteCare Childhood Language Centers (CLCs) of California is a program of the CSRF and provides speech, language, and literacy treatment of childhood language disorders to more than 500 children a month at 19 locations in communities across California, free of charge. Each CLC operates independently.  Established in 2021, the foundational goals of the Burlingame RiteCare CLC are the early identification and treatment of speech and language disorders. Occupational therapy is also available to help children reach developmental milestones. A grant from PHCD will support and expand our Burlingame RiteCare Childhood Language Center which provides diagnostic speech-language-occupational evaluations and weekly therapy sessions, for children and families in need throughout the Peninsula Health Care District.		Discuss with the Committee	Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6) Screening Programs Programs that increase access to Preventative Services and Support Caregiver Support	Expand	10	10	Burlingame	94010 94011 94030 94066 94401 94402 94403 94404 94497	entire geographic area	Approximately, 60% reside within the PHCD zip codes.

Organization	Program Description	Requeste Amount	commenda	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Number Of People Expected To Be Served	Of PHCD Residents	Program Location City	Your Program Will Serve Residents From The Following PHCD Zip Codes	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
County	support growing mental health and wellness needs for youth as part of our Beyond an Advocate programming. This program will train volunteers to provide holistic mental and			Behavioral Health Grants	Health (K-6) Reduction of				CITY	94011 94030 94066 94401	where our	94011: 0% 94303: 2% 94066: 27% 94401: 38%
	volunteers to provide holistic mental and emotional support to youth outside of their courtroom advocacy duties. It will also provide direct support to youth in the form of				Reduction of Adverse Child Events and Toxic Stress					94401 94402 94403 94404	where our children and youth are currently	94401: 38% 94402: 23% 94403: 2% 94404: 6%
	experiences, material supplies, and programming to build community with other youth in the foster care and juvenile justice system. The program will focus on four key goals:  1) Train volunteers to understand the impact of				Health Education					94497	placed outside of San Mateo	San Mateo County, depending on
	positive childhood experiences on mental and physical health, educational outcomes, and more; 2) Provide volunteers with resources to facilitate positive childhood experiences (PCEs) tailored to their youth; 3) Increase youth programming to build community with peers; 4) Supplement state assistance to meet youth's										the jurisdiction	children and
	material and financial needs.										the same.	

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Expected To	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Changing Perspectives	Changing Perspectives provides comprehensive social-emotional learning and mental well-being resources for educators, school leaders, and caregivers. Our school-based program is designed to benefit learners of all abilities, backgrounds, and communities.  To support youth in developing pathways to improving mental health through social-emotional development, Changing Perspectives provides the following resources and services:  TK - Grade 12 Curriculum Resources Professional Development Site Visits Family Workshops  In today's increasingly diverse classroom (e.g., multi-lingual, multicultural, and varying socio-economic backgrounds), social-emotional learning has become integral to youth development. Social-emotional learning (SEL) is a proactive approach to supporting mental health, enhancing well-being among students, fostering positive perspectives on oneself and others, and reducing emotional distress and harmful behaviors. Ultimately, SEL creates	\$ 15,000	the	Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6)	Expand	3674	3674	Foster City	94010 94402 94403 94404	94010: NW area of zip code; south of Millbrae 94402: SW area of zip code; southwest of College of San Mateo 94403: Central; NE of Laurelwood Park 94404: Southern and Eastern zip code border	

Organization	Program Description	Reques Amount	t	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	People Expected To	Of PHCD Residents	Program Location City	Your Program Will Serve Residents From The Following PHCD Zip Codes	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Child Mind Institute, Inc.	The Child Mind Institute's Professional Training Program empowers educators and school mental health professionals in the Peninsula Health Care District with evidence-based mental health strategies. By equipping schools with the necessary tools to support student mental health, the program addresses a critical gap in early mental health intervention. Through workshops and the Mental Health Skill-Building Training for school staff, students will gain essential coping skills grounded in Cognitive Behavioral Therapy, promoting emotional resilience. With your generous support, the program will deepen our work with 3 partner schools and expand to 3-4 additional schools in the region (totaling 6-7 schools in PHCD's service area), impacting more than 90 school staff and 1,600 students in grades K through 7.		60,000	Pending	Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6) Programs that increase access to Preventative Services and Support	Expand	1600	1600	East Palo Alto	94401 94402 94403	The central and northern parts of theâ€⁻area of East Palo Alto and San Mateo broadly.	

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Number Of People Expected To Be Served	Of PHCD Residents	Program Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
- CORA	Program is the only program of its kind in San Mateo County, providing free, trauma-informed, evidence-based individual, family, and group counseling for domestic violence survivors and their children. The program's overall goal is to support clients in the process of learning how to cope with trauma and in securing safety for themselves and their children.  The FCMH Program offers services in both English and Spanish, with the goal of helping survivors decrease negative symptoms and heal from dv-related trauma, reduce the likelihood of re-victimization, and encourage self-sufficiency			Behavioral Health Grants	Mental & Behavioral Health (K-6) Reduction of Adverse Child Events and Toxic Stress Programs that increase access to Preventative Services and Support					94011 94030 94066 94401 94402 94403 94404 94497	track this.	• 94011: 2.28% • 943036.35% • 944067.29% • 94401 17.50% • 94402 17.50% • 94403 17.50% • 94404 17.50% • 94404 17.50% • 94404
	for future success. To accomplish this, the FCMH Program draws from an array of evidence-based modalities and models, depending on client needs and appropriateness. PHCD funds will be used to help support a Licensed Clinical Supervisor (.23 FTE).											

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program		Of PHCD Residents	Location City		Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Foster City Village, Inc.	The Buddy Connection Program provides services to those senior individuals who feel isolated, vulnerable, lonely, or depressed and have requested our help. We offer a "partner†(buddy) for each individual. The buddy offers friendship, a consistent (2x/wk), friendly contact, promotes outings, accompanies them to FCV events, and eventually outside events within the community. They offer access free rides and motivation - for participants to attend health appointments.  Caregivers are included in every single facet of the program. In 2025, we plan to offer Caregivers the opportunity to attend our training sessions. Funds are used for:  Training and special events for buddies as well as a social event 2x per year for participants and their buddies.  Items to make their homes safe and secure.  Silver Scholarships so that EVERY senior who needs and/or requests to be in this program will be able to join.		Fund in Full	Mental & Behavioral Health Grants	Senior Mental Health Health Education Programs that increase access to Preventative Services and Support Healthy Eating and Nutrition Physical Activity Socialization for Seniors Caregiver Support	Expand	250	100	Foster City, CA	94404	94404, which includes all of Foster City and areas on the east side of Highway 101 within San Mateo.	residents within 94404 are eligible to be an FCV member. We reach out to our community throughout the year to recruit new members and volunteers. Volunteers may reside anywhere, but members

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Number Of People Expected To	Of PHCD Residents	Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Heart & Soul, Inc.	H.O.P.E. is the first peer program in San Mateo County to facilitate support services for you during hospitalization and post-hospitalization via mental health and substance use recovery and family support. The program provides immediate wellness tools through alternative approaches to mental health recovery and evidence-based practices such as Intentional Peer Support, Motivational Interviewing, and Wellness Recovery Action Plan (WRAP®) instruction. These include: Peer Mentors & Family Support, self-care modeling and community resource information. The goal of this support is for you to develop a self-directed plan and pattern of mental health and/or substance use recovery and subsequent wellness maintenance.  Also support through: From Hospitalization to Healthy Community Integration; Supportive Employment Coordination  Provides opportunities to enter or return to paid employment in integrated work settings through both Transitional Employment and Supportive Employment programs.  Peer Mentors encourage Peer Participants to		Fund in Full	Mental & Behavioral Health Grants	Senior Mental Health Programs that increase access to Preventative Services and Support Socialization for Seniors		6000	6000	Burlingame	94030 94066 94401 94402 94403	All parts of 94066. Central and NW parts of 94030. All parts of 94401. Primarily W and NE parts of 94402. All parts of 94403.	94030 22%,

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Total Number Of People Expected To Be Served	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
and Social Development, Inc. (IHSD)	The Early Childhood Mental Health Consultation Program provides mental health consultations to Izzi Early Education (formerly IHSD) staff, children, and families. Activities include regular mental health meetings with staff in centerbased, family childcare, and home-based settings; observing classrooms and individual children with parent permission; offering emotional support to families and staff; parent and/or staff training on mental health topics; and assisting with referrals to further mental health service options when appropriate. Consultants help strengthen child-parent, child-staff, parent-staff, and staff-staff relationships, using a reflective approach, developmental guidance, and conflict resolution processes when necessary. As a federal Head Start provider in San Mateo County for children ages birth to five, Izzi is required to provide mental health consultation services. Due to a main service provider's unexpected budgetary constraints, PHCD funds will be used to maintain funding for the program next year at Izzi's Lakewood and San Bruno preschool locations.	\$ 43,881		Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6) Reduction of Adverse Child Events and Toxic Stress Programs that increase access to Preventative Services and Support Caregiver Support	Maintain	114	114	San Mateo	94011 94030 94066 94401 94402 94403 94404 94497	PHCD zip codes. While PHCD funding is being requested only for the two sites located in the cities of San Mateo and San Bruno, the program operates in all 10 Izzi locations, serving 100% of	15.8% of students receiving Izzi services reside in the selected PHCD zip codes (0.6% in 94030, 0.5% in 94404, 4.5% in 94066,
											Mateo County.	Council annually for state-

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Total Number Of People Expected To Be Served	Of PHCD Residents	Program Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Kara	As the only "stand-alone" grief-focused agency in the Bay Area, Kara offers an array of bereavement support services, providing grieving youth, adults, families and organizations the healing space, connections, and tools they need to move along their unique journey of loss toward renewed hope and meaning. Peer-based support services are offered at no cost to those we serve and are offered in English and Spanish, and via telehealth, as needed. PHCD funds would be used to provide grief support and crisis response to residents and organizations within the district. Our services align strongly with PHCD's focus on children and senior mental health, while providing grief support to all ages to ensure that no one is left unsupported. This holistic approach ensures that families and communities receive the comprehensive care they need throughout life's journey, emphasizing the critical role of grief support in overall well-being.		Fund in Full	Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6) Senior Mental Health Reduction of Adverse Child Events and Toxic Stress Programs that increase access to Preventative Services and Support Healthy Eating and Nutrition Socialization for Seniors	Maintain	400	100	Palo Alto	94010 94011 94030 94066 94401 94402 94403 94404 94497	94010 - general, no parameters 94011 - general, no parameters 94030 - general, no parameters 94066 - general, no parameters 94401 - general, no parameters 94402 - general, no parameters 94402 - general, no parameters 94403 - general, no parameters 94404 - general, no parameters 94404 - general, no parameters 94407 - general, no parameters	Estimates based on the last 10 years data: 94010 - Burlingame, Hillsborough, San Mateo - 22% 94011 - Burlingame - 1 % 94030 - Millbrae - 6% 94066 - San Bruno - 9% 94401 - San Mateo - 13% 94402 - San Mateo - 13% 94403 - San Mateo, Foster City - 22% 94404 - San Mateo, Foster City - 13% 94497 - San Mateo - 1%

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	People Expected To	Of PHCD Residents	Program Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
MELP/AbleCloset	MELP and AbleCloset are two programs within the nonprofit named MELP/AbleCloset. MELP (Medical Equipment Loan Program) handles standard mobility and safety equipment such as walkers, wheelchairs, shower chairs, etc., mostly for adults. The AbleCloset program handles highly specialized equipment for children with moderate or severe disabilities. Both programs receive donated DME (durable medical equipment) which we clean and repair as needed, and then provide at no cost to anyone who needs the items. In our short three years MELP has grown very rapidly, from loaning just 388 items in the first 12 months to giving out 3,874 items in a recent 12-month period, an astounding 10-fold increase in annual volume. To keep up with this demand we have diligently recruited and trained volunteers, so we now have a dedicated group of over 70 enthusiastic volunteers supporting our programs. PHCD funds will help us to continue this amazing community service.		Fund in Full	Mental & Behavioral Health Grants	Pediatric Mental & Behavioral Health (K-6) Senior Mental Health Reduction of Adverse Child Events and Toxic Stress Programs that increase access to Preventative Services and Support Physical Activity	Maintain	2750	650	San Carlos	94010 94030 94066 94401 94402 94403 94404	selected zip codes will be	3% in 94010 1% in 94030 15% in 94401, 94402, and 94403 4% in 94404

Organization	Program Description	Requested Amount	Recommenda	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Expected To	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
One Life	This program uses three strategies to respond to	\$ 60,000	Pending	Mental &	Pediatric	Expand	420	420	San Carlos	94010	94010: West of	20% in 94010
Counseling Center	the community need for pediatric mental and			Behavioral	Mental &					94011	El Camino	
	behavioral health services: learning each client's			Health Grants	Behavioral					94030		15% in 94011
	cultural and linguistic needs, schedules, income,				Health (K-6)					94066	94011: East of	
	and specific mental health needs at intake and				Reduction of					94401	El Camino	15% in 94030
	connecting them with an appropriate therapist				Adverse Child					94402		
	and low-fee payment plan; providing culturally				Events and					94403	94030: East of	10% in 94066
	and linguistically competent individual				Toxic Stress					94404	280	
	counseling services to children and their families				Programs that					94497		15% in 94401
	who are in mental health crises and cannot				increase						94066: East of	
	afford therapy; and connecting clients to				access to						280	10% in 94402
	additional services to provide a continuum of				Preventative							
	care for basic needs. To deliver these services,				Services and						94401: East of	5% in 94403
	One Life is coordinating 12 of our therapists to				Support						El Camino	
	complete training for Child-Parent											5% in 94404
	Psychotherapy (CPP), the leading best practice										94402: North of	
	intervention model for children who have experienced at least one traumatic event and/or										92	5% in 94497
	are experiencing mental health, attachment,										94403: South of	
	and/or behavioral problems, including post-										92	
	traumatic stress disorder. PHCD funds will											
	provide vital support for growing One Life's										94404: East of	
	capacity to serve PHCD residents.										101	
											94497: East of	
											280	

fair, etc. We are

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch, Maintain Or		Of PHCD Residents	Program Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Breathe California	Seniors Breathe Easy delivers health and	\$ 20,000	Fund in Full	Preventive	Health	Expand	720	648	San Bruno	94030	In those zip	Approximately
of the Bay Area,	wellness programs at senior centers, seniors'			Health Grants	Education					94066	codes targeted,	80% of clients will
Golden Gate, and	homes, and community locations in the target				Screening					94401	services will be	reside within the
Central Coast	PHCD areas, focusing on populations with health				Programs					94403	offered to	five targeted zip
	inequities and including emerging health threats				Programs that					94404	residents	codes, and a total
	such as extreme heat and air quality, wildfires,				increase						throughout the	of 90% will reside
	RSV, and COVID. Services include health				access to						whole zip code.	in the PHCD
	education presentations; health screenings;				Preventative						Requests will	service territory.
	smoking cessation assistance; breathing				Services and						be taken from	We will target
	exercise programs; home visits for				Support						other PHCD	outreach to the
	assessment/education of environmental lung				Physical						area zip codes,	five zip codes, but
	health risks and fall prevention; and provision of				Activity						as well.	we will provide
	respiratory therapy equipment for needy seniors.				Socialization							services to other
	The project goals are: to increase seniors'				for Seniors							areas of the PHCE
	understanding of health risks, most importantly											area on request.
	of lung diseases such as COPD, TB, RSV; and											While all services
	COVID and of environmental risks like extreme											will take place in
	heat, wildfires, and falls; to improve access to											the service
	health screening and prevention services; to											territory, we
	increase the level of safety in seniors' homes; to											recognize that
	increase access to smoking cessation assistance											there may be
	for seniors; and to provide information and											some "visiting
	referral regarding lung disease and air quality											guests" at a senio
	issues.											center, or people
												from nearby zip
												codes at a health

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Chinese Hospital	This program will engage eight community health fairs in collaboration with various community partners, where we will serve both as hosts and active participants. Potential partners include UCSF Health, the City of Millbrae, San Mateo County Health, Self-Help for the Elderly, San Mateo Journal, and Sing Tao Daily. These events will offer free health screenings, essential services, and educational resources targeted to District residents, with a focus on preventive care, chronic disease management, mental health, and healthy aging. Planned locations include the Millbrae Recreation Center and Burlingame Community Center. PHCD funding will ensure these fairs promote health equity and access, especially for underserved populations within the District. Through this initiative, we aim to build a more equitable and healthy future for the District.	\$ 60,000	Fund in Full	Preventive Health Grants	Health Education Screening Programs Programs that increase access to Preventative Services and Support Socialization for Seniors	Expand	325000	2000	Daly City	94010 94011 94030 94066 94401 94402 94403 94404 94497	area within PHCD boundaries, including San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, half	94010 Burlingame; 94010 Hillsborough

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Community Initiatives, Inc., for the Bay Area Community Health Advisory Council (BACHAC)	The Community Mammogram and Breast Cancer Prevention Program is BACHAC's longest-running community health outreach program. For over 25 years, this program has provided education and free mammograms to individuals in San Mateo County who cannot access regular screenings due to lack of insurance or other barriers. Many are homeless, low-income, or lack the ability or knowledge of how to access screenings. The specific activities are:  â © Outreach and engagement with the community via a trusted member and organization through Community Health Village "pop-up" clinics  â © Bilingual education and outreach through community health outreach professionals (CHOPs), culturally relevant services, referrals, and follow up  -Health education, including how to conduct self-examinations, promotion of breast health, and symptoms of breast cancer  - Partner with a healthcare organization to provide mammograms and medical follow-up  - Medi-Cal education and re-enrollment to access health insurance		Fund in Full	Preventive Health Grants	Health Education Screening Programs Programs that increase access to Preventative Services and Support	Maintain	300	175	San Mateo	94011 94030 94066 94401 94402 94403 94404	94011: All 94030: All 94066: All 94401: North Central San Mateo 94402: All 94403: All 94404: All	94010: 4% 94030: 2% 94066: 2% 94401: 27% 94402: 13% 94403: 15% 94404: 3%

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Number Of People Expected To Be Served	Of PHCD Residents	Program Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
	Each Green Corner's (EGC) Living Campus Program partners with local school districts and community centers to design, install, and maintain agriculture-centered outdoor educational settings and food gardens. Produce grown in the gardens is harvested by families and school staff to be donated to our local food distribution partners or distributed directly to site community members experiencing food insecurity. To support educators, families, and children at these school sites, EGC has created an interactive curriculum called the Food Explorers Program that aligns with Common Core and California Health Education standards. Centered around our mission areas of nutrition, food security, and sustainability as they relate to food systems, this program aims to foster lifelong food connections in children by engaging them in culturally inclusive food systems education. PHCD funds would be used to support garden installation and refurbishment at two schools and provide gardening education curriculum at three schools within the PHCD.		Fund in Full	Preventive Health Grants	Health Education Healthy Eating and Nutrition Physical Activity	Expand	1000	1000	San Carlos	94066	One school is in the west area of 94066 zip code, west of SR 35 and two schools are in the central/east area of this zip code between US 101 and I-280.	100% in zip code

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El Concilio of San Mateo County	Our Health and Wellness Case Management program provides culturally relevant support for residents in the district who need resources or other critical services that will improve their quality of life. Our program provides direct service to immigrant, low-income families and individuals that face barriers preventing them from accessing services and resources available to them. Clients get connected to our program through our promotores who conduct community outreach and canvassing in hard-to-reach communities. Our promotores engage with communities, share resources and knowledge about services available to them. Promotores refer clients who need further assistance for a deeper 1:1 case management session with a case worker to 1) Provide advocacy, education, information, and referrals to preventive health services including mental health, vaccination, and basic needs such as food, shelter, housing, and financial assistance. 2) Provide translation, enrollment, forms assistance for preventive and support services, including medical coverage applications, screening appointments and programs.	\$ 30,000	Discuss with the Committee	Preventive Health Grants	Programs that increase access to Preventative Services and Support	Expand	150	150	Redwood City	94010 94030 94066 94401 94402 94403 94404	94010- College of San Mateo Area 94030-East and West of El Camino 94066-East of El Camino 94401-East of El Camino 94402- Central San Mateo-East of El Camino 94403-East of El Camino 94404-West of Hillsdale	94030-6% 94066-12%

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program		Of PHCD Residents	Program Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
First 5 San Mateo	Help Me Grow (HMG) is a national model,	\$ 60,000	Fund in Full		Pediatric	Maintain	590	468	San Mateo	94010	94010: All	94010: 4%
County	designed to help communities leverage existing			Health Grants						94011	94011: All	94011: 0%
	resources to provide information on child				Behavioral					94030	94030: All	94030: 3%
	development, link families to community-based				Health (K-6)					94066	94066: All	94066: 5%
	services, identify vulnerable children, and				Health					94401	94401: All	94401: 5%
	empower families to support their children's				Education					94402	94402: All	94402: 3%
	healthy development through the				Screening					94403	94403: All	94403: 8%
	implementation of Four Core Components:				Programs					94404	94404: All	94404: 7%
	- Child Health Provider Outreach supports				Programs that					94497	94497: All	94497: 0%
	pediatricians by enhancing developmental				increase							
	promotion and early detection for children.				access to							
	- Family and Community Outreach promotes the				Preventative							
	HMG system, facilitates provider networking, and				Services and							
	bolsters children's development by supporting				Support							
	families.											
	- Centralized Access Point (CAP) is a call center/											
	virtual hub for family members and providers											
	seeking information, support, and referrals for											
	children and early development.											
	- Data Collection /Analysis ensures ongoing											
	capacity for system improvement.											
	Grant funds will be used toward the											
	implementation of HMG in PHCD, supporting a											
	targeted, holistic approach for families and											
	providers within the District and parity with HMG											
	system in other areas											

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Number Of People Expected To	Of PHCD Residents	Location City	Will Serve Residents From The Following	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Fresh Approach	Fresh Approach (FA) will use 3 strategies to achieve improved Preventive Health:  Group-setting nutrition classes. FA will engage 2 cohorts of participants in online VeggieRx nutrition and cooking workshops (in English and in Spanish). Classes cover the fundamentals of a nourishing diet for the mind and body, basic cooking, and strategies to manage limited resources and food access. Class participants receive "prescription†vouchers to spend on produce at local farmers markets.  In-person food and nutrition demonstrations at San Mateo farmers markets. FA will promote healthy eating and the healing properties of food through 4 cooking demonstrations for market shoppers. Each demonstration will feature a different culturally relevant recipe using seasonally available produce.  Food as Medicine Outreach: FA will collaborate with local food banks/pantries to provide 4 cooking demonstrations focused on the benefits of fresh produce and educate clients on using food benefits at farmers' markets.		Fund in Full	Preventive Health Grants	Programs that increase access to Preventative Services and Support Healthy Eating and Nutrition		590	590	San Mateo	94030 94066 94401 94402 94403	94402: W of El Camino 94030: W of El Camino 94066: W of El Camino 94401: E and NE of El Camino 94403: W of El Camino	94030: 15% 94066: 10% 94401: 15%

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Requested Funds will Launch, Maintain Or Expand This Program	Total Number Of People Expected To Be Served	Of PHCD Residents	Location City		Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Healthier Kids Foundation	Healthier Kids Foundation's HearingFirst program is committed to screening over 1,000 children grades preschool through 8th grade within six San Bruno Park School District schools during the 2024-2025 school year. This initiative focuses on early detection and preventive care for hearing issues, utilizing OAE (Otoacoustic Emissions) screening devices and Audiometers. This year our screeners received their School Audiometry Certification in order to be able to provide Audiometry screenings and Conditioned Play Audiometry (CPA) screenings, which are more thorough hearing screenings for students. Approximately 4-6% of children will require a follow-up screening, which will be conducted 4-6 weeks after their initial referral to determine if issues have resolved, or if further care is needed. For children in need of further care, our team of Parent Advocates will help their families navigate their insurance, connecting them with pediatricians and audiologist to ensure children receive the care they need.		Fund in Full	Preventive Health Grants	Screening Programs Programs that increase access to Preventative Services and Support	Maintain	1000	1000	San Jose	94066	listed in the 94066 zip code are the following:  Allen Elementary School & Preschool is located on Angus Ave W; near the	(100%) that will be receiving hearing

Organization	Program Description	Requested Amount	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	People Expected To	Of PHCD Residents	Location City		Zip Code(S), specify What Geographic Area Of The Zip Code	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
The HEAL Project	The HEAL Project's Farm Field Trip Program serves over 3,500 school aged children from across San Mateo County each year, providing lessons designed to grow students' Health, Environmental & Agricultural Literacy. The program takes a unique approach to delivering nutrition education, where kids get to try fresh produce they pick themselves and learn about the hard work that goes into growing food. Every student who visits the Farm plants a seed, harvests fresh produce directly from the field, and prepares their own healthy snack with seasonal produce. THP's programs emphasize empowering kids with the knowledge and skills to prepare food for themselves and be brave about trying new things.  More than 25% of these students come from schools in the Peninsula Health Care District service area. The majority of students are in grades K-5, with over 65% coming from low or middle income schools.	\$ 40,893	Discuss with the Committee	Preventive Health Grants	Health Education Healthy Eating and Nutrition Physical Activity	Maintain	900	900	El Granada	94010 94011 94030 94066 94401 94402 94403 94404	the following zip codes is eligible for the Farm Field Trip	Between 25% and 30% of schools participating in the Farm Field Trip program are from PHCD zip codes. For the purposes of this grant request, we have used a conservative 25%.

Organization	Program Description	Requi	nt	Evaluator Recommenda tion	PRIMARY Grant Focus Area	Priority Area(S)	Funds will Launch,	Expected To	Of PHCD Residents	Location City	Your Program Will Serve Residents From The Following PHCD Zip Codes	Zip Code(S), specify What Geographic Area	Percentage (%) Of Clients Receiving Your Services Reside In The Selected PHCD Zip Code(s)
Via Heart Project	This program will increase the number of	\$	59,460	Fund in Full	Preventive	Health	Expand	312465	312465	Via Office: San	94010	It is difficult to	Due to the nature
	automated external defibrillators (AEDs) in the				Health Grants	Education				Francisco	94011	specify what	of our services
	PHCD community, thereby expanding the					Programs that					94030	geographic	and their reach far
	HeartSafe Community Program by increasing					increase					94066	areas of the zip	beyond the areas
	access to early defibrillation for victims of					access to					94401	codes will be	in which they are
	sudden cardiac arrest. PHCD funds will be used					Preventative					94402	covered by our	provided, as
	to place brand new AEDs in community locations					Services and					94403	program, as	explained above,
	and provide two years of our management					Support					94404	providing	it is difficult to
	services, including replacement supplies and an										94497	CPR/AED	quantify the
	online tracking system to ensure that the AEDs											training to	percentage of
	are rescue-ready in the event of an emergency.											community	clients receiving
	The program will also include replacing existing											members and	our services in any
	AEDs that are at risk of failure due to age so as to											increasing	one area. Further,
	avoid the potential delay in having a functional											overall AED	Via Heart Project
	AED on-site. The replacement AEDs will also											awareness	manages over
	include two years of our AED maintenance											extends far	3,000 AEDs
	program for those not already enrolled, so as to											beyond the	globally. As such,
	ensure that the AEDs are properly managed and											specific areas	the clients
	rescue-ready. A demonstration on AED use and											in which the	receiving our
	hands-only CPR will also be provided to											training and	services reside in
	recipients.											AEDs are	zip codes all over
												provided. CPR-	the United States
												trained	and in other
												oommunitu	oountrioo